

THE BARNABY RUDGE TAVERN TEBAY Free house Excellent home-made food served 12 noon-2pm and 7pm-9pm daily Children and dog friendly Bed and Breakfast Internet Access - read/write e-mails Tel: 015396 24328 EMAIL: BARNABYJAMES@AOL.COM	Phil Clark CARPENTER AND JOINER ALSO GENERAL BUILDING WORK INCLUDING: PLASTERING, WALL TILING, FULL BATHROOM SUITES, KITCHENS PLUS ANY HOUSE MAINTENANCE. PHONE: 01539 624868 MOBILE: 07816831800. 
BAIRD'S COSY CATS Mid Town Farm Crosby Ravensworth 10 minutes from M6 Junction 39 Spacious & modern heated accom- modation Special diets catered for Local collections available Fully Licensed Tel: 01931 715246	 HATS GALORE <i>A selection of Hats to Buy or Hire for that special occasion</i> Mrs Joyce Allison, Raven Park, Croglin Meadow Kirby Stephen CA17 4SN Tel 017683 72990 www.ravenstonedale.org anne dinsdale book keeping services sage accounts, payroll, vat, end of financial year & general admin support penny end newbiggin-on-lune kirkby stephen cumbria CA17 4NT t: 015396 23354 m: 07875 503 282 annedinsdale@aol.com total confidentiality guaranteed
Chapman's Chimney Vac Service THE VILLAGE SWEEP GRAHAM MOORE Tel: 015396 20353 Now covers Sedbergh, Ravenstonedale, Tebay, Orton And Newbiggin-on-Lune	CUSHION CRAFTS Cushion covers and fun cushions for all occasions. Are you struggling to find the perfect gift yet again. If so why not check us out. Call or email us for any help. We can supply personal and unique covers on request (We can even add photos to personalise it more). We are also suppliers of Aloe Vera and Bee Products. 7 Highfield, Tebay, Penrith, CA10 3JT Phone 01539 6 24574 Mobile 07969 929803 Email caroline@rudd7h.freemove.co.uk RIVERSIDE GOLF COURSE Garshill, Ravenstonedale Enjoy beautiful scenery with fun and exercise for all 9/18 HOLE SHORT COURSE 67-128 YARDS £3.00 per round Membership and club hire available Contact Bernard Law, Burton House, Ravenstonedale 015396 23654
Invitations (weddings / parties) <i>...Audio transcription ... Copy typing</i> Contact Anna Robinson Tel: 015396 24930	<i>The King's Head</i>  <i>Ravenstonedale</i>
LOWIS BROTHERS BUILDING CONTRACTORS Harvann, Mount Pleasant Tebay Tel: 015396 24463 or 24604 FEDERATION OF MASTER BUILDERS NHBC	<i>Lunches, dinners, parties. Good food, real ales & accommodation</i> 44 (0) 15396 23284 enquiries@kings-head.net

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE

ALL SAINTS CHURCH ORTON

You are all invited to the Licensing

by

the Bishop of Carlisle
and the installation by the acting Archdeacon of
Carlisle Canon David Jenkins

of

The Revd Beverley Lock

as Priest-in-Charge

of

THE HIGH WESTMORLAND MISSION UNIT

on

Tuesday 16th September 2008 at 7.30pm

Refreshments in Orton Market Hall

September 2008

THE LINK IS PUBLISHED BY THE PAROCHIAL CHURCH COUNCILS OF ALL SAINTS', CHURCH, ORTON, ST JAMES' CHURCH, TEBAY AND ST OSWALD'S CHURCH, RAVENSTONEDALE, WITH NEWBIGGIN-ON-LUNE

VICAR

Licensed Reader

Reg Capstick 24497

ORTON

CHURCHWARDENS

Colin Wren 24654
Jeff Mawson 24244
Betty Mawson 24244
Jim Milburn 24382
Marion Robinson 24384
Chris Bland 24258

SECRETARY

Angela Milburn 24382

TREASURER

Colin Wren 24654

TEBAY

CHURCHWARDENS

Reg Capstick 24497
Linda Garrick 24262
SECRETARY
Reg Capstick 24497
TREASURER
Linda Garrick 24262

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE

CHURCHWARDENS

Charles Wildman 23424
Ann Brownrigg 23594
SECRETARY
Caroline Morris 23308
TREASURER
Clive Wigley 23456

Methodist Church

Rev'd Phil Dew, The Manse
Kendal Road, Tebay. 015396 24275

Roman Catholic Church

Fr Peter Chappell Church of Our Lady of
Appleby 017683 51474

THE LINK DEADLINE IS ON THE 13TH OF EACH MONTH

Please send all copy including advertising to:

Email: linkpines@hotmail.co.uk
David and Meryl Aspdon, The Pines,
Roundthwaite 015396 24013
Or John and Susan Basnett, Howgill
Lodge, Orton 015396 24525

For Tebay: give to Reg Capstick, 1 Mount
Pleasant, Tebay

For Ravenstonedale:
give to Judith Law 23638
or email to frankrdale@yahoo.co.uk

Advertising (finance only)
Lesley McLaughlin 015396 23674
All small display ads are currently £25 p.a.
Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Attending three ordination services in the space of two weeks (as Ronnie and I did recently) certainly helps to focus the mind on what ordained ministry is all about! It set me thinking once again about what should (or should not!) be expected of those who are called to serve God in this particular way. Hopefully, Beverley Lock's Licensing as Priest-in-charge of our group of parishes this month should have the same sort of effect on those who are able to attend that service.

For those who find themselves centre stage in services such as these the experience can be a very uplifting one. So many people (friends, family, parishioners...) rallying round in support, committing themselves to "pray continually" for the candidates and to "uphold and encourage them in their ministry" (incidentally, I hope that those of us who find ourselves invited to make such commitments don't take them lightly).

It can also, of course, be quite a daunting experience. Such a variety of expectations (our own and other people's) to live up to. So much inner questioning (How is it all going to work out? Will I be able to cope? What if I mess things up?).

I believe that the best way we can help Beverley, or anyone else called to full-time ministry in these challenging days, is to keep this whole business of 'ministry' in a proper perspective. Ministry is *not* something restricted to a relatively small number of

specially selected people in the church (whether 'privileged' or 'overburdened', depending on your point of view). The ministry of humble, loving, unselfish service of God and other people which Jesus modelled and which he passed on to his disciples is a ministry of the *whole* church (lay and ordained, men and women, old and young...), which is why the New Testament speaks of "the priesthood of all believers".

Within that wider ministry of all God's people, using all the amazing variety of gifts with which God has equipped us to build up his kingdom, the specific calling of the ordained priest finds its proper place. Not as a 'jack-of-all-trades' feverishly rushing around trying to be and to do everything necessary for the church to fulfil its mission, but as people of vision praying and dreaming about what the church might become by the grace of God, and as enablers seeking out and recognising the gifts of others in the church and encouraging the development and exercise of those gifts so that we can all grow towards our full potential in Christ. Or as St Paul put it (much better!) in the letter to the Ephesians – "Christ chose some of us (for various forms of ministry) so that (all) his people would learn to serve and his body (the church) would grow strong."

Ian Elliott

INTERREGNUM ARRANGEMENTS

Should you need a priest for a baptism, wedding, funeral or any other reason during the next few months please telephone one of the listed churchwardens (you have 10 to choose from) who will put you in touch with one of our friendly retired clergy volunteers.

NOTE - The management committee of the Link regret that it is unable to distribute literature for other organisations.

We would also like to point out that articles received after the **13th** may be held over until the following month

The Software Development Company



Web design, development & hosting



eCommerce and content management specialists

Bespoke programming, installation & configuration

Remote backups, disaster recovery, system auditing & consultancy

w: <http://www.softdev.co.uk> e: enquiries@softdev.co.uk t: 015396 23548

'Twinkles'

Tue 1pm-3pm at

Tebay Methodist Hall

All welcome with or without children

Voluntary run playgroup

Activities changed on a weekly basis

Activities include; Painting, play-dough, drawing, cutting, dressing up, slides, bikes, music, reading.

Freestyle Fitness

Be in control of your own health, fitness, and lifestyle at a time and place that suits you call STUART ROBINSON on 07977914177 for Full range of services including:-

PERSONAL TRAINING

GROUP TRAINING

SPORTS MASSAGE

Richard Dinsdale

General Builder

All building work undertaken

Tel 017683 42059

or 07968101211

For a free estimate

Ruth Stickings HND Hort.

Gardener

Garden Maintenance

Hedge & Topiary Care

Planting Plans & Border Design

015396 23294

Shire Homes Ltd

Timber Lodge and
Park Home Manufacturers

**Timber Lodges
Summer Houses
Amenity Buildings
Garages
Stable Blocks
Dog Kennels
Garden decking
Decking for static
caravans**

Tel 015396 24391
or 07979266294

PAINTING SERVICES

Inside, outside, no job too small



Andy Wilson

Tel: 015396 24071
Mobile: 07813846768

TIMBER FOR SALE

- Kiln Dried Oak and Hardwoods of Furniture and Joinery grade.
- Fresh Sawn Oak and Larch structural beams cut to size.
- Fire wood bundles. Wood chippings & Saw dust.

For help and advice contact:

Philip Richardson

Cabinet Makers, Timber Merchant & Sawmillers

Hill Top, Newbiggin-on-Lune

015396 23422

www.philiprichardson.co.uk

Curtains..Alterations..Cushions
For Your

Sewing Needs

Call Gillian Wainhouse

Stouphill Gate, Ravenstonedale

015396 23653

Crafts, industrial Sewing Machine

Machine embroidery including

Monogramming etc



Keith Pratt
Building and Roofing Contractor

Slate repairs, plastering, gutters
cleaned and maintained.

For a free quote call -

Mobile 07891 662567

Home 015396 23473



CHIROPODY AT HOME

DAYTIME, EVENING
AND WEEKEND VISITS

STATE REGISTERED
CHIROPODIST

CONTACT STELLA

015396 21897

SERVICES IN OUR CHURCHES FOR SEPTEMBER 2008

Sunday 7 September	Sixteenth Sunday after Trinity			Liturgical colour: green	
ORTON	9.45am	Holy Eucharist		Lessons: Romans 13. 8—end and Matthew 18.15-20	
TEBAY	Reader: Mary Jenkin		Sidesman: Chris Jenkin		
RAVENSTONEDALE	3.00pm	Songs of Praise			
	8.30am	Holy Communion		Lessons: as Orton	Reader: Tosca Bull
Sunday 14 September	Holy Cross Day			Liturgical colour: red	
ORTON	8.30am	Holy Communion for Holy Cross Day (BCP)		Lessons: Philippians 2.6-11 and John 3.13-17	
TEBAY	Reader and Sidesman: John Falshaw				
RAVENSTONEDALE	11.00am	Holy Communion	BCP	Lessons: as above	
	9.15am	Holy Communion	BCP	Lessons: as above	Reader: John Bull
Sunday 21 September	St Matthew, (Eighteenth Sunday after Trinity)			Liturgical colour: red	
ORTON	9.30am	Family Service		Lessons: Proverbs 3.13-18 and Matthew 9.9-13	
TEBAY	11.15am	Harvest Service		Readers and Sidesmen: Sandra and Young People	
RAVENSTONEDALE	9.15am	Holy Communion		Lessons: as Orton	
				Lessons: Philippians 1.21-end and Matthew 20.1-16	
				Readers: Caroline and David Morris	
Sunday 28 September	Nineteenth Sunday after Trinity			Liturgical colour: green	
ORTON	9.30am	Holy Communion		Lessons: Philippians 2.1-13 and Matthew 21.23-32	
TEBAY	Reader: Meryl Aspden		Sidesman: David Aspden		
RAVENSTONEDALE	11.15am	Holy Communion		Lessons: As Orton	
	6.30pm	Holy Communion		Lessons: As Orton	Reader: Jeanne Parsler

Tuesday 16 September 2008 at 7.30pm at All Saints’ Church, Orton
The Licensing and Installation of the Revd Beverley Lock as Priest-in-Charge of the High Westmorland Mission Unit. Refreshments will be served in Orton Market Hall. **All are invited.**

SUNDAY SERVICES IN OUR CHAPELS FOR SEPTEMBER 2008

Methodist Chapel	Time	7 September	14 September Racial Justice	21 September	28 September	
ORTON	10.30	10am K Skinner	10am K Hewitson	10am P Dew	R Smith HF FS	
	6.30	CS at Appleby	J Bayliffe	Band A	K Speck HF	
TEBAY	10.30	W Capstick CA	R Fellows	J Ousby HF	P Dew HC	
	6.30	CS at Appleby	P Dew	*	*	
R'DALE	2.00	G Peterson	P Dew	G Ashworth HF	P Dew	
	6.30	CS at Appleby	D Marston	G Ashworth HF	T Longworth	
NEWBIGGIN	10.30	P Dew	T Longworth	C Staley	J Law	
	2.00	*	*	*	*	
	6.30	CS at Appleby	*	at R'Dale HF	P Dew HC	

Chalet Motdit

A Chalet for All Seasons in the French Alps
Traditional hamlet at altitude of 1140m with outstanding views
B&B/Half Board basis May to November
Range of activities available locally eg walking, cycling, golf, water sports, climbing, horse riding
Catered - bed breakfast and evening meal with wine during ski season December to April
4km from ski resort of La Plagne Montalbert
www.chaletmotdit.co.uk; email ahornby@wanadoo.fr tel 015396 24120

Dave’s Travel

Airport Taxi Anywhere In The UK



David Watson
Mobile 07789 227 511
Telephone 01539 725115

CRETE
NEW HOLIDAY VILLA
TO LET

STUNNING QUIET LOCATION
YET CLOSE TO FACILITIES,
AIRPORT, BEACH.
SLEEPS 4-6.

For further details
telephone 015396 24578

TEBAY SPORTS & SOCIAL CLUB

A warm welcome to everyone

Regular entertainment, live music, children’s theatre.
Bingo every Sunday evening at 8.00p.m.

Lounge Bar
Pool & Snooker Room
Function room available for hire
Multi Use Games Area (MUGA) All weather pitch
Indoor Bowls

Come along and try the benefits of Tebay Sports & Social Club

Church Street, Tebay
Tel: 015396 24203

TEBAY POST OFFICE

015396 24967

MON 9.am-l.pm—1.30.pm-5.30.pm
WED 9.am-l.pm—1.30.pm-5.30.pm
FRI 9.am-l.pm—1.30.pm-5.00.pm

PRIMROSE COTTAGE
Orton Road, Tebay

4 Star BED AND BREAKFAST
All rooms en suite * 4-poster bed * Jacuzzi bathroom
3 DISABLED FRIENDLY BUNGALOWS
(2 Bedrooms & Bathrooms 1 Wheel in+ 1 Jacuzzi)
GROUND FLOOR SELF CATERING FLAT
All suitable for holiday/short term use
Helen Jones 015396 24791

J . C . B . FOR HIRE



Ground works
and all types of excavating
Estimates and advice given
Over 25 years Experience
DEREK BOUSTEAD
Tel: 015396 23227

STEVEN (WOODY) HODGSON

TREE SURGERY ~ MINI DIGGER HIRE
STUMP GRINDING.

Garden clearance
Mulch/woodchip supplied

NPTC Certificated

Tel: 015396 24522

Grass Cutting
Hedge Trimming.

Public Insurance

Mobile 07756 930285

M.W. Architectural Services



Thinking of extending your property, to add extra value or just more space to your home...
Do you require drawings or assistance with planning applications...
Have you any other architectural or building problems... then let me help.

Call **Martin** B.A.(hons), Dip.Arch., RIBA.
on **015396 23653**
Stouphill Gate, Ravenstone-dale, CA17 4NN

Chris Boustead ~ joiner

All joinery work undertaken and building contractor.



Home: 015396 23322
Mobile: 07875 505 976
Email: chris.boustead@btinternet.com

BESSY BECK TROUT Newbiggin-on-Lune BECKSIDE TACKLE SHOP FOR ALL YOUR GAME FISHING TACKLE NEEDS RODS, LINES, REELS, CLOTHING, FLIES AND MUCH MORE THE FARM SHOP AT BESSY BECK NOW FULLY OPEN 8.00am TILL DUSK TUESDAY - SUNDAY FOR LOCALLY PRODUCED FOOD INCLUDING TROUT, FISH CAKES, FISH PIES, SMOKED FILLETS, DEXTER BEEF, GOATS CHEESE, FUDGE, CAKES, BISCUITS AND MUCH MORE Tel: 015396 23303 www.bessybecktrout.co.uk email: enquiries@bessybecktrout.co.uk	COLIN & ANDREW MARSTON COMPLETE DECORATING SERVICE <i>COVING, GRAINING, FINE FINISHES</i> <i>Over forty years experience of decorating in the district</i> Tel 017683 71639 or 71059 E Mail rstonsofmellwood@tiscali.co.uk	KEVIN BATEMAN MONUMENTAL MASON Tel/Fax 01539723903 Mobile 07817060619 Manufacture, Lettering & Installation of new Memorials. Additional inscriptions Renovations Cleaning & Re-paint/Re-gild service. Free estimates Please telephone for Brochure
 Stephen & Alison Morriss Bowber Head Ravenstonedale Tel: 015396 23463	HIGH QUALITY CUT VINYL & PRINTED SIGNS INTERIOR SIGNS EXTERIOR SIGNS VEHICLE LIVERIES WINDOW GRAPHICS A BOARDS BANNERS FULL COLOUR 4 ft PRINTER	GLYN JONES Funeral director 24 hour personal service Chosen Heritage Nominated Funeral Director 12 Battlebarrow, Appleby-in-Westmorland Telephone:- 01768 351569
The Fat Lamb Inn Ravenstonedale 015396 23242 Open Daily for Morning Coffee, Lunch and Evening Meals. Circular Walks from our doorstep, 11 acre Nature Reserve and Beer Garden at the rear. A warm, friendly and relaxing atmosphere always awaits you.	RUXTONS FUNERAL SERVICE SAIF,BIFD,BIE,DipFD Incorporating the funeral business of STAN BROCKBANK 1 Wildman St., Kendal LA9 6EN 01539 722299 24 hour service Private Chapel	Steve Hopps Blacksmith One-day blacksmithing courses. Ideal present – Gift Vouchers available  (mobile 07870785322 --- Sandbed, Fell End, Ravenstonedale
ALL PLASTERING AND RENDERING No job too big or too small First class tradesman All work guaranteed Call Gary Mercer 015396 24074	 Websites for local businesses, B&B, shops, hotels, trades etc. Low set-up fees. Professional service, competitive rates. 015396 23355	Troutfly Internet Websites, Email, Internet consultancy Stan Frost, Ravenstonedale www.troutfly.net sfrost@troutfly.net

The View from Tebay
by Reg Capstick, Licensed Reader

It seems a while since my last contribution to The Link although it was only in June. My ribs have healed and the cataract operation was successful, so I now have new glasses. If only the weather was similarly encouraging! It looks as though Summer will be nothing but a distant memory very soon.

At least the weather was decent for the Tebay Soccer School this year and it was a great success. Unfortunately, the village sports day was not blessed with such weather, the rain setting in before noon and making outdoor events impossible. Our disappointment must appear trivial when compared with the enforced cancellation of Sunday’s Lowther Show, when the venue resembled a ploughed field and people worked most of the night to get the exhibitors’ equipment away.

By the beginning of September the local football season will have started, with Lunesdale once again fielding two teams, and I will have spent ten days or so on holiday in the Midlands. By the middle of September we will have our new Priest in Charge resident in Orton Vicarage and beginning the daunting task of looking after not only our three parishes but also the two over Shap Fell. Beverley Lock has already met a number of people from all five parishes and worked hard on organising a service schedule which enables her to see us all as often as possible on Sundays, as well as visiting schools and individuals on weekdays. Unlike Carole, who knew when she took over the Living it was only for a short period, Beverley’s appointment has no time limit. Her enthusiasm for the tasks ahead is undoubted and I’m sure she has earnestly prayed for guidance but it is up to all of us connected with the churches in the High Westmorland Mission Unit to assist and encourage Beverley in any way we can. One of the tasks she has already completed concerned a new

Working Agreement between a Reader - me - and Incumbent - her - to enable me to continue with my contribution to God’s work in our parishes. Much of this Agreement follows the same pattern as did the one Tony and I completed almost five years ago but there is one addition which meant I had to fill in a form about a CRB check. The fact that I already have CRB clearance through the Westmorland FA has no bearing and I suppose I am fortunate not to be associated with any other organisations these days.

Also by the middle of September, in fact during the weekend before Beverley’s induction and licensing, I will have spent three days at Bangor University, along with sundry like-minded people (including Bishop Graham), taking part in the Central Readers’ Council National Conference. I am looking forward to this new experience and hope what I learn there will benefit all of us in our Christian life in the future. There are twelve seminar subjects to choose from and the chance of a trip to Penrhyn Castle as a bit of light relief on the Saturday afternoon. Although I have been to North Wales before I have not previously visited Bangor so I am

very much looking forward to the whole experience.

As I look across towards the Old School I see that a group of the young Jewish men who have been coming to Tebay for a few years is again in residence. It is good to see that Tebay is favoured by such a group and I’m sure they will be well-looked after at the Hostel. This area must be a tremendous change to them after London and I doubt if the inclement weather will bother them too much.

Two dates for your future consideration - one definite and one provisional - are worth bearing in mind. Sunday 21 September will definitely be Tebay’s Harvest Festival and, as luck would have it, Beverley’s first service at St James’. At Tebay Club on Friday 14 November we are hoping to stage a concert featuring a French Horn ensemble and an accomplished singer, Hannah Marsden. Sue and Jack Marsden have suggested this evening of entertainment, which should prove of interest to all music lovers. Details of the event will be advertised nearer the time, so pencil it into your diaries.

TEBAY METHODIST CHURCH
CHAPEL ANNIVERSARY SERVICE

at
10.30a.m.
an
Sunday September 7th

Preacher: Mr. W. Capstick
Duets by Mr. & Mrs. D. Rowlandson
Coffee to follow --- Welcome to all

Great North Run

I am hoping to take part in the Great North Run on October 5th, and have already started training. It is a Half-Marathon (13.1 miles), and though I did cross-country running at school (I was the Shrewsbury School “Senior Whip”, in effect the vice-captain of running, in 1954-5), I have done no running since; as the Great North Run takes place three days before my 72nd birthday, it will be quite a challenge!

In order to get a place on the Run I had to support one of their official charities, and so I joined the team for Traidcraft (“Fighting Poverty Through Trade”). The first £275 of any sponsorship I receive must go to them, but anything over and above that total will be allocated to the Street Children Project. I am delighted to report that within five days of opening my appeal by sending out an email to dozens of friends and relations, the pledges of support had far surpassed the £275 Traidcraft target.

So now any further pledges will be going to the Kasese Street Children Project. I continue to be very grateful for your support for this. There will be sponsor forms at the back of all three churches, and you are invited to add your name and the amount you want to give. I will be carrying sponsor forms everywhere I go and button-holing people, so you had better dodge when you see me coming! You can sponsor me online: go to <http://www.justgiving.com/christopherjenkin>.

(I have also applied for a place in the London Marathon in April 2009, though I am warned that I am perhaps unlikely to get a place – but I am still hoping. I won’t hear till October whether I

have got a place.)

The Kasese Street Children Project

Let me give you a brief explanation of the cause for which I am running, and which I am inviting you to support.

Mary and I met these youngsters in April during our visit to Uganda, and our hearts went out to them. We had been visiting a number of schools that day, and had always been met with smiling faces and friendly greetings. The faces of these young people were different. They were hardened, etched by suffering. Many are orphaned by HIV/Aids or Malaria; some are children of prostitutes; many have been dreadfully abused; they sleep in the trees; they find food in the town rubbish dump.

But the Project to help them has the following aims:

To build a Resettlement Centre or Hostel where they can have safe accommodation and wholesome food

To give them vocational training – agriculture, woodwork, car maintenance, and a variety of other skills

To give health and hygiene education

To encourage them to go back to school (where they will need fees and uniform costs)

To tackle, together with local church and civic leaders, the home and social situations which put them on the streets in the first place

All this is in the context of Christian ministry, evangelism and teaching.

The leader of this Project is a fine young man named Kyibibi B. Enos. (He was introduced to us just as “Enos”.) Enos, with a team of trained volunteers, has worked out a three-year programme and

budget for the Project, with the very modest overall cost of about £30,000, which will include buying land and erecting the building, supplying food and tools for the vocational classes (some of which will themselves be income-generating), and some very basic salaries for secretarial and accountancy help. Enos supports himself with a job doing fumigation of properties.

The British couple with whom we stayed in Kasese, Alan and Cheryl Parrett, are missionaries with Emmanuel International, an Anglo-Canadian Mission Society. Alan continues to be my contact there, and funds will be channelled through him; and he will audit and supervise how they are spent, a vital safeguard against the possibility of waste or corruption. (He already carries out this role with an orphanage we visited.) This gives us confidence that money raised by the generosity of people here in Cumbria will be well and wisely used.

Christopher Jenkin

(**Phone number:** we apologise for an error in the last *Link*, where a phone number was included in

ORTON SCRIBBLERS.

LOCAL writers’ group ORTON SCRIBBLERS will meet in Orton Market Hall, on: September 8th, October 13th, November 3rd, December 8th.

Sue Millard – 015396 24636

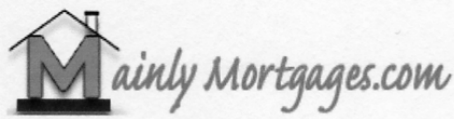
Orton Mothers’ Union

Our next meeting will be Tuesday 2nd September 2pm at Angela’s

All welcome!

B.M & J.M Smith Daily Newspapers and Magazines

delivered to your home & at your convenience.
An extensive and comprehensive service,
7 days a week.
Prompt & reliable service
Contact Brian or Joan Smith
Any enquiries,
please phone (01539) 624183



Independent mortgage advice
to suit your Personal and
Individual Requirements

David G Elliott

Specialist Mortgage Consultant.
(CeMAP.F.P.C)

Windy Ridge, Mount Pleasant,
Tebay, Cumbria, CA10 3TH

Tel: 015396 24786

Warning: Your home may be repossessed
if you do not keep up repayments on your
mortgage

PETER TAYLOR

JOINER and CARPENTER.
ALL JOINERY WORK -
Household Repairs, Glazing,
Locks, Windows, Doors, Kitchens,
Fitted Furniture and much
more ...
No job too small or too large.
Estimates and advice -
Phone 015396 - 23234

TIPPER
HAULAGE CONTRACTOR

TERRY NIXON

SAND...CHIPPINGS
QUARRY WASTE ETC
The Shaws, Gaisgill Penrith CA10
3UA
Tel 015396 24273
Wagon 07860750456

ANDREW BAWDEN Professional PAINTER & DECORATOR

Exterior/interior DIY
Coving, shelving etc

Excellent refs: fully insured
TEL: 015396 24366



Westmorland Limited: J38 Services
Require

Catering Assistants

To work flexible hours which will include:-
Day & Evening shifts & Weekends
Flexible Hours to suit most lifestyles
£5.61 - £5.77

If you are interested in the above positions
please contact the HR department on
015397 11334 or pop in to the J38 Services

A. R. MASON

Fire Security & Electrical Contractors
NICEIC approved

Fire Alarms Portable Appliance Testing
Security Alarms Re-wires (Domestic, Commercial, Agricultural)
Emergency Lighting Electrical inspection and testing

Tel 015396 24078

Mobile 07879 891119



ELECTRICAL

Barney Slack
Industrial – Commercial – Domestic
NICEIC Certified Contractors
NICEIC Domestic Installer
Tel/Fax: 017683 72118
Mobile: 07834 284838
Email: cbselectrical@ktdinternet.com

Shire Homes Ltd Timber Lodge and Park Home Manufacturers

For all your Timber at competitive prices
Decking Boards,
Structural timbers
Rough sawn Treated rails, Skirting,
Redwoods, Flooring, Cladding, Sheet
Materials
Tel 015396 24391 or 07979266294

Richard Staley

For
Dry Stone Walling
Also
Garden landscaping,
Paving, gravel, turfing.
Stone facing, garden walls,
& All your stonework needs.
Tel: 015396 23263
The Bolt Hole, Ravenstonedale, Kirkby Stephen.
www.drystonewall.biz

Joe Sylva Arboriculture

5 years experience of Professional tree
care.
N.P.T.C./FASCo licensed.
Regular garden maintenance
One-off garden tidies.
Hedge trimming/laying.
Phone: 015396 24379 or 07946 421776

DAPHNE JACKSON MSc(Ost) DO TIM WEBB Bsc Hon (Ost) REGISTERED OSTEOPATH

BUPA provider no 30016124nn

STRUCTURAL & CRANIAL TREATMENT
SEDBERGH PRACTICE Mill Barn, Broad Raine, Killington, Sedbergh, CA10 5EP
and also at THE HIGHFIELD PRACTICE 33Appleby Rd, Kendal, LA9 6ES

Tel & Fax 01539 740452 Please phone Kendal for appointments

Finance & Business Administration

All finance and business administration under taken including Accounts Preparation, VAT and Business Admin with 10 years experience, confidentially guaranteed.

Contact Emma Armer
T: 015396 24735 M: 07971459278
E: emmam1679@aol.com

RAPID MAINTENANCE LTD

FOR ALL YOUR
PLUMBING
HEATING
& DRAINAGE NEEDS

Tel: 01539 624138
Fax 01539 624375
Mob: 07985 602300

Corgi registered

BIGGINS DAY NURSERY LTD

Main street . Newbiggin-on-Lune, Kirkby Stephen, Cat17 4NT.



OFFERING QUALITY
CHILDCARE IN A SAFE
SECURE ENVIRONMENT
FOR CHILDREN FROM 4
MONTHS TO SCHOOL
AGE.

Ofsted inspected and registered.
Nursery Education Grants accepted.

Why not give us a call on 015396 23666



Watercolour by Pauline Henderson

WATERCOLOURS by Pauline Henderson

A selection of watercolour paintings can be seen (by appointment) at The Old Barn, Bow Brow, Orton.

Telephone: 015396 24374
Email: enquiries@paulinehenderson.co.uk
www.paulinehenderson.co.uk

Weasdale Nurseries Ltd

Newbiggin on Lune, Kirkby Stephen CA17 4LX

- Established 1950
- 40 acres & over 800 different sorts of trees, shrubs & hedging - native and ornamental.
- Farm hedging
- Useful planting sundries - tree stakes, ties, rabbit guards, sheep & deer guards
- On-line catalogue at www.weasdale.com
- Logs delivered in the parish: tractor & trailer load for £50, tipped. Further afield by negotiation.
- Woodchipper / sawbench / available for hire with operative.
- Woodchips delivered in the parish
- Farm XS waste plastic collectors for Cumbria
- Chainsaw work undertaken

Tel 015396 23246
e-mail: andrew@weasdale.com

Breck Legal Consultants

HAVE YOU MADE A WILL?

If you have not made a valid Will:

- The State may claim unnecessary tax from your estate.
- Your partner or spouse may **NOT** inherit all of your estate.
- Social Services may decide who looks after your young children

We are also able to offer a wide range of associated Estate Planning products & services, such as Lasting Power of Attorney, Trusts and Probate & Trustee Services

Contact: Richard Percival
Telephone: 015396 24352

Regulated by the Law Society

**in
the
frame**

Open Mon, Tue, Fri Sat
9am-12 noon
Or by appointment

The Old Post Office
Victoria Square
Kirby Stephen
CA17 4QA
017683 72661

COAL

Delivered from

WILLIAM DAWSON & SON

Est 1895

Approved Coal Merchants
Agricultural Feeds & Minerals

Station Yard, Sedbergh, LA10 5HP
Tel: 015396 20210

RH WILSON (LAKES) LTD TEBAY (M6 opp truck stop)

Your local Timber Supplier
Trade & DIY

- **TIMBER & PLYWOOD** for joinery & construction
- **DECKING** 30% discount for B grade
- **PICTURE FRAME MOULDINGS**
- **FIREWOOD SAWDUST SHAVINGS**



Tel: 01539 624111

Orton

Do you live in the Orton area and are in need of practical help; transport perhaps to an appointment or would appreciate someone with a listening ear?

There are people at the Methodist Chapel in Orton who would like to offer their help and support, contact :
Rev Phil Dew – Tel 015396 24372 or
Rowland and Rachel Woof – Tel 015396 24372

Orton Methodist Chapel

Please note that from 28th September, Our morning Services will be held at 10.30am and Sunday School at 12 noon for the Autumn/Winter Months.

Let's do lunch and....

As mentioned in July's "The Link" information has been collected in Orton as to whether people would welcome some food and activity through the winter months - If you have still not had your say – then please get in touch! Val Dugdale from Age Concern Eden – who has been helping to set up this venture has been to meet people in the village to try and find out what people would actually like – "People have been so kind and helpful within the Village, either giving me ideas and feedback or by helping me collect it, We've now got a great task of meeting everyone's requests!"

The first meeting will be on Tuesday 30th September at 12 o'clock 'The George Hotel' will provide a roast dinner - of chicken or beef followed by a homemade pudding After that there will be a chance to catch up with each other over coffee followed by a quiz. It is hoped that there will have a varied programme of afternoon activities so the first meeting will be a good place to voice any further suggestions! "I just hope that people will give it try - we've got a venue, food, something to do and a lovely fire -we now just need the people to give it a proper warm atmosphere!"

If you would like to come along, offer support (or any activities) please contact Valerie –Jayne on 01768 863618 and we look forward to seeing you there!

Fig Leaf Blues

Orton Market Hall was almost full to hear local children and adults performing songs and sketches, followed by a short musical entitled Fig Leaf Blues, which is based on the account of creation in the book of Genesis.

The evening began with two short sketches performed by the children with Gill Peterson as narrator and in between, singing by the Chapel's Men's Singing Group. Refreshments were served during the interval in aid of Cancer Research UK.

Whilst everyone was tucking into coffee and cake, Janet Allen was busy painting the childrens' faces - a Snake, Camels, Rhinoceri, a Housefly, Gnu, Dodo, Sabre Tooth Tiger, Salamander and Eel – not quite the line up of animals you would perhaps expect! At the same time those playing God, Adam and Eve were getting ready.

Following the interval, the musical "Fig Leaf Blues" was performed by the children and young people with the adults singing in the Chorus. The audience certainly seemed to appreciate all the hard work that had gone into practising over the previous four months.

Here are some thoughts from the children:

"Fig Leaf Blues was a wonderful experience, we all enjoyed it. The practices were fun, we learnt to work as a team and all contributed to the show. We had acting, lines and songs to learn. We also learnt how to play a new instrument called the Kazoo."

Thank you to everyone who supported this new venture and for coming along to watch. If anyone is interested in joining us, please telephone Margaret Barker on 24835 or look out for details of our next venture in the coming months. This informal singing and drama group is open to any child or adult in the community, from school year 4 upwards and is supported by Orton Methodist Chapel.



Orton

ORTON METHODIST CHURCH HARVEST THANKSGIVING WEEKEND.

Saturday 27 September 2008 7.30 pm

Programme by young people from

Newbiggin on Lune Youth Fellowship

Followed by Supper



Sunday 28 September 2008 10.30am

**Family Service led by
Mrs Rachel Smith**

(with the Sunday School children taking part)

Followed by coffee

6.30pm Service
Led by Rev Keith Speck.

EVERYONE WELCOME

FRIENDS OF ORTON SCHOOL

TREASURE HUNT AND Barbecue FRIDAY 5TH SEPTEMBER 2008 5PM ONWARDS AT ORTON SCHOOL

Come and have fun solving the treasure hunt as you take a walk round the village, Fantastic first prize of a family day ticket to Camelot theme park .Followed by a barbecue in the

School playground
FUN FOR ALL THE FAMILY

For more details contact Alison Bland 01539623202/ Susan Thorpe 01539624166

Open Garden Weekend for Uganda Street Children Project

When we opened our Orton garden for the weekend 12th -13th July, most of the previous week had been wet – but the Saturday and Sunday were both completely dry, with glimpses of the sun on Sunday. That was an enormous relief for which we thanked God.

In view of the depredations of rabbits (all annual bedding plants, and quite a lot of perennials, had been nibbled to within a few inches from the soil – even the ones on “rabbit-resistant” lists) we felt we could not charge £1 for admission – there was all too little colour in the garden, and we envisaged people asking for their money back! So we waived the charge but invited donations – and virtually everyone gave at least £1, and quite a number much more.

The donations, together with money paid for plants, crafts, bric-a-brac, gardening quiz sheets, raffle tickets, ice creams and teas, (and some subsequent donations) brought in an amazing total of **£830**, and Barclays Bank through their charity support scheme will add a further £750. We are absolutely thrilled with this result!

The grand total of nearly £1,600 (including sales of our Uganda Journal) will shortly be sent to Uganda. The price of two acres of land – which can be used for agriculture and/or building a Resettlement Centre – is 5 million Ugandan shillings (£1,530). So the money raised by this weekend has achieved that goal!

We are so grateful for people's generosity and support. Those who loaned or transported furniture and a gazebo; those who made cakes and scones; those who spent hours creating beautiful craft items to sell; local businesses and individuals who donated prizes for the raffle and the Gardening Quiz; the Appleby Band who played without charge; and all those who came, and gave, and bought, and said nice things about the garden!

Prize winners were as follows:

Garden Quiz: Voucher for 2 for Shap Wells Carvery - Pat Duckett of Carnforth

Voucher for Bramleys garden centre, Shap - Val Gornel of Orton

40 litres of garden compost - Jenny Pritchard of Orton

Poole Pottery flower pot - Pam Baskerville-Muscutt of Kendal

Raffle Prize winners: Beatrice Bainbridge, Bernard Thornburrow, Mr.Coulthard, Heather Ballantyne, John Thorpe, Bill & Iris Wilding, Nigel & Paula Coward, Reg. Capstick and Kingsley Smith.

Christopher and Mary Jenkin

JOB VACANCIES

**The Black Swan Hotel
Ravenstonedale**

**FULL & PART-TIME
Bar – Restaurant – Hotel
Day shift hotel staff &
Breakfast waitress/waiter**

If you are interested in a career in hospitality, we have vacancies for both part-time and full-time staff in our Award Winning Inn in Ravenstonedale. We have a fantastic, happy team of staff who are well paid and well motivated and we have fun...

We are looking for enthusiastic, energetic and confident people, who can work as part of a close Team and enjoy meeting people. Support for training, and sponsorship for external college courses in Hotel Hospitality are available, if appropriate.

Must have own transport/able to get to Ravenstonedale for shift work.

Please contact Laura (Manager) or Louise (Owner) for further information/interview on 015396 23204 or call in to see us.

T E SWAINSON LTD

**APPROVED COAL MERCHANT
& BOTTLED
GAS SUPPLIERS**



MYERS LANE
PENRITH
CUMBRIA



THE DOG HOUSE !
DOG GROOMING SALON
& LUXURY PET SITTING

Professional dog grooming salon based at
winton,

Kirkby Stephen

Tel. kori for services and prices

07894043099

THE DOG HOUSE !

J NOEL PAUL & CO Accountants & Tax Consultants

21 Market Street Kirkby Stephen
017683 71272

For all your

ACCOUNTANCY

PAYE, VAT,

and TAXATION requirements

Agents for the Manchester Building Society

Sports injuries? Repetitive strain? Sciatica? Back/neck ache? Stress/tension headaches..?

Orthopaedic Massage may help you.



015396 23696

Josephine Lade LCSP (Assoc)

THE GEORGE HOTEL

THE BOYS ARE BACK IN TOWN New managers Mike and Rob would like to invite customers old and new to The George Hotel, restaurant and bar, in the beautiful conservation village of Orton.

Our light and airy restaurant is open daily from 12pm until 3pm for lunch and between 6pm onwards for dinner. Bookings are not always necessary. Diners can enjoy their meal in the restaurant or the lounge. Alternatively just enjoy a drink in the bar, which boasts a traditional log fire.

We have certainly done our research and have put together a wonderful and exciting menu together with local suppliers who have had an input into what we are going to deliver. They are award winning and very committed to bringing the finest produce to the table. We cater for most dietary needs.

We also have a wide selection of fine wines, alongside our traditional Lakeland ales.

Bookings are already being taken for our en-suite rooms. Small well behaved dogs are welcome to stay in the rooms with their owners.

We can cater for small private functions in our meeting room. We pride ourselves in having a close relationship with our customers nothing is too much trouble. There really is a wonderful atmosphere at The George.

Live music will be a regular occurrence inviting bands from all over to entertain you. Look out for forth coming attractions including jam nights for all you budding musicians. Not to be missed the return of the Fun Quiz Nights.

SPACE AGE TECHNOLOGY



SCENAR

Pain relief without the use of :-

Needles. Drugs or
Physical Manipulation

Originally developed for the Russian space programme, to overcome the unique problems of injury an illness while on long space missions and now used as main stream medical treatment in Russia. Europe, Australia, USA and The Netherlands

For more information; free brochure,
treatment, home visits, demonstrations, etc

CONTACT:

Dennis at: STILL WATERS BIOFEEDBACK

Tel: 015396 24445

Email: dennis@stillwatersbiofeedback.co.uk

All Major credit cards accepted



ART IN ORTON MARKET HALL.

WATERCOLOUR-----PAINTING -----

STARTING MONDAY 15th SEPTEMBER , TO MONDAY 17th NOVEMBER (INCLUSIVE.) FROM 7pm ---- 9pm. (8WEEKS)

THESE CLASSES ARE FOR BOTH ABSOLUTE BEGINNERS OR THE EXPERIENCED ARTIST ALIKE.

FOR FURTHER INFORMATION, RING PAULINE ON 01539 624374 HAVE A LOOK AT WEB SITE ON WWW.paulinehenderson.co.uk TO GIVE YOU IDEAS OF WHAT I DO.



Ravenstonedale School News



WE WOULD LIKE TO SAY
FAREWELL TO OUR YEAR 6
PUPILS
EMMA PARSONS, JAY ELLIOTT,
MATTHEW CAPSTICK AND
SEAN BOUSTEAD. THEY ARE
MOVING TO KSGSSC.
AND WE WOULD LIKE TO SAY A
BIG HELLO AND WELCOME TO
OUR 5 NEW STARTERS EVIE
ASHTON, KIT BAYLIFFE, WILLIS
TAYLOR, ZAK TINSLEY AND
CHARLIE ROPER.



Y5 Gifted & Talented 'our world' Day

Four of the gifted & talented
Year 5s in the school were
chosen to go, Sam Morriss,
John Holroyd, Stephen Ousby
and Georgia Hunter. It took
place at Kirkby Stephen
Grammar School and was a
special day for some Y5s from
all the schools in the area.
When we got there we were
put into groups, we did an
import and export jigsaw,
then we did the World trading
game and finally we played an
inventing game.
On the import and export
jigsaw we each had 2 pieces
we didn't need, 2 pieces we
needed but didn't have, so we
traded with the others to
complete the jigsaw.
On the World trading game we
had to buy and sell to make
money and lastly for the
inventing game we were given
a postcard from made-up
country and our task was to
invent something to help that
country.
We all really enjoyed the day
and learnt a lot about trading
and business.
By Sam Morriss

J
YEAR 6 VISIT TO KSGSSC
Year 6 went to Kirkby Stephen
Grammar School. We really enjoyed it,
the best thing was the school dinners.
I made some friends and I can't wait
to go to grammar, it will be awesome.
We go on the bus, there is something
like 6 buses on each run.
By Sean Boustead



The Railway Children
The whole school went to the
market hall at Orton by bus to see
the play of 'the railway children',
we were joined by Tebay and
Orton schools. It was really good
and we all enjoyed it. We were
able to talk to the actors during
the play as they came round and
asked us questions, shook hands
with us and gave us stickers.
By Bronte Marshall-Brownrigg &
Georgia Hunter

J FOOTBALL WITH GRAHAM

For the last four weeks a football
coach called Graham has been
teaching us skills and
tactics. The first week he taught
us about dribbling and we
played a mini game. The next 3
weeks he taught us about which
part of the foot you should use to
kick the ball, and how to shoot
and score.
We split into 2 groups and
practised what he had taught us,
one week it was so wet we had to
stay in the playground. It was
fun and we hope he comes again.
By Megan Capstick & Freja
Parsons



SPORTS DAY

A few weeks ago Ravenstonedale
School had their sports day. We

played lots of games and
competitions like the batten race, the
sack race and the running races.
We had a lot of fun !!!!!
Saphire came 3rd, Emerald came 2nd
and Ruby came 1st so Ruby wins the
Sports Day cup.
Somebody has put a red ribbon
around the cup!!!!!!
By Jack Boustead



SUNDERLAND

Sunderland was awesome, some of
us went to the Museum, some went to
the Stadium of Light which is a
football stadium. We had a guided
tour all around the stadium, and
after we went to a mega-store, it was
mega expensive, a pencil cost £
2.25 !!!
Then we got the bus and went to the
Museum, and had our lunch
there, then the people who went to
the stadium went to the shop at the
Museum to spend their money. I got
a piece of gold and crystal, they
were awesome, we had a great day
out and arrived home at 6.30pm.
By Sean Stanley Boustead



COFFEE MORNING AND PHOTOGRAPHS

It was Mrs. Law's idea to have a
coffee morning and put the old
school photographs on
display. The photos had been
found in the school attic when they
were clearing it out.
The Head Teacher sent a letter out
to pupils and past pupils to call in to
have a coffee and look at the
photos to see if they were in
them. We also showed past pupils
around the school so they could
see what changes had been made
since they were at there.
Bronte Marshall-Brownrigg &
Georgia Hunter

Orton

Music and Songs and a Summer's Evening

A very big thank you to every-
one who supported the "music and
songs for a summer's evening"
event in Orton Church. Thanks to
Barbara Gilbertson, Linda Bain-
bridge and Ruth Downes we were
entertained with a wonderful vari-
ety of music played on violin, key-
board and guitar. We were very
grateful that they were willing and
able to step in at the last minute to
accompany our "local choir". A
special thank you to Francis Hig-
gins for leading and inspiring the
choir and to all the choir members
who gave an extra performance at
the July Coffee Morning as well as
singing at the concert evening.
The evening was enjoyed by all
who were present and raised £484
which has been shared equally be-
tween the Hospice at Home and
Orton Church.

ALL SAINTS' CHURCH

invites everyone to:

Harvest Praise
Friday 3rd October
7pm

**Harvest
Eucharist**
Sunday 5th Oct
9.30am

**Harvest Supper
with
Entertainment**
Monday 6th
October 7pm
Orton Market Hall

Orton and Tebay Local History Society

Our next meeting is on Wednesday
17th September at Orton Market Hall
at 7.30 p.m. Jean Scott-Smith is
going to talk to us about Shap
Granite and its industries.
October's meeting will be in the
plush surroundings of the Shap
Wells Hotel, when Steve Simpson
will tell us something of the hotel's
history. This will be on Wednesday
n15th October at 7.30 p.m. Please
could you let me know if you are
coming (non-members welcome!) so
that I can give Steve some idea of
numbers.
In November we are back in the
more Spartan setting of Orton
Market Hall. On Monday 10th
November at 7.30 p.m. Judy
Dunford will give a talk and slide
show on "Farming at Howgill in the
1940s".
I'm now planning the programme for
2009 (!): any ideas or suggestions?
As ever, non-members are always
welcome at our meetings (£1.50 on
the door).
For more information contact Wendy
Higgins, Programme Secretary,
015396 24780. Website
www.otlhs.ukme.com.

Orton Farmers' Market

The next three of these popular mar-
kets will take place on:

Sept 13th
October 11th
November 8th

The choir was a great success at the
July market and added to the atmos-
phere in Church.
In July we raised £584
and in August £407.50
for Church funds.

Extra helpers always welcome.

Many thanks to all who help and sup-
port these events.

ORTON LUNCH CLUB

Wednesday 17th Sept 2008

Beef cobbler
Cheesy bacon pasta
Broad bean, onion & tomato bake

Treacle pudding
Blackberry & apple crumble

EVERYONE WELCOME
Come & enjoy the food and a chat.
(Transport can be provided on request)

Please order to Maureen Ewin (24305) or
Tea Rooms (24886) by Friday 12th Sept.

ORTON CHURCH SUMMER HOLIDAY CLUB



We have had a lovely holiday club.

'Making Sense of Jesus'

We used our ears and listened
to stories Jesus told and
listened to and made music.
We used our eyes to look at things.
We used our hands and eyes

to create, paint and decorate things.
We used our noses to smell things,
like the perfume given to Jesus.
Like the feeding of the 5,000
we made our own feast ...
of specially decorated very tasty
biscuits.

Tebay

Cystic Fibrosis Tarn Walk

On Saturday 19th July, 78 walkers met at Dave and Trish Holmes' Farm at Raisbeck to walk the annual Cystic Fibrosis Tarn Walk, which is a ten mile walk around Sunbiggin Tarn. This event raises money and awareness for the Cystic Fibrosis Trust.

Despite a wet and windy start the sun eventually came out to dry everyone before arriving in Newbiggin for refreshments, where a team of volunteers served homemade scones and tea, which were very much appreciated.

The walk finished back at Raisbeck where a delicious barbeque was waiting for the hungry walkers, the burgers had been donated by Westmorland Services and the sausages from Ewbank Butchers.

A huge thank you to everyone who took part in the walk, young and old, a group of very energetic children some as young as 4 years old turned out and walked the full ten miles. Also thank you to our brilliant team of helpers who turn out each year to support us in helping make this walk such a success.

We have not yet got the full amount raised, but hopefully it will be over £1000 which will be forwarded to the Cystic Fibrosis Trust.

Some walking sticks were left after the walk, if you have lost yours please ring Linda Potter on 01539624502 then I can return them.

ST JAMES CHURCH TEBAY

HARVEST SERVICE

SUNDAY 21st SEPT

11.15am

With Revd Beverley Lock

The winners of Tebay Elephant Parade 2008

Freestyle

1 st	The Elephant Strikes Back	Grace Rigby
2 nd	Big Blue elephant	Rachel Clement
3 rd	Elementary my dear Watson	Mel Brown

Cut-outs

1 st	Au natural Elephant	Mel Brown
2 nd	Ele Baa Baa	Daniel & Alistair Potter-Wharton
2 nd	Sleeping Elephant	Lucy, Jamie & Lydia Milne
2 nd	Indian Elephant	Jaz Brown
3 rd	Dream of an Elephant	&nbs p;Vladas (visiting student from Lithuania)
3 rd	Elephant Blues	Fiona, Natalie & Sian Kipling
3 rd	Top Elephant	Jack & Ryan Law

Children Pictures

0 4 years	&nbs p;5 10 years	11 16 years
1 st Shaun Moffat	Megan Foster	Sarah Allen
2 nd Sian Kipling	Natalie Kipling	WesleyMeadowcroft
3 rd Kiara Kier	Chloe Keir	Lucy Walker

Edible Elephant

1 st Mel Brown
2 nd Sophie & Hannah Brimble< o:p>
3 rd Lily Hudson

Congratulations to all the winners, and many thanks to everyone who took part in the Elephant Parade.

Many thanks also to Junction 38 services and the village event bingo for their very generous donations, and to all those people who donated raffle prizes including Helen Jones, The Cross Keys Inn, Lyon Equipment Ltd, and Jim and Sandra at the Burnaby Rudge.

Thanks must go to Alun Lewis for supplying the card for the children's competition, and to Mike Parsley for supplying the wood for the cutout elephants and not forgetting Steve Pittock for cutting them all out.

Cheers everyone, Sue Pittock xx

Shap Community Development Centre -Courses for Autumn 2008

FREE Move on with Maths	Mon 22.09.08	1600-1800	15wks
FREE one to one IT sessions			
IT for Beginners	Th	18.09.08	1845-2115 5wks
IT for Beginners	Mon	22.09.08	1245-1515 5wks
Computer Housekeeping	Th	18.09.08	1300-1500 5wks
ECDL	Mon	22.09.08	0900-1200 30wks
ECDL	Tu	23.09.08	1830-2130 30wks
NVQ in using IT	Fr	19.09.08	ask for info
Belly Dancing	Wed	10.09.08	1315-1445 10wks
Spanish Beginners	Tu	16.09.08	1900-2100 12wks
French Beg/Inter	Th	18.09.08	1900-2100 12wks
Pen & Wash Beg/Improve	Mon	22.09.08	1300-1500 10wks
Floral Art for Beginners	Wed	24.09.08	1300-1500 5wks
An Hispanic Kaleidoscope	Wed	24.09.08	1900-2100 5wks

Our brochure containing details of all courses we are offering will be available from local Post Offices, and Shap Community Library from mid-July. Enrolment is by post, telephone or email or by calling in at the office or at our enrolment evening at Shap CDC on Mon 8th September 6.15 – 8.15pm. Contact Shap CDC, tel 716447, or email: cdc@shap.cumbria.sch.uk

Office hours: Mon & Fri 0900 – 1200 **during term-time**

Ravenstonedale



Cooking, Music and Theology.

John and Yelly in the new kitchen

After two years empty, High Chapel House is now occupied and full of activity, both as a dwelling and as a base for cookery courses. Beautifully refurbished, it is home to a travelling theologian musician and a cookery teacher, John and Yelly de Jong, and their youngest of three, 18 year old Amy, currently planning her gap year. The de Jongs moved into Ravenstonedale on August 1st after nearly two years in a flat in

Kirkby Stephen, where Yelly teaches Home Economics to sixth-formers. Previously they lived in Bolton (Lancs) where she taught in college, but they became tired of town life and stress and decided to move. Thinking of how next to earn their livings, Yelly liked the idea of running a cookery school from home, coupled with a small B&B, to support John's ministry. At first they planned to live in Kendal (they still attend St. Thomas' church in Kendal) but High Chapel House became their ideal solution. John teaches contemporary music, theology and philosophy of worship, working across all denominations. He is an acoustic guitar-player, a singer-song writer in the style of James Taylor and Bruce Coburn. Bible-based and teaching Christian values, John is nevertheless radical in his approach, encouraging people to "think outside the box". Much of his teaching is done in Eastern Europe. He has been working in the Czech Republic, where he has

a regular band, for 20 years, and occasionally travels to other Eastern European nations, including Latvia, Albania and Bosnia. Yelly is from Holland, a farmer's daughter who grew up in a little village in Groningen province. In addition to her teaching at KS Grammar School, she teaches "Augill Little Cooks" in the school holidays – courses for children at Augill Castle, using the hotel kitchen. Now she plans to run different day-courses from home, including Greek, Malaysian, Thai, Dutch and of course Best of Cumbria. She is starting with three "Cooking for Beginners" days for 6th form leavers going to college and in danger of starving from lack of know-how and cash. With a 40 per cent discount, this course would make a nice gift from a concerned parent or grandparent. The course will be run on September 5, 13, and 19 – for more info, ring Yelly on 01539623411.

Newbiggin-On-Lune

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Joyce Jackson	Tel: 015396 23654
Secretary : Marion Law	Tel: 015396 23409
Treasurer : Carl McLaughlin	Tel: 015396 23674
Caretaker : George Boustead	Tel: 015396 23608 Mob: 07870 317478

All bookings should be placed with the Caretaker
All payments to the Treasurer.

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 2.00 pm, until further notice.
- Sunday School – weekly at 10.30am

Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information
phone Andrea on 23477

Ravenstonedale

Forthcoming events 2008

Sunday, October 12th
Harvest Festival Service and
Lunch



Open House at High Chapel

Every Wednesday, 10.30 to 12 in High Chapel. Fairtrade tea & filter coffee, refreshments.

Local history, history on computer, films, photo slide shows, toys, squirrel information, chat – have fun! New information on the web site – www.ravenstonedale.org click on Open House.

We are open until the end of November.

Everyone welcome; admission free – donations welcome.



Tebay

ALL DAY BREAKFASTS

on

Saturday September 6th

at

TEBAY METHODIST CHURCH

From 9a.m. to 2p.m.

Adults £4.50

Children under 11 £2.00

“Come and tuck in”

THE FRIENDS OF TEBAY SCHOOL,

Would like to invite you to join us for our
fundraising evening,

CEILIDH by CHRIS BLAND BRING & SHARE SUPPER

on

Friday 26th September
Tebay Methodist Chapel Hall
7pm til 10pm.

Tickets will be on sale from September 2nd, available from Tebay School or
contact:

Bernard Thornborrow 24272
Ann Walker 24371
Pauline Robinson 24557

Adults £4.00 each
Child age 4 & over £2.00 each
Family ticket (2 Adults & up to 4children) £12.00.
Under 4's free of charge.

**Ticket price includes non - alcoholic fruit punch,
or squash for the children.**

(NO ALCOHOL allowed on the premises).



Garden Trail

**The non-event which raised
£1,012.00 !! for St Oswald's
Church, Ravenstonedale.**

Our grateful thanks go the gardeners who opened their gardens to the public, the sponsors, the plant sellers, food and refreshment providers, raffle organisers, ice-cream makers, Quiz enthusiasts, Pimms drinkers, and above all those brave souls who came to look at the gardens in the truly *awful* weather. Not forgetting the Exhibiton of Paintings by Ravenstonedale School children in the church and Rev Chris Jenkin and the other organisers who helped to make the Songs of Praise Service such a celebratory occasion. In other words.....

Thank you to everybody
who helped us in any way to raise this frankly miraculous sum given the state of the weather.

Here are the answers to the Wild Flower Quiz. There were 7 correct entries, **CONGRATULATIONS** to all of them. The first name to be pulled out of the hat was Joyce Allison of Kirkby Stephen.

Special thanks must go to Margaret Wildman for devising this challenging quiz and for all the other work she put in to organising this event.

On a bike for two-----*Daisy*
Yellow Gloves-----*Marsh Marigold*
Always remembered---*Forget-me-not*
Scruffy bird-----*Ragged Robin*
Smart cat -----*Dandelion*
Field sugar-----*Meadow Sweet*
Bird measure -----*Cuckoo Pint*
Fat vessel-----*Buttercup*
Purple haze-----*Violet*
Female shelf-----*Ladies Mantle*
Horses hooves-----*Colt's Foot*
Neat flower-----*Primrose*
Not sea but-----*Wood Anemone*
Winter weather-----*Snowdrop*
Host of golden-----*Dadffodil*
Not to wear-----*Foxglove*
Babies don't mind
the colour-----*Yellow rattle*
When the bull ran-----*Cowslip*
Canine variety-----*Dog Rose*
Not Jill-----*Jack by the Hedge*
Expensive-----*Silverweed*
Weeping condiment---*Willow Herb*
Field and bird-----*Meadow Cranesbill*
No sting-----*Dead Nettle*
Oats baking-----*Cornflower*
Four leg to this ring---*Harebell*
Short sleep-----*Knapweed*
Spreadable-----*Clover*

There will be a 2009 Calendar featuring the *Gardens of Ravenstonedale Parish* available at £5.00 from the Harvest Festival Lunch on October 12th.
An ideal Christmas Gift.



**Proudly Present
An Evening of
Laughter
With**

**Don (Banks) Darren
& Music from
James Loynes**

**Tebay Sports & Social Club
Saturday**

**27th September 2008 from
8.00pm**



**Tickets £10 a Head
from
Caroline Rudd, 7 Highfield, Tebay**

Recycling for the Air Ambulance

There is a box in Tebay Post Office for the collection of old Mobile Phones and Ink Cartridges. These will be recycled to raise funds for the Air Ambulance.

TEBAY METHODIST CHURCH

POTATO PIE SUPPER

on

Sat 20th Sept

at

7.00pm

Adults £5.00

Children £2.50

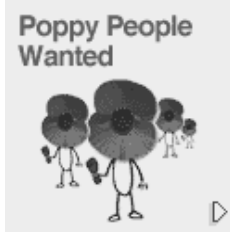
Sunday 21st September

at 10.30am

Family Service with
Mrs J Omsby

Come and give thanks

Tebay



For Tebay, Gaisgill & Ravenstonedale:

Graham Cave 24321

For Orton:

John Falshaw 24444

HELP US GROW THE POPPY

Please find at least 3 hours of your time during 25th October to 8th November & help with this year's Poppy Appeal collections



Ravenstonedale

A Tried and Tested Way of Prayer for Troubled Times

‘Be still,’ said the Psalmist, ‘and know that I am God.’ Stillness and silence are qualities we often claim we value. But both in congregational worship and in private prayer we often feel uneasy with them. We listen in vain for that still, small voice which is God, the God within.

A Benedictine monk, Laurence Freeman, is Director of the World Community of Christian Meditation (wccm.org), a global movement which seeks to revive a tradition of silent prayer dating from the fourth century or earlier. The work today is driven by ordinary people who are hungry for a spiritual way that can promote radical healing and change. It offers an alternative both for Christians who want to breathe fresh life into the old narratives and structures of the Church, and for post-Christians who are unfulfilled by the values of a consumerist society.

Laurence is on a teaching tour of Northern England, and he will visit the **Conference Centre at Newton Rigg Campus, Penrith CA11 0AH, on Friday 12 September at 7.30 p.m.** when he will be speaking on the theme **“The Hunger for Depth and Meaning - Language and Silence: Meditation for All Ages.”** He will introduce the way of meditation and there will be a period of practice, followed by questions and discussion. All are warmly invited and there is no need to book. Entrance is free but donations to cover costs would be welcome.

For more information contact: Sarah Kirkup, The Cherry Tree, Brough Sowerby, CA17 4EG. 01768 3 4 1 2 5 8 , e m a i l info@cmcumbria.co.uk

Midsummer Meadows.



Hazel & John in one of their hay meadows

Around midsummer, the traditional flower-rich hay meadows at Kilnmire are one of Ravenstonedale's hidden glories. John and Hazel Pratt are justifiably proud of the summer display in their fields, which results in nutritious sweet-smelling hay.

Those of us who are older will remember meadows like this from our childhoods. John explains that, “since the war, 96 per cent of traditional upland hay meadows have been lost”. Kilnmire has 40 acres of hay meadow which he has been developing “for decades now”, farming under the ESA (Environmentally Sensitive Area) scheme, to produce species-rich meadows at the foot of the Howgills. A group from Cumbria Wildlife Trust's new hay meadow project visited in the summer to count and record the numerous grass and flower species. Claire Cornish the Trust's hay meadow ecologist tells us, “Members of the Hay-day team have surveyed a number of meadows in Ravenstonedale including two at Bank's Farm and seven at Kilnmire. These meadows are traditionally managed with low inputs by John Pratt and many are rich in old fashioned hay meadow flowers. The Hay-Day project is looking for just these types of flower-rich meadows to use as donor sites for practical

restoration in the area”. Something for us to look forward to – John and Hazel hope to hold a Farm Walk next June so more people can enjoy the glorious sight.



Jock and John



Close-up of a northern marsh orchid in a damp patch

THE BROWBER RED



Well the good news is he or she is still with us. After the scare with the uncatchable grey, we decided to stop feeding the bird's altogether even though it meant the red would have to do without its hazel nuts, which incidentally are on par with oil, very expensive.

The grey moved on due to lack of food, it was a pity we were just unable to lure it into one of Frank's traps, so unfortunately it is still a problem somewhere. All we actually caught was a hedgehog, who was very difficult to extricate. We don't see the red every day as it has a large area here and evidently we are not its sole supplier of food.

It is now three weeks since we saw the grey and the red is still healthy so we presume it escaped catching squirrel pox. AP

St Oswald's Ravenstonedale
- Help welcomed for Churchyard Boon Day - autumn tidying,
Weds 17th September, spare day
Thurs 18th

The Barnaby Rudge, Second ever Fruit & Vegetable Competition, Sort of, ish

Saturday 6th September 2008 @ The Barnaby Rudge Tavern

All entries must be home grown and in the Barnaby by 4pm for judging. No entry form needed, just turn up. The winners will be announced around 7.30pm ish. Following the prize giving, there will be an evening of racing!

THE CATEGORIES

Individual fruit or veg can only be entered in to one category.

Longest

20p each to enter

- Carrot
- Leek
- French Bean
- Runner Bean
- Cucumber
- Parasip
- Rhubarb

Heaviest

The most unusual vegetable or fruit. Must be home grown

- Potato
- Beetroot
- Turnip
- Parasip
- Onion
- Marrow
- Cabbage
- Cauliflower
- Apple
- Tomato

Snail Racing

Cooking & Baking

Five categories, only one entry per person per category, and to be made with home grown produce. (We assure that all entries will be available for everyone to eat after the competition.)

Best Fruit Pie

20p each to enter

Best Fruit Crumble

20p each to enter

Home Grown Soup

black, white, lentil, pearl barley etc can be used in the soup

20p each to enter

Pot of Jam

20p each to enter

Home grown Cherry Tomato Salad

20p each to enter

The Serious Section

1. The vegetable that most looks like an Elephant
2. The Ugliest vegetable
3. The Rarest / Scarest vegetable

20p each to enter

Childrens Colouring Competition

Collect your outlined drawing from the Barnaby Rudge, decorate it which ever way you want, then leave it at the Barnaby by 7.00pm on the 6th September for judging.

For supper, Jimmy, will be serving his very sexy, home made vegetable soup! Cheers Jim.

For more information, please contact Sue Pittock on 015396 24538

This event is sponsored by Shire Homes Ltd.

Family Portrait

Friends of Tebay School are holding a family portrait day on Saturday 11th October 2008 at Tebay School (an ideal xmas gift). Only £12 per sitting to include a 10x12inch framed colour portrait. All welcome

For more details and to book a sitting please contact Elaine Potter 23378 or Kathryn Bland 23396

Reg Cave Memorial Chip-Out Dominoes

8.30pm Start

Tebay Club

Saturday 6th September