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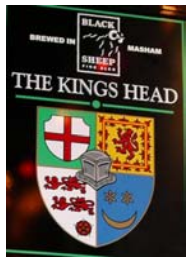
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The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



A perfect January Day

February 2009

THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
ST JAMES' CHURCH, TEBAY AND
ST OSWALD'S CHURCH, RAVEN-
STONEDALE WITH NEWBIGGIN-
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essarily those of the publishers or editors.

Thoughts from High Westmorland

Hi,

By the time you read this the Christmas festivities will probably seem like a distant memory but I can assure you that they were really good. All the churches of the High Westmorland Mission had gone to a lot of trouble to make their churches look and sound really special. Many people came, young and old, to celebrate together and it was a wonderful time as we were reminded of the real meaning of Christmas in so many lovely ways.

In our churches there is much to look forward to in 2009:

We have a number of baptisms and weddings booked in across the churches in the Unit.

We are planning all sorts of learning opportunities in Lent and another Joint Service.

We are going to travel up to the Cathedral together on Sunday 10th May at the invitation of the Dean and have lunch in Carlisle.

There will be a Confirmation service on 17th May.

There are Exhibition week ends, Children's Craft Days, Village services, Family Activities, A Big Joint Fund Raising Activity over the August Bank Holiday week end for all the parishes... the list goes on.

Sometimes however it is good to stop and ask ourselves **why** we do all these things.

Most of these things listed above are based in these wonderful church buildings that are so obviously in the centre to our communities. They speak of the things that we do in front of and with our neighbours. They are ways that we mark important points in our lives. Marriage for

instance is a very public acknowledgement of a personal relationship. Once the vows are said in front of everyone it becomes a public fact that every one is asked to respect. Baptism is the parents publicly declaring themselves as wishing to bring up their children as Christians within the family of the church. We often say our good byes and thank you for the lives of those who were part of our community and have died in the same building where they were baptised and married. These places are special. All sorts of celebrations happen in our church buildings right at the heart of our communities.

In recent times we are acknowledging that while most things are best done in our village buildings some things work better when we pool our resources. Consequently we have our Mission Unit Choir of 30 voices allowing us to make a really impressive sound.

Our watch word for our Mission Unit is what we do best in our separate communities we do there; what we do better together we do together. However as the Bible says, "Unless the Lord builds the house, Its builders labour in vain."

We believe that with God's help our communities can continue to be very special places. They are places where we know each other and learn to rub along together. All the events we do help us to spend time together. This is really important in helping us work better together and keeping us informed of each

NOTE - The management committee of the Link regret that it is unable to distribute literature for other organisations.

We would also like to point out that articles received after the **13th** may be held over until the following month

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others joys and sorrows. In this way we continue to be strong and healthy communities. That is why times of shared celebration are particularly important.

As we go into 2009 I pray that we will deepen our commitment to each other both within our separate communities and within the High Westmorland Mission Unit. May this be a year where we grow closer together for the good of all.

Beverley Lock.

At the Joint service for all the Anglican churches of the High Westmorland Mission Unit on 28th December (a very good service - if you missed it you missed a treat!) it was announced that the Reverend Martin Dew would be joining the Mission Unit in May. Martin is presently Non - Stipendiary Assistant priest in Natland Parish south of Kendal. He is married to Liz and they have two grown up children and a very new (born Jan. 09) grandson. Martin will be a House for Duty priest, living at Shap Vicarage and giving two days a week and help with Sunday services to the Unit. We are delighted that Martin and Liz will be joining us here in High Westmorland and look forward to all they will bring to our fellowship.

Growing into adulthood in our world means making various decisions. We move away from doing just what our parents and carers do to thinking through whether their choices are what we want for ourselves. We decide on our favourite type of music, our style of clothes, our school courses, our friends, our job, and eventually if we are fortunate, our partner for life. We move from doing only what we are told to do and weigh up for ourselves whether this or that is for us.

Traditionally in the Church of England young people who have been baptised as babies are offered the chance to be Confirmed. Once they get to the age that they can decide for themselves they are asked to publicly declare that they, not just their parents and family, believe and trust in Jesus Christ. That they want to follow the Christian way of life and that from that point how they grow into their faith is their responsibility. In many ways it's the first of the BIG DECISIONS of adult life. From that point they can be considered as part of the Church in their own right.

To prepare for this we put on 8-10 meetings of around 45 mins. over three months. This gives young people the opportunity to decide whether this is for them. If it is then they can go forward to a Confirmation Service when the Bishop lays his hands on the person's head and asks God to "Confirm O Lord your servant with your Holy Spirit". It can be a very moving experience.

We will meet separately with adults who wish to consider making this public declaration of their faith.

We are planning a Confirmation Service for the High Westmorland Mission Unit. on Sunday the 17th May 2009. We will have an initial meeting is 6.15p.m. on Feb. 5th 2009 at Orton Vicarage. If you think this is for you or someone you know then do come along. For further information please ring: Rev. Beverley Lock 015396 24045

LINK MATTERS

For several years Barbara Stephens produced The Link. Since passing the task on to us she has continued to help by creating the Service Page each month. She has now decided that her time with us should end and we would like to thank her for her help and guidance which we have very much appreciated.

Most of you will know that The Link is financed by our three churches and produced solely by volunteers. We hope you will agree that we have improved the quality of print and photographs by using Cerberus but this has increased the production cost quite considerably. We are therefore inviting our readers to make a voluntary donation towards the cost. We would suggest £3 (30p per issue) but anything you can give will be received with gratitude. Please give your donation to any church member to be passed on to the Treasurers.

With our thanks

David, Meryl, Susan and John

Registers

The funeral took place of Charlotte Margaret Birkbeck at St James Church Tebay on Monday 5th January 2009.

The funeral took place of William Hully of Bousfield at All Saints Church Orton on Saturday 3rd January 2009.

The funeral took place of Eva Hully of Bousfield at All Saints Church Orton on Thursday 22nd January 2009.

The funeral took place of Barbara Minton of Dufton House at All Saints Church on Saturday 24th January 2009.



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SUNDAY SERVICES IN OUR CHURCHES FOR FEBRUARY 2009

<u>Sunday 1st February</u>		<u>Fourth Sunday of Epiphany</u>	<u>Lessons</u>	<u>Liturgical colour</u>	White
ORTON	9.30am	Matins I.E.	Revelations 12, 1-5a and Mark 1, 21-28		
Sidesman	David Aspden	Prayers	Meryl Aspden		
TEBAY	3.00pm	Songs of Praise R.C.	Readers Meryl & David Aspden		
RAVENSTONEDALE	4.00pm	Christingle B.L.	To be arranged		

<u>Sunday 8th February</u>		<u>Third Sunday before Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u>	Gold
ORTON	8.30am	Holy Communion I.E.	Isaiah 40, 21-end and Mark		
Sidesman	Colin Wren			Reader	Colin Wren
TEBAY	11.15am	Holy Communion B.L.			
RAVENSTONEDALE	9.15am	Holy Communion B.L.	As above		

<u>Sunday 15th February</u>		<u>Second Sunday before Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u>	Gold
ORTON	9.30am	Family Service B.L.	Proverbs 8.1, 22-31 and John,		
Sidesman	Sandra & children	Prayers	Thorpe family		
TEBAY	11.15am	Matins C.J.	Reader Thorpe family		
RAVENSTONEDALE	9.15am	Matins P.R.	As above		

<u>Sunday 22nd February</u>		<u>Sunday next before Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u>	Gold
ORTON	9.30am	Holy Communion B.L.	2 Kings 2,, 1-12 and Mark 9, 2-9		
Sidesman	Malcolm Coates	Prayers	Brian Lock		
TEBAY	11.15am	Songs of Praise B.L.	Reader Jackie Huck		
RAVENSTONEDALE	6.30pm	Holy Communion B.L.	As above		

<u>Sunday 1st March</u>		<u>1st Sunday Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u>	Purple
ORTON	9.30am	Matins	Genesis 9 8-17 and Romans 10 8b-13		
Sidesman	Chris Bland	Prayers	Ronnie Elliott		
TEBAY	3.00pm	Songs of Praise	Reader Brian Lock & Sandra Ward		
RAVENSTONEDALE	9.15am	Matins	As above		

Reader David & Caroline Morris

SUNDAY SERVICES IN OUR CHAPELS FOR FEBRUARY 2009

Methodist Chapel		1st	8th	15th	22nd
Tebay	10.30am	LA FS	D Askew	P Dew	R Teal H
	6.30pm	*	P Dew	*	*
Orton	10.30am	D Humphreys FS	LA	W Capstick TP	W Capstick TP
Newbiggin-on-Lune	10.30am	LA FS	*	*	*
	2.00pm	*	D Marston	P Dew	W Riley
	6.30pm	LA	*	LA	*
Ravenstonedale	2.00pm	D Askew	T Dent	D Birkbeck	Gideons H

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Uganda Parish Link

The PCC of All Saints’ Church, Orton, has decided to form an inter-church Link with the parish of All Saints’ Church, Kasese, in the Diocese of South Rwenzori, south-western Uganda.

The purposes of such a Link include

- Mutual prayer
- Learning about each other
- Learning from each other
- Mutual encouragement

All Saints’ Church, Kasese, is a town centre church.

It has grown from very small beginnings in November 2003 to having a membership of nearly five hundred today. In order to reach out to the diverse ethnic groups in that part of Uganda they have three services every Sunday, in three different languages.

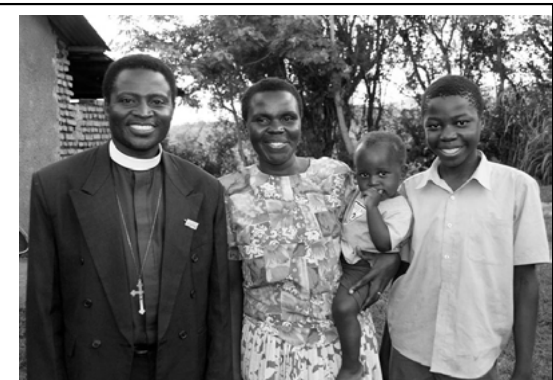
- The main language of the region is Lhukonzo.

- A second pair of closely-related languages is Runyoro / Runyankole (R/R)

- and the third service is in English, the national language of Uganda. Members of tribal groups who do not speak the first three languages, who have moved into the town to find work, tend to come to the English service; they have all learned English since Primary School.

They all worship in a temporary, rough, wooden building seating 150 people, while they try to raise the money to build a larger, permanent, brick church. Already the congregation is outgrowing the temporary church.

The Clergy and Lay Readers



Revd. Nelson and family

The Minister of All Saints, Kasese, is the Reverend Nelson Isebagheen, generally known as “Reverend Nelson”. He is also responsible for 26 other churches in the locality; most if not all of these have Lay Readers who take many of the services, and Nelson is helped by two other pastors.

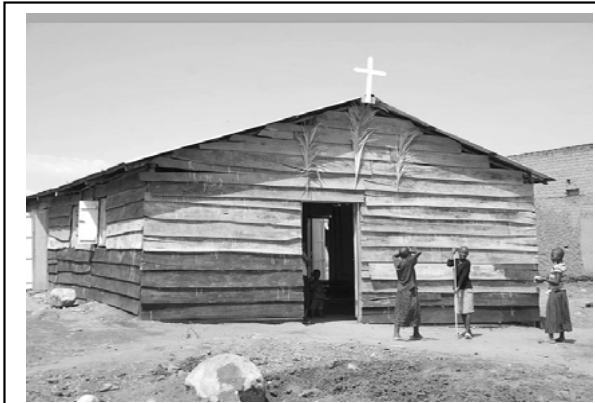
Reverend Nelson also has three Diocesan responsibilities, Education, Mission and Youth.

He visits all his churches, and over 100 schools, on foot, though he has recently been given a pedal bike. (He did have a motor bike but it was stolen and taken over the border into the Congo.)

How the Link will work

The Link is being administered by Christopher and Mary Jenkin who visited Uganda last Easter.

- Prayer: They will correspond with Reverend Nelson by post and email, and share prayer requests; you can expect All Saints, Kasese, to be mentioned in prayers in church from time to time. At the same time, they will be praying for us!
- Information: There may be future articles in *Link*, and there will be a display in church.
- Christopher and Mary will probably arrange fund-raising events sometimes, and local people may like to commit themselves to donating regularly to the All Saints, Kasese, fund; in this way we may be able from our rich community (yes, even in credit crunch times we are rich compared with them! – to help our Ugandan fellow-Christians.
- Visits: Chris and Mary hope to be able to visit Kasese again in a year or two; and perhaps other people from Orton will go too, and experience Africa for themselves.



The temporary building of All Saints, Kasese

VISIT TO CARLISLE CATHEDRAL

The High Westmorland Mission Unit will visit Carlisle Cathedral on Sunday 10th May to attend the 10.30am Service. Following this refreshments will be served in the Cathedral refectory. It is then planned to have lunch at Tullie House and spend some time in Carlisle before returning home, probably after the end of the 3.30pm sung evensong.

The intention is to hire a coach but before we can arrive at a costing an indication of the numbers who would like to participate is needed. We are therefore placing a list at the back of each church for those who are interested to add their name. The lists will be collected on the 15th February and those who have expressed an interest will be contacted the following week with full details. Should you be unable to add your name to the list in church please contact me on 01539 624013 or email to davidaspden@hotmail.co.uk.

The Cathedral service will replace the normal parish services and it is hoped that the experience of a full Cathedral service with choir will be special for us all. This event will give us a great opportunity to meet the members of the other parishes and hopefully have a very enjoyable day out.

David & Meryl Aspden

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Saturday, 7th March
10a.m. – 12.00
In Tebay Methodist
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Quiz Night

Friday 6th February 2009

8.00pm ish

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Sunday 29th March at 4pm

Tickets: Adults £5 Child/Conc. £3.50 Family £15

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The View from Tebay

By Reg Capstick, licensed reader

The New Year is often a time when people take stock of their situation and resolve to improve - or at least change - things. Those of us who work hard to maintain St James' for the benefit of Tebay folk are aware of the tasks which face us in 2009 and we intend to keep going as best we can. Several decisions were taken at the January PCC meeting, which we hope will be supported by all who recognise the importance of an active church in the community.

So, advance notice of: i) the six-week Lent Study Course, which begins on Tuesday 3 March. We will again be using a tape and booklet from York Courses, this time entitled "Faith, Hope and Love". The meetings will be at 1 Mount Pleasant, tea/coffee and biscuits will be served and anybody who likes to chat about Christianity is welcome to attend. Meetings will start at 7.30 pm; ii) the Annual Exhibition weekend, at the beginning of May. There will be a change this year, as we will be open for visitors only on the **Saturday and Sunday**, 3 and 4 May. with a combined Eucharist at 10.30 on the Sunday. We are returning to a theme we used some ten years ago, that of "Hobbies and Interests", as we believe there are plenty of people - some of whom will be new to the village and some who contributed last time - whose skills and talents will create a fine show. More details of the exhibition will be given nearer the time but please give some thought now to what YOU can contribute.

Many of us were disappointed when the musical evening had to be cancelled in November but we intend to book the quartet and the vocalist again, probably for a date in June. Plenty of notice will be given as soon as any arrangements are in hand. One definite date for our diaries is Sunday 10 May when a visit to Carlisle Cathedral has been arranged for people from all five parishes in the High Westmorland Mission Unit. It is intended to go to a 10.30 am service and stay in the city for

lunch -either a packed one for those who like to prepare their own food or a Tullie House meal for those like me who prefer to have one prepared for them. I believe we should visit the cathedral from time to time and this seems a good opportunity.

One item of good news which has just been released - about which I am sure Beverley is delighted - is that a House for Duty priest has been appointed to serve in our five parishes. His name is Rev. Martin Dew and he will live at Shap Vicarage, which will undoubtedly please our friends in Shap. He will conduct services on Sundays wherever he and Beverley decide is most appropriate, and is keen to get to know the five communities and visit as many people as he can as part of his mid-week duties. Bishop Graham has played a leading part in him coming to us and he will be licensed at Shap in due course. I am sure we will all welcome him and his wife to our parishes when the time comes.

I was away in Staffordshire over New Year and discovered that the parish in which I was staying and the other one in that Living have been without a vicar now for over three months. They have

advertised and interviewed for the post but have not found anyone suitable so are still looking. This shows how fortunate we have been - thanks to our determination and Bishop Graham's support - to have secured Beverley so quickly once Carole left us. Speaking of whom, she is now living in Kirkby Stephen and is as active as ever in her calling. Sam has recovered from his bout of illness and seems as happy as ever in supporting Carole's efforts.

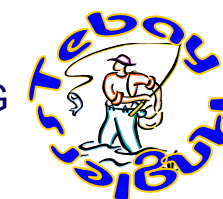
Tebay, largely thanks to two members of the PCC plus a friend - and thanks to our friends at Orton -are now having a stall in All Saints' when Orton Farmers' Market is in operation. Any suitable contributions to this will be welcome and for details you can contact Linda or Elizabeth - or, as a last resort, me.

A busy period in the Church's life is beginning and we pray for better weather so that our movements around the village and to and from other places will be easier and safer. On a personal note, I am looking forward to seeing some local football in the near future as every match I wanted to attend recently has been postponed or cancelled.

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Tebay

"The Railway is really important to Tebay". "Those terraces were built by the railway for its workers". "Of course the road to Ravenstonedale used to be the rail bed of the railway to Darlington, operated by the North Eastern Railway company."

I have been really struck coming up the valley to Tebay with the strong links many of the people in Tebay have with the Railway. The buildings, the community events, all the stories about how people used to work less than a generation ago. Even the different Railway companies and how they operated are unique to this part of the world.

The Church in Tebay reflects this with its wonderful interior brick decoration in the colour of the LNWR railway. The pews modelled on the Railway waiting room benches and the beautiful Shap Granite Font with its Railway engine wheel cover. We have a real gem of Railway history here in our midst but it is hidden from the

outside world and sadly locked away because of its more secluded position.

So when the PCC of St. James came together to discuss how we could make more use of the church building it seemed natural to think towards the Railway. The semi circular back of the church seems to lend itself to a permanent display about the area with special reference to the Railway. The vestry below might be adapted to provide a space for information about the building of the Motorway if there was enough interest. This way the building can be maintained as a place of worship but also provide a visitors centre and archive that would allow more people to use the building and draw in vital resources to keep the church open.

If this sounds an interesting idea to you and you would like to know more we are planning a meeting on Tuesday 24th February at 7.30 p.m. in Tebay church. We would like to form a small steering committee to discuss the plans and look for funding. Please join us if you can to add your thoughts. Beverley Lock.

The Friends of Tebay School (F.O.T.S)

**Would like to Thank everyone who supported the Mufty Day and Autumn Fair.
£406.77 was raised.
A Special 'Big Thank you' to all the Staff and helpers.**

Tebay Methodist Church News

We had a busy time over Christmas starting with our Christmas Fair on the 6th. Sarah Dunning was our opener and a good number of people made purchases from the cake, produce, new goods and gift stall. There was a bran tub which did a roaring trade and Santa was there for the children to visit. Afterwards a delicious tea was enjoyed by all present. An amount of £900 was raised.

The Christmas Coffee Morning held at Bernard and Muriel's on 20th was a full house as usual. The homemade Cake stall and Bring and Buy stall was quickly bought up and there were many good prizes for the raffle, the first prize being a lovely Farm Shop Hamper. We raised £370 which was split—£200 for the Ugandan Street Children and £170 for the Chapel.

The day after, Sunday, at 10.30, Mr. D. Law led a Carol Service at which the Sunday School Children took part with Sheoan Law playing carols on her electric organ and Megan Allen and Lorna Askew played pieces on their musical instruments. The service was followed by Christmas Dinner prepared and served by the members, and this all made for a very festive occasion.

On Christmas Eve we joined with friends from Orton and sang to the guests at the Westmorland Hotel, Sheoan Law playing for us again and then we all enjoyed mince pies and coffee provided for us by the Hotel management.

On Christmas Day we had a very lively service at 10.30 led by Rev Phil Dew.

The members of our Church would like to thank all who came or supported us over Christmas in any way.

Our next event is:

**HAM AND TURKEY SUPPER
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TEBAY METHODIST CHURCH
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Saturday, 21st February at 7p.m.**

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whats happening at The George Hotel ,Orton

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plus every weekend PREMIERSHIP and CHAMPIONSHIP FOOTBALL

Sat 14th Feb

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Performances will be on **Thursday 12th, Friday 13th and Saturday 14th March** at 7.30pm, Newbiggin On Lune village hall. Tickets are the usual modest £6, and they will be available from David Morris on 015396 23308, Ian Baker on 017683 72921, or via any member of the cast.

Doors open 7.00 Start 7.30; End 9.00
Tea, Coffee, Coke & Snacks Free Entry

Further info: contact Rev'd Brian Magorrian
(017683)-41238

Alex Jakob Whitworth will be working with the Y3+4. Hooray!

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Orton

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The Shakespeare Ladies Club to meet in Orton

Actor and writer, Alison Neil, is making a return visit to Orton Market Hall on Wednesday 25 February to perform her latest one-woman show, **The Shakespeare Ladies Club: Tales of Georgian London**.

If you saw Alison as **The Sixth Wife** at Shap or as Richmal Crompton in **The Just William Lady** at Orton two years ago, you'll know that this promises to be a fascinating evening.

The performance begins with Alison as Mary Cowper De Grey, a "lady of quality" with all the right connections in Georgian London and keen to promote the unfashionable playwright, William Shakespeare and the would-be actor, David Garrick.

But after the interval, her second character, Kate Worthing, tells a very different tale of a very different London.

"Eighteenth century London comes alive in the skilled hands of Alison Neil ... unmissable entertainment and a mesmerising performance."

Dorset Echo

Tickets are available now from Orton Village Stores and Post Office or from Sally Seed (24732, sally.seed@btconnect.com) priced £6, £5 for concessions and £15 for a family ticket. The performance begins at 7.30pm on Wednesday 25 February.

Further information about the show is also available on Alison Neil's website at www.alisonneil.co.uk.



ORTON & TEBAY LOCAL HISTORY SOCIETY

somehow the gremlins got into the system in the December issue of the Link and got the dates wrong, so this time hopefully, we shall get it right!

In FEBRUARY we meet on Monday 23rd at 7.30pm in Orton Market Hall. We have a change of speaker. Mary Jenkin will explain to us How to Dig Up Our Roots—No we are not having a Gardeners' Question Time meeting, Mary means our family roots!

In MARCH we meet on Monday 23rd at 7.30pm in Tebay Methodist Church. It is our AGM and time for you all (hopefully) to renew your membership. Subscriptions remain at £5.00 from March 2009 - March 2010. After the meeting Beverley Lock will give a short talk on her ideas and plans for an exhibition display at St James' Tebay and it is hoped that as many members as possible will become involved in some way or another with the project, so do come and hear all about it.

In APRIL we meet on Thursday 23rd at 7.30pm in Orton Market Hall. We welcome back Harry Hawkins who is going to talk to us about Walls In the landscape. If you remember Harry gave us an excellent talk on Shap Abbey.

In MAY we meet in Tebay Methodist Church the date and speaker has yet to be confirmed

In June we are off on our travels again to the Shap Wells Hotel Steve Simpson is going to take us on a tour of the grounds and no doubt tell us more of the history associated with the Hotel. I have yet to confirm a date for this meeting.

No wonder the years pass so quickly when I have to arrange dates and venues so far ahead? Watch the Link for more details of dates and speakers, technocrats can visit the website www.otlts.ukme.com. You can of course contact me on 015396 24780 for more information or with your suggestions and comments. Non members are welcome at all our meetings £1.50 on the door. Wendy Higgins Programme Secretary

Orton Let's Do Lunch And.....

"It was a real privilege to be invited to the last meeting of the Orton Lunch Club, everyone has worked so hard over the years providing the meals each month. It's really quite sad that it's had to stop" said Valerie Jayne from Age Concern Eden. "However it was lovely to see people that used to attend the Orton Lunch Club come to the last meeting at the George, I only hope that the new group will be well supported." Let's Do Lunch And... has been running at The George Hotel since September last year and has attracted a growing number of attendees. The new managers at The George are able to offer a fortnightly lunch followed by activities after asking everyone how often they would like to attend there was a 50/50 split between requests for fortnightly and monthly so it was decided if we put the meals on fortnightly (on Tuesday at 12 noon) people can either come to all of them or every other one, which ever fits best with them. The program over the next month is really varied, on the 27TH January we have arranged for a young singer to come up from Liverpool. She has an extraordinary talent and is really worth coming to see. Apparently the last time Marion (from The George) saw her perform she commented "that you could hear a pin drop, her voice was simply stunning and really brought a tear to your eye, it was amazing."

After that on the 10th February we have a flower demonstration, and a fun pancake activity on 24th February – Shrove Tuesday.

Ravenstonedale

The Ash Wednesday Service for the three Parishes this Year will be held at

St Oswald's Church on 25th February at 7.30pm

All Welcome



The Lent Groups.

It is hoped to hold the Lent Groups this year on Tuesdays, March 3rd, 10th, 17th, 24th, and 31st at Coldbeck Cottage, commencing at 7.30 pm. The material will be the York Course entitled "Faith, Hope and Love".

Coming Attractions

February 4th Facials and make-up: a talk and demonstration by Emma and Rachel Hunter. **NB** This meeting will be held in the Sunday School, NOL Methodist Chapel 7.30 pm.

March 4th Facts and Phantoms of the Eden Valley – a talk by Sean Garrett.

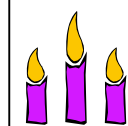
April 1st A Curry evening with Jessie Oddy –open meeting but limited to 40.

The March and April meetings will be held in NOL Public Hall, 7.30 pm

Village Recipes

Mincemeat Parkin (page 62)

Please DO NOT use a swiss roll tin as stated but a yorkshire pudding tin approx size 10" by 8"



CANDLEMASS CHRISTINGLE SERVICE

on
Sunday, February 1st
at 4pm
at

ST OSWALD'S CHURCH

Followed by tea & cakes afterwards
In aid of the Children's Society
Please come and join us if you can.

Mary Corder would like to thank everyone very sincerely who helped & supported her in any way during David's illness & is pleased to say that he is now in remission.



Shrove Tuesday

Home made Soups, pancakes

& coffee will be served on
Tuesday, 24th February,
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Ravenstonedale

from 12noon to 2pm

Tickets £4.

Raffle & Home Bake Stall
All proceeds to St Oswald's Church

The Black Swan

Ravenstonedale

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Ravenstonedale



I didn't think it was possible!

The High Chapel has wintered well this year and the volunteers have worked wonders! When we started painting, I thought we may manage the gable end; that really needed a fresh coat of paint – and that would be that. But the volunteers – Steve and Robin, with their assistant, Frank have managed to paint all of the walls of the main chapel! Or at least when the chapel opens again for Open House, the paint will be dry. They really have done a splendid job and many thanks to them for that. The boiler has warmed the building and beaten off the minus 14 degrees Celsius, Keith Pratt responded quickly as usual and fixed the slates in the autumn and all in all the chapel is set fair to welcome visitors and villagers again in 2009. With the proceeds from Open House (thanks to Open House users and visitors) and other assistance, the chapel is, in a quiet way, managing. Thanks to all who help, all who come and enjoy the friendship and chat. Of course thanks to the URC for allowing us to use the chapel - Where there's a will there's a way.
FC

The Lune Ladies.

The group would like to thank Tony Crann for his excellent talk on January 7th about his work as a paramedic, what he actually does and what equipment he uses. It was most interesting and we came away better informed at the end of the evening.

Open House is Back!



On Wednesday 4th February 10.30 to 12.00
In High Chapel upper room, Rdale and every
Weds morning after that.
Coffee, tea, cakes and biscuits, good chat,
local history archive, red squirrel info, and more...
Admission free – donations welcome.
Drop in and try it!

UPDATE FROM NEPAL

Former W.I. members in our villages will remember the young man, Steve Cottam, who came from Kendal and told us about a charity in Nepal called the Sarimilla Trust. They will be glad to hear that it is flourishing. No surprises though – it still needs all the help it can get. The Trust was set up because Steve and his girl friend were so horrified when backpacking in Nepal to discover how hard it is for girls to get any kind of education. This led them to help a bright little nine-year old called Sarimilla to start school. She was loving every moment of it when her uncle turned up and demanded payment. It was as if he wanted to sell his niece. When money was refused, he took Sarimilla away. We do not know what became of her. Steve and others got the Trust going and gave it the little girl's name. It now sponsors 56 children in various schools and also supports a Special Needs School and a much appreciated programme offering training in sustainable farming methods.

None of these developments are imposed from outside – it is Nepalese people who ask for them and Nepalese people who work in them. But they do

Squirrel News in part taken from Penrith and District Red Squirrel Group Newsletter Winter 2008/09.
REDS ACQUIRING SQUIRREL POX VIRUS (SQPV) IMMUNITY?

The recent press release (October 2008) by Dr Sainsbury, Zoological Society London, whilst giving hope for the future, has sparked fears among the red squirrel conservation community that the news might give people a false sense of security. Dr Sainsbury said: "While developing a vaccine would take years and a lot of investment, this study gives us an idea that there is a good chance of a vaccine working because we now know that reds can develop immunity." Although this is brilliant news, development of a vaccine or even natural immunity is a long way off and doesn't alter the fact that we are losing red squirrels to SQPV (squirrel pox) in OUR AREA – NOW. (Eden Valley, particularly in the area from, Lazonby to Armathwaite as there has been a confirmed pox case in Kirkoswald and red numbers are down.) The picture taken by William Lee, shows the ravages of squirrel pox. We need to be vigilant to protect the existing reds in our area.



©
William Lee

Contact details;

Ravenstonedale - Frank Chalmers 01539623638, Kirkby Stephen - Chris Metcalf-Gibson 01539623336, Tebay – Gary Murphy 01539624788 & Mobile 07974 788434, or Stuart Lewis – Shap on 07528 255861.

If you see a Grey Squirrel or a sickly red – don't delay, phone in...

**Feed your red squirrels – save the species, act locally.
£30 for 10kgs of Italian Hazels currently at Birds Bistro**

Orton

Orton Mothers' Union

Our next meeting will be at Angela's house on Tuesday 3rd February 2pm.

A warm welcome to anyone who would like to join us.

Job vacancies - Orton Market Hall needs you

The existing Trustees of Orton Market Hall - all 11 of us - would like to recruit two or three new committee members from the village and surrounding community.

We meet roughly every quarter (including the AGM) and aim to ensure that the Hall is well maintained and well used by a wide range of community groups and organisations.

If you would like to help in running the Market Hall - and especially if you have skills or experience in practical maintenance or accessing grant funding opportunities - please contact the Secretary, Wendy Higgins (24780 or at West End Cottage) or Nigel Coward, Trustee and postmaster, as soon as possible.

Our next meeting is on Monday 2 March at 7.30pm and anyone interested in finding out more should get in touch before that date.

THE HIGH WESTMORLAND MISSION UNIT JOINT CHOIR.

Thank you to the joint choir formed from the High Westmorland Mission Unit, their leader The Rev. C. Jenkin and organist Mr B Lawler. On two occasions, The Licensing of The Rev. Beverley and the joint Christmas Service at Shap, the choir performed wonderfully and were much appreciated.

Orton Farmers' Markets

The next three of these popular markets will be:

February 14th

March 14th

April 11th

Join us in All Saints for refreshments and a chat in a friendly atmosphere.

In December we raised £1223 and in January £378.

Many thanks to all for your continued support.

Shap Medical Practice.

New Orton Surgery Times

Tuesday 11.00am – 12 noon

Thursday 4.00pm to 5.30 pm.

THANK YOU

Before we get any further into the New Year, Orton Parochial Church Council would like to say thank you to those who worked so hard in 2008 to keep All Saints' Church in good running order. The cleaners, grass cutter, brass cleaners, flower arrangers and those who open and close the church each day. There are those who come and help regularly at the coffee morning held to coincide with the Farmers Market each month.

All Saints' Church has a small but faithful choir and with the addition of young and older instrumentalists and a dedicated organist who is helped by others at times, the services are enriched.

Many more jobs are undertaken and never seen.

All are appreciated.

THANK YOU

Church Heating

We apologise for the breakdown of the heating system during our Midnight Mass and Christmas morning Family Service. We assure you it is back to normal !



THE FLOWER ROTA FOR ALTAR FLOWERS IN ALL SAINTS, ORTON.

The flower rota for 2009 is now on the notice board. PLEASE fill you name in a date you would like to reserve.

If you would like to put flowers elsewhere in church, please do so.

The church does observe Lent (Six weeks before Easter) when there are no flowers in church. This gives an indication of the solemnity of the time.

Advent is also observed (four weeks before Christmas) when the church can be greened, but again no flowers.

Orton School News

Christmas production On the 11th of December at Orton school the children put on a performance called Stable Manners. The performance was held in Orton C of E school. Lots of people came to see us. People are still telling our teachers what a brilliant performance it was. Some people sang solos and those people began to get nervous near the start of it. At the beginning some people played there instruments. Over all it was a great performance and we all certainly enjoyed it.
by Louise, David and Lizzie



Jack and the beanstalk

We went to see jack and the beanstalk at the sands centre, Carlisle on Wednesday 17th December 2008. Everyone went including nursery, Mrs Boynton, Mrs wood, Barbara, and some Parents came too. We all had a great time and ate a packed lunch on the bus. The characters were great and the production was funny we all joined in with some of the songs ,dancing and singing. We looked forward to lunch because we were hungry after all the dancing. We would like to say thank you to the cast that performed the play and we would also like to see another play later in the year .
By Jenny Coates, Heather Bland and Emily

The Christmas dinner was great..... we drank lemonade and pulled Christmas crackers after prayer and it was good and we all had fun we had great food the best was the turkey . We all enjoyed Christmas Dinner at school because we ate lots of tasty food like pigs in blankets. We invited guests like Mr Dunning and Phil Dew to celebrate with us. We all thanked Mrs Boynton and Mrs Wood for cooking the lunch and we presented them with flowers which surprised them!
Michael and Y4

At the George Hotel Years 4,5 and 6 sang to the Age Concern Lunch Club. We sang Something's Happening and Glory Rap from our play and Jingle Bells and We Wish you a Merry Christmas. We enjoyed entertaining the people at the Lunch and would like to sing there again.

By Adam and Nathan

We had a party at Orton school and won prizes. We played lots of fun games and had a great time. Before the games we had a bring and share party lunch which was delicious, we even had party poppers.
By Mark George.



**ORTON SCHOOL CHILDREN
STAFF, GOVERNORS
& FRIENDS WISH
ALL READERS A VERY HAPPY
NEW YEAR!**



Ravenstonedale School News



SCHOOL CHRISTMAS PARTY

In 2008 class 1 and 2 had their Christmas party on Monday 5th December. Santa came to the school at 3.00pm. Santa gave all of us presents. Me, Sam and John had a Meccano aeroplane. There was a person called Kyle. He taught us Diablo, flower sticks and plates. We had pizza, grapes, cheese strings, and many more things. The food came from parents.

By Jamie Doogan Year 6

Christmas Dinner

The Christmas Dinner is when everyone has a feast including the packed lunch people. Everyone has a cracker. Two people open one cracker. Inside the cracker you might find a toy, joke and a hat.
By Jack Roper Year 3



St Oswald's Carol Service

John Holroyd, Stephen Ousby and Freja Parsons played the guitar with Mr Wilkinson.



Air Ambulance

A bag of clothes you don't want anymore. A pair of shoes that make your feet sore. An old bed sheet, a tablecloth, a woolly blanket infested by moths. These are all the things that we collect (and much more). Every year we do a school Air Ambulance fundraiser. We send out notes and special bags, and if you have anything to put in them we collect it. On the day of the fundraiser we have five cars collecting. They go from house to house. You may think that a helicopter comes to get them, but it doesn't! Instead a big van comes to take them. They weigh the clothes and sell them on to other people. The money we make is split between the school and the Air Ambulance. This year we raised a total of 202 bags and £240. Well done and thank-you to everyone who collected bags or helped in some other way. The money helps the school to pay for school trips and lots of other equipment.

By Megan Capstick, Year 5 and Bronte Marshall-Brownrigg Year 6.

Shoe boxes

Some people brought shoe boxes with presents in. We had a photo of the shoe boxes. We collected fourteen shoe boxes some for boys some for girls .They go to children who don't have many presents at Christmas. Mrs Law with Matthew Ousby, Ryan Capstick, Stephen Ousby, Ben Capstick, Bethany Capstick, Megan Capstick, Leanne Huck, Sam Hutchinson, and Rory Bell. They all helped to fill shoe boxes for the Samaritans Purse. Well done!

By Ben Capstick Year 3



Netball at Orton + The Tournament.

Year 5/6 went to Orton to practise for a big tournament at the Grammar School. We went in the teachers cars. Me, Connor, Laura and Ste went in Mrs. Law's car. Jessica, Georgia, Brontë and John went in Mrs. Tringham's car and the rest of the Year 5/6 went in Mrs. Morriss's car. We went to the Grammar School for the big tournament. Me, Georgia, Jamie, Sam and Bethany were in the netball team. In the footy team were Ste, Brontë, Megan, Connor, Jessica, Laura, Carla, Jack. B and John. We had some spares for the netball team and they were Niamh, Leanne and Kodi. We had to use Kodi because Jamie hurt himself but she was really good anyway. The netball team played Tebay and lost, then we played Warcop and we lost again then we played Brough and lost a game for the last time. After Brough School we played Orton, the school that taught us everything we know about netball, and we drew!! Two all. After dinner we went back to school and carried on with work.

By Freja Parsons Year 6