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THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



Above Orton 1910 Below Orton 2010



February 2010

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Thoughts from High Westmorland

By Rev Beverley Lock

By the time you read this hopefully the phrase "Frozen Britain" will be a fading memory. It will just be raining again!!!

Sorry that does sound a rather negative note with which to be starting the first letter of the New Year. The trouble is that the weather has been getting on top of many of us recently. For most of us in fact it has moved from being more than just a polite topic of conversation – it has been a real nuisance and a worry. Folk have been confined to their houses for fear of slipping on the ice, those who have to travel to work or travel for work have had difficult and dangerous journeys. Farmers have had long hours trying to get the stock fed and keep roads open. The list goes on. It has not been an easy time.

Any way in defence moaning about the weather everyone does it don't they?

Actually I have become rather self conscious about moaning recently. I have been wondering whether it is just trivial, something we do, or could it actually be harmful in the long term by encouraging us to think negatively too much of the time ?

I think the thing that brought it home to me recently was I was standing in a queue in a shop. Every person who came in was speculating about the weather. I felt myself realising that the man behind the counter was having the same or similar conversations every few minutes all day every day and I began to feel so sorry for him. This constant negative, moaning away must be really wearing. I could leave the shop and go and listen to some cheerful music but he had this going on all the time.

I am wondering whether, especially in the darkest part of the year, we

need to be careful that we don't fall into a trap that can be quite destructive and creeps up on us without us noticing.

The trap is to always to look on the negative side of life.

Ok moaning about the weather may seem pretty trivial but if it doesn't raise the spirits or make us thankful for the blessings of this life can it get to the point that it becomes a habit of thought?

In the end we are so used to thinking about the negatives that to think in a different direction takes such an effort that it would become almost impossible. To actually praise the weather, or the government or the people who pick up our rubbish or plan our countryside or whatever starts to sound weird to us. We have got so used to hearing ourselves do things and people down that to praise them sounds strange and we stop even trying. The result is bitterness and a dispirited attitude to life that pervades all we think and do.

One of the central parts of Christian worship is Praise. In our church services and in our private prayers we are encouraged to thank and praise God for all the good things of life. We do this before we tell him of the things that we don't like or are worried about, we remember that there are good things and the best is that God is God and he loves and cares for us.

Whatever our level of faith or lack of it what is clear is that this balanced view of life is good for our mental and spiritual health. It tested wisdom handed down to us from previous generations and evidenced in different cultures. It is not easy to make a conscious effort to think positive but it is good for us. Have a happy and positive day.

NOTE - The management committee of the Link regret that it is unable to distribute literature for other organisations. We would also like to point out that articles received after the 13th may be held over until the following month



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Traditionally in the Church of England young people who have been baptised as babies are offered the chance to be Confirmed. Once they get to the age that they can decide for themselves they are asked to publicly declare that they believe and trust in Jesus Christ. That they want to follow the Christian way of life and that from that point how they grow into their faith is their responsibility. In many ways it's the first of the BIG DECISIONS of adult life. From that point they can be considered as part of the Church in their own right. To prepare for this we put on 8-10 meetings of around 45 mins. over a couple of months. This gives young people the opportunity to decide whether this is for them. If it is then they can go forward to a Confirmation Service when the Bishop lays his hands on the person's head and asks God to "Confirm O Lord your servant with your Holy Spirit". It can be a very moving experience.

We will meet separately with adults who wish to consider to be Confirmed.

We are planning a Confirmation Service for the High Westmorland Parishes in April. We will have an initial meeting at 6.15p.m. on Feb. 8th 2010 at Orton Vicarage. If you think this is for you or someone you know then do come along. For further information please ring: Rev. Beverley Lock 015396 24045

ALL SAINTS CHURCH, ORTON

To all members of the Choir of the High Westmorland Parishes

The members of Orton PCC extend their gratitude and thanks to Chris Jenkin and all the members of the Joint Choir for their performances at the Christmas Farmers' Market Coffee Morning.

We realise that a great deal of preparation goes into making this such an enjoyable event for us and for all our visitors and we greatly appreciate the time that is given so generously at this busy time of year.

The 2009 Christmas Coffee Morning was a particularly important one for us and we hope that you enjoyed our ceremony with Joanna Booth and Bishop James. Thank you for helping to make this such a memorable event.

Notes from The Herald, February 1910

Very cold, snowy and later, wet. General Election won by the Liberals.

Tebay Joint Cof E Men's Society and Temperance Society Social on 1st ended with a dance. The Temperance Society has 30 members. John Brennan, well-known coke-trains guard was hit by one on the evening of 29th in Tebay Goods Yard and suffered cuts and bruises. Working Men's Conservative Club AGM and Social was on 28th - dancing till 6a.m.! The Primitive Methodists are into a 3 week Mission. The Tebay branch of the Bible Society's AGM was presided over by Mr. John Capstick. Liberal Ass. AGM was on 11th.

Registers

The interment of Ethel Dixon (formerly of Greenside) took place on November 20th 2009 in St Oswald's Churchyard.

Francis Patrick Higgins was laid to rest in All Saints graveyard on the 26th November
Margaret Isobel Barker was laid to rest in All Saints graveyard on the 27th November
Kenneth Clough was laid to rest in All Saints graveyard on the 18th December.

ASH WEDNESDAY SERVICE

This year the Ash Wednesday service for the three Parishes will be held at 7.30pm on the 17th February at

**ST JAMES CHURCH
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Died at Mount Pleasant on 29th January, Mary Ann Lund,.

The worst blizzard for ten years occurred in the first week at Orton and Tebay. Trains were cancelled from Tebay to Kirkby Stephen. Mr. George Wharton's Farm Sale was at Low Chapel, on 17th including free lunch (provided by vendor, this custom ceased in the 30s).

Died at Orton on 30th January - John Bousfield, 85.

The Ravenstonedale Church Choir Social started at the King's Head on 3rd. also there were the churchwardens and Mrs. Metcalfe-Gibson. Supper was by Mrs. Armstrong. The Vicar thanked the Choir for "a year of hearty singing". All then walked to the Endowed School where many waited for the Dance and Games. The Golf Club AGM was on 31st January in the Public Room. Mr. T.A. Metcalfe-Gibson was in the Chair. £15 in hand! The Vicar and the Minister were elected to the Committee.

Ravenstonedale Charities Trustees met to distribute sums of 5s to 20s; also 27s7d to Newbiggin School.(which needs a new teacher).

Mr. John Butt, a Sun. School teacher for 21 years had a presentation and Mrs. Metcalfe-Gibson gave each child an orange. Mr. Carver has given Ravenstonedale Church a travelling Holy Communion Set. Died at Bridge House, Coldbeck on 28th Jan. Jane, widow of Joshua Brunskill. She was aged 80.

The death occurred of Mr. John Huck.80, Lt. Musgrave.

He farmed at Bretherdale Hall 30 years and Smardale for 20 years.

Thanks to Jeremy Godwin

SUNDAY SERVICES IN OUR CHURCHES FOR FEBRUARY2010

<u>Sunday 7th February</u>	<u>Presentation of Christ</u>	<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	9.30am	Holy Communion CW Martin Dew	Malachi 3, 1- 5, Hebrews 2, 14-18
Sidesman	David Aspden	Prayers	Colin Wren
TEBAY	3.00pm	Songs of Praise	R Capstick M Dew
RAVENSTONEDALE	4.00pm	Christingle	Beverley Lock
Readers Dick & Joan Barlow			

<u>Sunday 14th February</u>	<u>Sunday next before Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	8.30am	Holy Communion	Beverley Lock
Exodus 34, 29-35, 2 Corinthians 3, 12 - 4, 2			
Sidesman	John Falshaw	Reader	John Falshaw
TEBAY	4.00pm	2@4	Beverley Lock
RAVENSTONEDALE	9.15 am	H C said	Chris Jenkin
Readers Joan & Richard Best			

<u>Sunday 21st February</u>	<u>1st Sunday of Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Purple
ORTON	9.30am	Family Service	Beverley Lock
Deuteronomy 26, 1-11, Romans 10, 8b-13			
Sidesman	Geoff Mawson	Prayers	M & R Willan
TEBAY	11.15am	Morning Prayer	R Capstick I Elliott
RAVENSTONEDALE	9.15am	Morning Prayer	Ian Elliott
As above			
Readers Hilary Law & Tom Oldham			

<u>Sunday 28th February</u>	<u>2nd Sunday of Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Purple
ORTON	9.30am	Morning Prayer	Baptism B Lock
Genesis 15, 1-12, 17-18, Philippians 3, 17- 4, 1			
Sidesman	Malcolm Coats	Prayers	David Aspden
TEBAY	11.15am	Holy Communion	R Capstick B Lock
RAVENSTONEDALE	6.30pm	Holy Communion	Beverley Lock As Orton
Readers M & S Metcalf-Gibson			

<u>Sunday 7th March</u>	<u>3rd Sunday of Lent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Purple
ORTON	9.30am	Holy Communion	Beverley Lock
Isaiah 55, 1-9, 1 Corinthians 10, 1-13			
Sidesman	Chris Bland	Prayers	Angela Millburn
TEBAY	3.00pm	Songs of Praise	B Lock Allen
RAVENSTONEDALE	9.15am	Morning Prayer	Reg Capstick
As Above			
Readers			

SUNDAY SERVICES IN OUR CHAPELS FOR FEBRUARY 2010

Methodist Chapel		31st	7th	14th	21st	28th
Tebay	10.30am	LA AAW	P Dew	D Askew	H MacColl	LA
	6.30pm	*	*	*	*	*
Orton	10.00am	P Dew	LA	P Dew FS	W Capstick TP	W Capstick TP
	6.30pm	R Ewin	T Dent	J Law	C Staley	P Dew
Newbiggin-on-Lune	10.30am	*	LA FS	*	*	*
	2.00pm	P Dew	*	J Skinner	P Dew	A Collinson
	6.30pm	*	LA	*	LA	*
Ravenstonedale	2.00pm	D Birkbeck	D Askew	W Ousby	W Riley	P Dew
	6.30pm	LA	P Dew	R Ewin	C Capstick	C Staley

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NATURAL ENGLAND

Invite local residents to

LAKE DISTRICT/NATIONAL **PARK MEETING**

at

TEBAY SOCIAL CLUB

on

Wednesday, 10th February
at 7.30pm

The current proposal will be explained
and there will be a question and answer
session. It is hoped that there will be a
good attendance at this meeting so that
as many as possible understand the
proposals.

Public Consultation on Natural England's **proposed extensions to the Lake District and** **Yorkshire Dales National Parks**

A formal consultation on four proposed extensions to the Lake District and Yorkshire Dales National Parks is now underway. The deadline for all responses to be received is 17th March 2010.

Natural England wants to find out whether people think that the proposed areas have a level of natural beauty and opportunities for recreation that makes them worthy of National Park status. They also want to know if people think that these areas should be given National Park status, and where the boundaries should be drawn.

Natural England are also keen to know whether you think the Orton Fells should become part of the Lake District National Park or Yorkshire Dales National Park if they are designated.

There are a number of ways to take part in the consultation. You can read the consultation documents online at the project website, www.lakedaleslandscapes.org.uk, or download them to fill in at a later date.

You may also telephone 0161 273 8235, email nwdesignationproject@naturalengland.org.uk or write to Lakes To Dales Landscape Designation Project, Natural England, Bridgewater House, 60 Whitworth Street, Manchester M1 6LT to order a free consultation pack.

A series of events and meetings will be held across the area during January and February 2010, details of which are available on the website. They are intended to help local people to learn more about the consultation and how they can take part.

*Experience a fun way of finding out about
the events and people in the Bible*

**Walk Thru the Bible – The Old
Testament**

At Appleby Methodist Church

On Saturday,

20th February 2010

From 9.15am to 4.45pm

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**Free for children with a paying adult (*not*
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Bring a picnic lunch

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Penrith and Eden District Freegle

Throwing something away? Stop! Instead, offer your reusable items to others for free on the Penrith and Eden District Freegle group on the Internet. It's free to join and everything must be given away for free. There are over 2,100 members across the whole of Eden District, so there's a good chance someone will want anything you have to offer, or might be able to help with your wanted requests. It's a good way of clearing your clutter while helping others and saving the world's resources.

Once you have joined, to get rid of something you don't want, send an email to everyone on the group, eg saying OFFER: chair (Kirkby Stephen). Then wait for people to reply to you, choose who to give it to, eg someone nearby, and arrange for them to come and pick it up. You can also ask for things, eg WANTED: guitar (Brough), and people might get in touch to offer it to you.

A lot of people do recycling of bottles, paper etc nowadays. Re-using and repairing items is the next step - and it helps reduce the amount going into landfill, which ought to reduce council tax bills. For more discussion on recycling issues, please join the Cumbria Recycling Cafe group, linked from Freegle. For bigger items including white goods, Impact Furniture Services in Penrith should be able to pick up for free: 01768 210555.

Penrith and Eden District Freegle is run by three local moderators and has simple rules to keep it running smoothly. If you have any questions please phone Chris on 01931 713240 or email PenrithEdenFreegle-owner@yahoo.co.uk. If you would like Chris to give a talk on Freegle or run a stall, please get in touch.

Note:- please feel free to remove paragraph 2 and 3 if space is limited.

THE VIEW FROM TEBAY by Reg Capstick, Licensed Reader

I am writing this between Christmas and New Year because I will be away for over three weeks in January, It seems quite appropriate to do so as much that is in my mind concerns the season we are now in.

Prior to Christmas, I took part in several enjoyable occasions, leading up to my usual superb Christmas lunch with old friends. Before that lunch, however, there were four pre-Christmas meals which were all enjoyable in slightly different ways - the Age Concern lunch at the Tea Room with children from the school singing for us; the Royal British Legion's annual "bash" at The Club; the Staff and Governors' meal at Tebay School; and the Day Centre's Christmas lunch. I consider myself fortunate to be invited to these latter two and it was doubly a pleasure to go to Shap Wells for the last one.

The school's annual extravaganza not really a pantomime - was somewhat unusual this year and a few people were still trying to work out what it was all about as we left the Chapel. One indisputable fact, so far as I was concerned, was the tremendous performance of Ben Moss as the villain. He exuded confidence and deserved the special ovation he received at the end.

Moving on to events at St James' there are several people I must thank. Michael Wilson once again provided holly and greenery, while John Clarke found a suitable Christmas Tree. The church was decorated by a small but creative band of helpers - Rosemary Campbell, Elizabeth Crossley, Linda Garrick and Ann Iniff - assisted in various ways by others who shall be nameless. The 2@4 Christingle was very well attended and

much enjoyed by all. This form of service will continue in the New Year and I for one am extremely grateful to Meryl and David Aspden, Ronnie and Ian Elliott and Rachel Lowis for their contributions. I am also delighted that two of those stalwarts - Rachel and David - are to join our PCC in 2010. I am sure they will both make significant contributions to our future success.

Speaking of the future, there are two other matters worthy of note. Planning for an Exhibition at the Baptistry end of the building has gone ahead apace recently and Simon Allen is busy working on the initial display, based mainly on Tebay's railway history and the part played in it by the church. To assist with advertising future events we have recently purchased a new notice board which has been designed and erected by one of the contributors to The Link, Raven Graphics from Ravenstonedale.

The village is still smothered in snow at present but by the time you are reading this edition of The Link we may be able to get about more easily. There have been a few accidents doe to the weather conditions, with at least two people from our community suffering injuries in road accidents, but up to now we seems to have got off fairly lightly. Once the days grow longer and some warmth returns things will seem brighter, even if the Copenhagen con-trick - sorry, conference - did not solve any problems, so far as I could make out.

World affairs do not seem to impinge on my life very directly, although I suppose I should take more notice of what our politicians say, but occurrences like Parliamentary Expenses make me reluctant to place much confidence in what they say. Perhaps I am just a grumpy old man now - if so, it is a bit late to do anything about it.

Meanwhile I still look forward to the coming year with a degree of optimism where St James is concerned and a sincere wish that life for all of us in our village communities will be peaceful and as prosperous as we can make it in 2010.

Twinkles is moving time!!

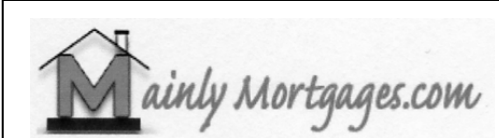
It hasn't escaped our notice that Twinkles, which is the Under 5's Community Playgroup for Tebay and the surrounding areas, clashes with Nursery at Tebay School, meaning that sadly we tend to lose our members when they reach the age of three. With this in mind, we have, after careful consideration and discussion with as many people as possible, decided to change the time of playgroup from Tuesday afternoons to 9.30am-11.30am on Tuesday mornings. Hopefully this means that our older members can continue to enjoy playgroup once they hit three, and it might be more fun for those of us who tend to have an afternoon sleep (Mum's, Dad's & grandparents included!!) and find the afternoon sessions a bit much. The change of time will take effect from the first playgroup back after February half term on 23rd February 2010.

So please come and join us every Tuesday during term time for mornings of fun, laughter, tea and cake! We have a range of activities planned to take us up to the Easter break, including making sock puppets and spring lambs, as well as a Sponsored Toddle to raise some much needed funds and not forgetting the Easter party! Don't forget the Health Visitor, Sharon Coates, will be joining us at Twinkles on the first Tuesday of every month to meet and chat with parents who may find it difficult to get to the clinics at the Health Centre at Kirkby Stephen. Parents can also find it useful just to sit and chat with other parents who are often going through similar things to themselves.

We look forward to seeing you, and if in the meantime you would like to find out more please come along or contact Vicki Pryor on 07824 330 006

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Tebay



LOTTERY FUNDED

Tebay School History Project -
"Taking Stock"

Following the successful production by the Drama Club of
Tebay School last year there are to be further activities to
enable the children to investigate more about the historical
heritage of their village. Hopefully this will include local
people's memories of Tebay before the motorway came
and for this we need your help. Groups of children would
like to interview any long term residents to talk about
their early lives and memories, and also those living in
some of the more historic buildings. Researchers will also
be taking photographs of people and places around Tebay.
Some of the pupils will be learning some of the 'older'
home crafts such as knitting and proddie rug making as
well as doing comparison studies from Census returns.
We NEED YOUR HELP - we hope that parents,
grandparents and great grandparents will assist with this by
providing time for interviews, the loan of any appropriate
pictures for copying and any artifacts which you may have
for the children to look at.

Please contact Tebay School or Mary Jenkin, (Local
History Society) on 015396 24410 or email:

marypjenkin@aol.com

SOME EVENTS 2010 FOR TEBAY

Date & Time	Event /Background/ Location	Contact/Sponsor
Saturday 6 th March From 6.30pm	Tebay Anglers AGM & Dinner Includes Auction & Raffle Open to Members, Permit Holders & Fishing Rights Owners. Tebay Sports & Social Club.	Graham Cave, Secretary 015396 24321 Confirm Attendance By 10 th February
Sunday 28 th March Eyes Down at 8.00pm	Tebay British Legion Bingo Open to All & Includes Club Jackpot & Community Events Rounds. Tebay Sports & Social Club	Graham Cave, Chairman, Tebay Branch TRBL
Saturday 26 th June 1.00 – 5.30pm	Tebay Sports Day & Fancy Dress Parade 6 Prize Categories for Fancy Dress, Sports & Activities for All the Family & Everyone Welcome. Recreation Ground (Methodist Chapel if Wet) Helpers Wanted on Day to Set Up (10.00am), Act as Race Marshals (1.30-5.30pm) & Clear Away.	Mandy Riley, Chairman, Tebay Sports Day 015396 24598
Saturday 24 th July From 10.30am	Tebay Annual Duck Race Cash Prizes for 8 Heats. Winners to Final with Prizes for 1 st -3 rd . Duck Tickets Available from Legion Members from 1 st May. Proceeds to Poppy Appeal & Branch Funds. The Iron Bridge, Low Lane	Graham Cave, Chairman, Tebay Branch TRBL 015396 24321
Saturday 4 th September From 8.30pm	Reg Cave Memorial Chip-Out Dominoes Winner's Trophy, Cash Prizes & Raffle. £3 Entry for 2 Lives. Open to All. Proceeds to Poppy Appeal. Tebay Sports & Social Club	Graham Cave, Chairman, Tebay Branch TRBL 015396 24321
Saturday 30 th October – Saturday 13 th November	Poppy Appeal Collection Volunteers Wanted to Assist Collection at Westmorland Services. Max 3hrs in a Day.	Graham Cave, Tebay Poppy Appeal Organiser, 015396 24321
Sunday 31 st October Eyes Down at 8.00pm	Poppy Appeal Bingo Open to All & Includes Club Jackpot & Community Events Rounds. Tebay Sports & Social Club	Graham Cave, Tebay Poppy Appeal Organiser, 015396 24321
Sunday 5 th December Eyes Down at 8.00pm	Bingo in Aid of Over 60s' Christmas Dinner Open to All & Includes Club Jackpot & Community Events Rounds. Tebay Sports & Social Club	Graham Cave, Chairman, Tebay Branch TRBL 015396 24321
Saturday 11 th December From 3.15pm Meal at 4.00pm	Over 60s' Christmas Dinner All Residents of Tebay, Roundthwaite & Gaisgill Born Before 1 st December 1950 are Invited.	Graham Cave, Chairman, Tebay Branch TRBL 015396 24321 Book Places by 3 rd December



December saw a very busy 2@4 Christingle
Service at St James Church. The afternoon
started with children creating their own
Christingles, and making Christmas decorations
and Christmas cards to hang on the tree in
Church, or take home as they wished. During
the Service, the Christingles were lit and we
sang a number of Christmas Carols, and Rev'd
Beverley told the story of the Nativity, ably
assisted by the Brownies and a number of other
children who acted out the story as she told it.
Afterwards, we all joined together for drinks,
sandwiches, mince pies and cakes.

In January, we had two activity tables, a
"Tasting Table" where people were able to try a
number of new foods, some of which they
hadn't tasted before, and a "Making Table"
where we made some sweets. During the
service itself Rev'd Beverley told the story of
Naaman and led us in songs such as A New
Day Dawning, and If I were a Butterfly.

Dates for your diary for future 2@4's are 14th
February, 14th March, which will be a
Mothering Sunday service, and 11th April all at
4pm. Please come along if you would like to
join in the activities, join our family service,
and stop for a light tea afterwards.

Tebay Day Centre

Methodist Church Hall

Coffee Morning

Saturday

6th March

10.00am - 12.00pm

Cake Stall and Raffle

Everyone welcome

Tebay

St James Lent Devotional WHEN I SURVEY... Christ's cross and ours

Tuesday 23 Feb, March 2, 9, 16, 23, 30
at the home of Reg Capstick 1 Mount
Plesant Tebay at 7.30pm
Refreshments provided, all welcome

Friends of Tebay School

Friends of Tebay Primary School

Supporting

Tebay Community Primary School

Bingo

at

Tebay Sports and Social Club

Sat 6th Feb

Eyes down 7.30pm

Quiz Night

Friday 19th February

Barnaby Rudge Tavern
Sunny Tebay

Time to stretch those little grey cells

All proceeds to
Tebay Elephant Parade 2010



Twinkles Activities Spring 2010

2nd February	Peppermint cream making
9th February	Music with Helen
23rd February	Making spring lambs
2nd March	Making bell instruments
9th March	Mothers Day activity
16th March	Sponsored Toddle
23rd March	Easter party

**This term our theme is "Get Active
and each week we'll end with a half
hour "active" session**

**With effect from 23rd February 2010,
Twinkles will be held from 9.30am -
11.30am, every Tuesday (term-time only)
at the Methodist Chapel Hall, Tebay**

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Chaantallaimy on 01539623341
or Katie on 01539623503.

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- Sunday Services – weekly at 2.00 pm, until further notice.
- Sunday School – weekly at 10.30am

Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information **phone Andrea on 23477**

LUNE LADIES

Programme for 2010

3rd February 7.30pm

Rev. Carole Marsden
with her “Is it True Miss “

3rd March 7.30pm

Karola Franks

A display of work including
glass engraving,
scarves & jewellery

7th April 7.30pm

Martin Bell

gives a talk on Antarctica

Our January talk by Karola
had to be cancelled due to
adverse weather condition,
but is rescheduled for
March.

Once again the Crossed
Keys at Cautley did us
proud as they say, for our
Christmas meal. It was
warm and inviting with a
huge open fire, and looked
very Christmassy. With the
delicious food being well
presented and puddings to
die for, we spent a most
enjoyable evening.

Tebay Community Primary School News

Autumn Fair

Way back in time, on the last Saturday in November an Autumn Fair was held at school. There were many exciting stalls, including some new initiatives! Caitlin Potter and Sophie Brimble, both Y4, created a children's magazine which sold out on the day! Handicrafts and refreshments were available; many people enjoyed trying to work out the baby photographs from Y5+6!

Lots of money was raised. Many thanks for all the support and hard work!

Vibrant Voices

The Junior Class went to The Old School to sing for the Age Concern Christmas Dinner. With cheery faces and voices pitched to perfection, Mrs Wilkinson led a musical medley of Christmas songs. The children stood up the open staircase and beamed. A lovely occasion for all.

Party Time!

The end of the Autumn Term saw the usual seasonal social events. The school pupils, friends, staff and governors joined for a Christmas dinner, with easy conversation and thanks for hard work. The children enjoyed traditional Christmas Parties in their own classes, with games like pass the parcel and musical chairs.

A lovely atmosphere for the last week of term.

Sam and Sammy and the Shammy Double Whammy

The Juniors put their amazing energy and enthusiasm to producing an unusual tale of three children who are transported to the planet “Garlandia” to save the locals from a fashion driven Gok. With themes like: friendship over comes fear and good will win, the show was GREAT. Some children sang solo or duets, the main characters did a fantastic job holding a complex plot together with professionalism. Ben Moss was exceptionally scary as the evil Gok and had his teachers quaking in their shoes as he ranted and threatened. Phil Dew and Mr. Coleman took part as lost Buzz Aldrin and Neil Armstrong. Phil, in his silver space suit, dancing the Morcambe and Wise “Bring me Sunshine” was concerned he resembled and oven ready turkey!

THANKS for all the support for this show to succeed.

Last Day

Mrs Lees, the Deputy Head and Infant teacher had her last day with Tebay school. She was presented with a collection of books full of staff and pupils comments, presents to keep and flowers. Mrs Lees has moved on to be a Head teacher and we all wish her every happiness.

Welcome Back!

The Infant teacher role has been delightfully taken up for two terms by Mrs. Kent. The children and staff are thrilled to see her back, she covered a long supply need in the Infant class last year. Mrs. Kent has settled back in with a seamless join!

Aliens at the Nativity

When the youngest children announced they needed alien costumes to “do” the nativity, everyone's curiosity was aroused! The Infant and Stepping Stones Nativity was beautifully acted and sung, with the traditional story of Mary and Joseph... however some aliens came to witness the children acting too! A fantastic, up to date rendering of the Nativity in school, just right for children who had been researching “Space travel” during the term. Well done to all involved.

Spring Term 2010

Our school topic this term is “Then and Now”, so many children are exploring life in Victorian times. The snow, in January has been enjoyed by many pupils with sledging on the back field. Chilly but fun, as long as you are young! The youngest members of the school have been seen building snowmen indoors and then taking them out and pulling staff along in a sledge!!

Some pupils have been admiring the beauty of the white sparkly world and creating poetry.

JonathanWalkingshaw

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Orton

Ceilidh for Uganda

A project to help Street Children in Uganda benefitted to the tune of over £600 from a Ceilidh in the Market Hall, Orton, on the 12th December. Chris Bland and the Reunion Band led the event in their usual, and highly popular, style, which attracted a capacity crowd of dancers and onlookers not just from Orton but from far and wide. As well as taking part enthusiastically in a wide variety of country dances the crowd was entertained by a puppet dance, and by Chris Bland and his wife Olive (a teacher) performing a hilarious dialogue of the Christmas story being told to a class of young children. The "Bring-and-Share" supper afforded a delicious meal during the evening. The Street Children project in Kasese, Uganda, was explained by Mary Jenkin, who with her husband Christopher visited Uganda in April 2008; they are returning next February to see how the money raised so far (over £10,000) has been spent - including purchase of land, and starting to build a hostel.



Winter Blues?

Cheer yourself up by logging on to <http://www.youtube.com/watch?v=XhN0fU7kxyE> it will cost you nothing, but will help raise funds for Donkeys in the Holy Lands.... I've arranged for a vet to go out to Israel and Palestine free of charge, but need medical supplies to treat the Donkeys. William Hill have agreed to sponsor the Utube connection and willing to pay £££'s --- so please click on ! These working Donkeys really are a beast of burden and if in this country the owners would quite rightly be prosecuted by the RSPCA.... but we are talking the Holy Lands here so its just a free click away

Thanks
Jen Beasley
Cat Nap Cattery

Orton Mothers' Union

Our next meeting will be:
Tuesday 2nd February
2pm at Angela's house.
A warm welcome to anyone who would like to join us.

Orton Farmers' Markets

The next three of these popular markets will be:
February 13th
March 13th
April 10th
Join us in All Saints for refreshments and a chat in a friendly atmosphere.

In December we raised **£1,205** to help us to continue God's work at All Saints.
Many thanks for your continued support.

All Saints' Carol Services

At our Christingle we were blessed with a truly **Heavenly Host**
Well done to all the children who provided us with such a wonderful display of angels.
Thank you for the alms of **£145** for the Children's Society.

Carols by Candlelight was an uplifting experience which attracted a large congregation.
Thank you again for your generosity in raising **£150** for our link parish of Kasese, Uganda.

Thank you.

Thank you to friends in Orton and Tebay for cards, phone calls, visits, offers of help, kindness and generosity during these last difficult weeks. I can't begin to tell you all how much it means to me, all I can say is thank you and God Bless.

Wendy (Higgins.)

ORTON AND TEBAY LOCAL HISTORY SOCIETY.

Dates to remember for 2010

MONDAY 15th February – Orton Market hall 7.30pm Rob Matthews is going to tell us about 'Penrith at the Crossroads of History'

MONDAY 22nd March Tebay Methodist Church 7.30pm. The Annual General Meeting, after which Reg Capstick will tell us more 'Tales of Tebay'.

THURSDAY 15th April. Tebay Methodist Church 7.30pm Peter Studd, who should have come to us in November is going to tell us about 'Tebay in the Great War'.

Non-members always welcome at our meetings £1.50 at the door. For further information call Wendy Higgins 015396 24780 or visit the website www.otlhs.ukme.com.

Ravenstonedale

Ravenstonedale Lent Groups

The Lent Groups for 2010 will be held at Coldbeck Cottage starting at 7.30 pm on Tuesdays
2nd, 9th, 16th, 23rd, and 30th March.

The subject of the York Course this year is :-

"When I survey.....Christ's cross and ours".

Everyone Welcome – for more information ring **23230**



Shrove Tuesday

Home made Soups, pancakes

✦ coffee will be served on

Tuesday, 16th February,

Flass, Ravenstonedale
from 12noon to 2pm

Raffle ✦ Home Bake Stall
All proceeds to St Oswald's Church

Tickets £5.00 - Tel 23336
or PCC Members



CANDLEMASS

CHRISTINGLE SERVICE
on Sunday, February 7th

4pm at St Oswald's Church

Followed by tea & cakes afterwards
In aid of the Children's Society

Please come and join us if you can.

ST OSWALD'S CHURCH

Children's Activities

In Church

7th February

From 2.30pm

Ravenstonedale School

Thank you to everyone who donated so generously to the Ravenstonedale School carol singers.

We raised a magnificent £135 which we have put into the fund to purchase a



Forthcoming events

Sunday, February 7th
Candlemass Christingle Service-February 7th
at St Oswald's at 4pm

Tuesday, February 16th
Shrove Tuesday Lunch
Flass, Ravenstonedale
12noon-2pm

Sunday, March 14th
Mothering Sunday Service
at St Oswald's at 4pm
followed by tea.

March 11th, 12th & 13th
Lunespring Players-
Keeping down with the Jones'
Comedy by John Chapman & Jeremy Lloyd

NORTH WESTMORLAND ARTS

Outstanding musicians playing for us here in the Eden Valley

2010 Concert Season

All concerts in Appleby Public Hall at 7:30pm. £8.5/£10. Accompanied children free.

Sun 31st Jan : YORKSHIRE IMPERIAL URQUHART TRAVEL BAND
Sun 28th Feb : ANDY JACKSON (Portuguese guitar) & AURORA STRINGS
Sun 28th Mar : NORTHERN SINFONIA Chamber music programme

For Discounted Subscription Tickets contact: Clare Morton tel: 017684 83777
E-mail: Algars2@aol.com Website: www.appleby-concerts.org.uk

Supported by Westmorland Arts Trust

In February –

Sunday, 28th February 2010

Andy Jackson Guitarra Portuguesa and guitar with the Aurora Strings

Appleby Public Hall. 7.30pm.

County Durham based composer, conductor and musician Andy Jackson has created a repertoire influenced by Iberian traditions which he will present alongside Boccherini's masterpieces.

Entry £8.50 at the door. Accompanied children and students admitted free.

Tel: 017684 83777. North Westmorland Arts.

www.appleby-concerts.org.uk

Ravenstonedale Endowed Primary School

Air Ambulance

One day there was a van parked in the playground. Then Mrs Law came and got the year sixes to help the man who came to collect the bags. Mrs Tringham, Mrs Keogh, Mrs Law, Megan and Ryan's mum and dad came to help as well. We got out of a lesson if nothing else. Then it started to rain and we had to stop under the bike shed so we did not get wet. Then

Air ambulance

In November we had a collection for the air ambulance and a lot of other schools did this. Ryan's Mum and Dad, Anne Capstick and Paul Capstick collected air ambulance bags from people. Other people dumped them at school in the playground or under the bike shed. Some people had so many bags they had to do 2 trips.

A man from the Air Ambulance came with a van and it was quite a big one. Year 6 helped to put the bags into the van. The rain was terrible, it was bucketing down.

We raised over £300 for school and £400 for the Air Ambulance.
By Ben, Jordan and Ryan.



Healthy eating assembly.

On Friday last week as well as our usual good work assembly we did a healthy food assembly. The class 2's each had one thing to talk about each that was healthy.

All the class 2's read out what they had written about Healthy food. We were rehearsing and practicing the Reading over and over until we projected our voice. At the end we all did. When we got upstairs to do the real thing, the five and six's were sitting on benches and the

Table tennis!

Yr6 and yr5 went to Kirkby Stephen Grammar School for the table tennis festival on Friday 4th December 2009. We went straight to the hall and we talked about the rules. We split into groups. Our school were together in the gym; we all had team names, unfortunately we were Liverpool. We learnt how to hold the bat properly. Before we started we played some games. Then we split into groups for people who were left handed and right handed, and we played some matches. Then we had a break when we had some grapes and orange juice. Then we went straight back to the gym and carried on. Then time flew by and we went back to the hall and we watched some people who knew how to play table tennis. Then the people got us to have a tournament and we had to hit the ball three times or four I think. Then the last person who put their hand up last was out and it carried on like that. Bethany and Laura got into the semi-final. At the end one of the adults said that all the schools would get 100 tennis balls, a new tennis table, a table tennis net and 8 table tennis bats. We all had a great day and

SNOWY DAY

On Tuesday the school was shut because of the snow, but on Wednesday 12 of the children could get to school. We built a snow alien but the snow was too powdery to stick together properly so we struggled to make a snowman.

We had fun running about in the snow. It was extremely cold but we all enjoyed it.
Leanne Huck and Jessica Cutts



Orton



Orton Community Woodland Project

Huge thanks to everyone who came to plant trees at the end of November.

Total Trees Planted: 400 - including Alder, Apple, Ash, Birch, Bird Cherry, Elder, Elm, Damson, Hawthorn, Hazel, Oak, Rowan, Willow

We have grants from Friends of the Lake District and The Hadfield Trust, and need your help to plant all the trees that this money will buy.

Next tree planting event:

Please come and plant a tree or two
Saturday & Sunday
13th & 14th March 2010
11am-3pm

Trees, Stakes and Guards provided
Bring wellies, warm and waterproof clothing, spade if you have one

For those of you who prefer to plant during the week at your leisure, we are creating a self-service tree planting station – tools, materials, instructions left on site and you can go ahead and plant anytime from 13th-31st March 2010

Directions:

The 4½ acre field that is slowly becoming a woodland lies between Orton and Orton Scar. It is accessed via the bridleway that leaves the north end of Orton to Broadfell. Through the stiff wooden gate. It is through the silver coloured metal gate on your left, as the bridleway narrows again.

For more information please contact Maggie and Rob Willan on 015396 24491 or email Maggie on maggiewillan@hotmail.com

Orton Carol Singing

Many thanks to all those who joined us in singing carols round the village and all those who gave so generously. As well as having a most enjoyable time we raised **£312** for the Church of England Children's Society and the National Children's Homes.
Well done everyone!

highlights
rural touring scheme

Celebrate Chinese New Year with Professor Popup's Puppets

It is Chinese New Year on February 14 – the start of the Year of the Tiger – and Highlights Rural Touring will be celebrating at Orton Market Hall with a family puppet show on Wednesday 17 February, the middle of the school half term holidays.

Puppeteer, Melvyn Rawlinson, also known as Professor Popup, is bringing his Festival of the Dragon Moon show to Orton. The show starts at 6.30pm and is suitable for all primary school age children and their families.

Featuring puppet acrobats and a hilarious Lion Dance, Professor Popup uses Chinese Palm Puppets to tell the story of T'ang, her father's potato harvest and the mystery of why Yip Yok the Yak has stopped giving milk. Will T'ang solve the mystery, save Yip Yok and still make it home in time for the Dragon moon festivities?

Tickets are available now from Orton Village Stores and Post Office or from Sally Seed (24732, sally.seed@btconnect.com) priced £6, £5 for concessions and £15 for a family ticket. The performance begins at 6.30pm on Wednesday 17 February.



Orton

Uganda Visit

Christopher and Mary Jenkin are making a return visit to Kasese, Uganda, from 18th February to 5th March, two years after their last visit. They are looking forward to seeing progress with the Street Children Project, which Orton people (as well as many others) have supported so generously; nearly £12,000 has been donated, which is absolutely fantastic!

Christopher will also be preaching at our Link Church, All Saints, Kasese, on 28th February - probably three times, in three languages! (Well, through an interpreter...) He will also be leading a Clergy Seminar, hopefully once again for four different denominations.

Mary will once again be using her craft and needlework skills to help the Mothers' Union ladies.

Children's clothes: We hope to take out a quantity of clothes for children of 5 years old and older (not baby clothes), for both the Street Children and another group we met last time, the Acholi Orphans. All contributions for this would be welcome - if your children have grown out of clothes which you would like to donate, we would love to take them with us (within limits of luggage allowance, of course). These need to be cotton, rather than woollens or synthetic materials; grey school shorts for boys' school uniforms would be especially welcome. (Girls in Uganda do not wear trousers, so skirts, dresses, etc, would be good.) Enquiries - Tel. 015396 24410, or email maryjenkin@aol.com.

Orton Christmas Fair

Well done everyone who helped in any way at the Christmas Fair we raised an amazing **£1,112**

LENT DEVOTIONAL

These will be held in
All Saints Church Orton
on

Wednesday 24th Feb, March 3, 10, 17, 24 at 7.30pm

After School Club Co-ordinator

Required for 22nd February
(After February Half term)

To run and manage After School Club
from 3.30 to 5.30pm daily.

Rate of pay - £9 per hour.

(13 hours per week in total)

Applicants must have at least NVQ level 3 in childcare
or equivalent.

This post could be a job share.

Enquiries please to head@orton.cumbria.sch.uk

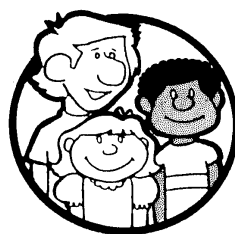
Or

Via Orton School tel: 01539624268

Closing date for applications is 5th February

Come to our Half Term Holiday Fun Session

At Orton Methodist Chapel



on Wednesday, 17th February 2010

From 1.30-2.30pm

Open to all children from Reception upwards



Crafts *Big screen DVDs*
Lots of Games *snacks* *Quizzes* and
lots more

For further information contact Rachel Woof, Tel 015396 24372

Orton School News

Back to school

Everyone was glad to get back to school after the extended Christmas holiday because of the snow. We are learning about the Victorians in History and Fractions in Maths. At the moment, we have a lot of snow to play in which is great!

By Lauren Yr 6



PANTOMIME

At the end of last term we went to Kendal theatre to see the pantomime Aladdin. It was all good but the best bit was the big bang, and the carpet flew that by its self, I knew that it wasn't really flying though!

Trainee Teachers

We have 4 Trainee teachers who have come to teach us in school, 2 in Class 3 and 2 in Class 2. They are very helpful in both classes and we like having the extra help.

They teach us in lots of lessons and join in assembly. They sometimes do play-time duty in the playground too.

By Harry Y4 and Nathan and Y6

Swimming Lessons

We have started swimming lessons again on Wednesdays at Appleby pool. The whole school goes. Level 1 are in the little pool, and levels 2, 3, 4, 5, 6 and 7 are in the big pool. We are in level 2 & 3.

By Lauren Mc and Shona

The Snow

As you probably know it has been snowing in England.

There have been lots of problems, such as travelling to places. But over all, we have had great fun here at Orton School. We have made snow walls and had snow ball fights. We have also made snow-men and lots of other things as well!

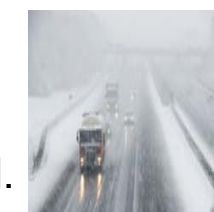


Safety in School.

The roads are treacherous, and we need to be well prepared with shovels, grippy shoes and grit. In school we are trying to keep safe.

We are gritting the pathway into school.

by Hayley Year 4



Christmas party..... On Wednesday 16th December 2009. Orton school had a party, a Christmas party! We did lots of party games, I really enjoyed the games and so did everyone else. We all brought party clothes, and some food for our party lunch. We all had a great time!

By Lizzie

.....and Production

Our Christmas Production, Silent

Night, was VERY GOOD!! We are very thankful for the people that came to watch the play. We also enjoyed acting the play and we hoped you liked watching it too. By Bethany and Andrew