

|                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <p>Copy typing<br/>Audio Transcription<br/>Internet Research<br/>Invitations (weddings/party)<br/>Paperwork<br/><br/>Contact<br/><b>Anna Robinson</b><br/>Tel: 015396 24930<br/>email: <a href="mailto:annarob11@yahoo.co.uk">annarob11@yahoo.co.uk</a></p>                                                                                            | <p><b>Computer and laptop repairs and upgrades</b><br/><br/>Can also help with wi-fi setup, email, printers and scanners.<br/>Friendly service at fixed rates.<br/>See website for details or call<br/><b>0770 7773789</b><br/><br/><b><a href="http://www.paratechnical.co.uk">www.paratechnical.co.uk</a></b><br/><b>John Howard Jones</b></p>                                                                                                                                                                                                                | <p><b>Philip Horner Fencing Contractor</b><br/><br/>Walling<br/>Man &amp; Tractor<br/><b>Tel: 015396 21984</b><br/><b>Mob: 07855349156</b><br/>e-mail: <a href="mailto:prhorner@hotmail.com">prhorner@hotmail.com</a></p>                                                                                                                                 |
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# The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



## March 2014

**THE LINK IS PUBLISHED BY THE  
PAROCHIAL CHURCH COUNCILS  
OF ALL SAINTS', CHURCH, ORTON,  
ST JAMES' CHURCH, TEBAY  
AND ST OSWALD'S CHURCH,  
RAVENSTONEDALE  
WITH NEWBIGGIN-ON-LUNE**

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*Views expressed in 'The Link' are not  
necessarily those of the publishers or  
editors.*

## A thought from the Vicarage

by the Revd Beverley Lock

'Use it or lose it.'

It seems to be the watchword for so many of our local rural services.

From buses to local schools, from libraries to local shops and Post Offices, all these essential services and many others seem to be under threat. If people in towns are comparing the numbers of users with the larger numbers in more urban and suburban areas, our remote rural population is small. It makes it difficult to compete. It seems that not a week goes by in which we are not asked to sign a petition to save some embattled service or other.

Occasionally we hear of a 'victory' where some particular service is granted a reprieve, but the fear is always there that once the local uproar has subsided, it will once again be under threat. It is hard for those who provide these services not to feel this low level anxiety eating away at the health and vigour of their business. It is worrying also for those who depend upon them. People are tempted to look elsewhere 'in case' and the whole thing can become a 'vicious circle'. In the end it is in danger of undermining the cohesiveness at the heart of the close community; the thing of which many folk, looking in at our communities from more fragmented areas, are so envious.

I cannot speak for the shops, libraries, Post Offices and so on but I can speak for our local churches in these three parishes. Faithful people, many of you who read the Link, over many years have given endless time and support for the many activities undertaken to keep these buildings open and available for weekly worship. Many will have taken the opportunity to come to worship; an hour out to reflect and get perspective back in a busy

life. Consequently these buildings have been open for weddings, funerals and baptisms as well as big festivals. For many years it has been important to many people that these buildings testify to the presence of God in our communities.

Local congregations do get anxious from time to time when attendance at weekly worship is low and they worry that these buildings and the worship there may not continue into the future.

It is so easy to take things for granted because they have been there for so long. However churches are no different from the other services – if we don't use them we will lose them. Some would argue that the best use of church resources is to draw back to the towns. 'All said and done', they argue, 'people from villages travel to shop – why not to church services?' When numbers at services are low – it is hard to argue.

I believe when it comes to church that local is best. This is the way we maintain our communities – by seeing each other often. We, in our church councils, really do appreciate all the support we get on social occasions and events that raise money – thank you. What would be a real clincher would be if you could come and join us in worship – even just once a month; this would really make us feel it was worth carrying on! B.

## Orton "Drop-In"

**Every Wednesday  
from 10.30-noon in the cosy  
schoolroom at Orton Chapel.  
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with friends. Everyone  
welcome!**

**NOTE** - The management committee of the Link regret that it is unable to distribute literature for other organisations. Articles received after the 13<sup>th</sup> may be held over until the following month.

**Cover picture:** Tebay Community Choir at Tebay Pudding Night—see article

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**Cheese & wine night – Sunday 23<sup>rd</sup> February**

**Pie, pea & Karaoke night - Sunday 16<sup>th</sup> March**

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## Notes from the Herald, March 1914

The mild, damp winter broke on  
19<sup>th</sup> – blizzard and frosts for a  
week. Lapwings back by 7<sup>th</sup>.

Orton's Police Station is to be  
converted to an Infant School –  
“the population is now at Tebay.  
Orton has no crime now and the  
rooms are only 6ft high.” RDC  
to borrow £120 for this (2014 =  
£9600). Orton Main Street is to  
be tarmacked by the RDC  
(moved by Cllr. Dr. Gibson).

Gaisgill Two tramps (one an ex-  
PC) burgled Mrs. Bowman's lock  
-up shop near Gaisgill Station,  
Monday night, 23<sup>rd</sup> February.  
Caught by PC Winter (Tebay) at  
Appleby on Monday, 2<sup>nd</sup> March.  
Remanded in custody thence to  
Quarter Sessions.

Greenholme Rovers Football  
Club was fined ten shillings  
(2014 = £40) for failing to play  
Pooley at Penrith. Pooley had  
sent the local League Committee  
an impertinent letter about this  
and were summoned to explain  
themselves.

Tebay School needs a certificated  
female teacher. Twelve years  
ago Tebay's ratepayers voted to  
stay unlit, as the outlying farmers  
said it would be on the rates they  
paid but did not use. Same this  
time too. Polled for twelve hours  
on Saturday 7<sup>th</sup> – for electric  
streetlights 63; against 88.  
“Tebay feels something should be  
done but not on the rates”.

RDC to erect at least two bridges  
in Bretherdale; the cement to  
come by motor to a point near  
Greenholme. (Doesn't say  
where).

Retirement Sale at Low Borrow  
Bridge for Mr. Edward Airey,  
Thursday 26<sup>th</sup> – 19 cattle, 1 horse,  
rubber tyred dog cart, 5 beds,  
sewing machine etc. Lunch  
11.30, Sale 12.30.

Ravenstonedale's Mr. Thomas  
Hewetson Beck (son of George  
Morland and Annie Beck of The

Lane) wed Alice, daughter of  
Mrs. Hunter of Nateby on 25<sup>th</sup>  
February at place not said.  
The late Miss Hester Elizabeth  
Boulton, Ravenstonedale  
Vicarage, left £2079 (net £2006),  
(today would be £166,320). Her  
Executors are her nephew the

Rev. Thomas Boulton and Mary  
his wife, who live there now.

Joke: Boss: We need a secretary  
well able to manage men.

Candidate: Oh – you need  
my wife!

**Thank you to Jeremy Godwin  
for the Notes.**

## From Your Local Police

Dear Reader,

My name is Gemma Threlkeld and I am a Police Community Support Officer  
in Eden Neighbourhood Policing Team. I have recently taken on the role as Eden  
Farmwatch Development and Coordination Officer. The area is a very large area  
where rural theft is a priority. My aim is to try and reduce crime and  
opportunities to commit crime by increasing communication and encouraging  
vigilance. Everyone plays a part in protecting their property therefore it is  
important that we report all suspicious incidents using the non-emergency  
number 101 or in an emergency always 999.

Cumbria Community Messaging is a free service which allows members to  
receive information from several organisations including the Police, Fire service  
and Trading Standards via email, text or phone. You are in charge of what you  
receive and how it is received. The system allows for information to be passed  
quickly and efficiently. There are several microsites which can be joined  
including Farmwatch. You can join yourself by going to  
[www.cumbriacommunitymessaging.co.uk](http://www.cumbriacommunitymessaging.co.uk) or [www.cumbriafarmwatch.co.uk](http://www.cumbriafarmwatch.co.uk); if  
you don't have internet access please get in touch so that a member of the  
neighbourhood policing team can help you.

I am currently concentrating on the Shap and Lakes area in an attempt to  
encourage new members to join the messaging service but also to invite new and  
existing members to volunteer to help with being proactive in the 'Nights of  
Action'.

If you would like more information about any of the above, the Trespass  
Scheme, Smartwater or crime prevention advice please get in touch with myself  
on 101 or email me at [gemma.threlkeld@cumbria.police.uk](mailto:gemma.threlkeld@cumbria.police.uk)

Please remember to secure all property, take keys out of vehicles and report  
suspicious incidents to police on 101.

## A Christian Alphabet—An occasional series.

### C (continued)

**Confirmation:** A ceremony in which candidates who have been baptized, probably  
as infants, affirm for themselves as adolescents or adults their Christian faith and  
commitment. The Bishop lays hands on their heads and prays for the Holy Spirit to  
“confirm” or make firm their discipleship. Sadly, like baptism, often - not always,  
thankfully! -this has become little more than a traditional “rite of passage”, with  
little intention to be committed to church membership and personal faith.

**Conversion:** Literally “turning” – turning to Christ in faith. This may be a dramatic,  
sudden experience – one of the most notable “conversions” being that of St. Paul  
(Acts 9. 1-19). But it may equally be a gradual opening up to a new understanding  
of God and of Jesus, until the person can say truly and definitely “I turn to Christ: I  
believe in Christ.”

**Creed:** From Latin, “credo”, meaning “I believe”. A Creed is a statement of faith;  
one of the earliest Christian creeds used at the baptism of a new believer was  
probably “I believe that Jesus Christ is the Son of God” (Acts 8.37). Later more  
detailed creeds were formulated, often by great councils of the church, to  
distinguish true, authoritative Christian teaching from heretical distortions of it;  
such is the Nicene Creed (as used in the Eucharist), composed at the Council of  
Nicaea in 325 AD, and the later, so-called Apostles' Creed, used in the services of  
Morning and Evening Prayer.

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SUNDAY SERVICES IN OUR CHURCHES FOR MARCH 2014

|                                                                                                        |                                                                                                                                                                                                                             |                                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sunday 2<sup>nd</sup> March</b><br>ORTON<br><b>Sidesman</b> Chris Bland<br>TEBAY<br>RAVENSTONEDALE  | <b>The Sunday next before Lent</b><br><b>9.30am Holy Communion</b> Chris Jenkin<br><b>Prayers</b> Chris Bland<br><b>10.30am Joint Service at the Methodist Chapel</b><br><b>10.00am All Age Worship</b> Sandra Ward         | <b>Lessons</b> <b>Liturgical colour</b> Green<br>Exodus 24:12-18; 2 Peter 1.16-21<br><b>Readers</b> Mary Jenkin, Jackie Huck<br><br>A. Metcalfe-Gibson<br><b>Readers</b> B. Metcalfe-Gibson |
| <b>Sunday 9<sup>th</sup> March</b><br>ORTON<br><b>Sidesman</b> David Aspden<br>TEBAY<br>RAVENSTONEDALE | <b>The First Sunday of Lent</b><br><b>8.30am Holy Communion BCP</b> Beverley Lock<br><br><b>4.00pm 2@4</b> Beverley Lock<br><b>10.00am Holy Communion CW</b> Beverley Lock                                                  | <b>Lessons</b> <b>Liturgical colour</b> Purple<br>Genesis 2.15-17;3.1-7; Romans 5.12-19<br><b>Reader</b> John Dunning<br><br><b>Readers</b> M. Metcalfe-Gibson<br>S. Metcalfe-Gibson        |
| <b>Sunday 16<sup>th</sup> March</b><br>ORTON<br><b>Sidesman</b> Jeff Mawson<br>TEBAY<br>RAVENSTONEDALE | <b>The Second Sunday of Lent</b><br><b>11am Family Service with baptism</b> Sandra Ward<br><br><b>11.15am Holy Communion</b> Beverley Lock<br><b>9.15am Morning Prayer</b> Beverley Lock                                    | <b>Lessons</b> <b>Liturgical colour</b> Purple<br>Genesis 12.1-4a; Romans 4.1-5,13-17<br><br><b>Readers</b> Clare Stafford<br>Janet Barlow                                                  |
| <b>Sunday 23<sup>rd</sup> March</b><br>ORTON<br><b>Sidesman</b> Jim Milburn<br>TEBAY<br>RAVENSTONEDALE | <b>The Third Sunday of Lent</b><br><b>9.30am Morning Prayer BCP</b> Reg Capstick<br><b>Prayers</b> Angela Milburn<br><b>11.15am Holy Communion</b> Bishop Alec<br><b>6pm Holy Communion CW</b> Carole Marsden               | <b>Lessons</b> <b>Liturgical colour</b> Purple<br>Exodus 17.1-7; Romans 5.1-11<br><b>Readers</b> John Burra, Andrew Glanville<br><br>David Morris<br><b>Readers</b> Caroline Morris         |
| <b>Sunday 30<sup>th</sup> March</b><br>ORTON<br><b>Sidesman</b> Mary Jenkin<br>TEBAY<br>RAVENSTONEDALE | <b>Mothering Sunday</b><br><b>10.30am Holy Communion</b> Beverley Lock<br><b>Prayers</b> David Aspden<br><b>11.15am</b> Reg Capstick and Rosemary Campbell<br><b>10am Family Service</b> Chris Jenkin & Fran                | <b>Lessons</b> <b>Liturgical colour</b> Purple<br>1 Samuel 1.20-28; 2 Corinthians 1.3-7<br><b>Readers</b> Meryl Aspden, Brian Lock<br><br><b>Readers</b> TBA                                |
| <b>Sunday 6<sup>th</sup> April</b><br>ORTON<br><b>Sidesman</b> Chris Bland<br>TEBAY<br>RAVENSTONEDALE  | <b>The Fifth Sunday of Lent</b><br><b>9.30am Holy Communion</b> Sandra Ward & Ian<br><b>Prayers</b> Chris Bland<br><b>10.30am Joint Service with Methodists</b> at St. James<br><b>10.00am All Age Worship</b> Fran and Tim | <b>Lessons</b> <b>Liturgical colour</b> Purple<br>Ezekiel 37.1-14; Romans 8.6-11<br><b>Readers</b> Ronnie Elliott, Susan Basnett<br><br>Hilary Law<br><b>Readers</b> Richard Best           |

| SUNDAY SERVICES IN OUR CHAPELS FOR MARCH 2014                      |                         |                   |                                        |                             |                                |                                      |
|--------------------------------------------------------------------|-------------------------|-------------------|----------------------------------------|-----------------------------|--------------------------------|--------------------------------------|
|                                                                    |                         | 2 <sup>nd</sup>   | 9 <sup>th</sup><br>Lent I              | 16 <sup>th</sup><br>Lent II | 23 <sup>rd</sup><br>Lent III   | 30 <sup>th</sup><br>Mothering Sunday |
| Tebay                                                              | 10.30 a.m.              | S of Praise       | R Ewin<br>6.30 pm<br>Connxn Svce at KS | C Capstick                  | B Staley                       | LA                                   |
| Orton                                                              | 10.30 a.m.<br>6.30 p.m. | B Staley<br>P Dew | W Riley TP<br>Connxn Svce at KS        | W Riley TP<br>P Dent        | M Harrison CA<br>M Harrison CA | US at PC<br>P Dew                    |
| Newbiggin-on-Lune                                                  | 10.30 a.m.<br>6.30 p.m. | J Gorst<br>LA     | P Dew HC<br>Connxn Svce at KS          | H Morton T<br>LA            | J Morton<br>*                  | T Dent<br>*                          |
| Ravenstonedale                                                     | 2.00 p.m.<br>6.30 p.m.  | P Dew<br>*        | A Collinson<br>Connxn Svce at KS       | S Thackray<br>*             | P Dew HC<br>*                  | R Boustead<br>*                      |
| Vineyard Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m. |                         |                   |                                        |                             |                                |                                      |

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## A VIEW FROM TEBAY

By Elizabeth Crossley

March – the month which is supposed to come in like a lion and go out like a lamb – a month when keen gardeners will begin to sow seeds in heated propagators or on window sills inside the house – Cumbria is too cool to sow outside yet. We have already seen wonderful displays of snowdrops – especially in the grounds of St James—and daffodil shoots are pushing through but whether they will flower before the end of the month, we do not know. My friends and relatives from Cheshire think we are about 6 weeks behind in Cumbria re spring growth, blossom and leaves coming out on the trees.

March is the month of two of the UK's patron saints – St David of Wales on the first and St Patrick of Ireland on the seventeenth. Patron saints are those who are believed to have a special interest in a particular place or group of people. The custom of having patron saints grew out of the practice of building a church over the tomb of a saint, who could then be called upon to help the people who visited that church. When I visited Ireland I visited many tombs where St Patrick was supposed to be buried!!!! Nowadays there are many patron saints but some are thought of as patron saints of a particular country and their feast day becomes a national day of celebration.

**Wales** – St David's Day – 1<sup>st</sup> March

The patron saint of Wales is Dewi or David. We know very little about his early life except that he lived in the far south-western corner of Wales in Dyfed, where the present cathedral city of St David's now stands. It is a lovely cathedral and probably the smallest in England, Scotland, Wales and Ireland. During his life time he founded many churches and monasteries and it is also said that he went on a pilgrimage to Jerusalem. In time he became Archbishop of Menevia, now called St David's, and Primate (top

religious man) of Wales. He not only led the church of Wales but also advised the Kings of Ireland. On St David's Day, Welsh people everywhere show their pride in their country by wearing daffodils and wearing or eating leeks, the national emblems of Wales.

**Ireland** – St Patrick's Day – 17<sup>th</sup> March

There are various stories told about the early life of the boy who was to become St Patrick. He was born late in the 4<sup>th</sup> century in Wales and as a teenager was carried off to Ireland as a captive. He escaped to Gaul (France) and from there he returned home to Wales. He knew however he must return to Ireland to teach people there the Christian faith. He made his way to Tara, the home of the chief king. There he disobeyed the king's orders by lighting a huge fire on the eve of Easter, saying that he had come to light a fire in Ireland that would never be put out. Later he was given land in Armagh where he built a monastery and served as Bishop of Ireland. On 17<sup>th</sup> March Irish people all over the world celebrate this day and wear the shamrock, the emblem of Ireland and St Patrick.

This summer we have a feast of sports – the Commonwealth Games in Glasgow, the World Cup Football in Brazil, the World Cup 20/20 Cricket in Bangladesh (beginning this month) for the women's team as well as the men's team. We also have our own Wimbledon with British players. We know that we will gain medals in Glasgow and the women will do well in Bangladesh – let's hope the men give it their all in both cricket and football. Another summer of watching TV!!

## 'Twinkles'

**Tue 19.30—11.30 a.m. at  
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All welcome to  
St James' Church

**2@4**

9<sup>th</sup> March 4 p.m.  
(Mothering Sunday Service  
30<sup>th</sup> March 11.15 a.m.)

## Friends of Tebay School

would like to thank all who supported the recent winter warmer. Special thanks to Westmorland Ltd for once again supplying the sausages and bacon.

We raised a fantastic

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## Tebay Methodist Church

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Saturday 29<sup>th</sup> March

9 am till 1 pm

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## Engaging Children in Worship

A Presentation on this theme will be given by Rev. Andrew Webb on

**Saturday March 8<sup>th</sup>,**

1.30 – 4.30 p.m.

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# Tebay

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## Tebay Exhibition W/E

**Sunday May 4<sup>th</sup> –**

**Monday May 5<sup>th</sup>**

**2pm – 4pm**

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In the year of the Friendly  
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## Friends of Tebay School

are holding a

## Dinner, Dance and Auction of Promises

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**Saturday 29<sup>th</sup> March**

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Auction catalogue. E- mail: tebayschoolauction@gmail.com  
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Tebay school -015396 24239 E-mail:admin@tebay.cumbria.sch.uk

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**Mondays 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> March**

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**Thursdays 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> March**

**Where:** Tebay Sports and Leisure Club

**Time:** 1.45 pm—3.15 pm

**For:** Children aged 0 – 4 years

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**Mother's Day Sunday 30 March** - 2 courses for £9.95 (booking essential) from 12- 2.30 & 6-8.30pm

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## Tebay Community Primary School News



### Class 1 and their Cool Castle work!

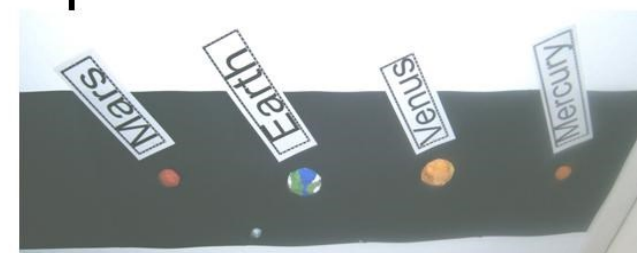
Class 1 have been lucky this term, as they have enjoyed a fabulous topic on Castles: they have built their own castles; experimented with bows, arrows, and catapults; found out about shields and designed their own coat of arms with motto and also written stories and dressed up as princes and princesses. On the last day, we all enjoyed a Medieval Banquet!

### The Iron Man Cometh!

Class 2 have thoroughly enjoyed "The Iron Man" by Ted Hughes. As well as super writing, there have been some superb models made and measured...some as big as the children!

### Out of this World!

Class 3 have had the pleasure of a PGCE student, Miss Lavin. They have been exploring the Solar System and making models. The classroom ceiling looks great as it has papier mache plants attached...and no wonder Pluto is a dwarf planet...it is hardly there at all!



### Computer Course

A computer course will be running at school on Thursday evenings to anyone in the community.  
5:30-6:30pm  
£2 voluntary contribution per session and an hours tuition on Micro-soft Office. The course is flexible to need!

### Winter Warmer

Scrummy soup, butties and cake were devoured at the Winter Warmer. Thank you to everyone for the support ... the atmosphere was lovely! Many thanks to FOTS for organising this and to Westmorland Services for the bacon and sausages!



### LOTS of FOOTBALL!

A team of Y6 boys and another team of girls went up to the Sand Centre in Carlisle on two consecutive Saturday afternoons. Both teams did well and enjoyed the experience...finishing the round of games with chips in the café! The boys went through to the next round! Well done to all and





**Exciting new courses in 2014.**  
Check out our new website at [shapedc.org.uk](http://shapedc.org.uk) for full details

First steps in Silk Painting – Saturday 1<sup>st</sup> March £18.60

Card Creation using Adobe Photoshop – Sat 8<sup>th</sup> March £11

Nuno Felt to make a scarf or wallhanging – Sat 8<sup>th</sup> March £18.60

Creating Silk Painted Flowers – Saturday 22<sup>nd</sup> March £18.60

For more details tel. 01931 716447 or email: [cdc@shap.cumbria.sch.uk](mailto:cdc@shap.cumbria.sch.uk)

All fees are subsidised by CCC, further discounts maybe available for those in receipt of benefits. Please note that some courses do not include the cost of materials.

**Highlights Rural Touring Scheme**  
Shap Memorial Hall

Ripstop Theatre present

**'Sally & The Sunflower'**

Friday 21<sup>st</sup> March 3.30pm

Adult: £6 Child: £4 Family: (2 Adults & 2 Children) £18

Tel 01931 716273

A flower shop owner helps a little girl to plant some seeds and as they wait for the seeds to grow we see the story of Jack and the Beanstalk unfold as Sally comes up with lots of inventive and amusing ways of climbing up and down the very tall sunflower.

Engaging storytelling combined with a clever use of objects and tools found in the shop and transformed into shadow images before your eyes take this well known story into another realm. This is a fun and colourful show for families with children under 7 years old.



**THE K SHOES  
MALE VOICE CHOIR  
WILL PRESENT A  
ST. DAVID'S DAY  
CONCERT**



On Saturday 1<sup>st</sup> March at 7.00 p.m. this famous choir, founded in 1929, will perform in All Saints' Church, Orton.

Tickets costing £8 will include a buffet supper, and are available from all PCC members.

#### Help please!

Lots of help is needed to stage this event. For instance, offers of food for the buffet supper would be gratefully appreciated. On the day of the event the church must be prepared. In the early evening the buffet must be laid, and after the concert the food must be served and drinks made available.

If you would like to be involved in any way please contact Mary Jenkin (Telephone 015396 24410) or any PCC member.





'Streams in the Desert'

Friday  
7th March  
Women's  
World Day  
of Prayer

All are welcome

Praying for Egypt

**Tebay Methodist Church**  
**2.00pm**

**Speaker: Rev. J. Wright**

**J N & E Capstick**

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clinics starting alternate Tuesdays from 4<sup>th</sup>  
March. Over 60s & under 16s receive  
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e-mail: [info@maxlandscapes.co.uk](mailto:info@maxlandscapes.co.uk)

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advice or help with  
anything

## Cross Keys Inn, Tebay—01539 624240

**Saturday 15<sup>th</sup> March** We welcome back the  
very talented Ashley Wood from 9pm onwards.  
Ashley has been here many times before; she  
has always been very well received and  
supported by you all. Dinner that night will be  
Two Courses for the Price of One. i.e. Starter  
& Main or Main & Desert for the price of the  
Main only.

**Sun. 30<sup>th</sup> March—Mothers Day** A beautiful  
Mothers Day Menu is on offer; every Mum  
will receive a complimentary box of  
chocolates! All our Mum's deserve to be spoilt  
& treated on their special day, please book in  
advance as we do get busy for Mothers Day!

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**07811 944 423**

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## Old School Tea Room

invites you to come and sample our delicious home-made cream  
teas, light lunches, savouries and cakes.

**Open Weds - Fri, 10.30am — 3.00pm**

**Weekend 10.30 - 5.00 pm**

*Free Tea or Coffee in March with any other purchase!*

For group bookings, private functions, meetings, special diets or any  
information contact Joanne or Steve on 01539 624286

We shall be closed Mar 15<sup>th</sup>, 16<sup>th</sup>.

## Orton

### Pram Service

Pre-school children and  
parents are invited to join the  
nursery children  
from school  
in All Saints' Church  
on  
**Tuesday 18<sup>th</sup> March**  
9.30am



We will be thinking  
especially about Mothers.

Stories, crafts and snacks  
for all.

## Lent Meetings

**Wednesday, 19<sup>th</sup> March**

7.30pm at the Vicarage –  
reflection and devotional for  
Lent .

**Wednesday, 26<sup>th</sup> March**

7.30 pm in the Chapel Sunday  
School Room with Rev W.  
Riley taking a Bible Study for  
Lent

**Wednesday, 2<sup>nd</sup> April**

7.30 pm in the Chapel Sunday  
School Room with Rev W.  
Riley taking a Bible Study for  
Lent

**Wednesday, 9<sup>th</sup> April**

7.00 p.m.: Annual Parochial  
Church Meeting in Church,  
followed by a quiet reflection  
and Communion at 8.30pm in  
the vicarage.

## Orton Farmers' Markets

The next three of these  
popular markets will be:

**March 8<sup>th</sup>  
April 12<sup>th</sup>  
May 10<sup>th</sup>**

Join us for refreshments and a  
chat in a friendly atmosphere.

In February we raised **£334.90**  
to help us to continue God's work  
at All Saints. Many thanks for  
your continued support

## LUNCHEON CLUB FOR THE OVER 50'S

AT THE GEORGE HOTEL IN  
ORTON

(015396 26046)

THE **LAST WED** OF THE  
MONTH

**26 March, 30**

**April & 28 May**

START 12 NOON. CHOOSE FROM  
4 MAIN COURSES £5.00 3  
PUDDINGS £2.50 TEA & COFFEE  
£1.00

INCLUDES A QUIZ & GAMES  
AFTERWARDS FINISH APPROX  
2.30

EVERYONE WELCOME FOR  
MORE DETAILS CONTACT HAZEL

**SILVER YARD**  
— GALLERY —

## Saturday 22<sup>nd</sup> March

Silver Yard Gallery is  
celebrating its 1<sup>st</sup> birthday on  
March 22<sup>nd</sup>. Come and join us  
for birthday cake and light  
refreshments

**And 10% off  
everything for that  
day only**

We will be open Tuesday-  
Sunday from then on

## Orton and Tebay Local History Society

**Thursday 20<sup>th</sup> March:**

**AGM**, at Orton Market Hall,  
7.30 p.m. **"The Permanent  
Way"** with Len Clark

**Thursday 17<sup>th</sup> April, 7.30**

p.m. at Tebay Methodist  
Church: **"Bank Barns,  
Boskins & Bee Boles"**, with  
Andy Lowe

**100<sup>th</sup> Anniversary of the  
outbreak of World War 1:** we  
are planning a meeting in  
Autumn 2014 to mark this  
notable Anniversary. If anyone  
has any mementoes,  
photographs or anything else  
that would be relevant to such an  
evening, please tell one of the  
Committee, or phone Mary  
Jenkin (015396 24410) or  
Heather Ballantyne (015396  
24623).

## Orton Mothers' Union

Our next meeting will be  
Tuesday 4<sup>th</sup> March, 2pm  
in Angela's house

**Wave of Prayer**

Welcome to anyone who  
would like to join us for  
a short time of prayer  
followed by refreshments  
and a friendly chat.

**Mothers' UNION**  
Christian care for families



**Lunsdale  
Archaeological  
Society**

Thursday 20<sup>th</sup> March:

**"The Dig in the Park at  
Sizergh Castle 2013 –  
Results and analysis"**

by Jamie Lund,  
National Trust archaeologist,  
Tebay Methodist Church,  
7.30 p.m.

# Coffee Morning

Saturday 26<sup>th</sup> April

Orton Market Hall

9:30-11:30

£3 entry fee (children free)  
This includes all refreshments.

In aid of

## Hospice at Home

Carlisle and North Lakeland

www.hospiceathome.co.uk

Registered Charity Number 1066708



### CHARLOTTE NORTON

Charlotte Norton - Lottie - was born in Hamburg in Germany b 1927 but when her father realized the threat from Hitler, he moved the family to France. When the war came, Lottie's father was interned by the French and initially that was not a great worry to them. However, after they interned her 18 year old only brother when France was taken over by the Nazis, it was realized that they had been handed over to the SS and in fact both died in concentration camps. So Lottie and her mother grabbed what they could carry and got on a train and ended up in a village in Provence. There the villagers helped them, found them somewhere to live and disguised their presence for the rest of the war. Lottie told accounts of how she, as a teenager, would work on a farm to get milk and look after the baker's children to get bread etc, as of course they had no official papers.

After the war Lottie and her mother were able to return to their home in Dijon but after a time travelled to South America where Lottie's uncle had gone before the war. It seemed that he was her only close relative as all the others left in Germany had died in concentration camps.

Lottie spent holidays walking in the mountains which she always loved, including a visit to the beautiful Bariloche in Argentina. After a few years, she returned to France to teach English and on a visit to Manchester, met Herbert, her future husband. Herbert had left Germany with his parents before the war and ended up in England where he had put himself through Medicine and Dentistry. He was also a lover of walking and mountains and so the couple made many trips skiing and walking in the Alps and in the Lake District from their home in Manchester. Through Herbert's professional life, the couple travelled a lot to meetings etc in various parts of the world and always walked and climbed the local mountains.

In 1971 they bought a cottage in Orton, Cumbria, which they loved and visited regularly—Lottie even a few weeks before her last illness. In 1972 Walter Kirstein, another dentist, introduced them to the ABMSAC and they became

## ORTON MANOR COURT

Abridged Minutes of the Committee Meeting held on  
Monday 10<sup>th</sup> February 2014

- 1. PRESENT:** 13 committee members and one visitor. There were no apologies.
- 2. Minutes:** Minutes of the Committee Meeting on Monday 9<sup>th</sup> December 2013 had been circulated and were accepted.
- 3. Treasurer's Report:** The savings account held £8,705.02; the current account £3,249.06.
- 4. Matters Arising from the Minutes:**
  - a. Verges:** A letter would be written shortly to Diane Wood, Chief Executive of Cumbria County Council.
  - b. Meldykes:** Negotiations are continuing.
  - c. Information Board:** The sub-committee had not yet met to work out details of wording and placing. An invoice for £700 had been received from the artist, and a letter of appreciation would be written.
  - d. Planters in the Square:** The invoice for the compost and top soil had not yet been received.
- 5. Dame School:**
  - a. The History Society had agreed to apply on OMC's behalf for a Grant from the Westmorland Company's Staff Community Fund.
  - b. The south wall would be examined to see if the proposed rendering was necessary.
  - c. The interior information boards would be printed by Raven Graphics at a cost of £242 paid from OMC funds.
- 6. Land at Park Lane:** a request for a tenancy of this land had been received; it was decided to return it to open verge, and remove the fence.
- 7. Howes Quarry:** The tenancy is to be renewed from 1<sup>st</sup> May; a notice would be inserted in Link inviting sealed bids.
- 8. Beck Clearing:** this will be undertaken shortly.
- 9. Any Other Business**
  - a. Two trees in the land behind Beckside and Beckside Barn were in a dangerous state; EDC would be consulted with regard to felling.
  - b. Cumbria Wildlife Trust had requested permission to harvest wild flower seed from verges; this was agreed with the proviso that only half the width of any verge would be harvested.
  - c. An audit of expected future expenditure will be presented to the next meeting.
- 10. Date of next meeting:** Monday 28<sup>th</sup> April 2014, 7.30 p.m.

### Orton Manor Court

#### GRASS LETTINGS

Howes Quarry, 6 acres (approx.)

1<sup>st</sup> May 2014 – 1<sup>st</sup> April 2015

Sealed bids to Richard Percival (Treasurer),  
Addison Cottage, Front Street, Orton,  
by 11<sup>th</sup> April 2014.

enthusiastic and regular members attending many meets and dinners over the years. Herbert was a keen and talented amateur viola player and music played a large part in their lives - Lottie right to the end. Lottie also played good golf and at one time was Ladies Captain of her club. Lottie was a very warm and affectionate character and always very interested and caring about the families of her many friends - always cheery and outgoing, which belied her tragic early years, also great to travel with as she spoke German, French and Spanish. She was a light in our lives, and we shall miss her!

## Newbiggin-on-Lune

### Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information  
phone **Andrea** on **23033**

#### Coffee and Chat

The church will be open every Tuesday morning. You are welcome to pop in between 10 and 12 for coffee, cake and chat. We would love to see you every week or just once in a while. It's good to get together.

#### Lunch Club

Our monthly lunch clubs will be held on the first Tuesday of each month through to April.

You are welcome to join us for soup, sweet and coffee at a cost of £5.

A warm room, good food and plenty of chat!

### Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term time)  
9.30am - 11.00am

in the Methodist Chapel Schoolroom

Toys and Activities for children under 5

Children over 6 months £1.50 (includes refreshments)

For more details contact

**Chairperson :**

Paula on 07951 523433

**Treasurer :**

Margaret on 015396 23498

### Newbiggin-on-Lune Public Hall

**Contacts:**

**Chairman :** James Richardson  
015396 23338

Tel:

**Secretary :** Marion Law  
015396 23409

Tel:

**Treasurer :** Carl McLaughlin  
015396 23674

Tel:

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen,  
**Caretaker :** Paul Boustead  
015396 23033

Tel :

**All bookings should be placed with the Caretaker  
All payments to the Treasurer.**

### LUNE LADIES

4<sup>th</sup> March - Margaret Albon

Her travels in China

18<sup>th</sup> March — Planning meeting

VH at 2pm

### LUNE SPRINGS LUNCH CLUB

Newbiggin on Lune

continues to meet once a month

and you are welcome to join us.

Please contact Sally 23230 or

speak to Norman Ousby

### The Lunespring Players

present

## A Tomb with a View

*A comedy-thriller by*

**Norman Robbins**

Newbiggin-on-Lune Public Hall

**March 27<sup>th</sup> – 29<sup>th</sup> at 7.30pm**

Tickets-£6.00

**Apply to**

**David Morris**

**Tel: 015396-23308**

**Richard Staley**

**Tel: 015396-23235**

### Newbiggin-on-Lune Public Hall

Future events

**13<sup>th</sup> May: 7.30pm Hall AGM Tuesday**

**Friday 20<sup>th</sup> June: BBQ & Big Jam Band**

## URGENTLY WANTED

### CARETAKER

**for Newbiggin-on-Lune Public Hall**

**For details please contact:**

**M Law 015396 23409**

# Ravenstonedale Endowed Primary School

## Skiing

Everyone from our school went skiing; we went for two different weeks. Years 2,3 and 4 went the first week and Years R, 1 5 and 6 went on the second week.

We went to the ski club in Kendal, while one of the groups went skiing the other group went to Kendal castle and played some games up there. We made a quiz for the other group and when they went up they had to answer the questions. The next week we went skiing and went up the ski lift; we had to imagine that we were sitting on a chair or we would not be able to go up and we would fall off. Then we went down from half way up the slope and the slope was massive.

By Robbie Boustead.

## Cyber Bullying!

We did a play on cyber bullying, with a woman called Justine, an actress. We rehearsed all day and played games before break. YAY! games. We were put into groups of 5 to 7 and the first group shouted "IPHONE, XBOX, IPOD, I got cool apps on mine, check them out!" Another group said "WE CAN'T TAKE THIS ANY-MORE!" OOO. Remember The three clicks – Click Clever, Click Cool, Click Safe.

We had great fun with Justine, we learned how to be safe on the internet; zip it, block it, flag it.

Click Clever, Click Cool, Click Safe!



## Cyclewise.

For four days years 5 and 6 took their bikes into school. We learnt to do signals and what signs meant. We learnt how to ride our bikes safely on the main road.

## WANTED!

We need a new dinner-time supervisor; they need to be fun and like children!

If you're interested ring school.



## Coniston

On Friday we went to Coniston and travelled to Peel Island and paddled there using a boat. Half way there we stopped for a game; swallows, pirates and amazons, it was like rock, paper, scissors and if you got the wrong choice you had to run to the safe zone, but if you got the right choice you had to tag as many people as you could. Then we set onto Peel Island. When we got there we made some epic shelters. Then we had lunch and made our way back. The other boat got a tow back, then they said they won the race. But in fairness I think we all won fair and square.

By Zak and Hollie



We have some new tablets in school; one in Class 1 and one in Class 2.

On Saturday 1<sup>st</sup> March  
At Newbiggin-on-Lune  
Public Hall  
10:30a.m. to 12p.m.

## Coffee Morning and Table Top Sale

Organised by the PTFA  
to raise funds for school.

## A Questionnaire from Shap

### Are you concerned about the future provision of services in our area?

'Shap Community Building Group' aims to protect and enhance the services that are based in The Old Courthouse in Shap, a site that currently houses the Library and Playgroup.

Talks have taken place with representatives of Cumbria County Council regarding the possibility of a partnership approach to help us achieve our aims. A feasibility study looking at the redevelopment of the building is currently underway.

**We believe that the services provided should be beneficial to the wider community** and not just the people of Shap and would like your input. The creation of a small gym has been suggested as a way to generate income and contribute to the sustainability of the project. The gym could be used by people of all ages and most degrees of health.

**Please help us by completing the section below and handing it in at Shap Library as soon as possible.** If you wish to discuss the project then please speak to Linda at Shap Library or contact Bev Gee at Shap CDC, tel 01931 716447 or email: [cdc@shap.cumbria.sch.uk](mailto:cdc@shap.cumbria.sch.uk) and she will arrange for someone to get in touch with you.

✕ .....

1. Would you support the use of the Old Courthouse (Library/Playgroup) as a base for the delivery of community services? *Yes/No*

2. Which of the following services would you, or members of your family, use it for:

*(Please tick any/all that apply)*

- ☐ Library ☐ Local Information/events
- ☐ Playgroup ☐ Job Vacancies Information
- ☐ Gym ☐ Access to County & District Council Services
- ☐ Credit Union (savings and loans) ☐ Access to computers and the internet ☐ Citizens Advice Bureau

3. Are there any other services that you would like to see represented?

4. Are any members of your family: Unemployed: *Yes/No*

Under 16: *Yes/No* Registered Disabled: *Yes/No*

Retired: *Yes/No*

5. If you have an area of expertise that you feel may benefit this project, would you be prepared to:

Join the steering group? Volunteer at the centre?

Have you any comments?.....

Contact details *(optional but will enable us to investigate more fully)*:

Name(s).....

Address.....

Post Code:.....

Tel. No. ....

Email.....

## Do you like to sing?

*Stephen Mott would like you consider taking part in the following events to be held in*

**St Oswald's Church, Grasmere.**

**Sunday March 9<sup>th</sup>:** A "Come and Sing" Prayer Book Evensong with straightforward music. **Rehearsal 2:15pm; Service at 4pm.** This will be open to other singers and I have advertised it widely. We could have a big "do". Please bring friends along. However, if you feel this is not for you, please don't worry, because it is the event on April 13<sup>th</sup> for which I would particularly like support.

**Sunday April 13<sup>th</sup>, Palm Sunday:** "The Passion according to St Mark." Music by John Sanders. **Rehearsal 2.15pm; Service at 4pm.** This will also include hymns and other music. John Sanders' setting is straightforward - only one tricky item - but needs solo singers which I shall have to invite separately. I will get copies of the music to you once I have purchased them. It is not a difficult work, but has some very moving moments. It is not a lengthy work, either. I would particularly welcome you to join us at this service if you possibly can!

**Sunday April 20<sup>th</sup>, Easter Day:** Songs of Praise plus anthem. Rehearsal 5pm, service at 6pm. Do come if you wish.

**Travel and parking.** Obviously if you can share lifts it makes everything a little easier given the pressure on parking in Grasmere especially during the tourist season. Let me know if you need any insider information!!

Stephen Mott

15 Church Street, Shap, PENRITH, CA10 3JU

01931-716122

[stephen@mott.me.uk](mailto:stephen@mott.me.uk)

## Orton Methodist Chapel

invite you to an informal evening with

**the Longton Family**

from Wray, Lancashire

*(singing, anecdotes, sketches etc)*

**Saturday, 22<sup>nd</sup> March at 7.30pm**

Refreshments afterwards

**Sunday, 23<sup>rd</sup> March**

Our Chapel Anniversary Celebrations

continue with services at **10.30am and 6.30pm**

**led by Rev Mike Harrison**

Everyone most welcome

# Orton C of E School



## Swimmathon

On Saturday 25th January some people went to Penrith Leisure centre to do the swimathon. It is like a big relay with 10 teams with between 5 and 12 people in each team. Each team tries to swim as many lengths as they can and they raise money by collecting sponsors. The winning Orton team this year was the dolphins and they swam 190 lengths. **Well done and thank you to all who swam and sponsored us.**  
By Thomas and Seb

## Guinea pigs

The guinea pigs have gone back to Mrs Clark's house on a little holiday because the shed roof has become extremely leaky and damp. So the shed is now very cold for the guinea pigs. Luckily, we have some roofing felt. We just need someone to come and fix it. Do you know anyone who could help? Then the guinea pigs can return.

By Katie and Olivia

## Student Teachers

On Monday 10th February Miss Mann and Mr Chadwick started work. Miss Mann is helping in class 1 and Mr Chadwick helps in class 1 or 2 in the morning and in the afternoon he helps in class 3. Mrs Cross started on 13th January and Mrs Cross works in class 2. We like having all these grownups in our school.

By Martin and Alex

## **DIM SUM**

On the 30th January we made Dim Sum which are pastry packed with delicious fillings such as: cabbage, sweet corn and minced pork. We had two very kind helpers to help us: Mrs English and Mrs Mounsey. First we mixed all the filling ingredients together. Then we made the pastry and rolled it out very thinly, using a pasta machine. On the 31st we ate our Dim Sum at our Chinese Banquet. They were extremely yummy which surprised us a lot because we thought it would be horrible. We are glad we made it.

By Molly and Martha



## Chinese Banquet

On Friday 31st of January we had a Chinese Banquet with lots of nice Chinese food that our very kind cook made for us, she made spring rolls, prawn crackers, noodles, chicken stir fry, sweet and sour sauce and some nian goa with custard for pudding we even made some Dim Sum ourselves. After a bit it was time to eat some Chinese food so we all had some and the year sixes used chop sticks it was all very yummy.

By Megan and Madeleine.



## Chinese Dance Workshop

On Friday 7th February, we came to school dressed in red because Nicky, a Chinese dance teacher came in to school to teach class 1, 2 and 3 a separate Chinese dance using fans, parasols and a lucky Chinese dragon costume that we would use as a prop. Some of our parents came in to watch us do our spectacular Chinese dance. We all really enjoyed the dance.

By Harriet

## RAVENSTONEDALE PARISH HISTORY GROUP

Wednesday 19<sup>th</sup> March, 7.30 pm  
Ravenstonedale High Chapel  
Community & Heritage Centre

### **A Woman's Place in 17<sup>th</sup> Century Life in the Upper Eden**

with Margaret Gowling  
Local Author

Admission: Members £1.00, Non Members £2.00  
including refreshments

**For more information contact Val Fermer on  
01539 623693 or e-mail**

**history@ravenstonedale.org**

## **Ravenstonedale Soldiers' Lives**

"Ravenstonedale Soldiers' Lives – Those Who Died and Those Who Survived" was the title of Val Fermer's 4<sup>th</sup> presentation to the Ravenstonedale Parish History Group in January 2014 which was given to a very well attended meeting despite stormy weather conditions.

The idea for the talk was inspired by the 100<sup>th</sup> anniversary of the outbreak of the First World War and through research of locally held and digitally available archives, she put together a slide presentation which gave a brief history of the lead up to hostilities in 1914 through to the Armistice in 1918 including references to her own family's involvement and then developed the story to share with the audience the experience of 38 men of Ravenstonedale parish and their families.

Ravenstonedale is unusual in that only 4 names appear on the war memorial in St. Oswald's church yard, Thomas Bradberry, William Fothergill, James Braithwaite and William John Harvey. From this information and the additional two casualties who were named on the Commonwealth War Graves Commission web-site, James George Capstick and Felix Holme, the audience was told of the family history of those who died and in some cases how they died, which regiment they were in, what their height and weight was when they joined. Of the six who died, 3 were married and 2 had children, one of whom was born whilst the father was in France and died before he could see his son. Four of them died in 1917.

One soldier is remembered on 2 war memorials, the other being Orton, and one, sadly, is not honoured on any memorial in the Parish. One soldier, William Harvey, was the only one from Newbiggin to die. Via a connection in the village, subsequent

**Ravenstonedale Folk  
Dance Club  
meets at Newbiggin-on-Lune  
V.H., Thursday at 7.45pm.**

No experience necessary,  
everyone made very welcome.

**£2 per night.**

For more details

**015396 24258 or 23329.**

**Are you interested in  
sewing /knitting/ quilting/  
sharing skills and chat ?**

**We meet every Tuesday  
7-9pm at**

**Ravenstonedale High Chapel  
Community Centre**

**Please just come along or ring Ann  
on 015396 23565**

## SHROVE TUESDAY

4<sup>th</sup> MARCH

HOME MADE SOUP - PANCAKES & CO  
Raffle

**FLASS, RAVENSTONEDALE, 12 NOON - 2PM**

Tickets £8.00

from any PCC Member

015396 23336

All proceeds to St. Oswald's Church



phone calls and a visit, a photo was presented which had been obtained from his nephew who now lives in Kirkby Stephen, together with copies of letters he had written home. Other photos were presented, showing fresh faced, young men which had been found in press reports from the time. From the starting point of the names on the War Memorial, a very detailed record was presented to remember those who died. But what about the men who survived?

From a newspaper cutting held by the History Group, reporting a 'Welcome Home Party' in March 1920 it was found that 32 men had served in the most horrific battles during the war and had returned to the village to continue their lives. There were at least 6 sets of brothers where both brothers survived, Frederick & Thomas William Huck, Thomas and John Edmund Buck, Edmund & Joseph Capstick, John & Walter Hunter, Arthur and Rupert Metcalfe-Gibson and Trevor and Gerald Parnaby who survived. The Parnabys no longer live in the area but descendants of some of the others named do.

Other survivors included Anthony Metcalfe-Gibson, John Winder, James Ewbank, George Fothergill, Hugh Handley, Edmund Brown, Thomas Holland, Thomas Tunstall and Hird Capstick who founded the W H Capstick drapery firm in Appleby. A William Hunter was also mentioned, he had been the batman to Anthony Metcalfe-Gibson, but Val was unable to confirm which William Hunter from Ravenstonedale he was. Does anybody know? Details of the lives and families of the survivors were given, including their marriage and families. To reinforce the local context of the talk, 3 children of the soldiers mentioned were in the audience, which is unusual as most people can only claim to have had grandfathers or great uncles as serving soldiers.

## **RAVENSTONEDALE METHODIST CHAPEL**

### **Mothering Sunday Service**

for all the family  
on **Sunday March 30<sup>th</sup>**  
**at 2.00pm**

led by **Mrs Ruth Boustead**  
**Please come and join us**  
**Refreshments to follow**

Come and join us at  
**St Oswald's Church**  
for our  
**Mothering Sunday Service**

Sunday 30<sup>th</sup> March at 10am  
Posies for Mothers and Grandmothers



Everyone welcome



Ravenstonedale Tennis Club

Boon Day

Saturday 5th April

10.am

Please come and help us get the courts ready for this season's tennis.



**Worried about a friend or family member?**

**We can provide help at the touch of a button**



ECA's care alarm service can help you to feel safe in your own home and maintain your independence

Our Emergency Response Service is available

24 hours a day 365 days a year

**call us on 01768 890657**

email: [eca.admin@btconnect.com](mailto:eca.admin@btconnect.com)  
web: [www.ecalarms.com](http://www.ecalarms.com)

Eden Community Alarms,  
12 St Andrews Churchyard, Penrith

**Registered Charity No 1087503**  
Company Registration No: 4157043

**RAVENSTONEDALE SHOW COMMITTEE**  
WELCOMES YOU TO AN  
EVENING OF  
**BINGO**

**SATURDAY 8<sup>TH</sup> MARCH**  
**7.30PM AT THE VILLAGE HALL**  
**WITH REFRESHMENTS**

**Upper Eden First Responders February Lottery Winners** are as follows:

- 1<sup>st</sup> Prize Elizabeth Lonsdale - Kirkby Stephen  
2<sup>nd</sup> Prize Joan Foster - Waitby  
3<sup>rd</sup> Prize Bill Watkin - Kirkby Stephen

Mother's Day Lunch - **THE FAT LAMB**  
12pm - 2pm  
£13.95 for two courses  
£16.95 for three courses  
Sunday 30th March

Mother's Day Afternoon Tea  
3pm - 5pm  
£9.95 per person (usually £10.95)

Sandwiches, buttered tea bread, fruit cake, scone with jam and cream, homemade cake, tea or coffee.

Delicious homemade baking

**Bookings essential**  
enquiries @ [fatlamb.co.uk](mailto:fatlamb.co.uk)  
015396 23242

# Pampered Chef Cooking Show

**Saturday 15<sup>th</sup> March**

in aid of  
**Cancer Research UK**  
at

**Newbiggin-on-Lune Public Hall**  
Tickets £5

Come and join Audrey and friends to have fun while supporting a Good Cause  
There will be food tasting, raffle, bar and a Disco to make a whole evening out of it.

19.30 onwards

For tickets contact  
Laurence Bolton 07890977722 or Marion Law 07866785656

## NORTH WESTMORLAND ARTS

**Concerts in Appleby Public Hall at 7:30pm. £10 at the door.**

**Sun 16<sup>th</sup> Mar:** EUROPEAN PHILHARMONIC CHAMBER ORCHESTRA  
**Enquiries: Tel: 017684 83777**

## Maulds Meaburn Village Institute

### 'The Tale of Two Squirrels'

A talk by **Trish Mansbridge**

from the Penrith & District Red Squirrel Group  
The Red Squirrel Group promotes the conservation of the squirrel population in their natural habitat.

Trish will speak about the history of the squirrel population in the UK, the place of squirrels in woodland ecology, and the ways in which grey squirrels threaten the survival of red squirrels. She will address local conservation issues such as felling and the distribution of forest areas. She will also consider human activities, such as road traffic, which are hazardous to squirrels.

**Tuesday, 11<sup>th</sup> March**  
**7.30pm**

Tickets in advance: £6-00, ( £4-00 for under 18s )  
Ron and Sheila Smith: 01931 715 509

## Maulds Meaburn Village Institute

**Lee Schofield**, the new site manager at the **RSPB Haweswater Reserve**, will be speaking about his work, including his work with two local tenant farmers,

on **Wednesday, 2<sup>nd</sup> April at 7.30pm**

Tickets: £6-00 (£4-00 for under 18s)

Ring: 01931 715 509 or 01931 715 370

## Orton and District Heating Oil Syndicate

There are at present 46 members who order their heating oil through the Heating Oil Syndicate, and get a cheaper deal by doing so. Obviously by ordering, say, 7,650 litres at a time, as we did today, the oil companies will offer a cheaper price than if you just order 500 litres for your own tank—and will vie with each other to offer the best price! The one-address quotation is almost always between 4p and 6p per litre more than the syndicate price I manage to negotiate.

This is the way it works:

(a) Someone emails me to say they are getting short of oil and says how much they need..

(b) I then email round the whole syndicate, asking anyone needing oil to email within 48 hours with the quantity needed.

(c) I then ring round the oil companies, asking for a quote for X thousand litres to be delivered to Y addresses, I pick the best quote (sometimes after beating them down) and place the order. I tell them details of each address; they will probably phone any addresses to whom they have not delivered oil before to arrange payment methods.

(d) I email those who have ordered, to tell them when it is likely to be delivered, and by whom, and at what price.

(e) Each household pays the oil company.

I now charge £5.00 per annum as a membership fee (which I use for our Ugandan Street Children charity).

To join please email ([chriscjenkin@aol.com](mailto:chriscjenkin@aol.com)) with address and postcode and contact phone number. *Christopher Jenkin*

## Raisbeck Dame School



This tiny school building was erected in about 1780 by three yeoman farmers of Raisbeck. In it the children of the neighbourhood once received their earliest, perhaps their only, education, until about 1900.

By the 1980s it had become very derelict, and was on the verge of being demolished; it was only a

teeming wet day that stopped it happening! Thankfully a local poet, Michael Ffinch, was able to get the support locally to arrange for the building to be restored and to be registered as a Listed Building. This drawing by Caroline Metcalfe-Gibson shows the sad state to which it had descended.

In the last couple of years further restoration work has been carried out under the auspices of Orton Manor Court—



pointing, roof and gutter repairs, and a new door and window. The interior has been limewashed, and investigations are being made to see if the south wall (facing the field) needs attention. Because it was felt that the interesting history of the school should be made known to visitors, a temporary information pin-board was placed inside, and this is to be replaced shortly by permanent boards fastened to the walls. Visitors will be able to read Michael Ffinch's poem, with Caroline's charming illustrations; there will be pages from the school log book, and a brief history of the building.

While the limewashing work was being done, an elderly lady drew up outside, and told the workers that her granny had been educated at this little school—and she would be 120 if she were still alive today! This lady was delighted that work was being done to preserve the building and tell people about it.

One Raisbeck resident suggested that as well as the interior information boards, there should be an exterior board too to tell passers-by what this building is; but some other Raisbeck folk felt this might attract large numbers of tourists to this quiet hamlet, an outcome that would dismay them. So no outside notice now! When the new boards are installed in a few weeks, do drop by to have a look—but if arriving by car please park thoughtfully beside this rather narrow road.

*Photograph by Judy Dunford*

## Parish Registers

There were no baptisms, weddings or funerals in our three churches in the last month; when there are, we like to publish the names in *Link*.

However sometimes the funeral of a local person takes place elsewhere, such as at Carlisle Crematorium, in which case it is not recorded in the Church's Register.

Nevertheless such families may like to have the details—the name, age and address of the deceased person, and the date and place of the funeral—recorded in *Link* for members of the community to know about it. In such a case we depend on you sending this information to the Editor!

## Cobwebs Concert

The Cobweb concert took place on Saturday 15<sup>th</sup> February in St Oswald's Church, Ravenstonedale. The Orchestra was composed of amateur musicians many of whom rehearse regularly under the baton of Peter Crompton in the Tebay Methodist Hall on Tuesday evenings; others had travelled from all over the North of England. They spent the afternoon rehearsing the music for this concert.

The Concert conducted by Andy Jackson included pieces by Corelli, Mozart's Don Giovanni Overture, Henry Moze's "Witches on the Way to Naples", a piece discovered and arranged by Andy Jackson for the Cobweb orchestra. Andrew Forsyth was the soloist in Mozart's Andante in C for Flute accompanied by the orchestra. Other music included a version of Greensleeves by Andy Jackson and parts of Chabrier's Pastorale Suite. The concert ended with Purcell's music written to accompany "Abdelazer—The Moors's Revenge" written in the 17<sup>th</sup> Century, narrated by Richard Best. The refreshments by ladies from the church were enjoyed by the 30 members of the orchestra and the audience of more than 60. The generous donations from the appreciative audience amounted to just over £300 to be shared between St Oswald's Church and Cobwebs.

The local Cobweb Orchestra continues to meet on Tuesday evenings 7.30 pm in Tebay Methodist Church. It is an open access orchestra, no auditions! Just come along and play. We welcome everyone of any ability. We also have a collection of instruments which are available to borrow. More information is available from the web site: [www.cobweborchestra.org.uk](http://www.cobweborchestra.org.uk).

## Annual Parochial Church Meetings

Annual General Meetings are not usually the most popular events in the calendar of any organization, and the Church is no exception! But they are still important—apart from hearing reports and accounts, they are the time for elections of church members to serve as Church Wardens and members of the Parochial Church Council.

In fact a parish church has not one but **two** annual meetings—both usually held on the same occasion:

(1) **Annual Meeting of Parishioners**, often still known by the old name of "the Vestry Meeting", at which churchwardens are elected. You don't even have to be a member of the church to vote at this—anyone on the local government Register of Electors is entitled to vote.

(2) **Annual Parochial Church Meeting (APCM)** at which all the other business is done, including the election of the PCC; only those whose names are on the Church Electoral Roll are allowed to vote.

If you would like to show your support for your local church please can you put your name on the Electoral Roll? It is a sign of local support and we can use it to show the support the local church has from its community in numerical terms. If you want to know more please speak to a member of your local PCC or ring Beverley on 24045. Forms are available in church. (If you are on the Electoral Roll, then come along and elect!)

**Dates of Annual Meetings:**  
**Ravenstonedale:** Sunday 9<sup>th</sup> March at 11.0 a.m.

**Orton:** Wednesday 9<sup>th</sup> April at 7.30 p.m.

**Tebay:** Sunday 27<sup>th</sup> April at 12.0 noon (after a shortened service)

## A MUSICAL PUDDING NIGHT

Tebay Community Choir and Friends of Tebay Church combined forces on Valentine's Day to serve up an evening of food and choral entertainment. About eighty people were served soup and then a huge variety of puddings all provided by the Choir members and Friends. When all appetites were satisfied the Choir provided a programme of music based mainly on food and love but also demonstrating the repertoire developed since the Choir was formed last May. Many of the audience joined in and everyone seemed to thoroughly enjoy the evening. Very many thanks to Tebay Social Club for providing us with a venue with all the facilities we needed. The event raised £441.50 which will be shared between the Choir and the Friends of Tebay Church.

Tebay Community Choir meets under the leadership of Alison Mott every Monday in The Hub (below Tebay Church) at 7.30p.m. New members are always welcome – no audition required just an enjoyment of singing. We can guarantee you will have a good time.

The Friends of Tebay Church is a non-religious group committed to the maintenance of our unique railway church. There is a Drop In and Library held in The Hub every Monday 10a.m. till 12 to which everyone is welcome, and anyone wishing to know more about the group or join will find all the information they need there.

## A FORTHCOMING DATE FOR YOUR DIARY

**Saturday May 17<sup>th</sup>**  
at Maulds Meaburn Village Institute

## PHOENIX STRINGS ORCHESTRA

Raising funds for  
St Lawrence's Church and  
Maulds Meaburn Village Institute  
*Further details to follow*

## Ravenstonedale

### Forthcoming events

Spring 2014

**Shrove Tuesday, March 4<sup>th</sup>**  
**Pancake Lunch - Flass,**  
**Ravenstonedale**

**Sunday, March 9<sup>th</sup>**  
**Annual Parochial Church Meeting**  
**St Oswald's Church at 11am**  
**after the 10am service. All welcome**

**Monday, March 13<sup>th</sup>**  
**Bible Discussion Group-7.30pm**  
**Manor House, Ravenstonedale**

**Wednesday, March 19<sup>th</sup>**  
**Ravenstonedale Parish History**  
**Talk- *A woman's place in 17<sup>th</sup>***  
***century life in the Upper Eden***  
**Margaret Gowing**

**Thurs-Sat March 27<sup>th</sup> – 29<sup>th</sup>**  
**Lune Spring Players**  
**'A tomb with a View'**  
**Comedy-thriller**

**Sunday, March 30<sup>th</sup>**  
**Special Mothering Sunday**  
**Service-St Oswald's Church-10am**

**Monday, March 10<sup>th</sup>**  
**Manor House, Ravenstonedale**  
**7.30pm**

### Science & Religion

Bible Study and Discussion  
in a friendly and informal atmosphere.  
Led by Beverley Lock  
**All welcome**

 STORE NOW STOCKING LOTS OF LOVELY LOCAL 'FOODIE' ITEMS  
We are re-vamping your village Store and filling it with lots of lovely, locally sourced food, ranging from jams/preserves etc to smoked fish/chicken/game etc. Our new Deli Counter is brimming with tasty treats. Fresh cakes/tray bakes/pastries, fresh local sausage/bacon/pies and much more. More stock arriving over the coming weeks. Orders taken. We continue to stock all our usual essentials including dairy/newspapers etc. Open 9 - 2pm 7 days (after hours, just pop into the hotel and one of our staff will open up till late). **Te: 015396 23204**

## Letter from Ravenstonedale

Here I sit in Rissendale grumbling away because I don't know what the word 'forgiveness' means, and to my amazement people stop their cars to talk to me, email me, send round notes – thanks, all of you.

One quotation I very much liked said, 'If you bury the hatchet, there's no point putting a marker on the grave'. The most telling response came from a kind friend who quoted advice he had read, that 'the root of many problems is broken expectations; if not dealt with, they mature into anger and bitterness'. I.e., it is for our own sake that we need to forgive, if we can.

And then I remembered what Edith Cavell said, not only that patriotism was not enough but that 'I must have no hatred or bitterness towards anyone.'

This same friend went on to quote St Paul, Philippians 1 vv 12-21, written while he was under arrest but full of joy because through him God could be magnified. 'Make it your only expectation to magnify Christ, wherever you are'. Not sure that I know what 'magnified' means ...

Janet Barlow

### Some more quotes about forgiveness

*The stupid neither forgive nor forget; the naive forgive and forget; the wise forgive but do not forget.*

Our past is a story existing only in our minds. Look, analyse, understand, and forgive. Then, as quickly as possible, chuck it.

*What we forgive too freely doesn't stay forgiven.*

Forgive - why should you do the time?

*It's far easier to forgive an enemy after you've got even with him.*

One thing you will probably remember well is any time you forgive and forget.

*Contributed by Barbara Marshall*

## Letter to the editor

### Forgiveness.

I can't claim to be a 'trained holy person' but I can claim to know a little about forgiveness as I, like probably many before me, have been hurt at the hands of a 'significant other'.

Here's what I think forgiveness *isn't*:

1. A feeling – if I was going to wait until I felt like doing it, I wouldn't!
2. Condoning a wrong – what the other person did to me was wrong, otherwise my forgiveness wouldn't be necessary.

So that rules out a few dictionary definitions then!

Here's what the Good Book says forgiveness is:

In both the Hebrew and Greek texts the word means 'to release'. Yes, it's a verb, a doing word! I'm not passively forgetting who or what has hurt me but I am actively making a choice firstly, *to release* that person to God for him to deal with and secondly, *to release* myself from the chains of bitterness.

And in the end that's what I did. I chose to lay my burden down at the foot of the cross because the person it was crushing the most was me.

*"Forgiveness isn't something we do for others, it's something we do for ourselves."* Anon

Please forgive the following shameless plug! - There is so much more that could be said on this subject, and it will be, at our all-age worship service at St Oswald's, Sunday April 6<sup>th</sup> at 10am. Please come along!

*Fran Parkinson*

### Seen on a church notice sheet

Please place your donation in the envelope along with the deceased person you want remembered.