

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



March 2015

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
ST JAMES' CHURCH, TEBAY
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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For Tebay: give to **Reg Capstick**,
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*Views expressed in 'The Link' are not
necessarily those of the publishers or
editors.*

A thought from the Curate

by the Revd Sandra Ward

Lent is nearly here

By the time you read this Lent will be here! As I write this letter I am thinking about all the trials of Lent. It is a very busy time with many courses and we are encouraged to give up things we like, will it be chocolate or wine I wonder? We are also asked to do things we don't always want to do, and examine our souls in the process. This is not an easy task or one that I personally look forward to undertaking.

Some people may say that it is the religious version of the type of inward awareness- raising of spirituality desired by so many and seen in many magazines nowadays. We see people obsessed with their own self-realisation – a type of egotism that looks at the self and needs of the self above any others and in fact justifies much selfishness. However, this is not what our self-examination during Lent is about. A favourite Bible verse of mine is,

*"Where your treasure is, there
your heart will be
also." (Matthew 6: 21)*

Are our hearts always where they should be? I suspect that many of us feel that there is a gap between our perception of the object of our worship, God, and the reality. However, this recognition of such a gap is actually the key to our freedom and Christian discipleship. As we recognise the gap, between the reality that we have and the

aspiration we have, we can receive the grace of God in forgiveness, recognition and renewal. We don't have to demand or claim this – just receive it.

If we have the courage to expose our hearts and find our treasure we will not become self-obsessed or selfish and look only inwards. In opening our hearts and finding our treasure we will look outwards to the world and God commits himself to the world through us. Our faith may be personal but it is never private. Lent is a time for us to look inwards and then turn ourselves outwards for God.

Orton "Drop-In"

Every Wednesday
from 10.30-noon in the cosy
schoolroom at Orton Chapel.
Coffee/cakes and a chat with
friends. Everyone welcome!

Ex-Archbishop answers Stephen Fry

After Stephen Fry said that if he were to meet God, he would challenge his decision to allow 'such misery' on earth - he mentioned dreadful childhood illnesses - Dr Rowan Williams told Newsnight that the same protest voices appeared in the Bible books of Psalms and Job. He added that the fact many people 'at the heart of suffering' still maintained a trust in God should make people refrain from blaming him for such events.

NOTE - The management committee of the *Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Cover picture: Bretherdale Clapper Bridge. Photo by Judy Dunford

Notes from The Herald, March, 1915

Raw, then Spring, then on 18th a vast blizzard and frost. Then raw again.

The War is going well at present, though ammo is going short. Wheelwrights and farriers needed, also women to do war work at home. List of those in Tebay and Orton parishes now in the War is on page 2 of 6th March, 1915's Herald. It includes each's abode.

Orton's Dr. Gibson will be one of the two judges at the Fell Pony Show at Kirkby Stephen on Monday, 19th April. Mr. E. Handby jun. is another at Shap's on 4th May. Mr. J. Baugh, Tebay, is one of the two at Appleby on 10th April. All are on the Committee of the Fell Pony Society. They hope to find new blood among the stallions shown.

Army Recruiting meeting at Orton, Monday, 15th at 7.30p.m.

Tebay Primitive Methodist Sunday School's Annual Prizegiving was on the evening of 6th in the Assembly Hall which was full. It began with the Sunday School Concert. Prizes to 120 pupils and 18 received their Scripture Exam Certificate. Their average mark in this was 73% but two of them 1st with 92% and 3rd with 85% - Eleanor Horn and Elsie Fothergill. Their trainers were Miss Hayworth and Miss Knowles.

A high class Concert was held in Tebay Prim.Meth. Chapel on Monday, 15th for the Belgian Relief Fund. Dr. Gibson was in the Chair and classical music was played on the organ and piano only. Miss Raine's (Ravenstonedale) two songs were encored.

A sailor on the 1.00a.m. south express from Carlisle got out near Scout Green by mistake when the train was travelling at 70m.p.h. Horrified people pulled the cord. The train halted at Tebay. He was found alive, much injured but died soon after.

Wanted strong lad for farmwork, able to milk - John Hodgson, Roundthwaite, Tebay.

Lost two Blackface ewes from Haberwain, Shap, about New Year (gives their marks). Info to J. Hall, Longdale, Tebay.

1865 On 18th March the foundation stone for the new Tebay Prim. Meth.

Chapel was laid on land bought from Mr. James Wharton near the Cross Keys Inn. Then about 200 sat down to tea in Mr. George Jackson's barn in Tebay.

Mr. Richard Bland, the Postal Messenger based at Orton for deliveries to Tebay Station, Gaisgill, Longdale, Raisbeck, Street etc. these several years to local satisfaction, has resigned (is old). His son John succeeds him in these duties. (He will have done these on foot).

1915 Died on 28th February, Phyllis, youngest daughter of Mr. and Mrs. Harsley, Station House, Tebay, aged 3 or 8? (print is blurred). At Ivy Hall, Raisbeck that week, Ann widow of John Robinson late of Byebeck, Tebay, 85.

Ravenstonedale Wesleyan Christian Endeavour Society's 3rd Anniversary on 17th had 100 to the lecture and supper. Collection for cost of supplying those at the Front with pocket New Testaments. The next day there were 10ft. snow drifts!

On 20th March in Coldbeck, Mrs. Holmes Handley died of flu on top of

her other ailments. She was 79. Her husband had pneumonia which killed him two days later. They were the dale's oldest people, farmers at Bowber Head till retirement to Coldbeck. He was Deacon of Ravenstonedale Congregational Church and they were buried together in its Churchyard. As the funeral left the Church Miss Rudd played the Dead March from Handel's Saul.

There are no cheap fares on the railways this Easter due to the War needs. Each Friday evening a trainful of wounded soldiers passes slowly through Tebay northbound to hospitals in Penrith, Glasgow etc.

Food prices are no dearer this month; butter is 1d 1lb cheaper! Leather has gone up so shoes and boots are dearer

Silver Wedding Married at the Prim. Meth. Chapel, Tebay on 25th February, 1890 by the Rev. G.W. Moorse, Robert Pratt, Bretherdale Hall to Jane Parker, Low Borrowdale, Tebay.

Our thanks to Jeremy Godwin for the Notes.

A Christian Alphabet—An occasional series.

L

Life: The Bible's account of the start of human life is in the words: "God breathed into man's nostrils the breath of life, and the man became a living being." (*Genesis 2.6*) The implication is that this is far more than sentient life as defined scientifically; this is life given by God himself, from his breath or Spirit, so that we can share the very nature of God, in the way no animal does. Jesus in the New Testament teaches that there is another dimension of life, Eternal Life; human birth leads to physical life, but being born again by God's Spirit leads to eternal, spiritual life. Physical life ends at the time of physical death; eternal life never ends.

Lord's Prayer: There are in the Gospels two versions of the prayer which Jesus taught his disciples, which are known as "the Lord's Prayer" or the "Our Father". One is in the Sermon on the Mount (*Matthew 6: 9-13*). The other mention (*Luke 11: 2-4*) was prompted by the disciples seeing Jesus praying, and saying, "Lord, teach us to pray!" These may not have been the only times he taught it - it was not only a specific prayer to use in these actual words (Jesus said, "When you pray, say..." - *Luke 11*), but also a pattern to guide our praying (Jesus said, "This is how you should pray..." - *Matthew 6*). It does not contain every kind of prayer (there is, for example, no thanksgiving). But as a pattern it is well worth following: e.g. start by focussing on God himself, not on our own wants ("Our Father... Hallowed be... Thy kingdom come..."). It also reminds us that it is crucial to forgive others, if we ourselves are seeking forgiveness. Every phrase merits quiet, thoughtful meditation.

SUNDAY SERVICES IN OUR CHURCHES FOR MARCH

Sunday 1st March

The Second Sunday of Lent

Liturgical colour Purple

ORTON
Sidesman Mary Jenkin
TEBAY
RAVENSTONEDALE

Lessons Genesis 17.1-7,15,16; Romans 4.13-25

9.30am Holy Communion Chris Jenkin
Prayers David Aspden

Readers
Ronnie Elliot, Meryl Aspden

10.30am Songs of Praise in the Methodist Church

10.00am All Age Worship Fran & Tim

Clare Stafford, A. Metcalfe-Gibson

Sunday 8th March

The Third Sunday of Lent

Liturgical colour Purple

ORTON
Sidesman David Aspden
TEBAY
RAVENSTONEDALE

Lessons Exodus 20.1-17; 1 Corinthians 1.18-25

8.30am Holy Communion BCP Ian Elliot

Readers
John Dunning

4.00pm 2@4 Ronnie & Ian Elliot

10.00am Holy Communion CW Chris Jenkin

M. Metcalfe-Gibson, S. Metcalfe-Gibson

Sunday 15th March

Mothering Sunday

Liturgical colour Purple

ORTON
Sidesman Gerald Weston
TEBAY
RAVENSTONEDALE

Lessons II Corinthians 1. 3-7; Luke 2. 41-51

10.30am Family Service Brian Lock & Laura Wren

11.15am Family Communion Ian & Ronnie Elliot

10.00am Mothering Service Sandra Ward

Readers
David Morris, Caroline Morris

Sunday 22nd March

The Fifth Sunday of Lent

Liturgical colour Purple

ORTON
Sidesman Jim Milburn
TEBAY
RAVENSTONEDALE

Lessons Jeremiah 31.31-34; Hebrews 5.5-10

9.30am Morning Prayer BCP Ian Elliot
Prayers Laura Wren

Readers
John Burra, Susan Basnett

11.15am Holy Communion Sandra Ward, preacher Chris Bland

6pm Holy Communion CW Beverley Lock

Tom Reeves, Jane Parsler

Sunday 29th March

Palm Sunday

Liturgical colour Red

With Palm Gospel

10.30am Joint Holy Communion Service at Orton
Sandra Ward

Sidesmen Chris Bland
Gerald Weston

Prayers Chris Bland

SUNDAY SERVICES IN OUR CHAPELS FOR MARCH

		1 st	8 th	15 th	22 nd	29 th
Tebay	10.30 a.m.	S of Praise	C Capstick 6.30 pm Cnxn Appleby	D Askew	C Jenkin (LA)	LA
Orton	10.30a.m. 6.30 p.m.	P Dew B P Rigby	M Harrison HC Cnxn Appleby	US at PC P Dew	S Thackray LA	J Morton CA J Morton CA
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	S Thackray LA	P Dew HC Cnxn Appleby	J Gorst (LA) LA	D Askew *	D Birkbeck *
Ravenstonedale	2.00 p.m. 6.30 p.m.	W Capstock *	P Dew Cnxn Appleby	J Morton *	Boustead Fam *	G Ashworth *

Vineleaf Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

By Elizabeth Crossley

Last Saturday (7th February) we were looking forward to visiting the snowdrop display at the Lowther estate – it was cold and foggy so we did not go. We are still waiting to go four days later but it is still foggy. However I went to Orton post office, via Raisbeck, and of course the magnificent display of snowdrops on the wide verge opposite the Dame School was almost at its best. In Tebay churchyard the snowdrops are coming up again and as a lot of material has been cleared away from the surface the snowdrops this year will be an even better display – who needs Lowther? Our small display at Rayne is paltry as the only snowdrops to survive are behind the plastic fencing across the front of the garden where the ducks cannot reach. Our daffodils are coming up but I wonder how many new succulent shoots will be pecked before they can bloom? I always marvel that the snowdrops come up every year and multiply as well – spring must be on its way.



The first Sunday in February saw 60 people at the Songs of Praise service at St James'. The Methodists were there as well as quite a number of our friends from Orton and Ravenstonedale who had come to this special service for Reg Capstick. Reg has been a Lay Reader at Tebay for over twenty years and in that time has also taken services at both All Saints, Orton, and at St Oswald's, Ravenstonedale, and on Sunday the vicar presented him with a certificate from the Bishop of Carlisle of Reader Emeritus, i.e. it is official now that he is semi-retired and does not have to take services in our churches every week. After the service everyone stayed for a buffet at the back of the church and it was so nice to see so many people who had come to support Reg.

On Friday 6th March is the Women's World Day of Prayer, this year at 2pm in All Saints' Church, Orton. The title of the service is 'Jesus said to them: Do you know what I have done to you?' and it has

been written by the women from the islands of The Bahamas. There are over 700 islands in The Bahamas, covering 100 square miles of water. Although Christopher Columbus arrived looking for gold it was not until 1647 that Europeans settled there and the English in 1666. Like many islands in the West Indies the slave trade prospered and it was not until the 1830s that it was finally eradicated. Today The Bahamas is one of the most prosperous countries in the West Indies and tourism provides jobs for half the population. However there are areas of deprivation. Women tend to have poorly paid domestic jobs in hotels and restaurants; single parent families are common and mothers often struggle to support their families. There are also problems due to drug and alcohol dependency, HIV and Aids which can lead to neglect and child abuse.

It is from this background that the women of The Bahamas have written a beautiful and thought provoking service. There is no formal address but there are many items in the hymns, prayers and readings to provide lots of reflection. I do hope that as many of you as possible will be able to join us at All Saints on 6th March. This service is not just for women alone!

Finally St James' Exhibition weekend is on Sunday and Monday 3rd and 4th May. The theme is 'Once upon a Time' and afternoon teas will be served during the afternoon. Please put this date in your diaries and come and enjoy the displays.

AFTERNOON TEA and EXHIBITION

all proceeds going towards St James Church, Tebay



Once upon a time...there was a
great British tradition of sharing
Afternoon Tea

Enjoy an afternoon chatting with friends over a traditional afternoon tea, feast on freshly baked scones and cakes served alongside pots of freshly brewed tea (or coffee if you prefer!), then have a browse around our Annual Exhibition, this year themed:

ONCE UPON A TIME

Sunday 3rd & Monday 4th May 2015

2:00pm - 4:30pm

St James' Church, Tebay

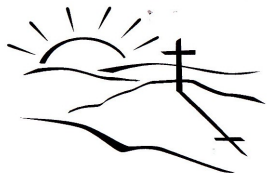


Tebay Methodist Church

Special Easter Services

*** Good Friday ***

3 April
United Service
3:00pm



*** Easter Sunday ***

5 April
Family Service
10:30am

Everyone Welcome



Contact Phil Dew on 017683-71202 for more details



Valentine's Day

Soup and Sweet at

Tebay Methodist Church

on 14th February

This event was well supported by people from around the area.

They enjoyed a choice of soups & sweets.

The room was decorated for Valentine's Day.

The total raised was

£495.

The church very much appreciates the support given.

Tebay

LENT COURSE AT TEBAY

**‘Praise Him –
Songs of Praise
in the New Testament’**

with Justin Welby
(Archbishop of Canterbury),
David Suchet (aka ‘Hercule
Poiret’) and others.

7.30 pm on Tuesdays
3rd, 10th, 17th, 24th and 31st
March in The Hub at St
James’ Church.

All welcome. For more
information contact
Ian and Ronnie Elliott
(015396 24441).

THANK YOU TO TEBAY SCHOOL AND CHURCH

for great support in raising
£115.38
at our Christingle Service in
December. The Children’s
Society are very grateful for this
excellent support for their work
among needy families.

It was a lovely community event
for us all too!

Tebay Community Library and Drop In—in the Church

Every Monday morning,
10.00am - 12.00pm
Refreshments—Books to
borrow and buy.
All ages welcome

**2@4
Sunday 7th March
(4 pm)**



Family-Friendly Services at St James’, Tebay



**Mothers’ Day
Family Communion
Sunday 15th March
11.15 am**

‘Twinkles’

**Tue 9.30—11.30 a.m. at Tebay
Methodist Hall**

**All welcome with or without
children**

**Voluntary run playgroup—
Activities changed on a weekly
basis including Painting,
playdough, drawing, cutting,
dressing up, slides, bikes,
music, reading.**

**For more information contact
Amanda James
07733 180305**

Slide show
presented by Ian Elliott

Travelling in the Holy Land (or the Land of the Holy One?)

St James’ Church, Tebay
Friday 27th March
7.30 pm

Light refreshments

Donations to
The Friends of Tebay
Church

TEBAY METHODIST CHURCH

**ALL DAY BREAKFAST
on
EASTER SATURDAY
APRIL 4th**

**9 am till 1 pm
£6**

COME & ENJOY!

Tebay Methodist Church

**DROP IN 2 TILL 4
Every Tuesday**

Games, crafts & refreshments

For information ring Dennis
015396 24445

Our advertisers

Please support our advertisers, and when you phone one to ask for their services,
please tell them that you saw their advert in *Link*!

Tebay Community Primary School News!

We would like to take this opportunity to thank Friends of the School for raising more than £250 for the school. The Winter Warmer was a great success—despite the snow and ice which had arrived the previous day!

A special thanks to everybody who contributed and provided a helping hand. A big thank you to Westmorland Services for providing the delicious bacon and sausages. They were thoroughly enjoyed.



Tebay children donned wellie boots in early February in an effort to promote walking to school. However, these were no ordinary wellingtons! The children were asked to decorate their boots to look as exciting and colourful as possible; this made the journey by foot to school a little more exciting!



Well done to everybody who took part in the decorating of the wellies and a big well done to those children who walk to school on a regular basis.

KS1 were very lucky to take part in a Victorian wash day. They found out all about how people managed in the Victorian ... days before the age of washing machines! The children had a great time and enjoyed Mrs Hall dressing up!



KS2 have been working alongside an animation artist Sheryl Walker, to create their own animation tales. They have been working hard on their models and filming.

We are excited to see the finished products!

Confirmation

I have been asked about Confirmation by an adult and it reminded me that it is a while since I wrote about it in the magazine.

Most people are 'Christened' as babies in the Church of England.

These are lovely events and we have a steady stream of Christenings (technically called 'Baptism') in church.

As you know Confirmation is when a person 'confirms' the promises that were made at christening / Baptism for them by the parents and godparents.

It can happen any time as long as the person concerned understands what it is they are taking on – i.e. they promise to follow the teachings and example of Jesus Christ.

We are planning to have some preparation for Confirmation in time for the next Confirmation service which will be in November.

If you are interested in joining either an adult or a young person's group please give me a ring on 015396 24045.

Beverley

QUESTION TIME

AN INVITATION FROM TEBAY AND ORTON WI

Tebay and Orton WI is concerned about the downgrading and the reduction of rural services, particularly the provision of public transport in our communities.

On Thursday, March 12th, at 7.30pm, we are going to hold a 'Question Time' event in **Orton Market Hall**. On the panel will be Rev Phil Dew, Mrs Libby Bateman, Mr Peter Thornton, Mr Adrian Todd and Mr Ian Torkington. In the chair will be Mrs Ruth Rigg, the WI county chairman.

We have some interesting questions to put before the panel, and we hope that, as this is an open meeting, many of you will accept our invitation to join us on that evening to participate in the debate.

Tea and cakes will be served at the end of the meeting.

Annual Parochial Church Meetings

Every parish has to have an APCM - a public meeting open to everyone, at which, among other things, the Parochial Church Council (PCC) members for the coming year are elected. It is also an opportunity for any church member to raise any matter which they would like the PCC to consider. Here are the dates of the APCMs in the five churches of High Westmorland:

Orton	Tuesday 24 th March, 7pm
Bampton	Monday 13 th April, 7pm
Tebay	Sunday 19 th April, 12.25 pm
Shap	Tuesday 21 st April, 7pm
Ravenstonedale	- to be arranged.
All are in church.	

Seen in a Church Notice Sheet

Barbara remains in the hospital and needs blood donors for more transfusions. She is also having trouble sleeping and requests tapes of Pastor Nelson's sermons.

Friends of Tebay School

Friday 27th March

CEILIDH

Tebay Methodist Hall
Bring and Share supper
7-9:30pm

All Welcome
For further details
contact the school—
Tel 24239

Orton

Lent Groups in Orton

Theme: 'The Things He Carried' for all who carry burdens. This will be loosely based on Stephen Cottrell's book by the same name.

4th March – Chapel School Room: 'The thorns that made the crown'

11th March - Orton Vicarage: 'The seamless garment'

18th March – Chapel School Room: *tbc*

25th March - Orton Vicarage: 'Our sorrows', with Holy Communion.

Please come along if you can.

NB: If you cannot manage Wednesday evenings, there is also the "Praise Him – Songs of Praise in the New Testament" course at Tebay on the five Tuesday evenings in March (in The Hub 7.30 pm). All welcome. Further information from Ian & Ronnie Elliott (24441).

Orton Farmers' Markets

The next three of these popular markets will be:

14th March

11th April

9th May

Join us for refreshments and a chat in a friendly atmosphere.

In February we raised
£537.34

to help us continue
God's work at All Saints.

Many thanks for your
continued support.

BIG BAND CONCERT
See back page!



ALL SAINTS' CHURCH

Mothering Sunday

15th March, 10.30 am



**Combined
(Anglican and
Methodist)
Family Service
*Posies for Mums!***

EBOLA APPEAL

The amount donated at All Saints to Christian Aid for the Ebola outbreak was £115, of which £90 was Gift Aided.

Orton Mothers' Union

Tuesday 3rd March
12 noon

in All Saints' Church
Holy Communion
with

The Revd. Beverley Lock

followed by

Bring and Share Lunch
in the Vicarage

Anyone who would like to join us
will be very welcome.

If you would like information
phone Laura on 015396 24654

Mobile Library Van

The Library Van will visit Orton
from 9.30 to 10.30 a.m. on
Tuesday 24th March
Tuesday 21st April

Pram Service

Pre-school children and
parents are invited to join the
nursery children
from school
in All Saints' Church
Tuesday 10th March
9.30am



We will be thinking
especially about Mothers

Stories
crafts
and
snacks for all



"Exploring Pastoral Care" Course

If you are interested in pastoral care or carry out some pastoral care already within the Parishes you are encouraged to attend this 6 week course which will help you to explore and understand the role and purpose of very valuable pastoral care.

The aim of the course is to encourage people in small groups to expand their understanding of the nature, purpose and missional potential of pastoral care and to consider how it might be offered in their everyday encounters of life.

The sessions will be held on Monday afternoons 2-3.15pm in Orton: 20th/27th April, 11th/18th May, 1st/8th June.

We will consider:

- **What is Pastoral Care?**
- **Why Care? A Biblical Perspective**
- **Who Cares?/**
- **How do we Care (a)?**
- **How do we Care (b)?**
- **How do we Care (c)?**

Each session contains opportunity for prayer and worship, discussion and reflection and is self-contained, therefore there is no problem if you cannot attend all of the sessions. If you would like to attend please contact Rev. Sandra Ward on 015396 24125 or email sandra@swardconsulting.co.uk

Easter at All Saints



Holy Week

April 2nd **Maundy Thursday**

7pm: Quiet Communion

with

Stripping of the Altar

Revd Sandra Ward

April 3rd **Good Friday** 10am

Reflective Service

Revd Beverley Lock



Good Friday Walk, 12 noon

Start at St. Michael's, Shap

walk to Shap Abbey and Keld Chapel

finish 3pm back at St Michael's.

Bring a packed lunch.

April 4th **Holy Saturday** 2.45pm

Children's Crafts & Activities

Help plant the Easter Garden

Decorate the church

Children and grown-ups all welcome!

Followed by a short

Service of Light at 4pm

Revd Sandra Ward

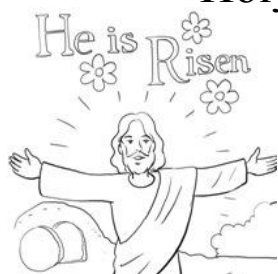
April 5th **Easter Day**

Sonrise Service 6.30 am

Holy Communion

9.30am

Revd Beverley Lock



All Saints, Kasese

The Ugandan Link Church of All Saints, Orton, has been building their new brick church, to replace the ramshackle wooden building, for five years.

In 2010 the Church Council told Chris and Mary Jenkin that they expected it to take 12 years to raise the money to build a single-storey brick church.

In March 2012 they decided that the new building was already too small for the rapidly growing membership, and the design was changed to double the height, incorporating a gallery on three sides, adding considerably to the capacity.

In November 2014 the roof was finished, and they moved into the new building, though still the interior and doors and windows were unfinished.



On November 23rd 2015 the Bishop of South Rwenzori will come to dedicate the building, hopefully complete and furnished by then, and Chris and Mary Jenkin have been "highly invited" to be present. They have accepted the invitation and booked their flights!

But several more people from Orton are hoping to be able to join the party, and bear the prayers, congratulations and good wishes of their Cumbrian Link church, as they share in the worship and celebration, and experience the jubilation of these African brothers and sisters.

The Vicar, Rev Nelson Isebagheen, is studying for a University Degree at Bishop Barham College, Kabale, and can only lead the church when home in Kasese for the vacations.

Robert Zziwa, the Lay Reader who presided over most of the astonishing growth of the church, and their imaginative social and outreach programme, has now been accepted for ordination, and is studying for his new ministry in the same college.

We certainly hope and expect that we will see both these men at the November occasion, and meet their wives and families again.

Appleby Food Bank - URGENT NEED!

Over the last 16 weeks we have averaged 4.5 referrals a week; this may not sound a lot but it requires 36 tins of Soup, 26 tins of Beans, 4 jars of Coffee, 12 jars of Pasta Sauce, 12 cartons of Milk, 24 tins of Meat, **every week**, to mention just a few of the items that go into a box.

Email received 13th February: "This week alone we have had 9 referrals, feeding 26 people of whom 13 were children. These items - **Soup, Biscuits, Tinned Meat, Pasta Sauce, Fruit Juice, Coffee and good carrier bags** - have completely run out & we are having use some donated money to buy in some stocks. We are low on milk and cereals."

Over Christmas we had monies donated to the Food Bank which we are using to keep us going, but your continuing support is essential for the wellbeing of the service the Food Bank can offer.

Mike Chester

NB: We remind you that in Orton the collecting point for the Food Bank is Orton Methodist Church; the Wednesday morning Drop In is the occasion when many people leave their donations.

Orton Surgery

1. **The normal opening hours** are unchanged - 9.15 am to 10.30am on Tuesdays and from 4pm to 5.45pm on Thursdays.

- We will be at Orton on **Tuesday 10th March** for medication collection only (no GP appointments)
- We will not be in attendance at all on **Thursday 19th March**.

2. **New Service at Shap Medical Practice:**

The Community Outreach Clinic provides an Information and Advice Service on the following topics:-

- Money Matters
- Transport
- Home & Care
- Staying Independent
- Local Services
- Work & Learning
- Social & Leisure
- Volunteering.

The clinic is held at Shap Medical Practice on alternate Wednesdays from 10am to 12 lunchtime. It is by appointment only. To book an appointment please telephone 01768 245911 or email

edenhub@ageukcarlisleandeden.org.uk

Shap Medical Practice

Tel 01931 716230 Fax 01931 716231

Email sue.graham@gp-A82031.nhs.uk

Restored 106 Bus Service—Kendal to Penrith Running on Tuesdays, Thursdays and Fridays

Kendal, Blackhall Rd	09:10
Kendal, Rail Station	09:15
Morrisons	09:17
Grayrigg School	09:25
Tebay Mountpleasant	09:39
Old Tebay Roundabout	09:40
Orton, Square	09:45
Shap Market Square	09:57
Penrith, Health Centre	10:19
Penrith, Bus Station	10:30
Penrith, Bus Station	12:30
Penrith, Health Centre	12:34
Shap Market Square	12:56
Orton, Square	13:09
Old Tebay Roundabout	13:13
Tebay Mountpleasant	13:15
Grayrigg School	13:29
Morrisons	13:37
Kendal, Rail Station	13:41
Kendal, Blackhall Rd	13:43

The 106 Bus

The service, which was suddenly withdrawn by bus operators Reays after just one day of commercial service in November, will now run one trip per day for three days per week.

Communities and organisations along the length of the route have clubbed together to fund the projected operating loss of £40 per day. Potential operators were contacted and Stagecoach have offered to run the subsidised service for one year, after which an assessment of the on-going viability of the route will be made.

Councillor Jean Jackson of Shap Parish Council said: "The key to keeping the service running is for regular usage and I appeal to everybody along the route to use the bus as much as possible so that we are able to demonstrate a case for a fully commercial service and keep the bus running indefinitely."

CLlr Adrian Todd, Chair of Tebay Parish Council and Eden District Councillor for Orton and Tebay commented, "It was awful when the 106 bus service stopped running without warning; many people were left high and dry with no way of getting to the shops or to health and social services, and some people have lost their jobs.

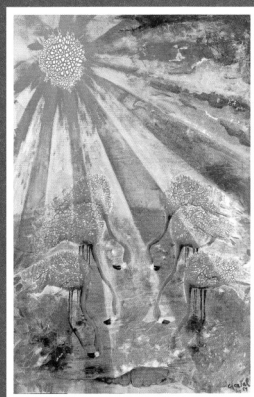
When Tebay Parish Council were approached to make a contribution towards getting the service back on the route, the Councillors backed the proposal 100%. It's a testament to the cohesion of the parishes along the 106 route and the civic focus of Eden Homes and Communities that this bus is back on the road."



JESUS SAID TO THEM:
DO YOU KNOW WHAT I HAVE DONE TO YOU?



Friday
6th March
Women's
World Day
of Prayer



All are welcome Praying for The Bahamas

ALL SAINTS CHURCH, ORTON
2.00 p.m.

ALL ARE WELCOME
This is an INTERNATIONAL and
INTERDENOMINATIONAL Service

The day will begin when the sun rises over
the island of Samoa, and continue until it
sets off the coast of American Samoa some
35 hours later.

www.wwdp.org.uk Registered Charity Number 233242

Anniversary Weekend

Orton Methodist Chapel

invite you to a programme by

Young People
who are part of our own Drama Club
(singing, sketches etc.)

on Saturday, 28th March at 7.30pm

Refreshments afterwards

Sunday, 29th March

Our Chapel Anniversary Celebrations continue

with services at 10.30am and 6.30pm

led by Rev John Morton
from Appleby

ALL SAINTS' CHURCH

ANNUAL GIFT DAY AND EXHIBITION

23rd, 24th and 25th May.

The theme chosen for this year's Exhibition is
"LOCAL TALENTS"

Can you

- create out of wood, metal or stone?
- paint or draw pictures?
- take interesting and beautiful photographs?
- make models?
- do needlework, knit or crochet?
- do embroidery or patchwork?
- Perhaps you can arrange flowers,
- or grow trees, shrubs, vegetables or flowers in tubs?
- Can you write songs, stories or poetry?
- play a musical instrument?
- read stories?
- or sing songs?

Can you demonstrate your particular skill?

We want there to be many displays around the church – each with items lovingly created by many people, children as well as adults. Maybe each person will only have offered one item – one photograph, one bit of embroidery, one model – which could be displayed on a stand with several others by different people. ***There is something YOU can do, and share with us!***

It is hoped that over the three days there will be live demonstrations and performances.

A huge amount of baking is needed over the weekend - is this your particular skill?

Whatever your talent is - it is interesting and should be in the Exhibition. You are all invited to **SHARE YOUR TALENTS - SHOW THEM OFF.**

A great deal of help is needed over the time of the Exhibition, not only during the three days, but setting up, staging etc., beforehand and taking it all down afterwards. Morning coffee and cream teas are available over the three days - these have to be made and served. There is a stall selling cards, cakes, bread and preserves. Can you help by supplying goods or take a turn in manning the stall?

If you feel you would like to take part, whether it is a small or large exhibit, or time and effort, please get in touch.

Telephone Angela Milburn on 015396 24382 or speak to any PCC member.

The Scarecrow Competition is entitled "Talented People". Please contact Jackie Huck on 015396 24266.

Orton C E School

Get Well Soon

Sadly, two of Orton school's teachers, Mrs Woodmass and Mrs Green have been ill. We all wish them the best of speedy recoveries and hope they will be back at school soon. We are missing you both lots!

By Madeleine and Harriet

Par core

In P.E we had a break from gymnastics and had a go at something called 'Par Core'. Par core is where you use your body to jump from one place to another. You could (if you were really good) front or back flip from one place to the other and either land on your feet or roll to avoid hurting yourself, but when we tried to roll I think we just hurt our self's more! We are really glad that Mr Knight took the time to teach us it and hope that we will get the opportunity to have another go.

By Thomas and William

Some More New Starters

Anna-Marie, a lovely little girl, started in year 1 on Thursday 12th February. She is now friends with Suzanne and Lily who are looking after Anna-Marie. All of Orton school wish Anna-Maria a lovely time here with us and we hope she makes lots of friends soon. Sam, another new pupil, will be having a taster day on Friday 13th February. He will be in year 3 and we hope Sam will be welcome here at Orton school.

By Molly

Swimathon

On Saturday 7th February some of the children from classes 2,3 and 4 went to Penrith pool there were two teams (sharks and dolphins) sharks swam 97 lengths and dolphins swam 95 lengths. It was quite hard in the deep end and it was tiring when we couldn't put our feet down but it was very rewarding.

Gymnastics

On the 5th of February Kayleigh, Eilidh, Harriet, Martha, Sarah and Molly went to Penrith Leisure Centre for the Eden final. We did very well because we came 2nd place out of four different schools. We had to do 3 routines and they were: Vault, Floor exercise and Body management.

By Kayleigh and Eilidh

Jujitsu Taster Day

A few weeks ago a Jujitsu Master came in. He was called Sensei Smith. In the morning Sensei Smith worked with classes 1&2, then he worked with classes 3&4. He taught us some cool moves! By Alex and Asher

The Firefighters

On the 8th of February some Firefighters from Stobbart Aviation came in to see us. It was brilliant! They came in to talk about things like: if a bird flew into the engine it could explode! By Oliver

We have been having lessons in acting by a professional actor and script writer, **Steve Fairclough**. It is brilliant, and he has taught us lots of exciting games! We are working towards our Arts Award.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in *Link*!



Birdsnest Theatre presents

My Friend Mole

My Friend Mole is the story of a very special friendship and the power of imagination. This gentle tale is told using live music, storytelling and a rich visual language that will delight younger audiences and their families.

The company, Birdsnest Theatre, visited Orton in 2013 with a production called *Blown Away* and it was a lovely afternoon for young families: "The company transformed the Market Hall into a different world," says Sally Seed, volunteer promoter at Orton. "The children were all sitting on giant cushions and the atmosphere that the performers created with their words and music was completely magical."

My Friend Mole is gently interactive and combines live music, songs, projections, interaction and a chance to play at the end of the performance too. In all, it lasts for about an hour including the show, play and refreshments and is ideal for aged 3-6 years.

My Friend Mole is touring village halls and small communities across the county in partnership with Highlights Rural Touring Scheme and this performance should be a perfect way to start a spring weekend.

LISTINGS INFORMATION

Date/ Time: Friday 13th March at 6.00pm.
Venue: Orton Market Hall
Tickets: Adults £9, Children £5 and Family (up to two adults and up to 4 children) £20 including refreshments and play session with the performers.

Bookings: Contact Sally Seed on 01539 624732 or sally.seed@btconnect.com or you can buy tickets online at www.highlightsnorth.co.uk or at Orton Village Stores

Lecture by the Archbishop of York

Wednesday 11th March in Carlisle

The Archbishop of York, Dr John Sentamu, is to deliver the 2015 University of Cumbria's Chaplaincy Lecture, an annual event in which the University, local church and community engage.

The Archbishop is to talk about 'Firm Foundations for Britain's Future' following the recent publication of his book 'On Rock or Sand' published by SPCK. The book addresses crucial questions about the moral principles that undergird the way Britain is governed.

University Chaplain Rev Matthew Firth, who recently set up 'The Way' a fresh expression of Church in Cumbria aimed at young adults, said: "The Archbishop is the First Chancellor of the University of Cumbria and his passion for the Gospel knows no bounds. He is such an inspirational speaker and tickets for the 2015 chaplaincy lecture are going fast".

The Archbishop's book 'On Rock or Sand' features contributions from experts in economic, political, social and religious disciplines, including Lord Adonis, Sir Philip Mawer, Oliver O'Donovan, Andrew Sentance and Archbishop Justin Welby.

The lecture will be delivered by the Archbishop of York on the evening of Wednesday 11th March in the Learning Gateway Lecture Theatre at the Carlisle Fusehill Street campus of the University of Cumbria. Drinks will be served at 6.30pm, with the lecture beginning at 7pm.

To book a place at the lecture, please send an email to University Chaplain, The Revd Matthew Firth—mpf1983@hotmail.com .

Christian Aid ... a date for your diary!!!!

More details will follow in the next Link. This year's fundraiser will be in Orton Market Hall on **Fri 15th May** in the evening. We are thinking of a fun quiz evening with some music and light refreshments. So please start to get your brains into gear and could you get friends/family together to form teams?

Olive & Chris Bland

PARISH REGISTERS

Funerals

The funeral of Helga Frankland took place at St Oswald's Church, Ravenstonedale, on 23rd January 2015.

The funeral of Robert Shallcross took place at St Oswald's Church, Ravenstonedale, on 19th February 2015.

ORTON MANOR COURT

Abridged Minutes of the Committee Meeting held on Monday 2nd February 2015

1. There were ten members present and one visitor. There were two apologies.
2. **Minutes:** Minutes of the Committee Meeting held on Monday 24th November 2014 had been circulated and were accepted, with one correction.
3. **Matters Arising from the Minutes:**
 - a. **Dame School:** photos had been taken for a poster in the Raisbeck notice board.
4. **Treasurer's Report:** The savings account held £8,712.73; the current account £3,427.10
5. **Land Registration:** It was agreed that Wendy would speak to Kate about the three parcels of OMC land still to be registered.
6. **Information Board:**
 - a. Kyle expressed thanks to Peter Knowles for stopping BT engineers from installing a broadband box in the wrong place on the green.
 - b. The original artwork had been taken to Raven Graphics who had printed a new board with excellent results. Raven Graphics would be asked for a quote for one or two spare boards.
7. **Beck Clearing:** a phone call had been received from the Environment Agency, who had been told that the beck had been cleared, which was forbidden. He was told that this was not now a matter in which OMC was involved.
8. **Any Other Business:**
 - a. A question was raised about the two footbridges used by parents taking children to school. These bridges were not OMC property.
 - b. This year's AGM in July will be the Triennial Meeting at which a new committee must be appointed; members were asked to consider whether they wished to stand for re-election.
9. **Dates: Next committee meeting:** Monday 13th April.
Triennial Meeting: Monday 6th July.

ORTON MANOR COURT

Grass Lettings

Grass Lettings for the period 1st May 2015 - 1st April 2016:

- Howes Quarry - 6 acres (approximately)
- Small field, $\frac{3}{4}$ acre (approximately) - junction of Park Lane and Shap Road - sheep grazing only.

Sealed bids by Friday 10th April 2015 to:
Richard Percival,
Treasurer,
Addison Cottage,
Front Street
Orton CA10 3RJ

UPPER EDEN COMMUNITY FIRST RESPONDERS

Upper Eden Community First Responder Team was first formed in late 2009. After team training and assessments, the team went live in February 2010. First Responders are alerted following a 999 call and an ambulance has been dispatched. The team cover an area from North Stainmore to Brough, Kirkby Stephen, Nateby, Hartley, Mallerstang, Crosby Garrett, Soulby, Ravenstonedale and Newbiggin-on-Lune, plus villages throughout the Upper Eden Valley. First Responders are on call 24/7, and over these past five years there have been over 600 call-outs with the team being able to attend two thirds of them.

First Responder personnel are volunteers and have to finance most of the equipment themselves, including the call-out system to alert members when an emergency occurs. Fund raising is a major challenge as part of the kit required is an "Automated External Defibrillator" or AED, which is used to help start the heart of a patient who has suffered a cardiac arrest. Each of these units can cost up to £1,000.

Much of the money raised locally is by the UEFR Lottery which is run every month and for which we thank the many people who take part. For more information on the lottery and to request an entry form, or if you are interested in becoming a Community First Responder, especially in Ravenstonedale and Newbiggin-on-Lune, please contact any Upper Eden Community First Responder or the secretary, Mollie Young, by sending an e mail to mtyoung@btopenworld.com.

CFR members are also available to give talks to local groups and schools on how the Community First Responder Team functions; this can be done by contacting Dave Prince on 07887 683831.

Upper Eden First Responders

February Lottery results

- 1st Prize - Rob Ewin, Kirkby Stephen
2nd Prize - Caroline Nicholson, Barras
3rd Prize - Sir Martin Holdgate, Kirkby Stephen

For information contact mtyoung@btopenworld.com

Orton & Tebay Local History Society

Thursday 19th March: AGM, and presentation on "Greenholme Show"

Orton Methodist Church at 7.30 p.m.

Thursday 16th April: "The Local Bus - Then and Now", with Roger Davies

Tebay Methodist Church, at 7.30 p.m.

Ravenstonedale

Forthcoming events - Winter-Spring 2015

Monday 2nd March

Bible Discussion Group

Manor House, Ravenstonedale. 7.30.pm All welcome

Wednesday 18th March

Ravenstonedale Parish History Group

Speaker: Andy Lowe - *Lakeland Architecture*

High Chapel Heritage & Community Centre 7.30pm.

All welcome.

Monday 23rd March

Bible Discussion Group

Manor House, Ravenstonedale. 7.30.pm All welcome

Saturday, April 4th

Charity Coffee Morning, 10. am-12.noon

St Oswald's Church, Ravenstonedale

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 18TH MARCH

7.30 PM

**Ravenstonedale High Chapel
Community & Heritage Centre**

LAKELAND ARCHITECTURE

with

Andy Lowe

Building Conservation Officer

**Admission: Members £1.00 Non Members £2.00
including refreshments**

For more information
contact Val Fermer on 01539 623693
or e-mail history@ravenstonedale.org

RAVENSTONEDALE METHODIST CHAPEL

**The last of the winter fellowships
will meet on
Wednesday 25th March at 7.30pm
when the programme will be given by
the Priest family of Wray
Refreshments to follow
All welcome**

HELGA FRANKLAND

From a tribute by Sir Martin Holdgate.

Helga came of a family of chemists; Her father had been a senior lecturer in chemistry at Birmingham University: his father had also been a chemistry professor and Helga's great-grandfather, Sir Edward Frankland, had been Professor at the Royal Institution, friend of Faraday, correspondent of Darwin, and a pioneer of applied chemistry. When Helga went to St Andrews University in 1938 chemistry was her discipline!

But Helga had deep roots in the countryside and especially in Uldale, where the river Rawthey rises among the high moors. Her grandfather had bought New House farm there. Her father went there to farm when his health broke down and he was advised to quit the Black Country for purer air. The countryside drew Helga back when war loomed - back to Westmorland and to war service as a Land Girl. The practical knowledge of farming - learned especially from farm headman George Fothergill - stood her in good stead throughout her later career.

After the War she went back to St Andrews but - perhaps influenced by her love of the countryside and farming - to study zoology instead of chemistry. She graduated with first class honours and followed with a Doctorate in fish parasitology and became a University Assistant Lecturer at the new University at Keele in Staffordshire and then a Lecturer in Biology at the Glasgow Agricultural College.

But in 1959 Helga joined the Nature Conservancy as Assistant Regional Officer for the North of England. The Nature Conservancy was a new, visionary, organization which aimed to apply the new discipline of ecology to the enlightened management of all land. This must have appealed to Helga, with her belief that hill farming was only sustainable if you worked with nature rather than tried to master it.

She was an ideal Regional Officer for the Conservancy because she really knew and understood the region and its people. She understood ecology, but she saw it as a tool for creating what is today called a 'living landscape' - a place rich in wildlife, a place where natural beauty is cherished, but a place where farming communities prosper and cultural history and traditions are valued.

Helga worked for the Nature Conservancy and its successor body, the Nature Conservancy Council until her retirement in 1980 at the mandatory age of 60. By then she had become a founder of the Lake District Naturalists Trust - now Cumbria Wildlife Trust - on whose Council she served for nearly forty years in various capacities. Helga went on campaigning for nature and was the driving force behind the implementation of Limestone Pavement Orders protecting these dramatic formations throughout Cumbria. She became an excellent field botanist. Her work gained wider recognition in 1999 when she was made an MBE.

Even in these last years as her physical strength waned Helga's mind remained sharp, and a visit to Needlehouse was always stimulating and often amusing. And she remained firm in her views - even when she found herself disagreeing with professional colleagues. We shall all miss her - but we know that Cumbrian conservation owes her a great deal, for her intellectual clarity, her wide knowledge, her breadth of vision, her critical judgement, and above all for her balanced wisdom.

I am sure that if the fells could feel and speak they would voice their appreciation of all that Helga did for their welfare!



Tarn Gill Packhorse Bridge, Ravenstonedale

Cumbria County Council propose to demolish this bridge (known locally as “Chantry Bridge”) and replace it with a wooden footbridge, as there is a shakehole approximately 2 metres upstream from the bridge where the water disappears and they believe the foundations are being damaged. The Council’s structural engineer has checked the bridge and deems it “safe for the time being” but “it will collapse in due course”.

The bridge is within Ravenstonedale Conservation Area and appears on the first Ordnance Survey map dated 1863, but is probably considerably older.

“Friends of Tarn Gill Bridge” has been set up to research the history of the bridge, and investigate other possible solutions, as we feel it is an important part of Ravenstonedale’s heritage which should not be lost. If you agree and would like to be kept up-to-date with developments, please email Richard Todd randitodd@hotmail.com who will add you to the distribution list. If you do not have access to email, please telephone Richard on 23679 or Jackie Wedd on 23129.

THANK YOU!

RAVENSTONEDALE PARISH HISTORY GROUP

Come along on Thursdays—2.00pm – 4.00pm
to High Chapel Community & Heritage Centre
(other times by arrangement)
to view

Transcribed Parish Registers from 1650 – 1826
Poor Relief Returns for 1780, 1856, 1867, 1869 & 1871
showing occupiers and owners of properties
Transcripts of British Newspaper Archives reports
which mention Ravenstonedale
plus old locally collected newspaper cuttings
Many old photos including school photos with pupils named
AND MUCH, MUCH MORE!

For more information
Contact: Chris Elphick on 01539 620605 or Val Fermer on
01539 623693 or
e-mail history@ravenstonedale.org

RAVENSTONEDALE PARISH HISTORY GROUP

The first talk of 2015 was presented by Val Fermer on 21st January, her 5th to over 30 people on a wintery evening. ‘Ravenstonedale Retailers – From Fells to Fine Furniture’ was illustrated by photographs and drawings and told the story of five young men from Ravenstonedale Parish who travelled to London during the 1820’s to 1840’s and from modest beginnings created a large furnishing company which became known as Hewetson, Thexton and Milner, eventually located in London’s Tottenham Court Road, along with their competitors, Maples and Heals.

John Hewetson was the first to travel down in 1823 and was joined by 2 of his brothers, William and Thomas. One brother, Henry remained on the family farm at Street and the youngest, Humphrey, suffered from a mental illness and died at Newcastle Mental Asylum. John established the company in Tottenham Court Road, whilst his brother Thomas established a separate business in Oxford Street.

Val told the story of John’s marriages and of his children and their families which had been researched using documents held at the Kendal Record Office, Wills obtained from the Courts Service and many other sources.

Eventually John retired and returned to Ravenstonedale and built the house which became known as ‘Hwith’. His family remained there after his death in 1876. Demolished in 1927, the demolition sale was advertised in national newspapers, copies of which had been obtained from the British Newspaper Archive web-site.

William Hewetson’s family had also been researched, but the history was limited as his only son had died aged only 27.

Thomas Hewetson had one son and two daughters and a direct descendant of one of his daughters has made his home in the village and attended the presentation with his family. Thomas also built a house in the area, now known as Lane Farm. One of Thomas’s daughters eloped with a local cattle dealer, against the wishes of her friends and Trustees (both her parents were dead by that time). However, the couple remained together and had 4 children. This daughter remained at Lane Farm until at least 1913.

William Milner, from Greenside, went to London in the 1840’s initially working as a ‘shopman’ for John Hewetson and then taken into partnership. Val had obtained details from Kendal Record Office of how much each partner had invested in the business and what their share of the profits were over a number of years. William remained in London and one of his sons became a partner in the furniture company in 1887.

The Thexton was Robert Thexton of High Sprintgill at Fell End. He travelled down in 1842. A letter from John Hewetson to his brother Henry thanking him for arranging for Robert to work for them was shown, this included fulsome praise for the quality of the workers who went to London from Ravenstonedale – at one time 20 Ravenstonedale men were employed in the business in London.

Robert was also taken into partnership by Thomas Hewetson. Details of his family were given. He did not marry, but left an interesting Will leaving various assets to 16 nephews and nieces. One such nephew was William, a descendant of whom attended the presentation following a visit to the History Group’s annual exhibition in September 2014.

The business of Hewetson Thexton and Milner underwent several changes. It suffered a fire in 1888 and in 1900 they were forced to renew the lease on Tottenham Court Road at a much increased rent (a 330% increase on the original rent). Partly as a result of this, they were forced into bankruptcy in 1906 and all stock was cleared from the premises in 1907.

Newbiggin-on-Lune

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information phone **Andrea** on **23033**

Coffee and Chat

The church will be open every Tuesday morning. You are welcome to pop in between 10 and 12 for coffee, cake and chat. We would love to see you every week or just once in a while. It's good to get together.

Lunch Club

The monthly lunch clubs will run through to April.

You are welcome to join us for soup, sweet and coffee at a cost of £5. A warm room, good food and plenty of chat.

LUNE SPRINGS LUNCH CLUB

Newbiggin on Lune continues to meet once a month and you are welcome to join us. Please contact Sally 23230 or speak to Norman Ousby

Ravenstonedale Folk Dance Club

Newbiggin on Lune Village Hall
on Thursdays at 7.45pm
No experience necessary,
everyone made very welcome. £2 per night.
For more details 015396 24258.

Are you interested in
**sewing / knitting / quilting / sharing
skills and chat ?**

We meet every Tuesday 7-9pm at
Ravenstonedale High Chapel Community
Centre

Just come along
or ring Ann on 015396 23565

Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term time)
9.30am - 11.00am

in the Methodist Chapel Schoolroom
Toys and Activities for children under 5
Children over 6 months £1.50 (includes
refreshments)

For more details contact

Chairperson : Frances on 01568 371669

Treasurer : Gill on 015396 26055

LUNE LADIES PLANNED PROGRAMME

All meetings will be held in the Village Hall, Newbiggin-on-Lune on the first Wednesday of the month at 7.30pm unless otherwise stated.

4th March - Gordonstoun, - A talk about life at the school.

1st April - Susan Garnett, a talk on the Upper Eden area including Ravenstonedale.

Please contact Carole on 015396 23226 if you are intending to go on the summer trips.

Ravenstonedale Show Committee

BINGO

Saturday 21st March

Newbiggin-on-Lune Village Hall
'Eyes down' at 7.30pm - Refreshments

Indoor Bowls evenings

Friday night is bowls night

at Newbiggin-on-Lune Village Hall

You don't need a partner.....

7.30pm start - £2.00p per night.

Why don't you join us?

For any further information

please ring Joyce Allison on 017683 72990

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Paula Marshall-Brownrigg

Tel: 015396 23676

Secretary : Marion Law

Tel: 015396 23409

Treasurer : Carl McLaughlin

Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg

Tel: 015396 23594

**All bookings should be made with the Caretaker
All payments to the Treasurer.**

RSCM Cumbria Area

"TOKENS OF HIS PASSION"

A service of music, readings and prayers based on the Passion narrative

Sunday 29th March, 6.00 p.m.
St Andrew's Church, Penrith

Symbols of the Passion story will be presented during the service.

Most churches will have a Holy Week programme commencing on Palm Sunday. This will be an ideal service to complement what will be done more locally.

Singers are invited to join the choir for this service. There will be a workshop at 3.00 p.m. held in conjunction with Penrith Singers. Singing Fee: £5.00 + £1.00 for Music Copies.

Colin Marston, Chair of RSCM Cumbria, Director of Music of Penrith Singers and St Andrew's Church, will be conductor. If you would like to sing in the choir, phone Mrs. Joan Gordon, 017683 52980

Appleby Textile Group

Appleby Textile Group, formerly Appleby Embroiderers Group, meets next on 3rd March to listen to a talk by Janet Phillips of the Threshing Barn. Janet has a wealth of knowledge and experience gathered whilst living in various continents. Her talk, entitled "The journey of my creative life that inspired my love of silk", is sure to inspire all who hear her.

7th April is the date for a talk by Lucinda Allwood on 'Ffarie slippers'. This is followed on 8th April by a day's workshop on Beaded Ffarie slippers.

The talks are at 7.00 pm at the Brownie and Guide Hut in Appleby. The meeting is open to all. There is a charge of £5.00 for non-members. There will be an added fee for the workshop. For more information please contact Clare Patterson 017683 51449.

E-LINK

Digital copies of Link are archived on the Orton and Ravenstonedale websites. There are now seven years of Link archives on each website.

Ravenstonedale website:
www.ravenstonedale.org

Orton website
www.orton.org.uk

Councillor Libby Bateman

Surgery dates Spring 2015
Cumbria County Councillor for Kirkby Stephen including Brough, Ravenstonedale, Tebay, Orton and surrounding parishes.

Friday 6th March: 2pm – 3.30pm,
Kirkby Stephen Library
Friday 27th March: 2pm – 3.30pm,
Kirkby Stephen Library
Friday 10th April: 2pm – 3.30pm,
Kirkby Stephen Library
Friday 24th April: 2pm – 3.30pm,
Kirkby Stephen Library

Please come along if you have an issue you would like Libby to take up on your behalf, or just stop in to say 'hello'. If you're not able to make it to a surgery but have a problem you would like Libby to look into then please email:
libby.bateman@cumbria.gov.uk or
telephone/text: 07759 665233.

NORTH WESTMORLAND ARTS

2015 Concert Season
Appleby Public Hall
Admission £12 at the door (students half-price;
accompanied children free)

Sun 1st March at 3.00pm:
Students from Junior Royal Northern College of Music

Sun 29th March, 7.30pm:
Bones Apart
Trombone Quartet

www.appleby-concerts.org.uk

E-mail: enquiries@appleby-concerts.org.uk

Tel: 017684 83777

No Lung Spring Players Play

Some of you may be disappointed—some of you may be relieved!—but this year we have decided to take a 'rest' from performing a play. Instead, we are meeting monthly for a play reading among ourselves. This is because we find ourselves short of actors and support team members. After so many years we have gradually become a smaller group. A good core remains, but we need to build up some new recruits for a play in 2016.

If you're out there with half an inclination to join, why not come along to one of our play readings—there's no pressure this year, it's just fun.

Contact Liz Hutchinson to find out time and place (Tel: 23552)

And again our apologies if you're going to miss us this year—we hope to be back on stage in 2016!

A Note from the Editor

I received an email from a reader, taking me up on a couple of points I made in my "Christian Alphabet" column. He corrected me on a matter of historical fact, and queried my views about Old Testament Law.

This led to quite an exchange of emails, on a widening variety of topics.

I never mind in the least if someone disagrees with what I have said or written, and am grateful if they correct any errors I have made.

So I invite—indeed, urge—readers to write in with their views - on the Christian Alphabet or indeed on any topic. It may sometimes be good to publish them, though I will not guarantee to do so. My recent correspondent agreed with me that our email discussion would only appeal to a small minority of readers!

A Concert for Spring

with
Appleby Town Band
Conducted by Linda Bainbridge

Varied programme to include guest soloists
Saturday March 14th 2015
Crosby Ravensworth Village Hall
7.30pm



Tickets £6 on the door
to include light interval refreshments.
accompanied Primary School
children & younger free

Paying Bar/Raffle
All proceeds to St Lawrence CR and the Band

Easter Day SONRISE SERVICE, 6.30 a.m.



As usual the local churches between Shap, Tebay, Orton, Ravenstonedale and Appleby are sharing in a short open-air service to greet the risen Lord Jesus on

Easter morning.

So set your alarm! Easter Day is Sunday 5th April – and the sun will rise at 6.28 a.m.! Wrap up warm, and come out to Raise Howe on the east side of Orton Scar (just above the cattle grid on the way down to Appleby). And pass the word around to Christians from all churches.

Appleby Town Band will be there to accompany the hymns, and the service is being organised by the Revd. Phil Rigby.

RSCM Cumbria Area ORGANIST TRAINING

**Saturday March 14th, St Lawrence's Church,
Appleby, 2.00 to 4.00 - Fee: £5.00 per person**

- ☐ Are you a pianist who has been asked to play the organ for Sunday services because there is no organist at your church?
- ☐ Do you play the organ a bit but find the use of the manuals and stops a little bewildering?
- ☐ Do you want to build up your confidence?
- ☐ And what about those pedals?
- ☐ There will be the opportunity to play for those who wish

This is a session which will be well-suited to help you!

Colin Marston will be tutor.

Apply as soon as possible to Mrs Joan Gordon, 6 Long Marton Road, Appleby, CA16 6XX Tel. 017683 52980
geoffandjoangordon@btinternet.com

Local Doctor fighting Ebola in Sierra Leone

Dr. Jim Wardrope of Tower House, Newbiggin-on-Lune has done two weeks and has another three to go of a placement in a medical facility in Sierra Leone. He and his wife Diana are members of St. Oswald's congregation, Ravenstonedale.



They had been hoping that cases of Ebola were easing off but they had a surge of new cases last week.

Jim is full of praise for all the local staff who have worked throughout the crisis. Each shift starts with prayers, both Christian and Muslim, which everyone says together.

This young health worker, Ali, is the same age as Jim's son, who is also called Ali (Alistair), and a doctor.

We are asked to remember in our prayers Jim, all those who have gone out from the UK, the local staff, and those waiting anxiously at home.

Jim will be back in UK by April, but will then have a period of quarantine.



Echoes of Longdale School

Echoes of Longdale School



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Mary P. Jenkin

After the printing of a second edition, copies of Mary Jenkin's book will be available at Orton Village Store, or by contacting the author at Beckside, Orton, CA10 3RX.

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marypjenkin@aol.com

£7.00 + £2.00 p&p.

Cottage to Let

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Tel. 015396 24258.

Orton Village Litter Pick

Volunteers needed for the annual Litter Pick! Bags, pick-sticks, etc. provided!

Meet outside the Market Hall at 10.30 a.m. and/or 6 p.m.

Wednesday 18th March.



Open The Book

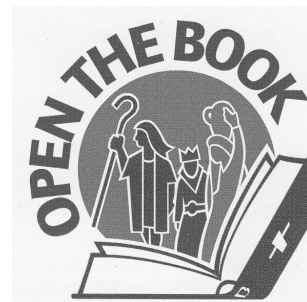
Children love stories; and the Bible is full of some of the best and most exciting stories.

A new project to present these great tales to children afresh

is "Open The Book". Sponsored by the Bible Society, the scheme is to send little teams into schools to tell and act out these stories. The teams do not seek to proselytise or convert the children, but simply to help them to hear, enjoy and remember these stories which are part of our Christian and cultural heritage.

A meeting at the Vicarage to introduce "Open The Book" in our area was attended by an enthusiastic group of people from different churches who are planning to start the project in local schools after Easter, with of course the agreement of the Head Teachers. Some will act, some will narrate, some will plan and create simple scenery and dramatic props.

It is not too late to join the teams! If you are interested or would like to know more, contact Team Leader Mary Jenkin – 015396 24410; email marypjenkin@aol.com; or speak to Beverley.



Is God calling you ...

to Lay Ministry in your local church?

If you are aged from 18 to early 60's, and you would like to find out more about Reader (Licensed Lay) Ministry, why not come along to our informal

Taster Day

**Saturday 7th March
10.00am - 12.30pm**

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peter.vivash@dsl.pipex.com

- or just turn up

- Hear what this ministry is about and what Readers do.
- Find out about the selection and training process.
- Listen and talk to serving Readers about their ministry.
- Ask questions and find out more - with no obligation.

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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Winton	10.11	16.10
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garshill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Grayrigg	11.34	15.10
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

NEW KENDAL ROUTE

WEDNESDAY ROUTE 572: Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

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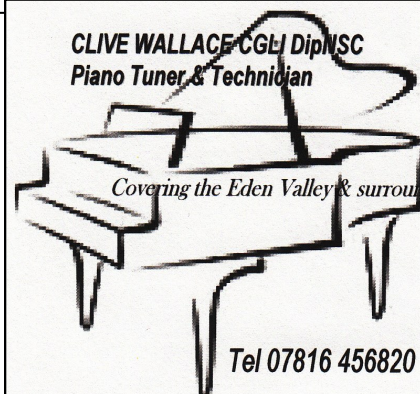
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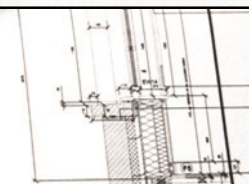
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Coffee, cakes & homemade scones/biscuits available throughout the day

Join us for a very special **Mothering Sunday** (March 15th) celebration.

Treat your mum to a lovely lunch, gorgeous afternoon tea or evening meal.

Brian is launching his new menu on **March 25th** - we are all very excited! We look forward to welcoming our guests to enjoy.

*We welcome you in the coming cold wintry months
to join us for lovely food, a great pint, a delicious coffee
or just a warm welcome and a nice chat!*

Remember, we offer a 'Take Away' menu all day

The Black Swan, Ravenstonedale, Kirkby Stephen,
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Every Thursday 10% off Lunch for OAPs

Every Sunday Roast Dinner

Large £9.95 Small £6.95

Treat your mum on Mothering Sunday to a roast dinner
plus every mum gets a gift: book so you are not disappointed.

Takeout menu is also available

Silveryard Café, unit 1b, Silver Yard, Orton
01539 624421

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Tea and coffee £1.00
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Happy Hour Every Friday 7pm-8pm

Mothers' Day 15th March - Bookings Being Taken,
All Mothers Receive a Large Glass of House Wine
or a Soft Drink Free

Charity Dominoes in Aid of Macmillan Cancer Care,
Saturday 28th March

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SHAP WELLS HOTEL

Sunday Carvery Lunch Events

Mothering Sunday 15th March with Gift for Mothers Adults: £17.95pp Child: £8.95pp

Easter Sunday 5th April Easter for all Children Adults: £16.95pp Child: £8.95pp

Father's Day Sunday 21st June with Gift for Fathers Adults: £16.95pp Child: £8.95pp

Sunday 6th March at 8pm

Paul Kelly in Concert

Very popular Irish Country Music Singer a
favourite with Irish Country Music Fans

Concert Ticket: £16.00 per person

Contact John Wilson on 01931 712545

Soul in the Lakes Weekender

Friday 13th to Sunday 15th March

DJ KeV and five guest DJs on 2 dance floors

Full Weekender: £140.00 per person DBB

One night: £80.00 per person DBB

Tickets to Music Sessions Only £10.00pp

Carvery Dinner at £15.00 per person

Murder, Mystery Theme Night—Saturday 21st March

Death at Downtown Abbey

3 Course Dinner, Murder Mystery Evening with B&B £49.95 per person (£15 single supt)

Three Course Dinner, Murder Mystery Evening only £29.95 per person

SHAP PENRITH CA10 3QU/Tel: 01931 716628 / Fax: 01931 716377

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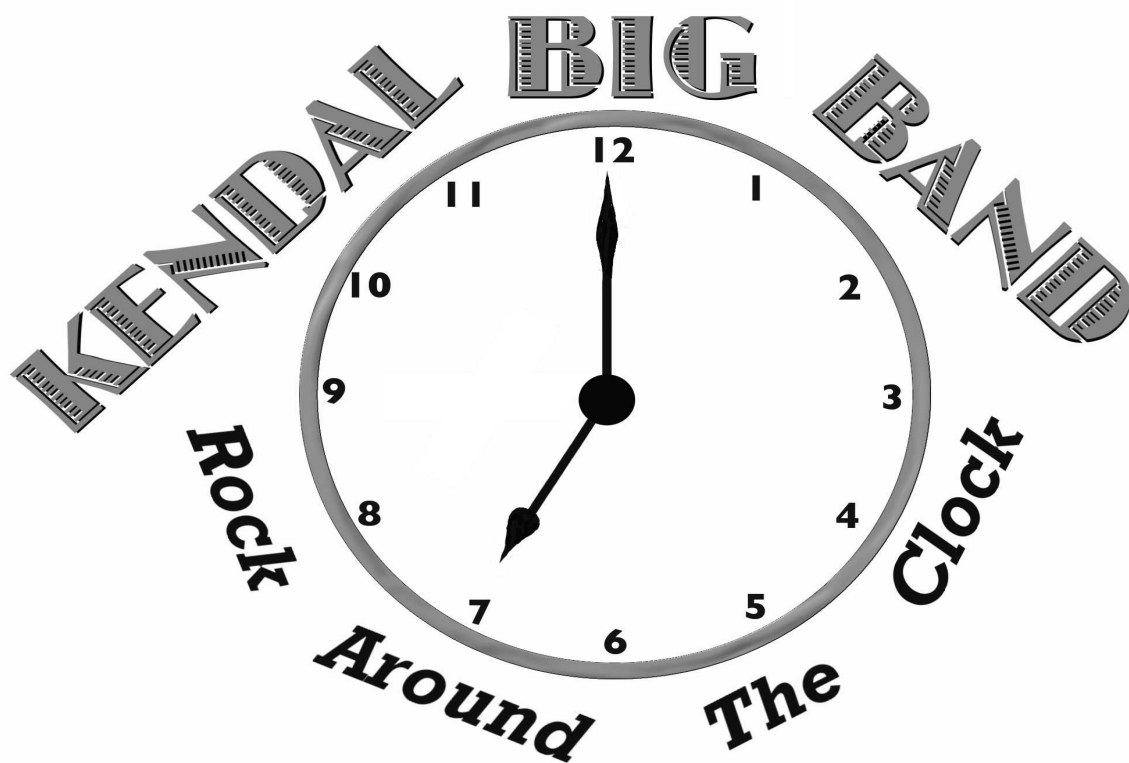
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THE BIG BAND SOUND

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Saturday, 21st. March

7 p.m., All Saints' Church, Orton

£8 adults, £4 children, supper included

tickets from PCC members or band

The Tebay Community Choir will also entertain

If you are willing to contribute towards the finger buffet supper
please contact Angela Milburn on 24382.

For information or tickets phone Beverley on 24045