

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



February 2016

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS' CHURCH, ORTON,
ST JAMES' CHURCH, TEBAY
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

VICAR

Beverley Lock 24045
rev.bev@btinternet.com

Assistant Curate

Sandra Ward 24125
revd.sandra@btinternet.com

Reader Emeritus

Reg Capstick 24497

ORTON

CHURCHWARDENS
David Aspden 24013
Laura Wren 24654

PCC SECRETARY
Olive Bland 24258
liv_bland@hotmail.com

TREASURER
Bill Lawler 24465

TEBAY

CHURCHWARDENS
Reg Capstick 24497
Linda Garrick 24262
SECRETARY

TREASURER
Linda Garrick 24262
LOCAL LAY MINISTER
Rosemary Campbell 24837

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE

CHURCHWARDEN
Ann Brownrigg 23594
SECRETARY
Caroline Morris 23308
davidandcaroline@ravenstonedale.org
TREASURER
Clive Wigley 017683 51575

Methodist Church

Revd Phil Dew, 50 South Road, Kirkby
Stephen, CA17 4SN. 017683 71202.
Email revphil Dew@googlemail.com

Roman Catholic Church

Fr Aleksander Makulski Church of Our
Lady of Appleby 017683 51474

THE LINK DEADLINE IS THE 13TH OF EACH MONTH

**Please send all copy including
advertising to:**

Email: linkpines@hotmail.co.uk
Christopher Jenkin, Beckside,
Orton, CA10 3RX. 015396 24410

For Tebay: give to Reg Capstick,
1 Mount Pleasant, Tebay

For Ravenstonedale:
give to Ann Pentecost 23317

Advertising (finance only):
Linda Garrick, 015396 24262
All small display ads are £45 p.a.

*Views expressed in 'The Link' are not
necessarily those of the publishers or
editors.*

Letter from the Vicarage

From Beverley Lock

By the time you read this we will be a whole month into 2016.

However I hope it is not too late to wish you 'Happy New Year.'

2016 promises to be a year of change both internationally and locally. Nothing new there then! Change is such an important part of our lives. In fact, as I have often reminded my students, when you stop facing change it is because you are dead!

This goes for our corporate lives just as much as for our personal lives. We know that our children and grandchildren are constantly changing, growing, developing, being equipped for new challenges and ways of doing things. If they stopped doing this we would be very worried, and rightly so, as it would mean that something was very wrong and their ability to function successfully as adults would be seriously impaired.

In our parishes we are seeing some changes in the way we organise ourselves, as we move to new 'Ecumenical Mission Communities'. This is where the churches and chapels of our area take more responsibility for the way they run the day to day activities. They will move to appoint local Congregational Leaders. Meanwhile the clergy will spend more of their time offering support and input to people in the community and being involved in new community initiatives that are of use to the whole community including, but not exclusively, those who come to church regularly. So caring people will still be looking after the needs of the community – some things do not change.

I am encouraged that this area has so much potential for this growth and development. There are such wonderful people here who help and support each other in so many ways. The recent pulling together of the

community during the flooding is illustrative of how strong community spirit is. Caring and supporting the spiritual needs of the area is part of this community attitude. I am really looking forward to hearing how this develops in High Westmorland.

However change is coming for me and my husband Brian. We have been here for seven and a half years - though it does not seem like it. We move to new parishes at the end of February. Our last Sunday service will be 10.30am on 21st February at St. Michael's Church, Shap. This will be followed by a 'Bring and Share' lunch in the Memorial Hall. I do hope as many as possible will join us.

We will be very sorry to leave this beautiful area and the even more wonderful people. However change is part of life and I feel God has called us to help prepare the people of the Loughrigg Partnership (Ambleside, Brathay and Loughrigg communities) to move to Mission Communities. I am very grateful for the way that the people of this area have let me minister to them and through that taught me so much. I hope I can take this into the new post.

Here I know that a new person with new ideas can take things forward as there is such a rich resource of special people to make it work.

So New Year means new changes but the fundamentals are the same: people loving and watching out for others, and a God who loves us so much he was prepared to come in human form to show us that while human bodies change, and the way we organise ourselves to serve each other changes, God's love that is stronger than death is the same today, tomorrow and forever.

NOTE - The management committee of the *Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month. Next deadline: 13th February 2016

Cover picture: Bishop Jackson Nzerebende dedicating the new All Saints, Kasese

Notes from The Herald, Jan/February 1916

Dull and mild till mid February then blizzards, cold.

Most socials were for War funds e.g. Red Cross or Soldiers' Comforts.

January Orton Church held a Watch Night service on 31st Dec. and on 1st Jan distributed two charities in the church. The Baugh Charity, total £14.15.0. in sums of 10/- to 15/- each and Mrs. Wharton's Charity (total £7). £1 then = £80 now. Orton Temperance Society's annual festival on Christmas evening was beset by storms so was put off to Monday, 27th the day that Orton Primitive Methodist Chapel had its annual Sunday School Treat (tea in the afternoon, public meeting in the evening).

Mr. T.M. Tyson (Tebay) presided at Gaisgill Wesleyan Sunday School Christmas Day do. Its roll is now 44 children.

At Bousfield (Orton) on 2nd Jan.

Elizabeth, widow of Christopher Potter, died aged 80.

Tebay Church had War Prayers and the Tebay V.A.D. there on Sunday, 2nd.

Died at Stockton on 27th Dec., Mary, daughter of Jane and the late Joseph Balmer, engine driver of Tebay. Her age is not given, she was buried at Oxbridge Cemetery, Stockton on 30th Dec. At Christmas Tebay Church had carols as did the Prim. Meth. Chapel – friends from Orton etc. there too.

Ravenstonedale Sunday School's annual Tea Party was on 31st Dec. and Treat on 1st Jan.

Newbiggin on Lune's Mr. Anthony Greenbank Capstick of Browber, died there on 26th Dec. after a short illness. He was 67. Funeral at N on L Prim. Meth. Chapel. Died at Bybeck, Tebay on 19th, Jane, widow of James Knewstubb. She was 68 and was buried at Ravenstonedale Church on 22nd, the cortege leaving Bybeck at noon. Died of a chill on Tues, 25th, Mr. James Taylor of Newbiggin. He was 64 and had been a signalman on the N.E. Railway for 42 years. His wife died 17 years ago. He was Anglican and a Tory and had always helped on the door at concerts etc.

February No news from Orton and Tebay.

Ravenstonedale Parish Council met on Sat. evening, 29th January, in the Public Room and chose Mr. Anthony Metcalfe-Gibson to be the late Mr. Johgn Butt's successor as a Trustee of the Bread Money Charity. The Ravenstonedale

Parochial Charity was distributed to 26 people in sums of 5/- to 25/- each. 27s6d was reserved for Newbiggin School. The Council is to urge the N.E. Railway to restore the stop as Ravenstonedale Station on Mondays for Market Day goers of the 4.309 K.S. to Tebay. The Ravenstonedale Hearse Committee's A.G.M. on 5th Feb. heard that it is 33s.11d in hand. The late Mr. Robert Blackett's son, R.W. is now a sergeant at the Front. In the Battle of Loos on 28th Sept. 1915, under heavy fire he came on a Grenadier Guards Captain badly hurt and bandaged him and pulled him to safety. The Captain wrote to his Colonel and General in hope of an award but none so far, so he gave him a gold watch and chain and wrote to his mother ("he deserves the V.C."). Sgt. Blackett enlisted in Sept. 1914 and has been in France twelve and a half months. Is very reticent. Photo of him and text of Capt. W.R.C.

Murray's letter is on page 3, 12th Feb. 1916.

The late Mr. Thomas Brown of Bridge Fell End Angle left £1174.11s8d gross, £678.0s.10d net.

Under the new Military Service Act 1916 all single men not in reserved jobs and aged 19 – 30 will be called up, the youngest first. Non reporters for duty will be court-martialled. Clergy and the Navy are exempt. Tribunals now meeting at Penrith and Kirkby Stephen to sift claims for exemption. Penrith's was lenient but Kirkby Stephen 's refused to exempt a 19 year old with 70 ewes to lamb soon – only he and his father on farm. However, John Fothergill, 23 was exempted – he and his mother farm Stennersheugh, 90 acres and 365 acres fell allotment. Prices much as ever. Cod is cheaper.

Many thanks to Jeremy Godwin for the Notes.

A Christian Alphabet—An occasional series by Christopher Jenkin

P

Parable: Stories with a moral or spiritual meaning were used by many teachers of the ancient world, and Jesus was one of the masters of this teaching method. His parables have remained famous for two millennia. Some are allegories, in which each detail has its own interpretation; most parables, however, are designed to make just one point, and it is a mistake to try to "interpret" every detail. Some very fanciful interpretations have been suggested for parables such as the Good Samaritan (*Luke 10. 30-35*) even trying to find spiritual significance in the oil and wine used to help of the robbed man, or the two coins given to the innkeeper! The one point of the parable is that we are called to offer help to anyone in need, however alien they may be to us. Jesus made his points by parables, first because people would remember them – even if at the time they did not fully understand the point – and secondly because parables get under the listener's guard by being entertaining.

Paul: The second greatest influence on the development of the Christian church and Christian doctrine in New Testament times, second only to Jesus himself. He was an intellectual Jew, originally called Saul, brought up in the Gentile city of Tarsus, now in south-central Turkey; thus he was familiar with not just Jewish scriptures and traditions (he was educated in the strict Jewish sect of the Pharisees) but all the literature and culture of the Graeco-Roman world. Initially deeply hostile to the new Jesus movement (he never encountered Jesus himself during his earthly ministry) and enthusiastically joining in the policy of persecuting followers of Jesus, he was dramatically converted by a vision of the ascended Jesus on the road to Damascus (*Acts 9*) and thereafter became a devoted follower of Jesus. He travelled widely through the Eastern end of the Mediterranean, preaching and teaching and founding communities of believers in Jesus in many places, particularly in what is now Turkey and in Greece, and was influential in the development of the church in Rome, though he did not himself found that church. His influence was further extended by the many letters he wrote to both these churches and to individual Christian leaders; not all of these have survived (almost certainly, for instance, he wrote at least four letters to the Christians in Corinth, but only the 2nd and 4th survive). These letters (or "Epistles") form a substantial part of the New Testament in the Bible, and thus have been translated into many hundreds, even thousands, of languages, and are studied throughout the world.

SUNDAY SERVICES IN OUR CHURCHES FOR FEBRUARY 2016

Sunday 7th February

ORTON 9.30am
Sidesman Andy Glanville
 TEBAY 10.30am
 RAVENSTONEDALE 10.00am

The Sunday next before Lent

Lessons Exodus 34.29-35; 2 Corinthians 3.12-4.2
Holy Communion Chris Jenkin, Chris Bland
Prayers Angela Milburn
Songs of Praise Ian Elliott, Reg Capstick
All Age Worship Fran & Tim

Liturgical colour Green

Readers
 Jackie Huck, Andy Glanville
 Diana Fothergill, Kathy Trimmer

Sunday 14th February

ORTON 8.30am
Sidesman Jim Milburn
 TEBAY 10.30am
 RAVENSTONEDALE 10.00am

The First Sunday of Lent

Lessons Deuteronomy 26.1-11; Romans 10.8b-13
Holy Communion BCP Ian Elliott
All Age Holy Communion Ian Elliott
Holy Communion CW Beverley Lock

Liturgical colour Purple

Readers
 Laura Wren
 M. Metcalfe-Gibson, S. Metcalfe-Gibson

Sunday 21st February

The Second Sunday of Lent

Lessons Genesis 15.1-12,17-18; Philippians 3.17-4.1

Joint All Five Parishes Service
St Michael's Church, Shap
(Vicar's Farewell Service) - 10.30am

Liturgical colour Purple

Sunday 28th February

ORTON 9.30am
Sidesman Mary Jenkin
 TEBAY 11.15am
 RAVENSTONEDALE 3pm

The Third Sunday of Lent

Lessons Isaiah 55.1-9; 1 Corinthians 10.1-13
Service of the Word Chris Jenkin
Prayers Laura Wren
Holy Communion Chris Jenkin
Evensong Sandra Ward

Liturgical colour Purple

Readers
 Mary Jenkin, Iris Wilding
 David Morris, Caroline Morris

Sunday 6th March

Mothering Sunday

Lessons Exodus 2.1-10 ; 2 Corinthians 1.3-7

ORTON 10.30am
Sidesman Andy Glanville
 TEBAY 10.30am
 RAVENSTONEDALE 10.00am

Holy Communion Sandra Ward
Prayers David Aspden
Songs of Praise in the Methodist Church Ian Elliott and Ronnie
All Age Worship Fran & Tim

Liturgical colour Purple

Readers
 Andy Glanville, Susan Basnett
 Janet Barlow, Tom Oldham

SUNDAY SERVICES IN OUR CHAPELS FOR FEBRUARY 2016

		7 th	14 th	21 st	28 th
Tebay	10.30 a.m.	S of P at PC	H Hutchinson 6.30pm CNXN at KS	C Capstick	T Dent
Orton	10.30 a.m. 6.30 p.m.	S Harrison (LA) D Marston	K Coward CNXN at KS	LA A Burton	P Gorst (LA) P Dew
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	LA LA	J Morton CNXN at KS	D Birkbeck LA	T Taylor *
Ravenstonedale	2.00 p.m. 6.30 p.m.	A Collinson *	J Morton CNXN at KS	W Capstick	P Dew *

Vineleaf Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

By Rosemary Campbell

Reg is away this month so it's the view from High Field again. I do hope that most of you have had a good Christmas and New Year. Many are recovering from the floods in Cumbria and our thoughts and prayers are with so many who have been affected. We especially think of our friends down in Old Tebay and it was good to see the video on Countryfile which conveyed this experience.

My back patio doors have their own makeshift flood defence consisting of rubber mats, plant pots, a bag of compost and a bucket full of water. The water has started coming down the steps from the field again and if I don't keep the tiny filter clear of hawthorn leaves the drain overflows - not much fun in the middle of the night sometimes!! Two of my best friends were flooded out, one by the river in Kendal and one near Threlkeld. It has been terrible for them. So how can people help in the best way? Someone in her church in Kendal has kindly offered a disabled holiday chalet in Crook to help for now. Friends and relatives are helping with paperwork, the insurance company has cleared the flat and the council are now knocking down walls etc. We can help the Community Fund - it has been so encouraging to see boxes everywhere. Our Blue Jam Folk band have been busking in Penrith Arcade and playing up at Langwathby pub to drum up support. It's good for us all to work together in any way we can to help.

It has been sad to see that Bunny Espiner passed away. She formerly lived in the older bungalows in High Field - she was a great musician. Also we lost David Elliott suddenly; he worked as a mortgage

consultant. He was another character who will be greatly missed by his local friends.

Christmas seems to start earlier and earlier and finishes earlier too. Many have had it on so long that down come the decorations as soon as Christmas Day over; even I felt a bit like that this year. I was so glad to make it to the Methodist Chapel for the Festival of Christmas Trees. It was delightful and something that stays in your mind. What a lot of brilliant ideas and hard work. I love the fact that for Christians the celebrations go on until well after Christmas as the wise men actually arrived later at a time called Epiphany which this year was celebrated in Tebay on the 10th January when we had a lovely party at the Methodist Church.

We send our best wishes to our vicar, Rev Beverley Lock, as she moves this month to Ambleside. We thank her for her all her help and support to us in Tebay, especially her work with the school, and encouraging some of us oldies on to new things when we thought we had already retired! She has encouraged us in establishing the Friends of St James' and updating the old vestry to the new Hub, which is now used by the community as a library, Monday drop in and by the Community Choir.

As we all look to 2016 let us "In all our ways acknowledge Him and He will direct our paths", wherever they may go.

Tebay Community Library and Drop In—in the Hub, St. James' Church

Every Monday morning,
10.00am - 12.00pm

Refreshments—
Books to borrow and buy.

All ages welcome

Tebay Methodist Church

DROP IN 2 TILL 4

Every Tuesday

Games, crafts &
refreshments

For information ring Dennis
015396 24445

Tebay Methodist Church

WINTER WARMER

Soup and Sweet

Saturday 13th February

12 noon – 2 p.m.

£6.00

COME AND ENJOY!

Deanery Candlemas

Solemn Eucharist

Tuesday 2nd February, 7.30 p.m.

at St Lawrence's Church,
Appleby

Mr Victor Tebay

Mr Victor Tebay would like to know if there are any other "Tebays" still living in our area who may be related to him. Please contact Mary Jenkin (24410) or email marypienkin@aol.com if you can help.

'Twinkles'

Tuesdays 9.30—11.30 a.m. at
Tebay Methodist Hall

All welcome with or without
children

Voluntary run playgroup—
Activities changed on a weekly
basis including Painting,
playdough, drawing, cutting,
dressing up, slides, bikes,
music, reading.

For more information contact
Amanda James - 07733 180305

Tebay

Community Choir

If you enjoy singing and meeting new people, you might like to give the Tebay Community Choir a try. We meet on Monday evenings from 7.30 until 8.30 in the Hub at St James' Church in Tebay. We sing a wide variety of music and welcome all adults, including experienced singers as well as those who have never sung in a choir before. You do not need to commit to attending every week. Children from the age of 7 upwards are welcome too but must be accompanied by an adult. If you would like further information, please ring Alison on 01931 716122 or send an email to alison@mott.me.uk.

TEBAY & ORTON WI.

Next meeting

Wednesday 17th February, 7.30pm, Tebay Club.

Speaker: **Joyce Worsford**

'Novel about Children'.

Come along for an evening of entertainment and friendship, not forgetting a delicious supper!

Future speakers

March 16th: **Felicity Lawler**: 'Travels in Africa'

April 20th: **David Morland**: 'My Life'

Visitors are always welcome, with no commitment.

New to the area? The WI is the perfect way to make new friends, and discover new hobbies and interests.

Jackie Huck



Friday 12th February

5pm-7pm

Tebay Sports and Social Club

**Celebrate the start of half term
at our Valentines Disco!**

Pizza. Jelly. Party Games & Disco

**Tickets £4 to include food, games & disco
from Amanda James, Julie Foster,**

Becky Morland or Rachel Lewis

proceeds to St James' Church

Tebay Community Primary School News!

We hope everybody had a lovely Christmas holidays and Happy New Year from all of us here at Tebay.

It was Children In Need on the 13th of November. Here at Tebay Primary, we managed to raise £90.00! We did this by selling cupcakes—almost child's Mum kindly managed to make some cakes. We had sponge cakes, chocolate cakes and even some with Pudsey Bear on! They were all amazing, thank you. Well done to all who came to school in their pyjamas and donated a pound,

Written by Jake Haygarth.



We were very lucky to have a Christmas party in school on Friday the 11th of December. A magician called Harvey Rush came in to do tricks, entertain us and play party games with



the whole school. Everyone at Tebay appreciated Harvey coming in and we all had fun. The music was mind-blowing! Thanks also to the Governors for coming in and to Julia for the

A week before we broke up for Christmas, we went to perform carols at the Tea Rooms for the community. We sang lots of songs like: I will rejoice, silent night and my favourite, Rudolph the Red Nose Reindeer. A lot of the local people joined in with the songs. Overall it was a great afternoon.

Written by Edward Bousfield.

On Thursday the 17th of December, Tebay Primary School went to sing Christmas carols at Tebay services. Altogether we raised £233.28. Some of people even started to dance! We sang for three hours.

Written by Patrick Worstenholme.



This year Class 1 put on the nativity called 'Oopsy Daisy Angel', it was very good! It even had an interval where the adults served tea and coffee. After the break there was some beautiful songs performed by the rest of the school by candle light. At the end of the evening the raffle was drawn and altogether raised £130.00 for the Flood Appeal.

Written by Jodie Graham.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in Link!

Orton

Orton Mothers' Union

Our next meeting will be Tuesday 2nd February, 2pm at Angela's house 'A Celebration of Faith', the start of our new theme for 2016, followed by refreshments and a friendly chat. Anyone who would like to join us will be most welcome. If you would like more information about Mothers' Union please ring Laura on 015396 24654

Mothers' UNION
Christian care for families

Lent in Orton

Ash Wednesday
10th February 7.30pm
in All Saints' Church
Holy Communion
with Imposition of Ashes

Church and Chapel
Lent group meditations
each Wednesday 7.30pm
following David Adam's book:
The Great 'I am'

17th Feb in the Chapel
24th Feb in Angela Milburn's house
March venues to be arranged.

Everyone welcome

Orton Surgery

We are open from 9.15am to 10.30am on Tuesdays and from 4.00pm to 5.45pm on Thursdays. There will be NO surgery on Thursday 25th February.

Shap Practice: 01931 716230
Out of hours: 03000 247 247

Orton "Drop-In"

Every Wednesday
from 10.30-noon in the
cosy schoolroom at Orton
Chapel.
Coffee/cakes and a chat
with friends.
Everyone welcome!

Farewell to Rev. Bev!

The Farewell Service for the Reverend Beverley Lock, before she and her husband Brian leave these five parishes and depart to their new home and ministry in the Ambleside area, will be on **Sunday 21st February at 10.30 a.m.** in St. Michael's Church, Shap, followed by a Bring and Share Lunch at the Memorial Hall.

Orton Farmers' Markets

The next two of these popular markets will be:

Saturday 13th February
and
Saturday 12th March

Join us for refreshments and a chat in a friendly atmosphere.

At the December coffee morning we raised a total of **£891.48**, and at the January one we raised **£350.71** to help us continue God's work at All Saints.

Many thanks for your continued support.

Pram Service

Pre-school children and parents are warmly invited to join the nursery children from school in Church on

Tuesday 1st March
9.30am

story songs prayer



craft

snacks

We will be thinking especially about our Mums

Boon Day

All Saints' Church is having a Boon Day on Sat 20th Feb from 10 a.m. to 12 noon. **A boon is "a request/gift."** So our request is to ask people of all ages and talents if they could share their time and talents that morning and come to the church and help. There are all sorts of jobs that need doing both inside and out, such as cleaning gutters, general Spring cleaning, pruning overgrowth etc. Coffee/biscuits provided, the more the merrier and to misquote Kitchener "Your Church needs your help!!"

Just turn up that morning if you can, it would be great to see you and we can give you a job.

Any queries tel. Chris/Olive 24258

Thanks to ALL

All Saints' Church P.C.C. would like to thank everyone in the community who help in so many ways to make our Church and its surroundings such a welcoming and beautiful place.

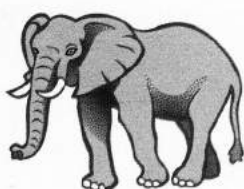
I hope I don't miss anyone out, but here goes. Many thanks to the monthly Coffee Morning catering teams, the gifted flower arrangers, church cleaners, bell ringers, those who lock/unlock the Church, grass cutters, Exhibition helpers and those who help with services in quiet and often unassuming ways. Also anyone else whose help is appreciated but I have omitted to mention.

Thank you all so much, your help is much appreciated, it is a real community/team effort.

Olive Bland, PCC Secretary

All Saints' Church, Orton

AFRICAN EVENING



in

Orton Market Hall

Five from Orton

went to Uganda

Saturday 12th March

6.30 p.m.

**Adults: £5.00. Primary Children: Free
including Supper**

**Tickets from Mary Jenkin (015396 24410)
or Orton Village Store**

A good marriage

A good marriage must be created.

In marriage the little things are the big things.

It is never being too old to hold hands.

*It is remembering to say, "I love you", at least
once a day.*

It is never going to sleep angry.

*It is having a mutual sense of values and
common objectives.*

It is standing together to face the world.

*It is forming a circle of love that gathers in the
whole family.*

*It is speaking words of appreciation and
demonstrating gratitude in thoughtful ways.*

It is having the capacity to forgive and forget.

*It is giving each other an atmosphere in which
each can grow.*

It is not only marrying the right person.

It is being the right partner.

New Facilities at the Cumberland Infirmary to open In January 2016

Builders are busy at the moment in Fairfield House, the lovely listed building just outside the main entrance of the Infirmary. They have been transforming part of the building into the new Bereavement Suite - something the NCUH Trust has wanted to provide for a long time. Located in here will be the new Bereavement Office, a base for the Lead Nurse on Bereavement, coming into post in January. The comfortable Bereavement Lounge will be a warm, welcoming space where family or friends can come to collect a death certificate, or patient possessions. It will give privacy for those important conversations with Doctors or a particular Staff member. It will provide a safe room, with tea and coffee on hand, for those who are having the crucial life-giving conversations about Organ or Tissue donation.

Next to the Lounge is a larger space, the Quiet Room, set apart for prayer, reflection, remembering a peaceful room to be used by Staff and by visitors. The Infirmary Chaplain, Anne Roberts, writes "It is a space designed to be helpful to people of any faith or no faith. This shared space can be a daily reminder that our community here in Cumbria can be both cohesive and supportive. People simply come as they are, with differing beliefs, with hopes and dreams, with their grief or worries. It will be a haven for Staff, to just spend a few minutes a day simply "being" rather than "doing". It will be used on Fridays between 1 and 2pm for Muslim Prayers. There is also a small Reading Room, for those wishing to stay longer and find a comfortable chair and a good book. There are toilet facilities

close by and a washroom for those who wish to wash before praying.

Multi-faith spaces have a tendency to be bland we want ours to be beautiful! The furniture will be comfortable, the lighting a bit special, the carpet thick and inviting to sit on. We have commissioned a Public Artist from Wigton, Veronica Currie, to produce the main pieces of art work. Veronica is originally from Chile and has produced murals for other hospitals. She is painting four new banners to celebrate the seasons and the passing of time. She is also producing a unique ceramic tree, where the individually fired and painted leaves can carry the name of someone we have loved and lost. Watch out for photographs to come in January

The Trust Charitable Funds have already paid for all the building work. Funds are now being sought for the furniture, the large rug, all the artwork, the memory tree and other items to make it a space to be proud of. If you would like to donate towards this project, we would be very thankful. It may be that you wish to give something as a "thankyou" for care received from this hospital in the past. It may be that you wish to remember someone who has died. You may be a staff member who will appreciate this facility. All donations, small or large will be gratefully received. Cheques need to be payable to NCUH Charitable Funds (Chapel Fund) and sent to the Finance Department at the Cumberland Infirmary. Gift Aid forms are available from the Finance Office or from the Chapel on the First Floor of the Infirmary. If you would like more information, please ring Anne Roberts in the Chaplaincy Office on 01228 814090. Thank you.

FROM ALL SAINTS, ORTON, TO ALL SAINTS, KASESE

In March 2008 Chris Jenkin and his wife Mary visited missionary friends in Kasese at the foot of the Rwenzori Mountains in south-western Uganda. Among the kaleidoscope of churches, schools and projects to which they were introduced during that visit was the relatively new congregation of All Saints close to the town centre where they were warmly welcomed by the vicar (Rev Nelson Isabagheen) and reader (Robert Zziwa).



All Saints, Kasese - new and old

Back home in Cumbria Chris and Mary decided to sound out the PCC of All Saints, Orton, about the possibility of forming a link with their namesakes far away in Uganda.

The two churches were as different as chalk and cheese! All Saints, Orton, is a parish with a long history stretching back to the Middle Ages. As in many rural areas, the congregation is small, mostly elderly, and traditional in its style of worship, and seems to face a constant uphill struggle to maintain their historic church building. All Saints, Kasese, is a relatively new mission congregation (started in November 2004) and not yet officially a parish (though this should change in 2016). The congregation is large and rapidly expanding (as is Kasese town itself). The all-age congregation (grandparents to toddlers) is lively, outward-looking, and typically African in the exuberance of its worship. When the link between the two churches was first established this worship was being conducted in a dilapidated wooden boarded building, but they were planning to build on a plot of land immediately behind the existing building. In 2012 when the Jenkins visited again this new building was up to the top of the ground floor windows and they were told that the decision had recently been taken to incorporate an upstairs balcony as the rapid growth of the congregation meant that the building as originally designed was already too small!

Early in 2015 Chris and Mary received an email from Nelson saying that the building was now more or less complete and that Bishop Jackson Nzerebende of South Rwenzori Diocese would be coming to dedicate it at the end of November. "Could

you please bring a group of about twenty people from our link church of All Saints, Orton, to share with us in the celebration?" They replied that they would see what they



could do, but that if they brought twenty, there would be nobody left in the church at home!

In the end five of us (Chris and Mary Jenkin, Felicity Lawler, David Merritt and I) were able to travel to Uganda for two weeks. On our arrival in Kasese (after a rather gruelling



11-hour drive on decidedly challenging dirt roads down from the Murchison Falls National Park) we were greeted like royalty on the outskirts of the town by a group of forty or so church members. The fact that they had been awaiting our arrival for the best part of four hours seemed to do nothing to dampen their enthusiasm!

After an "all singing, all dancing" reception in a layby, we found ourselves caught up in a motorcade with horns blaring



and hazard lights flashing as we followed a band that had been hired for the occasion – not only into the town, but around it in a spiral before finally ending up outside the church in the centre. Inside the church we were welcomed with more singing and a number of speeches by different church officials. Thankfully this only lasted about half an hour, as poor Jonah (our excellent driver) was practically asleep at the wheel after the long day's drive - but he did manage to stay awake to drive us round to our hotel afterwards.

The rest of the week consisted of a series of visits to schools, hospitals and homes in and around Kasese and that part of Uganda (the subject of items in future issues of Link), but the highlight and primary purpose of our visit was joining in the dedication of the new All Saints' Church on Advent Sunday. Chris had been invited to preach in the 7 a.m. English-language service – which had a surprisingly large congregation, considering the major celebration billed to start at 10 – after which we joined the Bishop and other diocesan staff members for breakfast at a nearby hotel owned by a church member.

We returned to the church and soon after 10.00 we joined the Bishop outside the building as he knocked on the main doors with his staff to request admission by the churchwardens. They and the stewards (all in uniform) were kept busy bringing in extra chairs as more people kept arriving to swell the congregation until the church was filled to overflowing for the service which lasted well over four hours.

The opening procession taking in the main focal points of the building included the baptism of two babies in the newly-dedicated font (an essential part of the dedication of a new church in the Church of Uganda). The Bishop then proceeded



to dedicate in prayer every part of the building – lectern, prayer desk, pulpit etc. When the Holy Table was dedicated, Ian Elliott and Chris Jenkin, the two visiting clergy from UK, were invited to join the local clergy in laying their hands on the Table. At one point the Bishop suggested that anyone who could reach any part of the wall of the church should place a hand on it while he prayed for the whole

building. As well as dedicating the building itself and its main features, the Bishop invited all the church officers and staff to come to the front while the whole congregation joined him in praying for them. The sermon (which took quite a time as the Bishop was switching between English and two local languages to make sure everyone got the message) was a call to make sure that All Saints would use its strategic location in the town centre to be truly a church for everyone - local council, the business community, police, hospital, newcomers to the town arriving at the nearby bus station... and (we were pleased to hear) the street children, some of whom are already part of the congregation.

Some parts of the communion service were quite hard to hear due to the noise of a real tropical downpour that started

at this point. Putting glass in the windows was one of the jobs still to be completed so Mary, sitting near one of them, got quite wet. However the storm passed as suddenly as it had arrived and by the time we emerged at the end of the service it was hotter than ever and everything dried off quickly.



Towards the end we had not one, but two collections (we understood that the second was a 'thank offering' for those who some particular personal cause for gratitude that day). Both involved people crowding up to the front to place their offerings in large baskets held by stewards. Some brought 'gifts in kind' – including two goats, three chickens and an assortment of produce. The chickens were trussed and couldn't move about (much!) and the goats were tethered to a window bar behind the Bishop's chair where they proceeded to do what goats do. Nobody seemed the least put out by this and a few minutes later one of the choir ladies appeared with small brush and pan to clear up. At the end they were brought across to the front of the church and auctioned for cash. This gave rise to considerable merriment all round!

We returned from our visit with much to reflect on and thank God for – and much to share with our friends at home. Hopefully the link between our two churches can continue to flourish and be a source of much prayer and mutual encouragement as we both seek to serve our one Lord in our very different situations.

Ian Elliott

We had taken with us a gift of £500 from All Saints, Orton, which became 2½ million Ugandan shillings; the church council told us later they planned to spend this on a new Holy Table as the one from the old church was too small - the new one would be a permanent reminder of the link between our two churches.



ORTON C of E SCHOOL NEWS

Sports Hall Athletics

On Thursday November 26th, some of Orton School went to an athletics competition at Appleby Grammar School. It was great fun and everyone performed really well. Although we came 8th, we tried our hardest and did really well. These are some of the events: standing triple jump, chest pass, vertical jump, relay race, obstacle relay and the foam javelin. **By Reuben and Josh**

Circus man “Stu”

A circus man named “Stu” has visited us for a fun day. Children from classes 1 and 3 have said he is, amazing, exceptional and great fun. These are some of the things he did; he balanced a chair on his chin, juggled bananas, balanced peacock feathers on his hand and he had black and white clown shoes. **By Anna and Kayleigh**

Bowes Museum

On Tuesday the 8th of December, class 3 and 4 went to Bowes Museum. We saw all the brilliant art work but there were lots of other things apart from pictures such as a shotgun, a rat etc. Also we saw the famous silver swan which is made totally out of silver. It could eat a silver fish although swans are actually herbivores. We all joined in with a workshop about landscapes and painted our own version of a landscape painting. Some of us also went to the gift shop and bought some souvenirs. Overall everyone had an awesome time.

By Tom and Rowan.

Christmas Pram Service

The pram service was on the 9th of December.

These are some of the comments from class one:

Lilly-Grace: We read a story about Jesus.

Owen: We went to Church and some people call it ‘God’s House’.

Finn: It was great fun and at the end we had a big feast.

Jake: We had a big feast it was yummy.

Ella : We made Christmas cards and they had pictures of God on them

Ewan: We decorated the Christmas tree and one bauble smashed.

Mrs Woodmass said that on the way back from church it was a bit wet but they were all okay because they had their high-vis jackets on.

By William and Angelique

School Performance—Straw and Order

On the 11th of December Orton C of E School performed an amazingly, brilliant school play. The teachers were hilarious; they were sheep! Joseph and Mary had to go to Bethlehem to get a room at an INN because they had to take part in an important census! Cows and donkeys were shocked in the presence of this tiny baby and they at last realised the peace and love that he had brought to the world!

By Clemency and Rueben

CAROL SINGNG

On the 2nd and the 4th of December, Orton School’s choir sang at B&Q and Westmorland Services (northbound.) Many generous people put money in the bucket and altogether we raised £183. We would like to thank Jill Bawden for helping arrange the singing at B&Q and to FoOS for helping transport us.

By Jenny and Ali

School Performance DVDs

On Wednesday the 9th of December, we had our dress rehearsal of ‘Straw and Order’ but with a twist—Mr Chappell came to film us for our very own DVD. It was a bit scary being filmed by a giant camera but that wasn’t all, there was a lot of really bright lights. We have had a sneak peak at the DVD and it is really cool.

By Eilidh and Sarah

Christmas Stories

We wrote some amazing Christmas stories which are on display at Westmorland Services. We were very proud of them and our teachers were impressed as well. We took a few days, planning, editing and writing them. We wrote some very creative stories about; snowmen coming to life, Santa being kidnapped and Santa Trials. You can go and read them for yourself at the Services.

By Frank and Fergus

Local Donations

- 1. Flood Victims:** Monies sent for the flood victims in Cumbria from Orton and Tebay amounted to **£1,675**. The actual figures are:-
 - £152 from Tebay School Christmas Concert
 - £323 from the buckets in Orton Church and Orton Market Hall during the December Farmers' Market
 - £170 from the Christmas Tree Festival in Tebay Methodist Church
 - £530 donations from people viewing the Nativity Exhibition at Orton Methodist Church
 - £500 as a donation from All Saints' PCC, Orton.
- 2. Children's Society:** The money given at the Christingle service at All Saints' Church, Orton, and the share of the money raised during carol singing in Orton on Christmas Eve, meant that we were able to send **£510** to the Children's Society. The money donated at Tebay's Christingle Service for the Children's Society was **£120**.
- 3. Syrian Refugees:** At All Saints' Church Carols by Candlelight Service **£220** was given for Christian Aid's work among Syrian refugees.

We thank everyone for their generosity.

All Saints' Church, Orton Annual Exhibition - 28th, 29th & 30th May

Theme - DISCOVERY AND EXPLORATION

In the last issue of The Link a preliminary notice appeared about the above. Interest has been shown and I would urge everyone to think about taking part in the three day exhibition.

Have you read books of discovery and exploration? - bring them along.

We live in a particularly interesting village with old and modern properties. Have you discovered something of interest about your little corner that you would like to share?

Are you a member of an organisation others would like to discover? While on holiday or nearby did you explore a particularly lovely place or building? You may have just a single large or tiny object that you discovered and would like to put in the "Cave of Discovery"

If you have ideas of how to portray a famous explorer or scientist? Please come along and have a go. If you are not sure about your idea then speak to any church member or telephone me. There are lots of jobs to tackle of the weekend so please join in.

Angela Milburn - 015396 24382.

Greenholme Show Ceilidh

The Dashing White Sargent was an honoured guest at a Ceilidh in Orton Market Hall on the evening of Friday 20th November. Gay Gordon was on the door and the Duke of Perth organised the raffle!!!

The Eden Valley Band played and Chris Bland led us all a merry dance but a good time was had by all. The novices in the hall were gratefully corrected by more experienced feet in a Circassian Circle and a Strip the Willow to name but a few. The cold outside was banished by happy dancers and fabulous live music.

The dance was organised to raise money to support Greenholme Agricultural Show and the committee would like to thank Chris Bland, The Eden Valley Band and everyone who supported the evening. Thank you.

PRAYER TIME AGAIN !



Because we believe God hears and answers our prayers, we'll be meeting in The Hub at St James' Church, Tebay, on Tuesdays in February, 7.30 to 8.30 pm.

All welcome!

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **Link!**

Record-breaking weather

I thought, after the unprecedented weather we have experienced, it would be interesting to compare it with what has previously been recorded. I therefore got in touch with Kevin Howarth of the Environment Agency who very kindly agreed to provide me with the daily rainfall figures for the past year. I now have a complete record of the daily rainfall figures recorded from rain gauges situated in the field opposite 'Shallowford', East Road, Orton, which were supplied by the Environment Agency under the guidance of the Meteorological Office in 1967.

As you are already aware 2015 has been a record year for rainfall in many parts of the country and Orton is no exception. During the year 2,307.8 mm (90.9 inches) of rain fell on the village, which is **ten** inches more than the previous record – 2,043.4 mm (80.6 inches) measured in 2000. Other very wet years were 1967, 2008, 2009, 2011 and 2012, all of which had over 1,900 mm (75 inches).

The average annual rainfall from 1967 to 2007 was 1,642.4 mm (64.7 inches), but with heavier downpours over more recent years the trend is for the average to increase.

December 2015 saw the heaviest downpour of rain in any single month since I started recording in 1967, with 704.0 mm (27.7 inches) falling. This was 200 mm (8 inches) more than the previous monthly record of 504.4 mm (19.7 inches) in November 2009. In stark contrast only 33.5 mm

(1.3 inches) was record in December 2009!

Saturday 5th December 2015 was the wettest single day of rain recorded at Orton since the beginning of 1967, and probably a long time before that too: 137.6 mm (5.4 inches). The wettest day before the 5th December 2015 was 7th January 2005 when 114.0 mm (4.6 inches) fell. Over a period of three days – 3rd, 4th and 5th December 2015 – 262.2 mm (10.3 inches) of rain fell on us, and this was the weekend when Kendal, Appleby, Carlisle, Keswick, Cockermouth, Glenridding etc. were all badly flooded.

There was measurable rainfall (0.2 mm or more) recorded on 51 consecutive days from 3rd November to 23rd December 2015, and from 26th October 2015 to the present day there have been only **two dry days**.

Now, just to cheer you up! The lowest annual rainfall recorded was in 1996 with just 1.017 mm (39.7 inches), closely followed by 1971 and 1973 with less than 1,100 mm. The lowest monthly total was recorded in May 1991 with a mere 8.6 mm (0.3 of an inch).

I hope you have found these statistics as fascinating as I have.

I am very relieved to say that 'IT' (the wet stuff falling from above) all went quickly past 'Shallowford' and on to Tebay and Lancaster!

John Falshaw

AN EVENING OF INSPIRATION WITH HOUSE OF COLOUR

Penny Elger from HoC will do a short presentation on the impact of colour and how to accessorise. This is not one to be missed.

**Tuesday 15th March at 7.30pm
at Orton Market Hall**

**Entrance £2 or bring a friend and both get in for free.
Includes refreshments. Cake donations welcome**

**Please bring up to 5 good quality accessories
that you no longer need, wear or want,
and swap for something else.**

**E.g. Jewellery, bags, belts, scarves, etc. including
unwanted Christmas presents e.g. toiletries.
£2 per swap.**

**Look good and feel fabulous with the award
winning beauty brands brought to you by
Amanda Green from myshowcase.
Makeovers and more available.**

**Funds raised will go to the British Heart Foundation -
Mending Broken Hearts Fund.
Contact Karen Bell on 015396 24704 or 07891 122129
for further information**

Maulds Meaburn Village Institute

**An illustrated talk
on Friday, 12th February 2016 at 7.30pm**

'The Carbon Cycle: Crossing the Great Divide'

Kate Rawles cycled 4,553 miles from Texas to Alaska, following the Rockies as closely as possible, and exploring North American attitudes to climate change. Starting in a desert, ending with glaciers and crossing high mountain passes, **Kate's** encounters include fantastic wildlife and a wide range of people and views.

Tickets: £6 (£4 for under 18s)
On the door and from Maureen 01931 715 370
or on mmvi.org.co.uk



**The Formby
Footprints**
*Tracks of prehistoric
people in the sands*

**Jamie Lund of National Trust
Monday 8th February
Tebay Methodist Chapel, 7.30
Non-members welcome £3**

The Filling Station

The Filling Station is a new, informal way of expressing the Christian faith - a vehicle for bringing Christian renewal and evangelism to the UK. Using monthly mid-week evening 'celebration' meetings held around the country, Christian communities grow in depth and numbers where a Filling Station has been opened. They offer high quality speakers, sung worship, prayer ministry, and personal testimonies.



NEXT MEETING: Thursday 11th Feb, at the Appleby Hub, Chapel St. Speaker - Archdeacon Kevin Roberts

Our Biblical mandate is from Psalm 114: 8 'Who turned the rock into a pool, the hard rock into springs of water.'

<http://www.thefillingstation.org.uk>

Cumbria Wildlife Trust Upper Eden Support Group Spring 2016 Programme

Monday 1st February , 2.30pm–4.30pm

Farming and Wildlife

Robert Warburton, a local farmer, will tell us how successful farming can be combined with prospering wildlife.

Cost: Recommended donation £3.00 for adults (includes refreshments)

Where: The Friends Meeting House, Kirkby Stephen

Monday 7th March, 2.30pm–4.30pm

The Lake District and its Birds

Alan Stanford of the RSPB will give an illustrated talk about the magnificent scenery of the Lake District and its birdlife.

Cost: Recommended donation £3.00 for adults (includes refreshments)

Where: The Friends Meeting House, Kirkby Stephen

Orton & Tebay Local History Society

Unusual Job Titles and their Descriptions from the Past

Every month we will bring you different jobs starting with different letters of the alphabet.

Jobs beginning with "D"

Danter - A woman working in the textile industry who supervised the silk winding room.

Decimer – The person who represented householders at a Court Leet

Delaine Weaver – Wove fabric for female clothing

Depater – A refiner who worked with precious metal

Women's World Day of Prayer Friday 4th March 6.30 pm

Prepared by Christian women of Cuba
at St James Church Hub, Tebay

ALL ARE WELCOME!

Passionate about children and young people in your community?

niscu
Northern Inter Schools Christian Union

Come for a coffee - Join us in prayer.

We'd like to share with you what we are doing in the local schools and hear what else is going on.

Wed 3rd Feb. 10-11.30am

47 Fletcher Hill Park, Kirkby Stephen

Orton & Tebay Local History Society

Thursday 18th February :
"Cumbrian Dialect" with Jean Scott-Smith.
7.30 p.m. at Orton Methodist Church

Thursday 17th March:
"Cumbria County History" update from Wendy Higgins, and Annual Reports
7.30 p.m. at Tebay Methodist Church

Visitors always welcome - £2.50

The Old Courthouse, Shap

Opening Times:

Mondays	1100 – 1400
Tuesdays	1400 – 1700
Wednesdays	1100 – 1400
Fridays	1400 – 1900
Saturdays	1000 - 1200

February/March, Weekly

Wednesdays – Library Link open 1100 -1400.

NatWest Bank Bus in the forecourt **1245 – 1345.**

Fridays 1400 – 1600 Cuppa & Company – call in for a chat and refreshments

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in *Link*!

Fairy Tales for Grown Ups

The Grateful and the Dead

highlights

rural touring scheme

World renowned for his playful performances, Crick Crack Club member and storyteller, Ben Haggarty, will be at Orton Market Hall on Thursday 11th February with a fairy tale for grown ups (or, at least, anyone over 12 years of age).

The Grateful and the Dead is a dark, beautiful and startling story, telling of dreams, initiations and the repayment of debts. Ben Haggarty will perform his story with charm and ease – fierce, fast and unashamedly magical. This will be an unusual Highlights event for Orton but previous visits by professional storytellers have created a great atmosphere and provided plenty of entertainment and food for thought.

“Ben is well known across the country and there’s a strong tradition of storytelling in and around Eden,” says Sally Seed, the volunteer Highlights promoter at Orton, “so we’re hoping that the storytelling enthusiasts will be out to hear Ben first hand and anyone who is intrigued by the idea of fairy tales for grown ups will give this a try and find out more for themselves.”

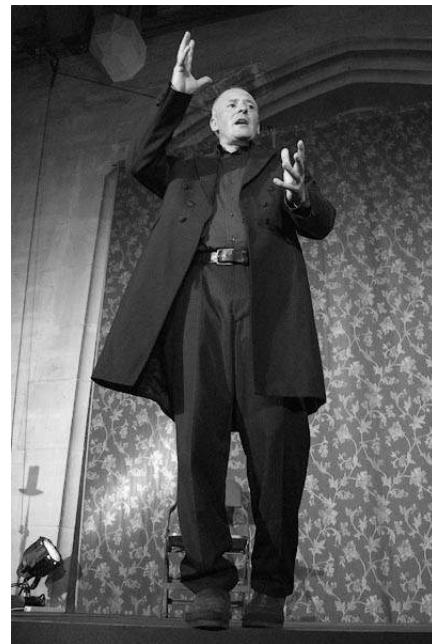
LISTINGS INFORMATION

Date/ Time: Thursday 11 February, 7.30pm (doors open at 7pm)

Venue: Orton Market Hall

Tickets: £9, children £5 and family ticket £20

Bookings: Tickets are available from Orton Village Store, on 015396 24732, via sally.seed@btconnect.com or online at www.highlightsnorth.co.uk



The full Highlights brochure includes details of events and performances at other local venues such as Soulby, Shap and Crosby Ravensworth. There are copies in the Market Hall display shelves and also at Orton Village Store.

Box of Tricks Theatre Company presents

‘Chip Shop Chips’

at Shap Memorial Hall, Sunday 28th February at 7.00pm

Telling the funny and nostalgic tale of two interwoven love stories and celebrating the nation’s favourite food, *Chip Shop Chips* is an immersive love story set in a chippy. Audiences are invited to put on their dancing shoes, tuck into a fish supper and enjoy a unique theatrical experience.

“How could we not bring this performance to Shap? – home of the award winning ‘Shap Chippy’ who will be providing the food for the event”. **Ticket Price for ‘Chip Shop Chips’ £12.50 (includes food, 48 hrs pre-booking essential)**

A meat or vegetarian option is available but any preference must be stated at the time of booking.

Tickets are strictly limited. Tel 01931 716273

highlights

rural touring scheme

BREAKFAST CLUB - PLAY-LEADER

ORTON AFTER SCHOOL CLUB

To have experience working with 3 – 11 year olds,

Minimum requirement NVQ – Level 3 in child care or equivalent

To Start After the Easter Holiday (11th April)

HOURS – 7.45am – 8.45am 5 DAYS A WEEK, (DEPENDENT ON NUMBERS)

Enquiries to - Headteacher– Kate Arnold

Contact Telephone – 015396 24268 admin@orton.cumbria.sch.uk

Ravenstonedale

Forthcoming events

February 2016

Thursday, 11th February

Bible Discussion Group, led by Fran Parkinson
Manor House, Ravenstonedale
7.30.pm All welcome.

Wednesday, 17th February

Ravenstonedale Parish History Group
Speaker: Prof Ian Carradice
Recent Treasures from Cumbria
High Chapel Heritage
& Community Centre
7.30pm. All welcome.

Thursday, 11th February

Manor House, Ravenstonedale

7.30pm

Bible Discussion Group

Led by Fran Parkinson

*It is a friendly, informal and informative
discussion for anybody who is interested in
the topic of the Christian faith
(or lack of it).*

You are all most welcome

The Carols in the Pub evening

at the Black Swan on Dec 1st

raised over £140.00 for the

*Smile for a Child charity based in
Barnard Castle.*

*Our grateful thanks to all of you
who came along to support us
and to all those who helped in
any way to make it a
successful and enjoyable evening.*

Tatie Pie Supper

Newbiggin-on-Lune Public Hall

Saturday 27th February

at 7-30pm

Admission:

Adults £8-00

Children £3-00

Followed by Dominoes and Raffle

Bible Discussion Group

I have heard it said that, as Christians, we don't worship God because He needs it, but rather that we worship Him because **we** need it! Worship is the means by which our lives begin to make sense.

Whether we take part in church services, or worship God on a hilltop, we are reminded again of His greatness and our humanity. In the same way, I study the Bible to search for understanding, not just of who God is, but of why He created me and what He has done to show His love for me.

Every month a number of us get together to discuss spiritual and practical issues in what we call the 'Bible Discussion Group'. As the advert says, *it is a friendly and informal discussion for anybody who is interested in the topic of faith, or lack of it!* Because the truth is, we are all journeying together and hoping to understand what the journey is for and where it might be taking us.

Our aim isn't necessarily to find all the answers; rather we seek truth together, with the Bible as our guide book. I trust the word of God, not just because of what it says but because of WHO it is that is saying it. It is, and always has been, God's incredible revelation of Himself.

Fran Parkinson

PARISH REGISTERS

Baptism

The Baptism of David John, son of Mark and Sonia Curr, took place on Sunday, 6th December 2015 at St Oswald's Church, Ravenstonedale.

Funeral

The funeral of Edna Wilson took place on 5th January 2016 at St Oswald's Church, Ravenstonedale

Archdeacon Kevin appointed new director of Christian charity ReSource

The Archdeacon of Carlisle, the Ven. Kevin Roberts, has been appointed the new Director of the Christian charity ReSource.

ReSource, whose offices are based in the city of Wells in Somerset, is committed to help build a church which is diverse, local, renewed in the Spirit and effective in mission.

It means that Archdeacon Kevin – who came to his post in the Diocese of Carlisle in 2009 - will leave Cumbria at the end of March.

He said: "I felt called to the position of Archdeacon after 25 years in parish ministry and with a passion for supporting my fellow clergy in their front line roles.

"It's been a privilege to work with so many of them during the seven years I have been here as well as with so many Churchwardens whom I have great respect for as their leadership roles continue to grow.

"I have also very much enjoyed being a part of the Bishop's Senior Leadership team, particularly at a time when the diocese has placed such an emphasis on mission and discipleship being at the heart of what we must be about."

Archdeacon Kevin comes to his new role after spending two years as a trustee of ReSource as well as leading five 'Rooted in Jesus' trips to Zambia, Burundi and Rwanda, organised by the charity, which seek to build discipleship in Africa.

ReSource was formed in 2003 and was commissioned the following year by the then Archbishop of Canterbury, Dr Rowan Williams. Its patron is the Archbishop of York, Dr John Sentamu.

"I want to build on the wonderful work begun by previous directors," added Archdeacon Kevin. "The foundations are strong and firm on which to build for the future and there will be much prayer and conversation in order for us all to discern what the Holy Spirit wants of ReSource in the years to come. It will be a privilege to lead the team and to build on the work that has gone before in order that we can look to broaden our reach.

"I believe that ReSource has a unique contribution to make to the Church. Our commitment is to serve the national and local leadership of churches of all denominations and to encourage a deeper engagement with God the Holy Spirit, as the source of our new life in Christ and as the inspiration for our mission."

The Ven. David Picken, Chair of Trustees for ReSource,

said: "I know that we have in Kevin a leader who is passionate about encouraging people to know the renewing power of the Holy Spirit in their lives and in their churches."



Kevin's wife, Anne, who is currently a hospital chaplain at Carlisle's Cumberland Infirmary, has been appointed the Palace Pastor for the Bishop of Bath and Wells.

Her part-time role will see her support all the staff who live and work at the Bishop's Palace as well as exploring how the palace and gardens can be interpreted spiritually.

The Bishop of Carlisle, the Rt Rev'd James Newcome, said: "Kevin has been a tremendously hardworking, faithful and supportive friend and colleague in all the years that we have worked together.

"He has always demonstrated tremendous commitment to the diocesan vision to grow disciples and has been a wonderful support to clergy in his Archdeaconry, as well as an inspirational Chair of the Diocesan Board of Education.

"As the Church of England's lead bishop on healthcare issues, I know only too well how vitally important the work of hospital chaplains is for all those who are served by and work in our health services.

"Anne has done tremendous work since she came to Cumbria, first as Healing Advisor for the diocese, as temporary Diocesan Director of Ordinands and latterly as hospital chaplain.

"God is leading both Kevin and Anne into a wonderful new chapter in their lives; one which will continue to allow them to live out their tremendous faith together. They will go with our deepest gratitude, best wishes and continued prayers."

NORTH WESTMORLAND ARTS

2015-2016 Concert Season

**All concerts in Appleby Public Hall at 7:30pm. £12 at the door.
Discounted subscription for all 5 concerts £45.**

Sun 21st Feb: TRIO ISIMSIZ (violin, cello and piano)
Sun 13th Mar: CHAMBER PHILHARMONIC EUROPE

www.appleby-concerts.org.uk

E-mail: enquiries@appleby-concerts.org.uk **Tel:** 017684 83777
Supported by Westmorland Arts Trust and The Hadfield Trust

Newbiggin-on-Lune

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information phone **Andrea** on **23033**

Monthly Lunch Club

On the first Tuesday of each month, until April 2016. From 12 noon, lunch costs £5 for soup, pudding and cup of tea.

Coffee and Chat

The church will be open every Tuesday morning. You are welcome to pop in between 10 and 12 for coffee, cake and chat.

We would love to see you every week or just once in a while.
It's good to get together.

Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term time)
9.30am - 11.00am

in the Methodist Chapel Schoolroom
Toys and Activities for children under 5
Children over 6 months £1.50
(includes refreshments)

For more details contact

Chairperson : Frances on 01568 371669

Treasurer : Gill on 015396 26055

LUNE LADIES PROGRAMME **SPRING 2016**

February 3rd: Visit by Sandra Parker, the artist from Kirkby Stephen

March 2nd: 'Silver Forge' Jewellery

April 6th: Talk by David Williams: 'Up the Amazon'

Newbiggin Village Hall, 7.30 p.m.

Indoor Bowls evenings

Friday night is bowls night

at Newbiggin-on-Lune Village Hall

You don't need a partner.....

7.30pm start - £2.00p per night.

Why don't you join us? For any further information please ring Joyce Allison on 017683 72990

Ravenstonedale Folk Dance Club

Newbiggin on Lune Village Hall

on Thursdays at 7.45pm

No experience necessary,

everyone made very welcome. £2 per night.

For more details 015396 24258.

Upper Eden First Responders

December Lottery Winners

- 1 Claire Hamer, Ravenstonedale
- 2 Jane Scott, Kirkby Stephen
- 3 Helen Staley, Ravenstonedale

January Lottery Winners

- 1 Susannah Kenyon, Winton
- 2 Margaret Albon, Kirkby Stephen
- 3 Arthur and Vivienne Littlefair, Kirkby Stephen

For information contact mtyoung@btopenworld.com

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Anne Capstick Tel: 015396 23447

Secretary : Marion Law Tel: 015396 23409

Treasurer : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

**All bookings should be made with the Caretaker
All payments to the Treasurer.**

**Are you interested in
Sewing/ knitting/ quilting/
sharing skills and chat ?
Please ring Ann Wappett on
015396 23565**

TDS

Tiling & Decorating Services
General DIY and Building
Maintenance

30 plus years experience
Excellent references

Dave Pickersgill
ORTON

TEL 015396 24810
MOB 07931 277115

EDWARD JEFFREY ART

Wanted:

Artwork by my great grandfather,
Edward Jeffrey, a Lakeland artist
who lived for many years in
Ravenstonedale and specialised in
painting landscapes and birds.

Top prices paid.
Please contact Guy on
0773 987 1973

Liam Kelly

Fast Local and Reliable



22 Guldrey Lane
Sedbergh
LA10 5DS

T: 015396 34223
M: 07531 589581

E: liamkelly@lkcomputerservices.co.uk

LK's Computer Services
www.lkcomputerservices.co.uk

- Computer Setup
- System builds
- Data Recovery
- Password Recovery
- Upgrades
- Laptops
- Advice or help with anything

W DAWSON & SON LTD.

SEDBERGH: 015396 20210

**Bulk Feed Collections
Bagged Feed**

www.dawsonsofsedbergh.co.uk

**Coal & Smokeless Fuels
Kiln Dried & Hardwood Logs**

office@dawsonsofsedbergh.co.uk



**Worried
about a
friend or
family member?
We can provide
help at the touch of a
button**



ECA's care alarm service can help
you to feel safe in your own home
and maintain your independence
Our Emergency Response Service
is available

24 hours a day 365 days a year
call us on 01768 890657

email: eca.admin@btconnect.com
web: www.ecalarms.com

Eden Community Alarms,
12 St Andrews Churchyard, Penrith
Registered Charity No 1087503
Company Registration No: 4157043

STEVEN (WOODY) HODGSON

TREE SURGERY ~ MINI DIGGER HIRE STUMP GRINDING.

Garden clearance
Mulch/woodchip supplied

Grass Cutting
Hedge Trimming.

NPTC Certificated

Public Insurance

Tel: 015396 24522

Mobile 07756 930285

CUMBRIA CLASSIC COACHES



WINTER TIMETABLE 2015

YOUR LOCAL BUS SERVICE

Tel: 015396 23254

Bowber Head, Ravenstonedale
Cumbria CA17 4NL

Also Hail & Ride Service
Price: Max adult fare - £12.00 return
- £8.00 single.

Bus pass holders FREE.
Children half price, family discounts given.
CumbriaClassicCoaches.co.uk

Mei Brown



**LADY INTERIOR PAINTER
& DECORATOR**

MOB: (0743 4174155

TEL: 01539 626121

MONDAY ROUTE 571: R'dale to Kendal

OUTWARD RETURN

Ravenstonedale School	10.43	15.44	Garshill
Newbiggin on Lune village hall	10.48	15.40	on A685
Junction 38, Tebay	11.00/11.15		
Mount Pleasant bus stop, Tebay	11.18	15.26	
Barnaby Rudge bus stop, Tebay	11.20	15.27	
Grayrigg	11.34	15.10	
Kendal Morrisons bus stop	11.45	15.00	
Stricklandgate	11.51		
Blackhall Road	11.55	14.55	
Morrisons layover 1.30 hours depart	13.15		
Blackhall Road layover 1.45 hours			

NEW KENDAL ROUTE

WEDNESDAY ROUTE 572: Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

J N & E Capstick **INSURANCE CONSULTANTS**

A local company small enough to care, but big enough to compete
Farm, Home and Motor Insurance

Market Square, Kirkby Stephen CA17 4QT. Tel. 017683 72285 –
36 Main Street, Sedbergh, LA10 5BP. Tel. 015396 20124
Email: sales@capstickinsurance.co.uk www.capstickinsurance.co.uk

J N & E Capstick Insurance Consultants are authorised
and regulated by the Financial Conduct Authority

LAKES **Scaffolding**

**Hire, Sales
& Erection**

**Commercial
& Domestic**

**No Job Too Big
No Job Too Small**

**Free Estimates with
No Obligations**

SIMON SHAW

Based in Kendal - covering Cumbria

Tel: 015396 24199
Mob: 07917 064767

info@lakes-scaffolding.co.uk
www.lakes-scaffolding.co.uk



Need Heating Oil?



Craggs
energy

**015242
20500**

Order online 24/7 www.craggsenergy.co.uk

Weasdale Nurseries Ltd Newbiggin on Lune CA17 4LX

- 40 acres of nursery just around the corner from you
- Hedge plants, ornamental trees and conifers
- Fruit trees, native trees, shrubs and forest trees
- Firewood £35/dumpy bag and kindling from £3.00/bag delivered to your door with our crane-equipped pickup

015396 23246

In the Frame for

Picture framing and giclee printing

The Old Post Office, Kirkby Stephen
www.cumbria-framing.co.uk 017683 72661
open Mon-Fri 0930-1530.

Oliver Higginbotham
FARM AND GARDEN CONTRACTOR

TREE SERVICES

Tree Surgery
Tree Felling, Planting & Advice
07904 698 794 / 015396 21073
treeservices.fgc@gmail.com
www.treeservicesfgc.co.uk

Qualified and insured Tree Surgeon

KENNEDY'S FINE CHOCOLATES

THE ORTON CHOCOLATE FACTORY
FACTORY SHOP & COFFEE HOUSE
+ MAIL ORDER SERVICE AVAILABLE +
Our factory shop is well stocked with our large
range of chocolates, chocolate bars and
chocolate novelties.

Delicious Homemade Ice Creams
Speciality fudges, jams, cookies & chutneys,
greeting cards & gifts
Our Coffee House serves light refreshments
with home baked scones, cakes
and homemade soups.

OPEN: MONDAYS TO SATURDAYS
9AM TO 5PM
SUNDAYS & PUBLIC HOLIDAYS
10AM TO 5PM
(Coffee House closes 30 minutes
before shop closes.)

www.kennedys-chocolates.co.uk
Tel: 01539 624 781 The Old School
Orton PENRITH CA10 3RU

SPAR Grocery Store
Kirkby Stephen
01768 371353

OPEN

Mon-Sat 8am – 10.30pm
Sunday 9am – 10.30pm
Rent a dvd - log onto
www.rentithere.co.uk

farfieldmill

arts & heritage, sedbergh

Garsdale Rd, Sedbergh LA10 5LW
015396 21958 www.farfieldmill.org

OPEN EVERY DAY - 10.30am to 4.30pm

**International
Patchwork
Exhibition**

43 artists
16 Nationalities
Farfield Mill
is the only
UK venue



Workshops in February
Overshot Weaving - Jan Beadle 23.2.16
Come & make a scarf or a runner!

WEAVERS CAFE daily 10.30 - 4.30
Delicious Home Baking,
Daily Specials, . .
Tel: 015396 21159 to book your table



Driving Instructor

Car, trailer and minibus
Free trial lesson
Learn to drive in a week !
Vouchers available

Ian Simpson

015396 26003 -
07878 068597



PETER TAYLOR JOINER & CARPENTER

Kitchens, Latch doors, repairs, Fitted
Wardrobes. Pine & Oak Floors.
Sash Windows, repaired,
re-corded, Double Glazed.
Window Shutters. Also Gazebos,
Pergolas, Summer Houses, Bird houses,
Dovecotes and Garden Furniture made
and more.

Tel: 015396 23234



Keith Pratt
Building and Roofing



Contractor
Slate repairs, plastering, gutters
cleaned and maintained.
For a free quote call -
Mobile 07891 662567
Home 015396 23473

The George Hotel (Orton) 015396 26046

SAT 13TH FEB - Hypnotist John Pennman

Start 9.30pm. Tickets £5.00 in aid of Air Ambulance and
Larch D Cancer unit, Carlisle Hospital
(dress code is a flat cap)

Sun 14th Feb - Valentine's Night Offer

Any starter & main course & get a pudding free £15.95pp.
Booking essential 6pm to 8.30pm

Every Friday in Feb: Steak Night

Get 2 x 10oz sirloin steaks for £20 with Darron's homemade
chips, creamy mushroom sauce and salad 6.00pm to 8.30pm

Sat 6th & Sat 20th Special Fish Menu: 6pm to 8.30pm

See specials board for selection available (g/free options)

WHISKY TASTING

Get 5 shots of whisky for £10.00 in February
(includes Tullamore Dew, Jura, Highland Park, Balvenie,
Tobermory, Isle of Skye, Glen Moray, Bushmills, BNJ,
Glenfiddich)

Natural Health & Beauty

Eternity Skincare
& Perfection Make-Up
Uses natural but effective
ingredients
The formulas work with your
skin making it blemish free and
healthy
Every product has been
clinically and dermatologically
tested

For further information or
ordering online go to
mandydavies5@mail.com
Or To Try These Products In
The Comfort Of Your Own
Home

**Call Mandy on: 07919
340466**

KAREN WEST MUSIC

Music Education, Performance, and
Community Arts Development

**Private lessons in Singing,
Piano and Music Theory**

**Professional Performance for Special
Events**

Management of Community Arts Events

Eden Gate, Warcop, Appleby CA16 6PL
Contact Karen West: Mob 07974 759136,

Email: karenwestmusic@yahoo.co.uk

LOGS

Dry Seasoned Hardwood
Large and small loads
(Softwood available)

Email: oliverhigginbotham@gmail.com

07904 698 794
015396 21073

A. R. MASON

Fire Security & Electrical Contractors
NICEIC approved

Fire Alarms Portable Appliance Testing
Security Alarms Re-wires (Domestic, Commercial, Agricultural)
Emergency Lighting Electrical inspection and testing

Tel 015396 24078

Mobile 07879 891119

KENT VALLEY WINDOWS & GLAZING

Andrew Williams

Replacement uPVC and Timber Windows & Doors
Clouded Double Glazed Units Replaced

****NEW PRODUCT****

"SUPERLITE" Conservatory Roof

Why not convert your glass or polycarbonate roof to a eco tiled or eco slate roof and use your conservatory all year round!

Phone for free no obligation quotation.

Tel: 01539 725655

Mobile : 07909 948 669

Perdu Puzzles for

Laser cutting for craftwork & modelmaking
Photo engraving Jigsaws a speciality

The Old Post Office, Kirkby Stephen

www.perdupuzzles.co.uk 017683 72661

open Mon-Fri 0930-1530.

Absolute Beauty

Kirkby Stephen

*For all your beauty needs
including massage, facials, nails,
minx toes, ear piercing
and so much more*

*For appointments please call
017683 72917*

Electric bikes Cycling made easier

Gives you help when you need it
Uphill – Getting home – Long range
Get fit – Keep fit – Leave the car at home.
Great addition to a motor home or
Caravan. Find out what they can do for
you and **try one.**

www.eden-e-motion.co.uk

Local authorised dealers for

Freego, Batribike and SEV.

07483 901529

Joe Sylva Eco Arboriculture

Professional tree care.
Garden Maintenance
Pesticide spraying

Hedge Laying
Hedge trim-
ming

Stump grinding
Woodchip

Hedge trim-

Mini-digger
firewood



Sylva —
Latin / Silva

From

meaning wood

Sylvan *adj* Pertaining to or
of the tree or wood or
Woodland

Adj—Sylvatic, Sylvaculture

-n- A wood god

-n- Sylviculture--Forestry.

Woodland management

joesylvaeco@gmail.com **07946 421776**

CLIVE WALLACE CBE DipNSC
Piano Tuner & Technician



Covering the Eden Valley & surrounding areas

Tel 07816 456820

PETRIE
DESIGN



ARCHITECTURAL
DESIGN SERVICES
TRADITIONAL CRAFTING
& DELIVERY OF
SUSTAINABLE BUILDING
PROJECTS TO SITES
IN CUMBRIA

TEL: 01539 728458

WWW.PETRIEDESIGNLTD.CO.UK

ANDREW BAWDEN

Professional

PAINTER & DECORATOR

Exterior/interior DIY
Coving, shelving etc

Excellent refs: fully insured

TEL: 015396 24366

Kendal and Sedbergh Osteopaths

DAPHNE JACKSON MSc (Ost) DO,

**DENNIS DONNELLY DO
REGISTERED OSTEOPATHS**

Mill Barn, Broad Raine, Killington, Sedbergh, CA10 5EP

For appointments please ring Kendal Practice 01539 740452



**The Fat Lamb
Crossbank
Ravenstonedale
Cumbria CA17 4LL
T: 015396 23242**

*We are open daily for morning coffee,
lunch and evening meals.*

*Beautiful country circular walks from our
doorstep, or enjoy our fantastic 11-acre*

Nature Reserve and beer garden.

*At warm, friendly and relaxing atmosphere
always awaits you*



Visit our Showroom at
14 Appleby Road, Kendal, LA9 6ES
Tel.01539 722838
Email: info@parkinandjackson.co.uk
Www.parkinandjackson.co.uk

New Memorials 2nd Inscriptions

Repaints, Renovations Home visits available

Contact **KEVIN BATEMAN**

STONEDALE PROPERTY MAINTENANCE

General building work
Bathrooms & kitchens
Painting, Plastering & Tiling
Damp & timber treatment

015396 23291
Mob: 07791 965359

Email stonedale@fsmail.net



SIGNMAKING BY STEPHEN & ALISON MORRISS

BOWBER HEAD
RAVENSTONEDALE
015396 23463

www.raven-graphics.co.uk

GLYN JONES

Funeral director

24 hour personal service

Chosen Heritage Nominated

Funeral Director

12 Battlebarrow,
Appleby-in-Westmorland

Telephone:- 01768 351569



Mike Addison FBDO CL OPTICIAN

Now at SHAP HEALTH CENTRE, clinics
on alternate Tuesdays . Over 60s & under
16s receive **FREE SIGHT
TEST**. Professional, friendly service by
qualified local Opticians. Excellent range of
spectacles from economy to designer. Call
017683 53199. The Shire Hall, The Sands,
Appleby, CA16 6XN.

RUXTONS FUNERAL SERVICE

SAIF, BIFD, BIE, DipFD

Incorporating the funeral business of
STAN BROCKBANK

1 Wildman St., Kendal LA9 6EN
01539 722299

24 hour service Private Chapel

Orthopaedic Massage Orthotics Kinesio Taping Back/neck pain Sciatica

**Sports injuries
Shoulder, hip or knee pain...**

www.reflex-om.com

015396 24871



PAINTING SERVICES

No job too big or too small!

ANDY WILSON

015396 24071

Or

07813 846768

Experienced, loving care and peace of mind

Doggie
Day
Care



Home
Pet
Boarding

Location close
To A66

(Licensed by Council)

Please call

07486 109101

Dave's Handyman Services

"Border Collie Regd"

Semi skilled in all aspects of DIY
Property Maintenance

Exterior, Interior Painting
Kitchens, Bathrooms regouted

Discounts for OAPs

VAT Exempt

Tel 015396 24509

LAKELAND LOG STORES

Quality Oak Storage Solutions at amazing prices!

Handmade Oak Log Stores & Storage Solutions for your garden, that will enhance the smallest garden to the grandest grounds.

www.lakelandlogstores.com

Email: lakelandlogstores@gmail.com

Contact Phil - 0778 848 6449

STOBARS HALL, CARE HOME

KIRKBY STEPHEN

017683 71291

In these times of uncertainty it is good to know that a Care Home such as Stobars Hall exists to look after you or your loved ones should it be on a permanent, short stay, respite, convalescent or even on a day care basis.

Our committed team works hard to ensure that Stobars Hall offers safe and pleasant surroundings along with a relaxed atmosphere, by giving genuine care and support tailored to our Residents' specific needs, whilst offering them the opportunity to live life with dignity and pleasure.

Stobars Hall — The Home That Cares

Primrose Court Disabled Accommodation

Orton Road, Tebay

Two purpose built bungalows for the disabled, each with two bedrooms: a twin with electric bed, and a four poster double en suite.

There are two bathrooms (one is a large walk-in wet room for wheelchairs and the other has a double-ended Jacuzzi bath). Self-catering facilities include washer, dishwasher and flat screen TVs. Lovely setting, easy access, and on-site parking; pets are welcome.

Holidays and short breaks

Romantic Breaks with Champagne, Chocolates and Flowers

For Bookings / enquiries, contact Jo Spurling: 07971 688356

primcourt@gmail.com

TEBAY POST OFFICE

015396 24967

MON 9.am-1.pm—1.30.pm-5.30.pm

WED 9.am-1.pm—1.30.pm-5.30.pm

FRI 9.am-1.pm—1.30.pm-5.00.pm

Ground Works Contractor

Foundations, bulk excavation, septic tanks, drainage and landscaping.

5 and 15 ton 360 ° excavators & 180° wheeled excavator

For a professional service

Contact: DEREK BOUSTEAD

015396 23227

07961189569



The King's Head Ravenstonedale

More details at www.kings-head.com

T: 015396 23050

Don't forget...

- We are open 11am to 11pm every day, ALL YEAR
- The kettle is always on with homemade scones & shortbread
- EVERY SUNDAY LUNCH - Traditional roast using local meat

Westmorland Limited

We have a number of vacancies at our award winning Tebay Services, the J.38 Truck Stop or Westmorland Hotel. Various hours and roles are available including full time, part time and weekend / seasonal positions. We can offer flexible hours to fit around other commitments. For information on our current vacancies please call us on 01539 711334, visit www.westmorland.com, or email recruitment@westmorland.com.

DAVID SMITH & SON LTD

Builders, damp proofing, condensation problems, timber treatment, woodworm dry rot and tanking

Contact Hans Smith

015396 24859 or 07773 444765

Chris Boustead - joiner

All joinery work undertaken and building contractor.



Home: 015396 23322

Mobile: 07875 505 976

Email: chris.boustead@btinternet.com



The Black Swan

Ravenstonedale



Voted The Best Value Pub 2015 - Good Hotel Guide

Open all day from 8am, serving food from 8am-9pm every day

Hope you have had a Great Christmas & New Year. Just wanted to say a big thank you for all your support in raising money throughout December. We managed to raise over £600.00 which is fantastic; this has been donated to Macmillan Cancer Research & Eden Animal Rescue

On Saturday 16th January was the launch of our **New Menu** - our chefs have calibrated a very exciting range of dishes to excite your taste buds and push away those winter blues!

Valentine's night

Why not treat that special person to our extra EXTRA special specials food to say how much you really care! Book your table now!

We have launched our new **loyalty cards**; why not come and be introduced to yours and start collecting points with every meal you buy.

The Black Swan, Ravenstonedale, Kirkby Stephen, Cumbria, CA17 4NG. Tel: 015396 23204
Email: enquiries@blackswanhotel.com Web: www.blackswanhotel.com

ALL ASPECTS OF STONEMASONRY UNDERTAKEN BY QUALIFIED PROFESSIONAL

Dry stone walling, stone-facing,
garden work etc.

No job too large or small.

Contact Austin 07711 253389

Gardening

Design • Maintenance
Planting • Ponds • Pruning



Mark Barker 20 yrs exp
01539 623239 local refs

LITTLE TREASURES AND COLOURED THREAD

Beautiful clothes from birth - 6 years
everyday to special occasions
wooden toys gifts and lots of choice

For knitting wool, fabrics
and haberdashery
craft items and gifts

16 Market Street, Kirkby Stephen
017683 71399

painter. 
quality assured professional service

Ian Higginbotham
PAINTER & DECORATOR

Telephone 015396 21073 Mobile 07813 818958
email: painter.ian@btinternet.com

Ian Hutchinson Wood Finishing

Finish all New & old Interior &
Exterior Joinery

Restore tired wood
Kitchens, Tables
Floors, Furniture etc

Tel: 017683 71008
07966 948496

LANDSCAPE GARDENING
PAVING WALLING FENCING
ROTOVATING
GRASS CUTTING



CONTACT:
GEORGE BOUSTEAD
BORROWANS
NEWBIGGIN ON LUNE

015396 23608
m. 07967 798902

Orton Scar Café

Opening Hours - Closed Monday
Tues - Sun 10am - 4pm

Valentine's Steak Night - Friday 12th February

Choose from T-bone, Ribeye or Sirloin
plus free glass of white or red wine - **£16.95**

Bookings only. 5pm to 7.30pm. Call for more details
Orton Scar Café, Unit 1b, Silver Yard, Orton 01539 624421



@ortonscarcafe



Orton Scar Cafe

**LUNCHEON CLUB FOR THE
OVER 50'S**
AT THE GEORGE HOTEL IN ORTON
(015396 26046)

THE LAST WED OF THE MONTH
Wed 24th Feb, Wed 30th March
START 12 NOON -CHOOSE FROM
**4 MAIN COURSES £6.00 3 PUDDINGS
£2.50. TEA & COFFEE £1.00**
INCLUDES A QUIZ & GAMES
AFTERWARDS
FINISH APPROX 2.30
EVERYONE WELCOME

HIGH LANE FENCING

For all domestic, agricultural
and estate fencing requirements

Contact Micky on 015396
23409 / 07790 269320

Or Mike on 015396 23416 /
07971 399410

Richard Dinsdale General Builder

All building work
undertaken

Tel 017683 42059
or 07968101211
For a free estimate

Painting and Decorating

- Internal and external
- House makeovers
to attract buyers
- 20 years experience
- Excellent references



MB designs
015396 23239 / 0770 9977619

MARK NIELD WEALTH MANAGEMENT

WEALTH MANAGEMENT CONSULTANTS
A wealth of expertise on your doorstep
We provide an experienced wealth
management service and
offer specialist advice in a wide range of
areas including: • Investment
planning • Retirement planning •
Inheritance Tax planning
For further details contact Mark Nield
Tel: 07825 634029 mark.nield@sipp.co.uk
Website: www.marknieldwm.co.uk

Mark1

Joinery & Building Services

All joinery work undertaken

Including: kitchens, bathroom suites,
tiling & general home improvements.
Cobblestones Barn, Newbiggin on Lune

Phone 015396 23321
mobile 07949408018

Cumbria Stove Centre

Supply and installation of wood, coal
and gas stoves
Flue and chimney lining services
Inglenook specialists
Fully qualified and experienced Hetas
engineers

01539 821061 (day)
015396 25227 (evening)
SHOWROOM:
34a Main Street, Staveley, Nr Kendal

Philip Richardson
FURNITURE & TIMBER
Cabinet Makers, Timber Merchant &
Sawmillers. Custom Designed and Built
Furniture & Kitchens.
Kiln Dried Oak and Native Hardwoods.
Fresh Sawn Oak and Softwood Structural
Beams cut to size.
Hill Top, Newbiggin-on-Lune
015396 23422
www.philiprichardson.co.uk

SHIRE HOMES LTD

JOINERY & BUILDING CONTRACTORS

Also
Full Project Management,
Period Restoration/Conservation Work,
Decking & Verandas for Holiday Homes
& Gardens,
Garden Offices & Garden Homespace
Studios,

Tel: 01539 624391
Mobile: 07970266294



www.shire-homes.co.uk



**Try
something a
little different**
- sailing tuition
on **Killington
Lake** (just off

junction 37) by RYA Senior Instructor
with over 50 years experience. Intro
sessions - hour - half-day or day -
telephone Tony on 015396 24900 or
07808 951415.

THE CROSS KEYS INN TEBAY

16th Century Coaching Inn



Opening Times -Midday till Late - Sunday lunches always served all day
We also do Takeaway Food - Please call us!

On Saturday 13th February we have live music from a Local Band called
Strawberry Fields.

It will be music from the 60s & 70s with songs from the Beatles, Birds,
Rolling Stones, The Who, Yard Birds, Tom Pettey, Rod Stewart & The
BeeGees

Starting at 9.30pm on the same evening we will also be serving a lovely
Valentine's Day meal for all you lovers who wish to spoil each other!

**Please phone for
bookings & details -**

Sky Sports

Dog Friendly

Tel 01539 624 240
www.crosskeystebay.co.uk

THE
**BARNABY RUDGE TAVERN
TEBAY**

Free house

**Excellent home-made food
served**

12 noon-2pm and 7pm-9pm daily

NEW £5.00 MENU

Customer wi-fi

Tel: 015396 24495

EMAIL: BARNABYJAMES@AOL.COM

BAIRD'S COSY CATS

Mid Town Farm

Crosby Ravensworth

10 minutes from M6 Junction 39

Spacious & modern heated
accommodation

Special diets catered for
Local collections available

Fully Licensed

Tel: **01931 715246**



SHAP WELLS HOTEL

SHAP PENRITH CA10 3QU/Tel: 01931 716628 / Fax: 01931 716377

www.shapwellshotel.com

reservations@shapwellshotel.com

Events in February

13th & 14th February: Valentines Romantic Weekender - **£99.00pp** includes
Gala night, Sunday Carvery lunch and

Valentine's Day 3 Course Romantic Dinner

20th February: Charity Casino Night -

£40.00pp includes tickets for event and B&B

24th February: Golden Years Lunch with Entertainment presenting
NOSTALGIA at £15.95pp

26th February: 10th Anniversary Festival of Irish Country Music Weekender - 5
Acts over 3 Days **3 Nights DBB with concert tickets at £228.00 per person - 1
night DBB £86.00 per person**

Events in March

4th - 6th March 'A Salute to the 1940s Weekender'

A fabulous chilled out weekend with a 1940's atmosphere, where you will
immerse yourself in our wonderful 1940's entertainment...

Tributes to Vera Lynn, George Formby, Max Miller, G.I Frank Sinatra,
Gracie Fields, the Andrews Sisters

all held together by Warden Braithwaite the shows very own compere

Fabulous Weekender price of £129.00 per person

Chapman's Chimney Vac Service

THE VILLAGE SWEEP

GRAHAM MOORE

Tel: 015396 20353

Now covers

Sedbergh, Ravenstonedale,

Tebay, Orton

And Newbiggin-on-Lune

Healthy Lifestyle Coach

BOOTCAMP - Tebay

Intense workout for all levels of fitness!

Call to book a place ~ Limited Spaces

BOOTCAMP - Kirkby Stephen

Intense workout for all levels of fitness!

Call to book a place ~ Limited Spaces

1-2-1 Nutrition Coaching

6 Days a Week - Free informal consultation,

helping you be the best you can be!

For Further Information call/text

Steve & Becky ~ 07976 044590

OddJob

No Odd Job Too Small



Handyman Services

Contact Adrian on:-

01539 623 495

07811 944 423

www.adrianswift.com/oddjob

**FX School of Beauty
& Makeup**

12 South Terrace, Tebay

Makeup Artistry, Beauty

Salon Services/Workshops

Spray Tan, Gel Nails/Art

Manicure/Pedicure,

Massage

Brow Sculpting/Lash Tint

Educational and Personal

Development Workshops. Disadvantaged

Youth / Self Esteem Building Groups

clare.mccabe@sky.com **07716 551474**

www.fx-schoolofmakeup.co.uk



Steve Hopps.

Property Maintenance.

Painting and Decorating.

Gardens tided & maintained.

All types of work considered.

Tel 07870785322

Steve.hopps2@gmail.com

**Philip Horner
Fencing Contractor**

Walling

Man & Tractor

Tel: 015396 21984

Mob: 07855 349157

e-mail: prhorner@hotmail.com



**LOWIS BROTHERS
BUILDING CONTRACTORS**

Harvann, Mount Pleasant Tebay

Tel: 015396 24463 or 07940209056

**FEDERATION OF MASTER BUILDERS
NHBC**

J NOEL PAUL & CO
Accountants & Tax Consultants

21 Market Street Kirkby Stephen

017683 71272

For all your

ACCOUNTANCY

PAYE, VAT,

and TAXATION requirements

Agents for the Manchester

Building Society

MB Bookkeeping

General Admin Support

Payroll Services, CIS Returns

Computerised Accountancy Systems

Bookkeeping to Trial Balance

Cash Flow Forecasts Credit Control

Preparation of Final Accounts for

Sole Traders. VAT Returns

Total Confidentiality Guaranteed

Contact: Michelle - **0797 153 9267**

Email: mlbrunskill@gmail.com