

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



November 2016

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
ST JAMES' CHURCH, TEBAY
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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THE LINK DEADLINE IS THE 13TH OF EACH MONTH

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advertising to:**

Email: linkpines@hotmail.co.uk

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For Tebay: give to Reg Capstick,
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For Ravenstonedale:
give to Ann Pentecost 23317

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Linda Garrick, 015396 24262

All small display ads are £45 p.a.

*Views expressed in 'The Link' are not
necessarily those of the publishers or
editors.*

Church Letter

From Christopher Jenkin

Remembering – and forgetting

November is a month full of remembering.

"Remember, remember the fifth of November...." – just an excuse for a big bonfire and fireworks; few of us really know much, or care at all, about Guido Fawkes and his gang of conspirators, or the religious-political conflicts of the 17th century.

Remembrance Day (11th November) and Remembrance Sunday (13th November) are still – to many people's surprise – going strong, and even a century after the First World War and 70 years after the end of the Second World War, they still have a major part in the emotions of vast numbers of people.

I remember when I first moved up to a parish in Cumbria from the south of England in 1989, and I encountered for the first time the "Reading of the Names" during the Remembrance Service – something I had not met in various southern parishes where I had served – I rashly suggested that perhaps, because of the passage of so many years since the World Wars, this practice might be discontinued. This insensitive suggestion was met with fury and outrage.

Our American friends also have their great festival of remembering, Thanksgiving, on the fourth Thursday in November – this year, 24th November – which goes back to the year 1621 when the Pilgrim Fathers of the nation celebrated a good harvest at the end of their first year in the continent. In some ways Thanksgiving is almost more important for many Americans than Christmas as a time for family gatherings.

(It is perhaps strange that in a country which so firmly separates religion from the state, so that, for example, no prayers may be said in state schools, and militant secularists protested furiously when the Apollo astronauts in 1968 broadcast a passage from the Bible while in orbit round the moon, the tradition of Thanksgiving is still so firmly held. Whom are they thanking, I wonder?)

The Christian Church also has its

times of remembering. All Saints' Day is November 1st, a day for recalling the heroes of our faith from past years and centuries. All Saints' Church, Orton, is celebrating this, our Patronal Festival, a couple of days early, at a united service on Sunday 30th October.

Though the word "saint" is popularly understood to refer to Premier League Christians, especially those officially "canonised" or declared to be saints by the Pope, in the New Testament it just means any committed believer in Jesus Christ. "All Saints" could be interpreted as "All Believers in Jesus". (They are also, of course, All Sinners! But if they are believers in Jesus who died for them, they are All Forgiven Sinners. That would be a good name for a church!)

In some churches 2nd November is celebrated as All Souls' Day – the "Commemoration of All the Faithful Departed". Many churches use this or a Sunday close to it for a special service for all who have been bereaved, and in our High Westmorland Unit of five parishes, the annual Remembering Service at St. Michael's Church, Shap, this year is at 2 p.m. on Sunday 6th November. Such services often use symbols such as lighting a candle, to help people to express their thoughts and feelings about their loss, even if they are not sure whether they believe in God or heaven. (If you feel you might find it helpful to go to that, and have the name of the person you grieve for read out, please contact Revd. Sandra.)

But I will end by saying that though it can be good to remember, sometimes learning to forget and move on is also important. People, and nations, can get stuck in the bitterness of old memories – often actually false or distorted memories – which prolong hatred and estrangement between nations, or between communities within a nation. To these situations, I believe God says, "Forget the former things; do not dwell on the past. See, I am doing a new thing!" (*Isaiah 43:18*)

NOTE - The management committee of the *Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month. Next deadline: 13th October 2016

Cover pictures: Ravenstonedale and Newbiggin Schools, c.1880-1908

Notes from the Herald, November, 1916

Wet, cold and stormy till 20th or so then fine and colder. First blizzard this winter on 18th.

Orton's houses have been inspected for defects by the RDC's surveyor as have Kirkby Stephen's and Winton's this month. A Shap man defied the court order to destroy his dangerous dog and sent it to Bowness Coates in Orton. The bobby followed this up and found the dog chained at B.C.'s in a stable. – No further details of outcome.

Tebay's Mr. Kirk, brakesman on the CK and PR's goods train laden with shells found its second and third wagons coupling had broken on hill between Troutbeck and Threlkeld and the other 27 wagons ran back down. He had to leap off. The engine and 15 of them fell off the line down an embankment.

War News Slain instantly, late October, Private Robert Coates, Orton; leaves a widow.

Wounded on 16th October, Private Thomas Bradberry aged 30 or so, married; was in Border Regt. His parents lived at Stennersceugh but now are at Greenholme. Private Alex Remmington, Canadian Light Infantry, son of Mr. A. Remmington, engine-driver, Tebay has died of meningitis in France. In Tebay Church on Sunday evening, 29th, the Vicar announced that 2nd Lieut. Warriner, Private Thistlewood and Private Remmington were slain; the Dead March was played.

Civilians are being trained as part-time soldiers in the Volunteer Training Corps. E.g. in Penrith. "Should Tebay form one?" was put to a public meeting in late November. Few went but keen.

"Wait and see what the railway Companies think" they were told. Ravenstonedale For driving two unlit carts through the village on 13th October at 7.30pm, Ernest Handley, farmer's son of Park House was fined £2. For unlit

pony and trap near Cross Bank at 6.55pm on 16th October, John Bell, farmer, High Sprint Gill was fined £1 (£80 now).

Induction of the new Vicar on Friday afternoon, 3rd November. He is Rev. A.N. Claxton M.A. (Cantab), an old boy of Sedbergh School.

Ravenstonedale's Congregational Church's annual Library Soiree on Tuesday evening, 14th had a Kendal lecturer, tea and chat.

Mr. Henry Hunter, 71, of Newbiggin on Lune, died suddenly of a heart attack on Sunday morning, 12th, at home. He leaves a widow, two sons, four daughters. Big funeral at Ravenstonedale Church.

Ravenstonedale Band of Hope met in the Public Room on Tuesday evening, 21st for a

lecture (Anti-drink).

150 years ago – 1866 Orton Book Club meeting in the Reading Room, free of charge. The room hire paid for by Mr. R. Burn. This month it enrolled several new members. (This was a member's library club).

November 1916 The War Tribunals now eyeing men of 41 years' age. The Government plans to control food as people are not stinting themselves.

A Vet writes – Beast shivers? – it's hereditary, no cure. – She gives poor milk? – You've fed her badly. – She coughs? – It's a symptom, not a disease. Farm horses need good sound food. Don't give them musty oats or hay and clean the manger first.

Many thanks to Jeremy Godwin for his notes.

A Christian Alphabet—An occasional series by Christopher Jenkin

T

Trinity This theological word which denotes a fundamental aspect of what Christians believe about God – that he is "Three in One", or "Three persons in one God" – is not a word found in the Bible, as the word was invented after Bible times, as a contraction of "Tri-Unity". The doctrine, however, is firmly Biblical. There is only one God – the so-called gods of other religions which surrounded God's people in Old and New Testament times were no real gods at all. But when Jesus appeared, he claimed in many ways to be equal with God ("I and the Father are one" (*John 10:30*) or "Anyone who has seen me has seen the Father" (*John 14:9*)), and yet the eternal God was not limited in time and space as the man Jesus was. Then when Jesus gave teaching about the Holy Spirit (who had often been mentioned in the Old Testament) the Spirit was spoken of as a person, not a thing or abstract force ("He" is the pronoun used, as well as personal words like Comforter), and the Spirit too is equal to God. Phrases like "In the name of the Father and of the Son and of the Holy Spirit" (*Matthew 28:19*), or the prayer often known as "The Grace" – "May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you" (*II Corinthians 13:14*) completely support this doctrine. The fact that it is hard to grasp does not mean it is wrong or nonsensical – one would expect the infinite God to be mysterious and beyond our comprehension!

Truth: In our modern culture it has become unfashionable to talk about faith and religion in terms of "truth". We prefer to ask whether an idea is helpful, or interesting. But a Christian maintains that he believes the faith of Jesus not because it is helpful – though it is, indeed it is life-transforming – but because it is true. Just as in the Old Testament we read that "The Lord is the true God, he is the living God" (*Jeremiah 10:10*), and he is described as "the God of truth" (*Psalms 31:5*), so Jesus affirms "I am the way, the truth and the life." (*John 14:6*). He is true, his teaching is true; we can have confidence in it. But we must also live it – to "live according to the truth" or "walk in the truth" (*II John 4*). In other words we hold on to our faith not just because it is comforting or because it helps us, but because it happens to be the case. This means – unfashionable though it is to say so – that any religious teaching or assertion which omits or marginalises Jesus is, to that extent untrue; false.

SUNDAY SERVICES IN OUR CHURCHES FOR NOVEMBER 2016

Sunday 6th November

The Third Sunday before Advent

Liturgical colour Red or Green

ORTON	9.30am	Lessons Job 19.23-27a; 2 Thessalonians 2.1-5,13-17	
Sidesman Jim Milburn		Holy Communion Sandra Ward	Readers Jackie Huck Iris Wilding
TEBAY	10.30am	Prayers Laura Wren	
RAVENSTONEDALE	10am	Joint service with the Methodists at the Chapel Rosemary Campbell	
		All Age Worship Fran and Tim Parkinson	Hilary Law Jane Parsler

Sunday 13th November

The Second Sunday before Advent

Liturgical colour Red or Green

ORTON	8.30am	Lessons Malachi 4.1-2a; 2 Thessalonians 3.6-13	
Sidesman Jim Milburn		Holy Communion BCP Ian Elliott	Readers Laura Wren
	3.30pm	Remembrance Service Sandra Ward	
TEBAY	10.45am	Remembrance Service Ian Elliott	
RAVENSTONEDALE	10.00am	Holy Communion with Remembrance Sandra Ward	Janet Barlow Richard Best

Sunday 20th November

Christ the King

Liturgical colour Red or White

The Sunday next before Advent

ORTON	11.00am	Lessons Jeremiah 23.1-6; Colossians 1.11-20	
Sidesman Mary Jenkin		Family Service Sandra Ward	
TEBAY	11.15am	Service of the Word Rosemary Campbell	Readers
RAVENSTONEDALE	9.15am	Morning Prayer Sandra Ward	David and Caroline Morris

Sunday 27th November

The First Sunday of Advent

Liturgical colour Purple

ORTON	9.30am	Lessons Isaiah 2.1-5; Romans 13.11-14	
Sidesman Andy Glanville		Morning Prayer Service of the Word Chris Bland	Readers Susan Basnett Andy Glanville
TEBAY	11.15am	Prayers David Aspden	
RAVENSTONEDALE	3.00pm	Holy Communion Sandra Ward	
		Evening Prayer Service of the Word with Exchange of Tapestries at Newbiggin-on-Lune Fran Parkinson and Sandra Ward	

SUNDAY SERVICES IN OUR CHAPELS FOR NOVEMBER 2016

		6 th	13 th	20 th	27 th
Tebay	10.30 a.m.	S of P	J Morton 6.30 pm Cnxxn at N o L	M Harris	LA
Orton	10.30 a.m. 6.30 p.m.	M Harrison J Morton	P Keays LA Cnxxn at N o L	LA D Marston	P & H Stobart (LA) A Collinson
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	LA FS LA	T Longworth Cnxxn at N o L	K Coward LA	S Joel (LA) *
Ravenstonedale	2.00 p.m. 6.30 p.m.	S Radford HC	LA 6.30 pm Cnxxn at N o L	W Capstick	J Law

Vinlife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

By Reg Capstick, Reader Emeritus

'A wonderful, caring lady who always thought of and put others before herself.'

This was just one of the many tributes to my cousin Joan, whose funeral service and cremation I attended last week. Joan was born in Tebay, at the Cross Keys, in 1924. Although she moved away and lived for over 60 years in Staffordshire she never forgot or lost contact with her Westmorland roots. When I returned from Staffordshire I was emotionally and physically shattered – so much so that I am only now getting back to what passes for normal with me these days.

The first event in which I took part – collecting the cash for coffee and lunches in the Hub - was the Autumn Fair, organised by the Friends of Tebay Church. The hard work which had gone into setting-up the various stalls and the provision of excellent lunches was greatly appreciated by those who attended, with a reasonable amount of money being raised towards the upkeep of St James'. Thanks are due to all those who helped in any way.

The next major service here will be on Remembrance Sunday and plans are already well under way for this. Meanwhile, the important matter of a new Vicar for our parishes is still not settled, nor are we likely to have a new Archdeacon in place yet. At present we are relying on the sterling efforts of the many people who lead services and keep everything going on a voluntary basis. I have to say that I sometimes envy our Methodist friends for their system, which means they have a new Minister in place as soon as the previous one has departed.

According to an item on the radio this morning, weather forecasters should be able to predict what it will be like this time next year. I am very sceptical about such pronouncements as it seems they

can hardly tell us what tomorrow will be like with any certainty. Local weather conditions in the Lune Valley are often totally different from those only a few miles away.

As the late Mrs Haygarth used to say: "The weather is what God has given us and we must make the best of it!" As Winter comes on I think this is as good a philosophy as any.

BRIGHT HOUR

We would like to welcome any ladies to our meetings; it is good to get together for fellowship, fun & food afterwards.

We meet at 2p.m usually at Tebay Methodist Chapel schoolroom, on the first Wednesday of the month. Please see the following programme for details.

Nov 2nd ... Sue Thackray from Newbiggin-on-Lune, at Tebay Chapel schoolroom.

Dec 7th ... Carol Singing at Christian Head, Kirkby Stephen.

Jan 4th ... New Year's Party with games in Tebay Chapel schoolroom.

Feb. 1st .. Rev. Ian Elliott. Tebay Chapel schoolroom.

March 1st ... Chris Bland. Tebay Chapel schoolroom. (Kirkby Stephen ladies invited)

March 29th ... We are invited to Kirkby Stephen Bright Hour.

April 5th ... AGM at Tebay Chapel schoolroom.

THE HUB



Tebay Community Library and Drop In—in the Hub, St. James' Church

Every Monday morning, 10.00am -
12.00 noon

Refreshments —
Books to borrow and buy.

All ages welcome

Born Before 1st December 1956? Living in Borrowdale, Gaisgill, Roundthwaite or Tebay?

Then you are cordially invited
to join Tebay Branch,
The Royal British Legion
for Christmas Dinner at
Tebay Sports & Social Club
on
Saturday 17th December
at 1.30pm for 2.00pm

**To book your place,
please contact
Graham Cave 24321
before 6th December**

TEBAY METHODIST CHURCH

Fantasy Christmas Exhibition

on December 16th, 17th and 18th

MORE DETAILS LATER

Tebay Methodist Church

DROP IN 2 TILL 4

Every Tuesday
Games, crafts & refreshments
For information ring Dennis
015396 24445

'Twinkles'

Tuesdays 9.30—11.30 a.m. at
Tebay Methodist Hall

All welcome with or without
children

Voluntary run playgroup—
Activities changed on a weekly basis
including Painting, playdough,
drawing, cutting, dressing up, slides,
bikes, music, reading.

For more information contact
Amanda James - 07733 180305

CHRISTMAS CONCERT

With Tebay Community Choir

A collection of carols and festive tunes

Monday 12th December

7:30 pm

Tebay Club

Free admission • Donations appreciated!

BROADBAND FOR THE OUTLIERS

Those lucky folk who live in the metropolis of Orton should, hopefully, be able to obtain Superfast Broadband now the exchange has been upgraded. But what of those in 'The Wilds' – like Raisbeck, for instance? We've been labouring with dial-up level speeds of under 2mbps (that's SLOW, in non-techy language!), and frequent breakdowns in service – it seemed the cable was tied up with binder-twine!

Now, however, we have obtained our own Superfast Broadband – between 25mbps-48mbps (that's FAST, in non-techy speak!). How? We engaged Notsport, a Derbyshire company which has a tie-in with EE, operator of 4G radio masts everywhere. Broadband comes into the property via a small discreet aerial (no dish on the house exterior for us), and is simply fitted in around an hour. Unlike satellite Broadband, it's claimed not to be unduly affected by bad weather (though it can be slowed by heavy rain, apparently), and there's no 'Ping' delay while signals are transmitted, so 'Skyping' should theoretically be easy (haven't tried yet).

The installation was largely funded by Government-run ConnectCumbria, whose grant is available to anyone receiving under 2mbps, and the cost per month is much less than we were paying previously to Plusnet. So, whilst the service won't be available everywhere, for anyone suffering poor Broadband it might be worth contacting Lawrence and his team to see if they can help. It's an awful lot quicker, simpler and cheaper than organising a community Dig-In on the verges!

'Happy Bunny'

Link Committee Report 2016

The annual meeting of the committee to review Link took place in October, with representatives from all three churches.

Finance: The printing bills (£572 for 28 pages – 61p per copy – and £634 for 32 pages – 68p per copy) have been covered by advertising revenue, together with donations from readers. The appeal slips were included in the July/August issue this year; next year it would be included in the March issue. All donations from readers would be passed on to the Link treasurer. (A full-colour page in one issue, e.g. the cover, would cost about £200; this would only be considered if accounts were very healthy.)

Advertisements: All advertising space has been taken, and all are fully paid (though some were very slow in doing so!). There have been several more applications for advertising space, and have been put on a waiting list. Invoices would be sent out to advertisers in November this year, rather than waiting to the new year, with the request to pay within 30 days. Advertisements not paid for before the February issue was being composed would be cancelled, and replaced by those on the waiting list.

One-off advertisements, e.g. for a cleaner, would cost £5 for a private advertiser, and £10 for a commercial one. Advertisements for local events are free.

Magazine content: It varies from 24 to 32 pages, but usually 28 pages; it depends how much material the editor has been sent. There have been no complaints, and some expressions of appreciation for the magazine especially from new arrivals in the district. During the Interregnum a number of different people had been asked to contribute the "Vicar's Letter"; a rota would be drawn up for this for the coming months, including contributors from Shap and Bampton if they are willing, and the Rural Dean.

Distribution: There were no problems reported, except those that had occurred with the October issue, which had not been received by the printer though sent by email as usual in good time. The work of all the distributors should be acknowledged with thanks not only on the Appeal Slips but in an item in the magazine.

Numbers: 933 copies are printed each month.

Thank you, *Link* Distributors!

The Editor and Committee of *Link* want to say a big "Thank you!" to all the band of distributors in the three parishes. We know that this requires a willing team, as well as the Distribution Co-ordinators in each parish.

We particularly appreciate those who go the "extra mile", in some cases literally, to get *Link* to the outer farms and hamlets of our parishes.

We usually have *Link* in the parishes by the last weekend of the previous month, and we hope that where possible it reaches readers by the beginning of the month – some events advertised may be early in the month, and it is a pity if people who might have liked to go do not hear about it till it is over! So prompt delivery is really appreciated.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in *Link*!

TEBAY & ORTON WI

invite you to

A FUN CHRISTMAS QUIZ

on

FRIDAY 25th NOVEMBER

7pm

at TEBAY CLUB

Cost £10 per team of up to 4

includes light refreshments

Seasonal Raffle

All Welcome

*THE PERFECT WAY TO START YOUR
CHRISTMAS CELEBRATIONS*

LIVE ON

**Please find at least 3 hours
to help collect for this year's
Poppy Appeal
29th October - 12th November
Contact: Graham Cave 24321**



Hospice at Home Carlisle and North Lakeland

Margaret Robertson of Old Tebay had a complete head-shave on behalf of Hospice At Home, at the Orton Farmers' Market on Saturday 8th October.

Mandy Iveson of Shap, her daughter, has cancer and is losing her hair during treatment. Margaret's granddaughter, Megan Iveson, did the head-shave.



Donations are still arriving and being made on the just

giving page, but she is in excess of £3,500 which is amazing. A big thank you to every supporter, donator and Orton Farmers Market for accommodating the occasion. Neither Mum nor Mandy expected such a marvellous response but it was done on behalf of all those who need the support

and services of Hospice at Home.

To sponsor Margaret, please phone her on 015396 24392.



Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **Link**!

Tebay School

Sausage making

Class 2 and 3 have had the opportunity to make their own sausages, Dave Morland from Westmorland services and Maciej Strzyzynski came to help us through the full process of sausage making. Then the following Monday we had a tasty treat for lunch!!!



Zozo the drummer

Zozo the drummer from a tribe in Africa has been to Tebay School to teach Class 2 a song which they learnt to play djembe drums too. They then performed it at our good work assembly and the rest of the school and the parents that came to watch all really enjoyed it.

Harvest Festival

We had a wonderful assembly with our new reverend, Reverend Stephen to celebrate Harvest. There was singing, stories and even some fun games, and we all loved it.



A trip to Westmorland Services

After helping us make sausages Westmorland Services kindly invited us for a tour of their business. We tasted pies and sausages, saw the sandwich room and even saw the head office!

Orton

Orton Farmers' Market and Coffee Morning

The next two of these popular markets will be:

**Saturday 12th November
and
Saturday 11th December
(Grand Christmas
Market with Carol
Singers and Mince Pies
in Church)**

Join us in church for refreshments and a chat in a friendly atmosphere.

At the October coffee morning we raised a total of **£475** to help us continue God's work at All Saints.

Many thanks for your continued support!

Orton "Drop-In"

Every Wednesday from 10.30-noon in the cosy schoolroom at Orton Chapel.

Coffee/cakes and a chat with friends. It is also an opportunity to bring a contribution towards the Appleby Food Bank. Everyone welcome!

Orton Mothers' Union

Our next meeting will be Tuesday 1st November 2pm at Angela's house

Celebration of Faith through our favourite hymns

Led by Laura

Followed by refreshments and a friendly chat. Welcome to anyone who would like to join us.

For more information phone Laura on: 015396 24654

80th Birthday Thanks

Christopher Jenkin wants to say a big "Thank you" to all who made his 80th Birthday celebrations (and our 43rd Wedding Anniversary too!) on 15th October so special. Not only were there 50 cards, but flowers and many gorgeous cakes; but best of all were the great numbers of people who dropped in during the afternoon to share our day. As a little book of quotations given to me said, "The best things in life are not things." Having friends and family around us that day (not forgetting the music provided by Appleby Band) made for a heart-warming and memorable celebration. (Thanks too for generous gifts towards our charity funds.)

Orton Surgery

A note from Shap Medical Practice

Orton surgery is usually open from 9.15am to 10.30am on Tuesdays and from 4.00pm to 5.45pm on Thursdays. There will be no Orton Surgery on **Thursday 24th November** – protected learning time. We will not be taking pills for collection that day.

Shap Practice: 01931 716230
Out of hours: 03000 247 247

Remembrance Sunday at All Saints' Church, Orton Sunday 13th November 3.30 p.m.

This year we will be holding a special Remembrance Service to mark 100 years since the Battle of the Somme, in which six men from Orton lost their lives.

We hope that many of you will join us for this service.

Orton Harvest Supper

A very good crowd attended the Church Harvest Supper in the Market Hall on the Monday evening. Everyone enjoyed the usual excellent supper and very enjoyable entertainment was provided by the Eden Ensemble. A very big thank you to everyone who helped, those who provided and served the food, washed up, sat on seats to eat the food, the musicians plus anyone else not listed. Over £600 was raised.

" LEGO " Thank you to everyone

A huge thank-you to everyone who helped and came to our lively October Family Service. There were amazing Lego models on display made by children of all ages. Mrs Simpson and Paul Dunford led musicians from Orton School, so the music and singing was lively as well. So a special thank you to all, especially the children, those that were interviewed and helped to spell and explain PATIENCE and also the musicians. Watch this space for the next invite to a Family Service!!

All Saints' Church Orton

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **Link!**

News from Orton School



Dance off

Every Monday class 4 have been working towards a filmed dance, named "The Dance Off". It is going to be on the Orton School website. Mrs Mounsey has shown us a video of Sean T a professional American dancer.
By Issy and Anna

Poetry Day

On the 6th of October it was International Poetry Day.

All four classes had lots of fun telling other children their poems.

Class 4 retold Bazonka the Poem by spike Milligan and have made a hilarious Video that is now officially on the Orton C of E Website!

<http://www.ortoncofeprimary.co.uk/>

By Jenny and Lochlann

FOOTBALL AND NETBALL TOURNAMENT

On the 13th Class 4 are going to a football and netball tournament.

We will have two teams of netball players and one team of football players. More in next issue!

By Charlie and Callum

HARVEST FESTIVAL



A few weeks ago a Harvest festival took place in Orton Church, starring Orton

school. Class 4 entertained everyone with some Water Aid news to get started. Class 1 sang Big Red Combine Harvester and sang a prayer, Class 2 did an action poem and finally Class 3 did some very good prayers.

Phoebe and Lucy.



Pink day is where you dress up in pink clothes, to raise money for breast cancer awareness.

And then Someone Judges each year group,

And the winner gets a prize By Jacob and Olly

Balance Bikes

Class 1 and 2 are doing some balance bikes with Mrs Ellwood and Jo for 6 weeks to improve balance and safety skills.

They are doing fun activities and fun challenges.

Katie and Lucie

flu

Class 2 and year 3 got a flu vaccination jab. Some of the children said that it was just like water coming up your nose; it was squirted up your nose by the school nurse. Some children said that the school nurse was very nice.

By Autumn and Carley

PIXELS



We have been learning about pixels in ICT, not the film the squares on your screen. Pixels are used in video games such as Minecraft, Mario, Sonic and Pac man.

BY TOM AND SAM



We are reading this book in Class 4

Aaron

Anglo Saxons

Our topic

In topic our school is learning about Anglo Saxons it is really interesting and fun to learn about. We found out about the 7 kingdoms which were the states of Britain. Also we did some maps of the kingdoms the Jutes, the Angles and the Saxons.

By George and Rowan.



Christmas Shopping Trip
Trafford Centre
Arranged by Friends of Orton School

Only
£15 each

Saturday 26th of November

*Leaving Orton at 8am, returning by 6pm (will also collect/drop at Tebay)
 Mince pies and Christmas tunes on the bus ride to The Trafford Centre
 to get everyone in the mood for Christmas shopping.*

To secure a place on the bus contact Julie Watson on 07792 742 415



Walk Through The Bible!

Have you ever wondered how events in the Bible fit together? Here's your chance to learn more about the Bible, its events, geography and characters in a fun and interactive way.

At Orton Methodist Chapel we are pleased to have Paul Keays from the organisation "Walk Through The Bible", who regularly presents at events such as Spring Harvest and at Capernwray College.

Helping you to see the big picture in just one day, Paul will present the newest version of "Walk Thru the Bible – Old Testament"
Suitable for adults and secondary school children accompanied by an adult

Saturday, 12th November
at Orton Methodist Chapel
Registration and Coffee 9am
Start 9.30am - Finish 3pm
Please bring a packed lunch

All other refreshments and drinks at breaks will be provided
The event is free of charge, although we do suggest a donation on the day which will go to the work of Walk Thru'.

Please book in advance with Rachel Woof on – 015396 24372, 07929371054 or randrwoof@talktalk.net

Seeking a new Priest-in-Charge

for the five parishes of the High Westmorland Unit, Orton, Tebay, Ravenstonedale, Shap and Bampton

Our advertisement is going into the Church Times on October 21st / 28th (we've asked if this can be extended to three weeks, cost allowing, but haven't heard back yet) with a closing date of 7th November for responses to be received.

If we get any candidates the interviews will be on Monday 21st November. As on the previous occasions, arrangements will be made for parishioners to meet the candidate(s).

We value continued prayer for wisdom and guidance, and that God sends the right person to lead our churches in their mission.



Iona Retreat Easter 2018

We hope to take a group from the High Westmorland Parishes to the lovely Scottish island of Iona in Easter Week, 2018.

Twenty-three places have been provisionally reserved at Bishop's House, from Tuesday 3rd - Friday 6th April, returning on Saturday 7th. Full board is £67 per night. The current ferry fare to Mull is £6.90 return per person and a small amount for the short crossing to Iona. Car return fare is £26.00. However shared transport possibilities could be arranged within the group.

If you are interested and/or would like further information please contact Angela Milburn on 015396 24382 or Rev. Sandra Ward on 015396 24125 as soon as possible. A non-returnable deposit of £67.00 per person must be paid to secure the booking.

PRIZE BINGO & RAFFLE

SATURDAY 12th NOVEMBER
7.30pm

CROSBY RAVENSWORTH VILLAGE HALL

In aid of Lyvennet Nursery Group
 & St Lawrence Church



Orton Churchyard Conservation Project

Working Party



A working party of volunteers gathered in the churchyard to prune and tidy the shrubs along the southern edge of the

land. These had become very overgrown but with the hard work of the team a great improvement has been made. (A previously unknown headstone was discovered among these shrubs!) We hope to plant spring bulbs in the newly cleared ground, and the Tiny Hillbillies are excited to be helping with this.

Tree Felling

The work of felling all the Leylandii trees has begun. Woody Hodgson and his team have been hard at work, and inevitably a good deal of mess has been made because of the soft turf.



He had been hoping to approach the churchyard with his heavy equipment through the field beside the Appleby road but the ground was too soft.

Please be patient with the mud and damage; when the work is done, we will do our best to repair the turf damage.

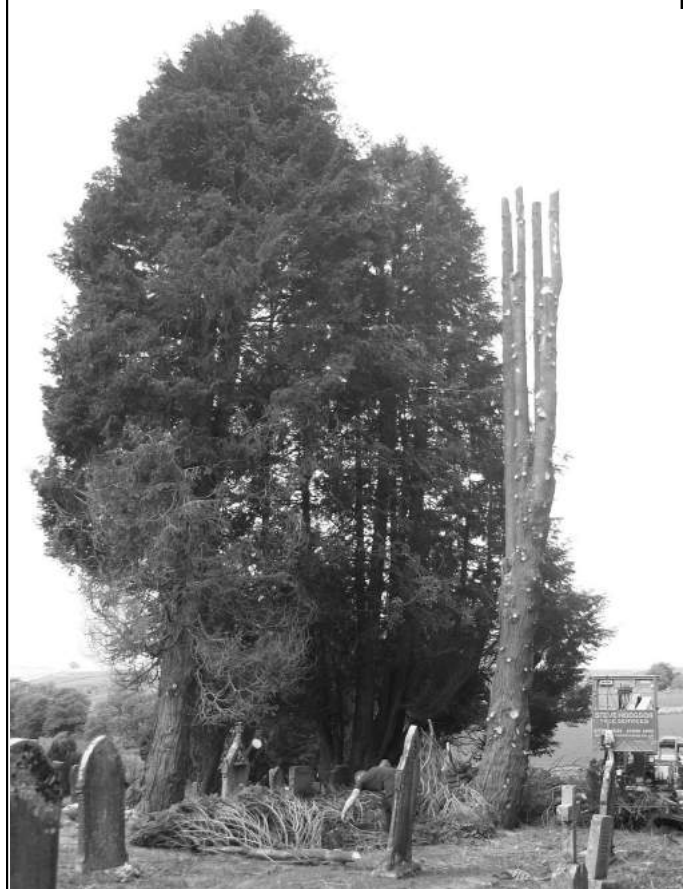
Already further headstones have emerged from under these trees, which has encouraged our grave research team.

It is hoped that in the weeks ahead

much of the timber will be for sale as firewood, either as ready-chopped logs, or - more cheaply - as cheeses ready for chopping or lengths for sawing.

If you would like to know more about any aspect of this project contact me by email: marypienkin@aol.com or phone 015396 24410.

Mary Jenkin



Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **Link!**



***A TALE OF TWO RIVERS:
SHAP AND ORTON IN THE
MESOLITHIC AND NEOLITHIC***

Peter Cherry

Monday 14th November

Tebay Methodist Chapel, 7.30 pm

Non-members welcome £3

**PROGRAMME OF TALKS
Autumn/Winter 2016-2017**

Lunesdale Archaeology Society holds a programme of talks on archaeological and historical subjects each year over the autumn and winter period. Talks are scheduled for the **second Monday of the month**, unless otherwise indicated, and they start at 7.30 pm. The venue is normally Tebay Methodist Chapel, unless stated otherwise. Talks are free to members. Non-members are very welcome to attend on payment of a small admission charge of £3.00. Refreshments are provided after the talk.

12 December 2016

Speaker: Graham Hooley

Topic: ***Brockholes: A lost and found Romano-British site in the Lune Gorge***

13 February 2017

Speaker: Gill Hey, OAN

Title: ***The Neolithic in the North-West: What makes this region different?***

13 March 2017

Speaker: Hannah Cobb

Title: ***Swords, Seascapes and the Setting sun: 6000 years of life and death in Swordle Bay, Ardnamurchan, Western Scotland.***

10 April 2017

AGM

Roundup of projects from the last 12 months and discussion about future work.

Further information is available on our website

<https://lunesdale.wordpress.com/>

All Saints' Church, Orton

Saturday 28th November
2.30 p.m.

**CHRISTMAS TEA
AND LOTS OF FUN**

IN THE MARKET HALL

For £3.50 come and select your own tea from a Christmas buffet.

The price includes a visit to Santa for children.

Santa will arrive at 2.45 p.m.

**There will also be Christmas crafts
for children of all ages.**



RAFFLE

Cake stall, Produce stall, Bring-and-buy stall

*Everyone is welcome
If you would like to donate to the tea or a stall
please tel. 24382*

Fashion Show

Colours fashion show,
Saturday 12th November, 7:30pm,
Orton Village Market Hall.

£5 a ticket with a free glass of wine

**Bar open all night,
clothes available to buy, at least 50% off
retail price, including Wallis, Marks and
Spencer's, Topshop and many more!
All proceeds from ticket sales to go to
Friends of Orton School.**

**Please call Lottie Dunning 07825 338136
for tickets.**

CLEANER WANTED

**For changeover cleans at Orton Hall holiday
apartments**

Flexible hours

Call Stephanie on 07908 312233

Email: ortonhall@gmail.com

TEBAY SERVICES HOTEL



RESTAURANT TEAM LEADER

£8.50 per hour

We are looking for a Team Leader in our Restaurant to ensure the highest levels of service for our guests by organising and motivating your team. Previous supervisory experience and a hotel and/or restaurant would be an advantage.

WE ARE ALSO LOOKING FOR
TEAM MEMBERS TO JOIN OUR
RESTAURANT TEAM
£7.50 per hour

TEBAY SERVICES



DUTY CHEF

£8.50 per hour - Full time

You will play an essential role

In preparing breakfasts and accompaniments and putting the finishing touches to the dishes created in our central production unit. Previous experience in a catering or kitchen environment in desired: preferably in high volume production.

To find out more and apply please visit
WESTMORLAND FAMILY.COM

Two Events at Learning Fields

Learning Fields Community Interest Company, the centre for wellbeing based at Nag's Head Farm, Hoff, near Appleby, which offers educational and environmental opportunities for groups and individuals of all ages and abilities has two topical and inclusive events coming up soon.

Firstly, a **Christmas Craft Workshop** with local artist Laura Whitehouse from Ravenstonedale, demonstrating how to make original decorations from natural materials, is taking place on **Saturday 12th November** from 1 to 4 pm. All ages are welcome,

and the event costs £25 per person (£10 for under 12s) including mince pies and mulled wine or fruit juice. Spaces are limited so booking is essential.

Secondly, and back by popular demand, a **Christmas Ceilidh Tea Dance** where absolutely everyone, including people with dementia, their carers and families, is welcome to join in.

It will be held on **Friday 2nd December** at the Evergreen Hall, Bluebell Lane, Penrith, from 4pm to 8pm. All the dances will be called so that even absolute beginners can join in. Music is by the BlueJam Folk Band and the caller is Douglas Chalmers, who normally calls with the Eden Valley Ceilidh Band. Everyone is giving their services for free, as it is a fundraising event for Learning Fields.

Tickets include all refreshments, and are £8 on the door or £6.50 in advance from Alex Chalmers on 017683 53860, Jennifer Bell at the Beacon Unit, Penrith or Appleby TIC. Family tickets are £23 on the door or £20 in advance.

"Absolutely everyone is welcome to our Ceilidh Tea Dance. You can dance for four hours or for just one dance and then just sit and eat, but it offers a great time for all. Because ceilidhs are great mixers, people can come by themselves, with their family or with a group. And all ages can dance together. The timing may also suit people who would rather go out to events earlier in the day than in the evening".

**For further information,
please contact Alex Chalmers
on 017683 53860,
07749 112575 or
alex@learningfields.co.uk**

NORTH WESTMORLAND ARTS

2016-2017 Concert Season

**All concerts at 7:30pm in
Appleby Public Hall
(except 7th March - St
Lawrence's Church,
Appleby)**

£12 at the door.

Sun 27th Nov: MATT
HOLBORN JAZZ QUARTET

Sun 22nd Jan:
BURNESIDE BRASS BAND

Sun 19th Feb: NICHOLAS
DANIEL & BRITTEN
OBOE QUARTET

Tues 7th Mar:
TRIO MEDIAEVAL
vocal ensemble

**[www.appleby-
concerts.org.uk](http://www.appleby-concerts.org.uk)**

E-mail: [enquiries@appleby-
concerts.org.uk](mailto:enquiries@appleby-concerts.org.uk)
Tel: 017684 83777

Supported by Westmorland Arts
Trust, Hadfield Trust, Bryan
Lancaster Trust

LUNE LADIES PROGRAMME 2016/17

All visits and meetings are held
on the 1st Wednesday of the
month and meetings start at
7.30pm at NOL village hall

2nd November - Open
meeting - Kirkby Stephen
Choir and finger supper

7th December - Christmas
meal at the Jolly Farmers,
Kirkby Stephen

4th January - Peter Lewis
will give a talk on Kirkby
Stephen workhouse

1st February - Guide Dogs, a
talk by Jean Bunting

CEILIDH

with

The CEILIDH CREW

at

ORTON MARKET HALL

Friday 25th November

7.30 pm start

Adults £7.50 Under 16's £3.00

Families £20

**For Tickets, Tel. 015396 24258
or 01931 715446**

Bring & Share Supper

BYOB

In aid of

Greenholme Show

CEILIDH

**If you are able to, please come along to
support the CEILIDH
on 25th November in Orton Market Hall.
The event is a fundraiser for our local
GREENHOLME SHOW.**

**We had one last November which was
enjoyed by a good crowd & raised a good
sum of money for the show.**

**We need your SUPPORT,
the night will be as successful
as we make it.**

YOUR SHOW NEEDS YOU !!!!!!!!!!!!!!!

Teaching Day with Bishop James Saturday 5th November, St. Thomas' Church, Kendal CHRISTIAN LIFESTYLE

9.30 a.m.: arrive
10.0 a.m. Session 1: **Simplicity**
11.00 a.m. Coffee
11.30 a.m. Session 2: **Stewardship**
12.30 p.m. Lunch Break (*bring your own*)
1.20 p.m. Session 3: **Spirituality**
2.20 p.m. Prayers
2.30 p.m. Depart

No charge, but donations welcome. Apply:
vicki.grant@carlisle-diocese.org.uk Tel: 01539 727836

The Aim of the Day

Each teaching day is part of our programme for "Growing Disciples". Previous days have looked at the Gospel, the Bible, Prayer, Mission, and "What is Discipleship?" This time Bishop James will continue with an in-depth look at Christian Lifestyle.



HALLOWE'EN...TRICK OR TREAT?

(Some of this was printed on a message to parents and given out in the party bags at the Hallowe'en party fund-raising event for St James' Church)

Trick or treating apparently began in the British Isles with children going from door to door singing for 'Soul cakes' to commemorate the dead. And from Ireland came the tradition of carving a lantern (to scare away the dead). Both of these traditions came from Christianity. Much of Hallowe'en's history is Christian – the name 'Hallowe'en' is from 'All Hallows' Eve'. In the Christian church All Hallows' Eve is the beginning of a story that ends with All Saints' Day.

Sadly, today commercialisation has built up Hallowe'en so much and brought with it a moving away from its origins to links with the occult and frightening practices. Christians are rightly wary of this. However, this time of year can really become special when we can confront the scary parts of our lives and use Hallowe'en for remembering and giving thanks for those we love who have died. Let's remind ourselves that children also sometimes face the loss of loved ones and have dark times in their lives. The Church's job is to help them remember that ultimately light is greater than darkness and love stronger than evil.

Keep it fun, keep it light-hearted, and let's celebrate the light!!

JESUS IS THE LIGHT OF THE WORLD

Ronnie Elliott

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

NEXT MEETING:

The next meeting is on **Thursday 10th November** and the speaker is Mike Maiden. His subject is: **"Fascination and Forgiveness"**.

As usual it is 7.30 for 8.00 pm in the Appleby Hub (Centre 67), Chapel Street, Appleby.

Psalm 114: 8 'Who turned the rock into a pool, the hard rock into springs of water.'

<http://www.thefillingstation.org.uk>



FUNDRAISING FOR TRAIDCRAFT BY RE-CYCLING

Ronnie Elliott has a box with explanatory leaflets. She will bring these round to any churches, clubs, organisations etc which would allow her to display them.



Items needed (details on the leaflets):

Jewellery
Coins and currency
Mobile phones, cameras, gadgets
Stamps

Please have a clear-out – a de-clutter – and put your unwanted items to good use!

Volunteers for House-to-House Collection in Ravenstonedale 29th October to 12th November

Currently there is no-one
to cover the Village



Contact
Graham Cave
015396 24321
by 20th October



Cumbria Wildlife Trust Upper Eden Support Group Autumn talks programme 2016

*The CWT Upper Eden Support Group runs a variety of activities to support the Trust's work.
Everyone is welcome to join us for our talks, which take place at:*

The Friends Meeting House, 48A High St, Kirkby Stephen CA17 4SH

There is a recommended donation of £3 for Cumbria Wildlife Trust for each talk, to include refreshments. Children free

**Monday
7th November**

2.30-4.30pm

Nature Conservation in the Yorkshire Dales National Park

Adrian Shepherd, Head of Land Management for the YDNP, explains the National Park's approach to nature conservation and land management to help members understand the implications of the Park's extension into Upper Eden.

**Monday
5th December**

2.30-4.30pm

Eycott Hill Nature Reserve

Stephen Owen, Eycott Hill Reserve Manager, describes the Trust's new reserve near Blencathra and the work underway to restore and improve it.

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 16th NOVEMBER
7.30 pm

Ravenstonedale High Chapel
Community & Heritage Centre

‘Westmorland Maps’

with
Dave Williams

Admission: Members £2.00; Non Members £3.00
including refreshments

For more information contact Val Fermer on
07798 688057 or e-mail history@ravenstonedale.org

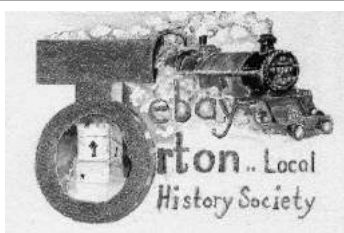


Ravenstonedale Parish History Exhibition

The exhibition entitled *The Three Parish Schools – or is it Four?* on 8th and 9th October was a great success – more than 100 people attended over the two days and we were very pleased to welcome former pupils from Ravenstonedale, Fell End and Newbiggin-on-Lune Schools who were able to help us identify a lot of the pupils in the school photographs we have been given.

The hall was buzzing with animated talk, greetings of old school mates not seen in years, exchange of memories and anecdotes from those long ago school days. (See picture, left)

A very big thank you to everyone who lent or donated items for the exhibition – we are particularly pleased to have been able to show the cast-iron fireguard which once stood around the stove in Fell End Schoolroom. Marjorie Baran (née Harper) aged 83, remembers it well, little expecting to see again the fireguard that she snuggled up to for warmth more than 70 years ago.



Orton & Tebay Local History Society

Thursday 17th November

“The Way We Were” - members’ meeting

If you are able to make a small contribution to this session please let Mary know.
Visitors always welcome - £2.50

December: No meeting

Orton & Tebay Local History Society

Unusual Job Titles and their Descriptions from the Past

Every month we will bring you different jobs starting with different letters of the alphabet.

Jobs beginning with K

Keeker: a weighman in a colliery and was responsible for quality control.

Kellogg: worked in the food industry and slaughtered animals.

Knock nobbler: an old name for a dog warden who caught stray dogs.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **Link!**

Ravenstonedale

Forthcoming events

Autumn/Winter 2016

Sunday, 13th November

St Oswald's Church

10 am Service of Remembrance

Wednesday, 16th November

Ravenstonedale Parish History Group

7.30pm Talk by Dave Williams

Westmorland Maps

High Chapel Community

Centre at 7.30pm

Saturday 25th November

Friends of St Oswald's AGM

5.00 p.m. in church

Sunday, 27th November

Exchange of Millennium

Embroideries: N-on-L

Methodist Chapel at 10.30 am

Sunday, 27th November

Kirkby Stephen Silver Band

St Oswald's Church at 2.30pm

Tuesday, November 29th

Bible Discussion Group

Manor House, Ravenstonedale

7.30pm. All welcome

Tuesday, 13th December

St Oswald's Church

Golden Oldies' Tea Party

Monday, 19th December

Carols in the Pub with Carole

Black Swan Hotel 7.30pm

Wednesday, 21st December

St Oswald's Church

Carol service 7pm

Are you interested in
**Sewing/ knitting/ quilting/
sharing skills and chat ?**

Please ring

Ann Wappett on

015396 23565

Hurricane Matthew HAITI

Please come and raise money to help the people of Haiti to cope with the aftermath of this severe hurricane

COFFEE MORNING
at
RAVENSTONEDALE METHODIST CHURCH on
SATURDAY, 5th NOVEMBER
10.00am to 12.00 noon
Cake stall etc.

Charity Football Match

Just to say a BIG Thank You to everyone who came to the Charity Football Match on Sunday 18th September. It was a fun afternoon.

A game played by a mixed team of ladies and men also had a penalty shoot out.

In the evening a Quiz was held at The Kings Head with refreshments laid on for football players.

A fab total of £150.00 was raised for Cancer Research.

Hopefully a similar event will be organised in the Spring next year ...

Thank you again for supporting us.

Joyce Law



The King's Head has a new chef, Kevin Hillyer. He starts on the 1st November.

He was head chef

at both the Black Swan and the Westmorland Hotel. There will be a new menu shortly after his arrival. We are taking Christmas party bookings and bookings for a fine dining evening on New Year's Eve.

Tel: 015396 23050

Contact: enquiries@kings-head.com

www.kings-head.com

Bible Discussion Group

Manor House, Ravenstonedale

Tuesday November 29th at 7.30pm

Led by Fran Parkinson

A friendly, informal, informative and open discussion for anybody who is interested or wishes to enquire more deeply into the Bible and Christian faith (or lack of it).

You are all most welcome

RAVENSTONEDALE PARISH HISTORY GROUP

Come along on Thursdays 2.00pm – 4.00pm

to High Chapel Community & Heritage Centre

(other times by arrangement)

to view

Transcribed Parish Registers from 1650–1826

Poor Relief Returns for 1780, 1856, 1867, 1869 & 1871 showing occupiers and owners of properties. Newspaper cuttings, property sales prospectuses, land ownership

Many old photos including school photos with pupils named

AND MUCH, MUCH MORE!

For more information contact: Chris Elphick on 01539 620605

or Val Fermer on 07798 688057

or e-mail history@ravenstonedale.org

Newbiggin-on-Lune

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information phone **Andrea** on **24644**

Monthly Lunch Club

Coffee and Chat

The church will be open every Tuesday morning. You are welcome to pop in between 10 and 12 for coffee, cake and chat.

We would love to see you every week or just once in a while.
It's good to get together.

Upper Eden First Responders

October Lottery winners

- 1 Alan Hodgson, Tebay
- 2 David Vigar, Sedbergh
- 3 Mrs. E. Eyre, Kirkby Stephen

For information contact mtyoung@btopenworld.com

Ravenstonedale Folk Dance Club

**Meets in Newbiggin Village Hall
on Thursday evenings at 7.45 pm.**

- No experience necessary
- Everyone made very welcome
- Partners not essential.

£2 per night, more details 015396 24258

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Anne Capstick Tel: 015396 23447

Secretary : Marion Law Tel: 07866 785656

Treasurer : Carl McLaughlin Tel: 015396 23674
The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

**All bookings should be made with the Caretaker
All payments to the Treasurer.**

Newbiggin On Lune Baby and Toddler Group

Every Friday morning (term time)
9.30am - 11.45am

Methodist Chapel Schoolroom
Children under 6 months - free
Children over 6 months - £1.50

First session is free
(includes a healthy snack)

Just turn up, or for
more details contact
Chairperson : Fi on
017683 71921



LUNE SPRINGS LUNCH CLUB

Lune Springs Lunch Club welcomes anyone who would like some company and a meal.

It is held on the

second Monday of each month at Norman Ousby's
Garden Centre and Cafe at Newbiggin on Lune.

The cost is **£10.00** for a main course, sweet, and coffee or tea.

It would be lovely to welcome new people - we are a friendly group and there is quite a lot of chatter! Please let Sally Cannon know if you are able to come (015396 23230 or 07531 544048) as the meal is prepared specially for us.

We should be very pleased to see any of you!

N.S. P.C.C. Coffee Morning

Newbiggin on Lune

Tombola

Cake
Stall

Sat 12th

November

10:30~12:00

Games

Bring &
Buy

£3:00 Adult Children 50p
(Including Refreshments) Nearly New
Recipe Books

Indoor Bowls evenings

Friday night is bowls night

at Newbiggin-on-Lune Village Hall

You don't need a partner....

7.30 p.m. start - £2.00 per night

Why don't you join us?

For any further information

Please ring Joyce Allison on 017683 72990

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30 plus years experience
Excellent references

Dave Pickersgill
ORTON

TEL 015396 24810
MOB 07931 277115

EDWARD JEFFREY ART

Wanted:

Artwork by my great grandfather,
Edward Jeffrey, a Lakeland artist
who lived for many years in
Ravenstonedale and specialised in
painting landscapes and birds.

Top prices paid.
Please contact Guy on
0773 987 1973

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friend or
family member?
We can provide
help at the touch of a
button**



ECA's care alarm service can help
you to feel safe in your own home
and maintain your independence
Our Emergency Response Service
is available

24 hours a day 365 days a year
call us on 01768 890657

email: eca.admin@btconnect.com
web: www.ecalarms.com

Eden Community Alarms,
12 St Andrews Churchyard, Penrith
Registered Charity No 1087503
Company Registration No: 4157043



Mel Brown

**LADY INTERIOR PAINTER
& DECORATOR**

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TEL: 01539 626121

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Mulch/woodchip supplied

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Public Insurance

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Mobile 07756 930285

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Tel: 015396 23254

Ravenstonedale, Cumbria CA17 4NL
CumbriaClassicCoaches.co.uk

MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garhill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.10	16.35
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Also Hail & Ride Service

Price: Max adult fare - £12.00 return
- £8.00 single

Bus pass holders FREE

Children, low income & other pensioners
half price, family discounts given

WEDNESDAY ROUTE 572: Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

J N & E Capstick **INSURANCE CONSULTANTS**

*A local company small enough to care, but big enough to compete
Farm, Home and Motor Insurance*

Market Square, Kirkby Stephen CA17 4QT. Tel. 017683 72285 –
36 Main Street, Sedbergh, LA10 5BP. Tel. 015396 20124
Email: sales@capstickinsurance.co.uk www.capstickinsurance.co.uk

J N & E Capstick Insurance Consultants are authorised
and regulated by the Financial Conduct Authority

In the Frame for

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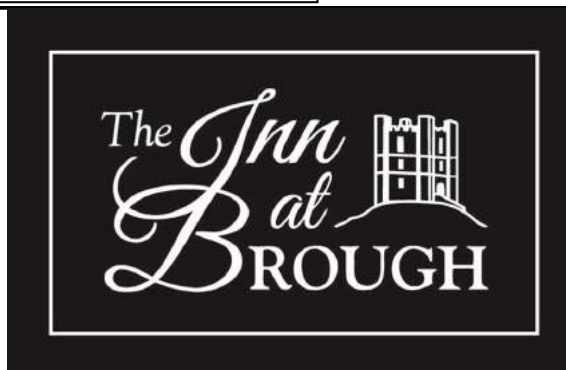
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